

TENNESSEE CORRECTION ACADEMY

Fall-Winter 2023/2024 WEEK 1

Monday

Tuesday

Wednesday Thursdayw/

Friday

Saturday

Sunday

Beef & Broccoli Stir Fry w/ Rice Roasted Cauliflower	White Bean Chicken Chili Bakes Potato w/	Fried Fish w/ Tarter Sauce French Fries	Buffalo Blue Chicken Salad w/ tomato,	Breaded Chicken Homestyle Sandwich on Bun w/lettuce, tomato, & onion	No Meal Service	No Meal Service
Vegetable Roll w/ Soy Sauce	Butter, Cheese, Sour Cream, & Chives	Coleslaw	cucumber, carrots. Blue cheese, Buffalo sauce	Pickle Spear		
Strawberry & Cream		Hushpuppies	* & Homestyle	French Fries		
Cookie	Blueberry Oat Streusel Bar	Cotton Candy Cookie	Croutons Peanut Butter Oat Dessert Bar	Cookie		
Garlic Parmesan Chicken Chunks French Fries Coleslaw Rice Crispy Treat	Taco Salad w/ Taco Beef, Cheese, Tortilla Rounds, Lettuce, Tomato, Onion, Jalapeno, Sour Cream, & Salsa Cinnamon Cake	Fried Chicken Breast Baked Potato w/ Butter, Cheese, Sour Cream Broccoli & Cheese Peach Cobbler	Spaghetti w/ Meatball Caesar Side Salad Garlic Bread VANILLA Pudding Parfait	No Meal Service	No Meal Service	Sack Meal: Turkey & Cheese on Hoagie Roll w/ Mustard/Mayo Potato Chips Cookies Fruit Drink

Creamy Oatmed w/Toppings Ready-to-Eat Cereal Yogurt & Fresh Fruit Continental Selection of Breads, Bagels, & Pastries Scrambled and Hard-Boiled Eggs **Breakfast Meat**

Breakfast: Coffee, Tea, Milk, Juice

Lunch/Dinner: Iced Tea, Fruit Drink

3.23

Create the perfect healthy meal at our fresh garden bar! Build your own salad from your choice of lettuce, fresh veggies, dressings, and other toppings.

Fruit Offered Daily

Served Daily with Lunch & Dinner area



TENNESSEE CORRECTION ACADEMY Foll/ Wiple: 2023/2024 WEEK 2

Wednesday Thursday Saturday

LUNCH (includes soup of the day)

Monday

Tuesday

Oreo Pudding Parfait	Garlic Bread		Seasoned Broccoli	Alfredo	Chicken Fettuccine
Cinnamon Cake	onion, Sour Cream, & Salsa	Lettuce, tomato,	w/ tortilla rounds. Cheese Sauce,		Loaded Nachos
	Fudge Pie	French Fries	w/pickle	Wrap	Philly Cheesesteak
Cotton Candy Cookie	Lemon Broccoli	Grilled Cheese	Chives	w/ Sour Cream &	Chili Con Carne
Vanilla Pie	Red Dill Potato Salad	Baked Beans	Pickle	w/ Bun	Smoked BBQ
			No Medi Service		
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DINNER

Corndogs

Chicken Parmesan Broccoli w/Lemon w/ Italian Sauce **Butter Sauce Garlic Bread** &Spaghetti

French Fries

Rice Crispy

Apple Pie

Cookie

Brownie

Colesiaw

Popcorn Chicken

Cheddar Cheese, & potatoes, Gravy, Roasted Corn

w/ mashed

Beef Burrito

Refried Beans, Sour Cream, Cheese,

w/Seasoned Rice,

Salsa, & Jalapeno

lo Meal Service

No Meal Service No Meal Service

Cheese on Hoagie Sack Meal: Ham & Mustard/Mayo Roll w/

Potato Chips

Cookies

Fruit Drink

BEVERAGES

QUICK START BREAKFAST

Creamy Oatmeal w/Toppings

Ready-to-Eat Cereal Yogurt & Fresh Fruit

Breakfast: Coffee, Tea, Milk,

Lunch/Dinner: Iced Tea, Fruit Drink

Scrambled and Hard-Boiled Eggs

Breakfast Meat

Continental Selection of Breads,

Bagels, & Pastries

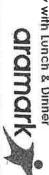


FRESH GARDEN BAR

garden bar! Build your own salad from your Create the perfect healthy meal at our fresh choice of leffuce, fresh veggies, dressings, and other toppings.

Fruit Offered Daily

Served Daily with Lunch & Dinner



M.S., AVAIL RO. LOW MISS NOTES



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Fall-Winter 2023/2024 WEEK 3

Pickle Baked Beans Red Dill Potato Solad Colesiow	Smoked 88Q w/ Bun
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Coconut Cream Pie

Cinadmon Cake

Cliantro Rice

bean & Corn, Sour Jalapeno, Black Rounds, Leftuce Tomato, Onion, Cheese, Tortilla Cream, & Saisa w/ Taco Beef Taco Salad

Chicken Parmesan Broccoli w/Lemor Baked Apples w/ Spaghetti Buffer Squce Gartic Bread

w/ Lettuce, Tomato, & Shrimp Po Boy Onion

Broccoli Sunflower Spicad

Brownies

Cheesecake

Remoulade Sauce

Grape fornaises, Red Wrop w/ Lettuce, Chicken Caesar Onion,

Colestaw

Files

Cookie

No Medi Service

No Medi Service

No Meal Service

Sack Meal: Ham & Roll w/

Cheese on Hoagie Musiard/Mayo Potato Chips Cookies

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Served Daily with Lunch & Dinner



Cheese Manicotti w/

fornato sauce

Mixed Vegetables

Garden Salad

Chicken Breast

Garlic Bread

Seasoned Fried

Buffer & Sour Cream Baked Poiato w/

Green Beans

Pudding

w/ Carrois, Celery, Ranch

French Fries

Com

Chacolaie Cake

Buffalo Chicken Bifes

Beef Burrifo

w/Seasoned Rice, Salsa, & Jalapeno Refried Beans Sour Cream, Cheese,

No Meal Service

Churro

Milk, Juice Breakfast: Coffee, Tea,

Lunch/Dinner: Iced Tea, Fruit Drink

Scrambled and Hard-Boiled Eggs

Breakfast Meat

Continental Selection of Breads,

Bagels, & Pastries

Creamy Oatmed w/Toppings

Ready-to-Eat Cereal Yogurt & Fresh Fruit

W.S., SHEAR ME, LON BOOKERS







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NUMBERSON NOW DEPARTMENT

Foll-Winter 2023/2024 WEEK

Potatoes w/ Gravy Chicken Breast Country Fried Red Mashed w/ Cucumber, Red Gyro Chicken Pita Onion, Tomato & Lemon Potato Tzatziki Sauce Sweet and Soul Shrimp w/Rice Cauliflower Roasted Chicken Fajifas w, Onion, Peppers & Sour Cream Pico de Gallo Black Bean Tortilla, Peanut butter French fries Colesiaw Corndog Brownie No Meal Service

Spanish Rice Churro

Banana Pudding

Bread Pudding w/

Apple Crisp

Wedges

Vegetable Spring

Vanilla Sauce

No Meal Service

Homestyle Sandwich on Bun w/Lettuce, Breaded Chicken No Meal Service

Seasoned Broccoli

Garlic Bread

Onion, Jalapeno

Sour Cream, &

Colesiaw

Chips

Salsa

Lettuce, Tomato,

French Fries

Tomato, & Onion

Tortilla Rounds,

Rice Crispy

Cinnamon Cake

Rice Crispy Treat

Cookie

Fettuccine Alfredo

Taco Beef, Cheese,

Chicken Chunks Garlic Parmesan

Taco Salad w/

Chicken

No Meal Service

Sack Meal: Salami Mustard/Mayo Hoagie Roll w/ & Cheese on

Potato Chips

Cookies

Fruit Drink

Breakfash Coffee, Tea Milk Joice

Lunch/Dinner Iced Tea Froit Drink

Scrambled and Hara-Boiled Eggs

Breakfast Weat

Continental Selection of Breads,

Bagels, & Pastries

Creamy Oalmed w/Toppings

Ready-to-Eat Coreal Yogurt & Fresh Fruit



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Fruit Offered Daily



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3.23