

**Center for Diabetes Prevention and Health Improvement
Operations and Financial Status
Annual Report
Fiscal Year 2008-2009**

This report is provided in response to Tennessee Code Annotated (TCA) Title 4, Chapter 40, Part 4 which requires the Center for Diabetes Prevention and Health Improvement (the Center) to provide an annual report to the Governor, the Speaker of the House of Representatives, and the Speaker of the Senate with regard to operation and financial status of the Center.

TCA 4-40-401 et seq. which took effect July, 2006 established the Tennessee Center for Diabetes Prevention and Health Improvement (The Center) as an agency of the State with its purpose to develop, implement and promote a statewide effort to combat the proliferation of Type 2 diabetes. This statewide effort is referred to as "Project Diabetes".

The Center operates under the direction of a seven (7) member Board of Trustees. Dexter Shurney, MD, MBA, MPH, continues to serve as the Chair. There are no vacant seats on the Board. The Board has met on a regular basis this year with meetings in August and November, 2008 and January and April, 2009. During these meetings, the Board reviewed the established by-laws; goals and objectives for diabetes treatment and prevention planning and implementation projects; and TCA 4-40-401 et seq. As the Board's administrative arm, the Department of Health has provided the Board with updates on Project Diabetes grant activities. The Department also arranges for Project Diabetes grant recipients to showcase their projects at the Center's Board meetings.

Project Diabetes Awards. On January 15, 2008, a competitive application for "Project Diabetes" planning and implementation grant funds was issued. Forty five (45) applications for funding of activities around diabetes prevention and treatment were received. After review by a panel of technical and content experts using published criteria, forty five (45) applications were recommended for funding totaling \$7,308,000 and represent geographic and target population diversity. At this time, all of these contracts have been finalized and are currently in place with start dates ranging from July 1, 2008 to April 1, 2009 covering a one year time period.

Agency Name	Counties Served	Amount	Number Served
<i>East Region</i>			
Cherokee Health Systems	Hamblen, Jefferson, Cocke, Knox, Union, Grainger, Claiborne	250,000	3,000
Chota Community Health Services	Monroe	48,000	1,000
Jellico Community Hospital	Campbell	250,000	588
Knox County Health Department	Knox	250,000	300
University Health System	Knox and surrounding counties	249,900	300
<i>Mid Cumberland Region</i>			
Baptist Hospital Outreach Rehabilitation Department	Davidson	121,000	800-1,000
Matthew Walker Comprehensive Health Center	Davidson	124,700	438
Meharry Medical College	Davidson	233,400	112
Meharry Medical College	Davidson	132,400	105

Meharry Medical College	Davidson	231,200	120
Metro Public Health Department	Davidson	250,000	300
Mid Cumberland Regional Office	Montgomery, Stewart, Rutherford, Williamson	36,000	2,500
Monroe Carell, Jr. Children's Hospital	Davidson	49,500	4,000
St. Thomas Health Services	Davidson	121,900	75
Safety Net Consortium	Davidson	250,000	200
Trousdale County Schools	Trousdale	81,800	40
University Community Health Services	Davidson	143,900	500
Vanderbilt Ophthalmic Imaging Center	State-wide	281,600	5,000
Vanderbilt University Medical Center	Davidson	249,900	200
Vanderbilt University Medical Center	Davidson	170,700	120
Vanderbilt University Medical Center	Statewide	139,300	100
Vanderbilt University Medical Center	Davidson, Cheatham, Rutherford, Williamson	49,600	200
Wilson County Schools	Wilson	119,300	9,000
<i>Northeast Region</i>			
Church Hill Free Medical Clinic	Hancock, Hawkins, Sullivan	80,800	100
Bristol Family YMCA	Sullivan	250,000	1,000
Greater Kingsport Family YMCA	Sullivan, Hawkins, Washington	42,900	250
Rural Health Consortium Services	Hawkins, Hancock, Greene, Washington, Carter, Sullivan, Unicoi, Johnson	237,700	6,100
Wellmont Foundation	Sullivan, Washington	250,000	40 families
<i>South Central Region</i>			
Maury County YMCA	Maury	70,100	100
Lewis County Government	Lewis	43,200	700
Perry County Medical Center	Perry, Hickman	250,000	925
<i>Southeast Region</i>			
EPPC Global Management	Bradley	250,000	1,000
Medical Foundation of Chattanooga	Hamilton	50,000	350
Southeast Regional Office	Grundy, Sequatchie, Bledsoe, Franklin, Marion	155,300	400
Southeast Regional Office	Meigs, Bradley, McMinn, Polk, Rhea	184,300	750
Southside/Dodson Avenue Community Health Centers	Hamilton	50,000	100
United Way of Greater Chattanooga	Statewide	246,900	62,000
Urban League of Greater Chattanooga	Hamilton	49,700	180
Urban League of Greater Chattanooga	Hamilton	185,000	500
<i>West Region</i>			
Baptist Memorial Health Care Foundation	Carroll, Lauderdale, Obion, Shelby,	205,200	600

	Fayette, Tipton		
LeBonheur Community Outreach	Chester, Hardin	243,400	725
University of Tennessee Health Sciences Center	Decatur, Dyer, Fayette, Gibson, Hardin	212,500	150
University of Tennessee College of Pharmacy	Shelby	250,000	8,000
<i>West Region</i>			
Riverview Regional Medical Center	Robertson, Sumner, Trousdale, Macon, Wilson, Smith, Clay, Jackson, Putnam, DeKalb	45,000	2,500
Southeast Community Services Agency	Cannon, Fentress, Overton, VanBuren	121,800	200

Thus far, Project Diabetes awards have totaled \$3,064,050 in Fiscal Year 2007-2008 and \$7,308,000 in Fiscal Year 2008-2009.

Project Diabetes Awards: Local Education Agencies

In November 2007 a competitive application was issued to Local Education agencies in East Tennessee to provide a program to promote the understanding and prevention of diabetes and obesity among high school students. Funding supported implementation of an innovative program focused on fitness, nutrition, wellness, and motivation for students in grades 9 through 12. The program, referred to as GoTrybe-Tennessee, is a computer based program which emphasizes physical fitness, nutrition and self esteem to promote a healthy weight in children with a long term goal of decreasing the prevalence of diabetes. By the application deadline of December 3, 2007, seventeen (17) applications were received from school systems in the northeast region of the state. Seventeen (17) applications were recommended for funding totaling \$320,740.00. These contracts were in place from January 1, 2008 through December 31, 2008. The program has been successful with almost 37% of all teachers in the school systems that received grant awards voluntarily participating by the end of the fourth quarter, December 2008. The utilization of the GoTrybe program by teachers for classroom-based physical education presented to students increased by 407% over the course of the program; and the GoTrybe program produced a 128% increase in total activity hours for teaching staff and a 619% increase in total physical activity for students.

<i>School System</i>	<i>Amount</i>
Anderson County School System	24,330
Blount County School System	12,000
Carter County School System	4,000
Cocke County School System	17,830
Greene County School System	23,640
Greeneville City School System	9,000
Hancock County School System	2,900
Hawkins County School System	25,420
Johnson City School System	19,050
Johnson County School System	7,330
Kingsport City School System	19,190
Knox County School System	20,550
Loudon County School System	10,000
Maryville City Schools	15,500

Sevier County School System	44,400
Sullivan County Department of Education	39,680
Washington County School System	25,920

Expenditures: As reported by the Department of Finance and Administration through April 30, 2009, Center operation expenditures were \$3,708,499.00. Expenditures through April 30, 2009 include salary and benefits of approximately \$54,816.76 and contractual expenditures of \$3,612,782.57. Remaining expenditures are for travel and supplies along with other below the line costs of approximately \$40,899.67. The fund also earned \$151,183.77 in interest revenue.