

Behavioral Health Indicators for Tennessee and the United States

2015 Data Book

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**Behavioral Health Indicators for Tennessee and the United States
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Introduction

The *2015 Data Book* compares Tennessee data to national data for the most recent five years available. The 2015 Data Book has been divided into three sections to facilitate its interpretation.

- **Data highlights:** This section includes a summary of the indicators where Tennessee ranked at the top or the bottom when compared with other states based on the most recent data available. It also examines patterns of ranking across years.

- **Dashboards:** This section includes tables or 'dashboards' grouping indicators' most recent data available by type (substance use or mental health) and age group. The purpose of this section is to provide a brief profile of substance use and mental health in Tennessee by age group. Each dashboard includes the most recent percentages or rates available for the United States and Tennessee as well as the national rank.

- **Indicators:** Indicators have been categorized in sections that describe the type of indicator (substance use or mental health) and the age group. For each indicator, percentages indicating prevalence in the United States and Tennessee are provided for the most recent five years. A range that represents the highest and lowest percent or rate on each indicator for a given year is also provided along with the national ranking for each year.

It is important to note that Tennessee's national rank is computed by ranking all states reporting the indicator. When fewer than 50 states are ranked, the total number of states reporting is noted. The Tennessee national ranking is highlighted as green, yellow or red to signify whether Tennessee is at the top, middle or bottom when compared with other states. Green means Tennessee ranks among the top 10 states or top 20% of states reporting. Yellow means Tennessee ranks in the middle 30 states or 60% of states reporting. Red means that Tennessee ranks in the bottom 10 states or bottom 20% of states reporting. A higher ranking indicates that the state has a lower prevalence or positive outcome.

Indicators included in this data book are chosen from the most recent data available from the following national data sets: Behavioral Risk Factor Surveillance System (BRFSS), National Survey on Drug Use and Health (NSDUH), Youth Risk Behavior Survey (YRBS), and the National Survey of Children's Health. Indicators from these data sets were downloaded from the following sources: Centers for Disease Control and Prevention (CDC); Substance Abuse and Mental Health Services Administration (SAMHSA); National KIDS COUNT Program, The Annie E. Casey Foundation; State Health Facts, The Henry J. Kaiser Foundation; and the Health Indicators Warehouse, National Center for Health Statistics.

Behavioral Health Indicators for Tennessee and the United States 2015 Data Book

Data Highlights

The Tennessee Department of Mental Health and Substance Abuse Services produced *Behavioral Health Indicators for Tennessee and the United States: 2015 Data Book* to compare behavioral health indicators for Tennessee to the United States. Key indicators of mental health and substance use are presented for children and youth (ages 2-17, 12-17 and high school students in grades 9-12), young adults (ages 18-25) and adults (ages 18+ and 26+). The goal of this project is to provide useful data to guide program planning and improvements as well as public policy.

Below, indicators for which Tennessee ranks at the top or the bottom when compared with other states' most recent data or for which an interesting pattern across years was observed are highlighted. These highlights have been categorized in two groups: 1) indicators with a high rank, a low prevalence or improvements in ranking across years and 2) indicators with a low rank, a high prevalence or decreases in ranking across years.

Indicators with low prevalence or positive outcomes

- ➡ Tennessee has a lower prevalence of alcohol use when compared with other states. The data indicates that among all age groups - youth (12-17), young adults (18-25) and adults (18+ and 26+), Tennessee has consistently ranked among the top ten states with a lower prevalence of alcohol use and binge drinking in the past month. Moreover, the percentages of people who reported alcohol use or binge drinking for these age groups in Tennessee are better than the national average across the most recent five years of data available.
- ➡ Tennessee ranked among the top ten states with a lower prevalence of young adults (18-25) and adults (26+) needing but not receiving substance abuse treatment for alcohol during 2012-2013. Tennessee's percentages of people needing but not receiving alcohol treatment for these age groups are better than the national average.
- ➡ Among all age groups - youth (12-17), young adults (18-25) and adults (18+ and 26+), Tennessee ranked among the top ten states with a lower prevalence of individuals at great risk of having five or more drinks of an alcoholic beverage once or twice per week during 2012-2013.
- ➡ A few indicators related to young adults (18-25) substance use behaviors improved during 2012-2013. According to the most recent data, Tennessee is among the top ten states with a lower prevalence of young adults at great risk of smoking marijuana once a month and using cocaine in the past year. In addition, improvements were observed for this age group regarding using illicit drugs other than marijuana in the last month and using pain relievers for nonmedical use in the past year. Tennessee moved up its rank from the bottom 10 states to the middle 30 states.
- ➡ Tennessee improved its rank regarding youth in high school (grades 9-12) who smoked a cigarette on at least one day in the past 30 days in 2013, moving up its rank from the bottom 20% to the middle 60% of states.

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The following table highlights the indicators where Tennessee ranks at the top, indicating a lower prevalence of substance use and mental health issues, when compared with other states based on the most recent data available.

Table 1: Indicators for which Tennessee ranks among the top 10 or top 20% of states with low prevalence

Indicator	Age group			
	Youth (ages 12-17)	Young adults (18-25)	Adults (18+)	Adults (26+)
Used alcohol in the past month.	✓	✓	✓	✓
Drank five or more drinks on one occasion in the past month.	✓	✓	✓	✓
With a dependence on or abuse of alcohol in the past year.		✓		✓
Perceived a great risk of having five or more drinks of an alcoholic beverage once or twice per week.	✓	✓	✓	✓
Needing but not receiving substance abuse treatment for alcohol.	✓	✓		✓
Perceived a great risk of smoking marijuana once a month.		✓		✓
With a dependence on or abuse of illicit drugs or alcohol in the past year.		✓		✓
Used cocaine in the past year.		✓		

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Indicators with high prevalence or negative outcomes in Tennessee

- ➔ Tennessee ranked among the bottom ten states for children who have been diagnosed by a doctor with autism, developmental delays, depression, anxiety, ADD/ADHD, or behavioral/conduct problems during 2011-2012.
- ➔ Tennessee ranked among the bottom ten states for a few indicators addressing behavioral health issues for youth in high school (grades 9-12) during 2013. These indicators are:
 - Youth who reported using methamphetamines.
 - Youth who reported using non-medical prescription drugs during their lifetime.
 - Youth who reported purging to lose or keep from gaining weight.
 - Youth who reported fasting to lose or keep from gaining weight.
 - Youth who attempted suicide that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse.
- ➔ Tennessee has a high prevalence of adults (18+) who are smokers. During the past two years of data available (2011-2012 and 2012-2013), Tennessee ranked among the bottom 10 states for adults (18+) who are current smokers and adults who smoke every day.
- ➔ In 2013, Tennessee ranked among the states with a high prevalence of adults (18+) who are limited in any activities because of physical, mental or emotional problems (bottom 10 states).
- ➔ Tennessee has a high prevalence of adults (26+) with any mental illness in the last year, scoring on the bottom 10 states during the past five years.
- ➔ Tennessee decreased its rank for young adults (18-25) with a major depressive disorder and thoughts of suicide during the past year. In the previous year (2011-2012) Tennessee ranked among the top ten states with lower prevalence; in 2012-2013 it ranked in the middle 30 states.
- ➔ Tennessee decreased its rank regarding adults (18+ and 26+) who had serious thoughts of suicides in the past year, moving from the top ten during 2011-2012 to the middle 30 states for these indicators in 2012-2013.
- ➔ Tennessee decreased its rank for youth (12-17) who used illicit drugs in the past month, youth (12-17) with a dependence on or abuse of illicit drugs or alcohol in the past year and youth (12-17) needing but not receiving substance abuse treatment for illicit drugs during 2012-2013. In the previous year Tennessee ranked among the top ten states with lower prevalence; in 2012-2013 it ranked in the middle 30 states.
- ➔ Tennessee decreased its rank when compared with other states regarding bullying in 2013. In the previous year, Tennessee ranked among the states with a lower prevalence of youth in high school (grades 9-12) who were electronically bullied or bullied at school; in 2013, Tennessee ranked among the middle 30 states.

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The following table highlights the indicators where Tennessee ranks in the bottom 10 states, indicating a high prevalence of substance use and mental health issues, when compared with other states based on the most recent data available.

Table 2: Indicators for which Tennessee ranks among the bottom 10 or bottom 20% of states

Indicator	Age group				
	Children/ Youth (ages 2-17)	Youth in high school	Young adults (18-25)	Adults (18+)	Adults (26+)
Are current smokers				✓	
Smoke everyday				✓	
Children with a parent who reports that a doctor has told them their child has autism, developmental delays, depression, anxiety, ADD/ADHD, or behavioral/conduct problems.	✓		✓		✓
Youth who reported that they did not eat for 24 or more hours to lose weight or keep from gaining weight during the past month (fasting).		✓			
Youth who reported that they vomited or took laxatives to lose weight or keep from gaining weight during the past month (purging).		✓			
Youth who attempted suicide that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse.		✓			
Adults who are limited in any activities because of physical, mental or emotional problems.				✓	
Adults with any mental illness in the past year.					✓
Used methamphetamines one or more times during their lifetime.		✓			
Used prescription drugs one or more times in their lifetime without a doctor's prescription.		✓			

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**Substance use dashboard
Youth (ages 12–17)**

Substance use of youth ages 12-17	2012-2013		
	US	TN	TN Rank
Alcohol			
Used alcohol in the past month.	12.2%	9.9%	■
Drank five or more drinks on one occasion in the past month.	6.7%	6.1%	■
With a dependence on or abuse of alcohol in the past year.	3.1%	3.1%	■
Perceived a great risk of having five or more drinks of an alcoholic beverage once or twice per week.	39.3%	42.2%	■
Needing but not receiving substance abuse treatment for alcohol.	3.0%	2.8%	■
Marijuana			
Used marijuana in the past month.	7.1%	6.0%	■
Perceived a great risk of smoking marijuana once a month.	25.3%	29.0%	■
Illicit drug			
Used illicit drugs in the past month.	9.2%	8.2%	■
Used illicit drugs other than marijuana in the past month.	3.7%	3.4%	■
With a dependence on or abuse of illicit drugs or alcohol in the past year.	5.7%	5.2%	■
Needing but not receiving substance abuse treatment for illicit drugs	3.5%	3.0%	■
Non-medical use of pain relievers			
Used pain relievers for nonmedical use in the past year.	5.0%	5.2%	■
Cocaine			
Used cocaine in the past year.	0.6%	0.6%	■
Cigarettes			
Used cigarettes in the past month.	6.1%	7.6%	■

Source: National Survey on Drug Use and Health (NSDUH), Substance Abuse and Mental Health Services Administration.

Legend

US and TN Percentages: Indicate prevalence for the group indicated in the table.

TN Rank: Compares most recent year’s data for Tennessee with data from other states. A higher ranking indicates that the state has a lower prevalence or positive outcome. (See data tables for specific ranking.)

- (Top 10 or top 20%)
- (Middle 30 or middle 60%)
- (Bottom 10 or bottom 20%)

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**Substance use dashboard
Youth in high school (grades 9–12)**

Substance use of youth in grades 9-12	2013		TN Rank
	US	TN	
Alcohol			
Had at least one drink of alcohol during the past 30 days.	34.9%	28.4%	■
Drank five or more drinks on the same occasion during the past 30 days.	20.8%	16.1%	■
Drank alcohol for the first time before the age of 13.	18.6%	18.8%	■
Rode with a driver who had been drinking alcohol during the past 30 days.	21.9%	19.8%	■
Marijuana			
Used marijuana during the past 30 days.	23.4%	21.4%	■
Cocaine			
Used any form of cocaine one or more times during the past 30 days.	5.5%	6.0%	■
Methamphetamines			
Used methamphetamines one or more times during their lifetime.	3.2%	4.9%	■
Non-medical use of prescription drugs			
Used prescription drugs one or more times in their lifetime without a doctor's prescription.	19.0%	17.8%	■
Cigarettes			
Smoked a cigarette on at least one day during the past 30 days.	15.7%	15.4%	■

Source: Youth Behavior Risk Surveillance System, Centers for Disease Control and Prevention

Legend

US and TN Percentages: Indicate prevalence for the group indicated in the table.

TN Rank: Compares most recent year's data for Tennessee with data from other states. A higher ranking indicates that the state has a lower prevalence or positive outcome. (See data tables for specific ranking.)

- (Top 10 or top 20%)
- (Middle 30 or middle 60%)
- (Bottom 10 or bottom 20%)

Substance use dashboard
Young adults (18–25)

Substance use of young adults ages 18-25	2012-2013		
	US	TN	TN Rank
Alcohol			
Used alcohol in the past month.	59.9%	48.0%	■
Drank five or more drinks on the same occasion in the past month.	38.7%	29.6%	■
With a dependence on or abuse of alcohol in the past year.	13.7%	11.6%	■
Perceived a great risk of having five or more drinks of an alcoholic beverage once or twice per week.	33.8%	38.6%	■
Needing but not receiving substance abuse treatment for alcohol.	13.3%	11.7%	■
Marijuana			
Used marijuana in the past month.	18.9%	15.0%	■
Perceived a great risk of smoking marijuana once a month.	15.8%	18.7%	■
Illicit drug			
Used illicit drugs in the past month.	21.4%	17.6%	■
Used illicit drugs other than marijuana in the past month.	6.9%	6.9%	■
With a dependence on or abuse of illicit drugs or alcohol in the past year.	18.1%	16.1%	■
Needing but not receiving substance abuse treatment for illicit drugs	7.0%	6.6%	■
Non-medical use of pain relievers			
Used pain relievers for nonmedical use in the past year.	9.5%	9.5%	■
Cocaine			
Used cocaine in the past year.	4.5%	3.2%	■
Cigarettes			
Used cigarettes in the past month.	31.2%	33.0%	■

Source: National Survey on Drug Use and Health (NSDUH), Substance Abuse and Mental Health Services Administration.

Legend

US and TN Percentages: Indicate prevalence for the group indicated in the table.

TN Rank: Compares most recent year's data for Tennessee with data from other states. A higher ranking indicates that the state has a lower prevalence or positive outcome. (See data tables for specific ranking.)

- (Top 10 or top 20%)
- (Middle 30 or middle 60%)
- (Bottom 10 or bottom 20%)

Substance use dashboard Adults (18+)

Substance use of adults ages 18+	US	2013	TN Rank
		TN	
Alcohol			
Had at least one drink of alcohol in the past month. ¹	54.5%	37.5%	■
Drank five or more drinks on the same occasion in the past month. ¹	16.8%	9.6%	■
Perceived a great risk of having five or more drinks of an alcoholic beverage once or twice per week. ² (Data for 2012-2013)	42.1%	46.7%	■
Cigarettes			
Are current smokers. ¹	19.0%	24.3%	■
Smoke every day. ¹	13.4%	18.4%	■

Sources:

1. Centers for Disease Control and Prevention (CDC). Behavioral Risk Factor Surveillance System Survey Data.
2. National Survey on Drug Use and Health (NSDUH) 2012-2013, Substance Abuse and Mental Health Services Administration.

Legend

US and TN Percentages: Indicate prevalence for the group indicated in the table.

TN Rank: Compares most recent year's data for Tennessee with data from other states. A higher

- (Top 10 or top 20%)
- (Middle 30 or middle 60%)
- (Bottom 10 or bottom 20%)

Substance use dashboard Adults (26+)

Substance use of adults ages 26+	2012-2013		
	US	TN	TN Rank
Alcohol			
Used alcohol in the past month.	55.7%	40.5%	■
Drank five or more drinks on the same occasion in the past month.	22.2%	16.1%	■
With a dependence on or abuse of alcohol in the past year.	5.9%	4.9%	■
Perceived a great risk of having five or more drinks of an alcoholic beverage once or twice per week.	43.5%	48.0%	■
Needing but not receiving substance abuse treatment for alcohol.	5.6%	4.7%	■
Marijuana			
Used marijuana in the past month.	5.4%	3.8%	■
Perceived a great risk of smoking marijuana one a month.	32.4%	39.5%	■
Illicit drug			
Used illicit drugs in the past month.	7.2%	5.3%	■
Used illicit drugs other than marijuana in the past year.	2.7%	2.5%	■
With a dependence on or abuse of illicit drugs or alcohol in the past year.	7.0%	6.2%	■
Needing but not receiving substance abuse treatment for illicit drugs.	1.5%	1.5%	■
Non-medical use of pain relievers			
Used pain relievers for nonmedical use in the past year.	3.6%	3.5%	■
Cocaine			
Used cocaine in the past year.	1.3%	1.1%	■
Cigarettes			
Used cigarettes in the past month.	22.0%	26.1%	■

Source: National Survey on Drug Use and Health (NSDUH), Substance Abuse and Mental Health Services Administration

Legend

US and TN Percentages: Indicate prevalence for the group indicated in the table.

TN Rank: Compares most recent year's data for Tennessee with data from other states. A higher

- (Top 10 or top 20%)
- (Middle 30 or middle 60%)
- (Bottom 10 or bottom 20%)

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Substance use of youth ages 12-17: ALCOHOL

1.1. Youth who used alcohol in the past month.					
	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	11.4%	11.3%	11.0%	10.2%	9.9%
United States	14.8%	14.2%	13.5%	13.1%	12.2%
Range	6.7-21.4%	7.6-19.2%	7.6-17.8%	7.5-17.6%	7.8-15.1%
Tennessee National Ranking	2	2	2	2	2

Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration

1.2. Youth who drank five or more drinks on one occasion in the past month (binge drinking).					
	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	7.2%	6.7%	6.2%	6.5%	6.1%
United States	8.9%	8.4%	7.6%	7.3%	6.7%
Range	5.5-13.7%	5.7-12.7%	5.3-10.2%	5.5-9.9%	5.8-8.7%
Tennessee National Ranking	5	3	4	3	4

Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration

1.3. Youth with a dependence on or abuse of alcohol in the past year.					
	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	3.3%	3.7%	3.7%	3.3%	3.1%
United States	4.8%	4.6%	4.2%	3.6%	3.1%
Range	3.3-8.2%	3.3-6.7%	3.0-5.9%	2.7-4.9%	2.3-4.9%
Tennessee National Ranking	1	5	7	11	19

Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration

1.4. Youth who perceived a great risk of having five or more drinks of an alcoholic beverage once or twice per week.					
	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	41.0%	41.5%	41.0%	42.5%	42.2%
United States	39.8%	40.0%	40.6%	40.2%	39.3%
Range	32.7-46.1%	31.3-48.7%	33.2-52.3%	31.1-47.2%	30.0-45.7%
Tennessee National Ranking	16	13	14	9	7

Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration

Top 10 or top 20%
Middle 30 or middle 60%
Bottom 10 or bottom 20%

**Behavioral Health Indicators for Tennessee and the United States
2015 Data Book**

1.5. Youth needing but not receiving substance abuse treatment for alcohol.					
	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	3.4%	3.7%	3.6%	3.1%	2.8%
United States	4.6%	4.4%	4.0%	3.5%	3.0%
Range	3.3-7.6%	3.3-6.1%	2.9-5.5%	2.6-4.4%	2.3-4.3%
Tennessee National Ranking	2	5	8	10	15

Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration

Substance use of youth ages 12-17: MARIJUANA

1.6. Youth who used marijuana in the past month.					
	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	5.2%	5.3%	6.2%	5.9%	6.0%
United States	7.0%	7.4%	7.6%	7.6%	7.1%
Range	4.8-10.2%	3.7-11.5%	3.7-14.0%	5.0-13.4%	4.8-12.9%
Tennessee National Ranking	5	5	10	5	17

Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration

1.7. Youth who perceive a great risk of smoking marijuana once a month.					
	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	34.7%	32.0%	30.9%	31.5%	29.0%
United States	31.8%	29.9%	28.6%	27.0%	25.3%
Range	23.4-43.4%	20.4-44.8%	20.5-44.3%	19.9-39.7%	19.1-32.3%
Tennessee National Ranking	16	18	18	11	11

Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration

Substance use of youth ages 12-17: ILLICIT DRUGS

1.8. Youth who used illicit drugs in the past month.					
	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	8.0%	8.3%	8.9%	8.5%	8.2%
United States	9.7%	10.1%	10.1%	9.8%	9.2%
Range	7.4-12.9%	6.9-13.2%	5.9-15.4%	6.7-15.5%	6.1-15.1
Tennessee National Ranking	3	6	13	9	20

Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration

Note: Illicit drugs include marijuana/hashish, cocaine (including crack), heroin, hallucinogens, inhalants, or any prescription-type psychotherapeutic used non-medically.

Top 10 or top 20%
Middle 30 or middle 60%
Bottom 10 or bottom 20%

**Behavioral Health Indicators for Tennessee and the United States
2015 Data Book**

1.9. Youth who used illicit drugs other than marijuana in the past month.

	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	4.3%	4.5%	4.7%	4.2%	3.4%
United States	4.5%	4.5%	4.3%	3.9%	3.7%
Range	3.6-5.6%	3.6-5.5%	3.5-5.3%	2.7-5.5%	2.4-4.3%
Tennessee National Ranking	19	26	44	39	29

Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration

Note: Any illicit drug other than marijuana includes cocaine (including crack), heroin, hallucinogens, inhalants, or any prescription-type psychotherapeutic used non-medically.

1.10. Youth with a dependence on or abuse of illicit drugs or alcohol in the past year.

	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	5.3%	6.1%	6.8%	5.8%	5.2%
United States	7.4%	7.2%	7.1%	6.5%	5.7%
Range	5.3-10.5%	5.6-10.0%	5.6-9.9%	4.7-9.2%	4.6-7.2%
Tennessee National Ranking	1	5	24	8	13

Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration

Note: Illicit drugs include marijuana/hashish, cocaine (including crack), heroin, hallucinogens, inhalants, or any prescription-type psychotherapeutic used non-medically.

1.11. Youth needing but not receiving substance abuse treatment for illicit drugs.

	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	3.5%	3.6%	4.1%	3.2%	3.0%
United States	4.2%	4.2%	4.3%	4.0%	3.5%
Range	3.5-5.6%	3.2-6.3%	3.2-6.7%	3.0-5.8%	2.3-4.8%
Tennessee National Ranking	1	7	24	10	14

Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration

Substance use of youth ages 12-17: NON-MEDICAL USE OF PAIN RELIEVERS

1.12. Youth who used pain relievers for nonmedical use in the past year.

	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	6.6%	6.2%	6.9%	6.6%	5.2%
United States	6.6%	6.4%	6.1%	5.6%	5.0%
Range	4.6-9.3%	5.0-8.5%	4.6-8.6%	4.1-8.4%	3.5-7.1%
Tennessee National Ranking	23	18	37	38	25

Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration

Note: Nonmedical pain relievers include (1) Darvocet-N®, Darvon®, or Tylenol® with codeine; (2) Percocet®, Percodan®, or Tylox®; and (3) Vicodin®, Lortab®, or Lorcet®/Lorcet Plus®. Additional drugs were (4) codeine; (5) Demerol®; (6) Dilaudid®; (7) Fioricet®; (8) Fiorinal®; (9) hydrocodone; (10) methadone; (11) morphine; (12) OxyContin®; (13) Phenaphen® with codeine; (14) propoxyphene; (15) SK-65®; (16) Stadol®; (17) Talacen®; (18) Talwin®; (19) Talwin® NX; (20) tramadol; and (21) Ultram®.

Top 10 or top 20%
Middle 30 or middle 60%
Bottom 10 or bottom 20%

**Behavioral Health Indicators for Tennessee and the United States
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Substance use of youth ages 12-17: COCAINE

1.13. Youth who used cocaine in the past year.					
	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	0.9%	0.9%	0.8%	0.8%	0.6%
United States	1.1%	1.0%	1.0%	0.8%	0.6%
Range	0.6-1.5%	0.6-1.3%	0.6-1.4%	0.6-1.3%	0.3-1.1%
Tennessee National Ranking	10	19	12	28	31
Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration					

Substance use of youth ages 12-17: CIGARETTES

1.14. Youth who used cigarettes in the past month.					
	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	9.7%	9.3%	9.2%	8.7%	7.6%
United States	9.1%	8.7%	8.1%	7.2%	6.1%
Range	5.4-13.1%	5.7-13.5%	5.1-11.8%	5.4-11.6%	4.3-9.5%
Tennessee National Ranking	26	25	32	36	39
Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration					

Top 10 or top 20%
Middle 30 or middle 60%
Bottom 10 or bottom 20%

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Substance use of youth in grades 9-12: ALCOHOL

1.15. Youth who had at least one drink of alcohol during the past 30 days.					
	2005	2007	2009	2011	2013
Tennessee	41.8%	36.7%	33.5%	33.3%	28.4%
United States	43.3%	44.7%	41.8%	38.7%	34.9%
Range	15.8-49.2%	17.0-48.9%	18.2-47.5%	15.0-44.4%	11.0-39.3%
Tennessee National Ranking	15 of 40	3 of 40	4 of 42	9 of 43	11 of 41

Source: Centers for Disease Control and Prevention. Youth Risk Behavior Survey.

1.16. Youth who drank five or more drinks on the same occasion during the past 30 days (binge drinking).					
	2005	2007	2009	2011	2013
Tennessee	24.9%	21.7%	19.1%	18.6%	16.1%
United States	25.5%	26.0%	24.2%	21.9%	20.8%
Range	8.8-34.4%	11.7-32.7%	11.5-30.7%	9.1-26.5%	5.9-24.4%
Tennessee National Ranking	15 of 40	8 of 40	6 of 41	12 of 43	11 of 42

Source: Centers for Disease Control and Prevention. Youth Risk Behavior Survey.

1.17. Youth who drank alcohol for the first time before the age of 13.					
	2005	2007	2009	2011	2013
Tennessee	24.9%	21.7%	19.1%	18.6%	18.8%
United States	25.5%	26.0%	24.2%	21.9%	18.6%
Range	8.8-34.4%	11.7-32.7%	11.5-30.7%	9.1-26.5%	8.8-25.6%
Tennessee National Ranking	15 of 40	8 of 40	6 of 41	12 of 43	25 of 40

Source: Centers for Disease Control and Prevention. Youth Risk Behavior Survey.

1.18. Youth who rode with a driver who had been drinking alcohol during the past 30 days.					
	2005	2007	2009	2011	2013
Tennessee	25.1%	24.2%	22.2%	20.3%	19.8%
United States	28.5%	29.1%	28.3%	24.1%	21.9%
Range	13.4-37.4%	14.8-35.6%	13.6-37.1%	13.5-32.2%	12.4-29.6%
Tennessee National Ranking	12 of 40	10 or 39	8 of 39	7 of 39	14 of 38

Source: Centers for Disease Control and Prevention. Youth Risk Behavior Survey.

Top 10 or top 20%
Middle 30 or middle 60%
Bottom 10 or bottom 20%

**Behavioral Health Indicators for Tennessee and the United States
2015 Data Book**

Substance use of youth in grades 9-12: MARIJUANA

1.19. Youth who used marijuana during the past 30 days.					
	2005	2007	2009	2011	2013
Tennessee	19.5%	19.4%	20.1%	20.6%	21.4%
United States	20.2%	19.7%	20.8%	23.1%	23.4%
Range	7.6-26.2%	8.7-25.1%	10.0-28.0%	9.6-28.4%	7.6-27.8%
Tennessee National Ranking	24 of 39	24 of 40	19 of 42	19 of 43	30 of 42

Source: Centers for Disease Control and Prevention. Youth Risk Behavior Survey.

Substance use of youth in grades 9-12: COCAINE

1.20. Youth who used any form of cocaine one or more times during the past 30 days.					
	2005	2007	2009	2011	2013
Tennessee	3.1%	2.9%	2.5%	2.7%	6.0%
United States	3.4%	3.3%	2.8%	3.0%	5.5%
Range	2.0-7.9%	1.7-6.6%	1.7-5.6%	1.4-5.2%	3.2-10.3%
Tennessee National Ranking	14 of 37	11 of 37	10 of 33	13 of 29	23 of 37

Source: Centers for Disease Control and Prevention. Youth Risk Behavior Survey.

Note: Includes any form of cocaine (e.g., powder, crack, or freebase).

Substance use of youth in grades 9-12: METHAMPHETAMINES

1.21. Youth who used methamphetamines one or more times during their lifetime.					
	2005	2007	2009	2011	2013
Tennessee	5.6%	3.8%	3.0%	3.5%	4.9%
United States	6.2%	4.4%	4.1%	3.8%	3.2%
Range	2.6-11.7%	3.0-8.6%	2.3-7.9%	2.4-6.0%	1.6-8.9%
Tennessee National Ranking	16 of 39	5 of 39	5 of 39	17 of 37	29 of 35

Source: Centers for Disease Control and Prevention. Youth Risk Behavior Survey.

Top 10 or top 20%
Middle 30 or middle 60%
Bottom 10 or bottom 20%

**Behavioral Health Indicators for Tennessee and the United States
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Substance use of youth in grades 9-12: NON-MEDICAL USE OF PRESCRIPTION DRUGS

1.22. Youth who used prescription drugs one or more times in their lifetime without a doctor's prescription.					
	NA	NA	NA	2011	2013
Tennessee	NA	NA	NA	19.9%	17.8%
United States	NA	NA	NA	20.7%	19.0%
Range	NA	NA	NA	12.4-22.1%	8.7-21.5%
Tennessee National Ranking	NA	NA	NA	28 of 35	29 of 34
Source: Centers for Disease Control and Prevention. Youth Risk Behavior Survey.					
Notes: Prescription drugs include Oxycontin, Percocet, Vicodin, codeine, Adderall, Ritalin, Xanax or any other prescription drug used nonmedically.					

Substance use of youth in grades 9-12: CIGARETTES

1.23. Youth who smoked a cigarette on at least one day in the past 30 days.					
	2005	2007	2009	2011	2013
Tennessee	26.3%	25.5%	20.9%	21.6%	15.4%
United States	23.0%	20.0%	19.5%	18.1%	15.7%
Range	7.4-28.6%	7.9-27.6%	8.5-26.1%	5.9-24.1%	4.4-19.6%
Tennessee National Ranking	38 of 40	38 of 40	33 of 42	37 of 43	31 of 41
Source: Centers for Disease Control and Prevention. Youth Risk Behavior Survey.					

Top 10 or top 20%
Middle 30 or middle 60%
Bottom 10 or bottom 20%

**Behavioral Health Indicators for Tennessee and the United States
2015 Data Book**

Substance use of young adults (18-25): ALCOHOL

1.24. Young adults who used alcohol in the past month.					
	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	53.4%	51.4%	52.9%	49.7%	48.0%
United States	61.5%	61.6%	61.0%	60.5%	59.9%
Range	32.1-75.0%	32.5-74.3%	31.3-73.9%	33.4-73.6%	34.5-73.2%
Tennessee National Ranking	6	3	7	3	2

Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration.

1.25. Young adults who drank five or more drinks in one occasion in the past month (binge drinking).					
	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	33.5%	31.9%	33.0%	31.6%	29.6%
United States	41.5%	41.2%	40.2%	39.7%	38.7%
Range	23.8-53.6%	23.6-51.3%	22.9-52.9%	24.2-53.9%	26.2-53.7%
Tennessee National Ranking	2	2	5	4	2

Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration.

Note: Binge alcohol use is defined as drinking five or more drinks on the same occasion (i.e., at the same time or within a couple of hours of each other).

1.26. Young adults with a dependence on or abuse of alcohol in the past year.					
	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	14.2%	14.0%	13.5%	12.2%	11.6%
United States	16.8%	15.9%	15.0%	14.4%	13.7%
Range	12.4-24.6%	11.5-22.9%	10.1-20.7%	10.6-19.7%	11.0-19.2%
Tennessee National Ranking	4	7	12	8	5

Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration.

1.27. Young adults who perceive a great risk of having five or more drinks of an alcoholic beverage once or twice a week.					
	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	33.6%	34.5%	35.3%	37.8%	38.6%
United States	33.1%	33.4%	34.1%	34.5%	33.8%
Range	22.5-42.0%	22.9-41.5%	23.9-41.6%	24.8-41.0%	21.3-40.0%
Tennessee National Ranking	17	15	17	10	5

Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration.

Top 10 or top 20%
Middle 30 or middle 60%
Bottom 10 or bottom 20%

**Behavioral Health Indicators for Tennessee and the United States
2015 Data Book**

1.28. Young adults needing but not receiving substance abuse treatment for alcohol use in the past year.

	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	13.7%	13.6%	13.0%	12.3%	11.7%
United States	16.1%	15.3%	14.5%	13.9%	13.3%
Range	12.5-23.2%	11.5-21.4%	9.9-20.5%	9.8-19.1%	10.3-18.7%
Tennessee National Ranking	5	11	13	8	6

Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration.

Substance use of young adults (18-25): MARIJUANA

1.29. Young adults who used marijuana in the past month.

	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	16.6%	14.2%	15.0%	14.7%	15.0%
United States	17.4%	18.4%	18.8%	18.9%	18.9%
Range	8.2-30.6%	7.7-32.0%	8.3-33.2%	9.8-33.2%	10.9-29.8%
Tennessee National Ranking	22	8	12	11	13

Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration.

1.30. Young adults who perceive a great risk of smoking marijuana once a month.

	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	20.4%	18.7%	19.2%	19.2%	18.7%
United States	21.3%	19.2%	18.3%	17.4%	15.8%
Range	11.7-29.4%	10.5-28.5%	9.9-27.3%	9.5-26.4%	7.9-24.4%
Tennessee National Ranking	24	24	15	12	8

Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration.

Substance use of young adults (18-25): ILLICIT DRUG

1.31. Young adults who used illicit drugs in the past month.

	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	19.6%	17.6%	18.8%	18.0%	17.6%
United States	20.5%	21.5%	21.5%	21.4%	21.4%
Range	12.7-32.8%	12.0-35.1%	10.5-35.0%	13.1-33.3%	13.8-31.9%
Tennessee National Ranking	23	7	16	13	14

Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration.

Note: Illicit drugs include marijuana/hashish, cocaine (including crack), heroin, hallucinogens, inhalants, or any prescription-type psychotherapeutic used non-medically.

Top 10 or top 20%
Middle 30 or middle 60%
Bottom 10 or bottom 20%

**Behavioral Health Indicators for Tennessee and the United States
2015 Data Book**

1.32. Young adults who used illicit drugs other than marijuana in the past month.

	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	7.8%	8.2%	9.0%	8.2%	6.9%
United States	8.1%	8.2%	7.5%	7.0%	6.9%
Range	5.0-12.0%	5.1-12.7%	4.8-11.3%	4.8-9.7%	5.0-10.0%
Tennessee National Ranking	20	26	41	42	28

Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration.
used non-medically.

1.33. Young adults with a dependence on or abuse of illicit drugs or alcohol in the past year.

	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	17.7%	18.3%	19.1%	17.3%	16.1%
United States	20.5%	20.0%	19.3%	18.7%	18.1%
Range	16.6-26.7%	16.3-25.9%	14.2-25.2%	14.5-23.4%	14.7-23.7%
Tennessee National Ranking	5	9	20	11	5

Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration.
non-medically.

1.34. Young adults needing but not receiving substance abuse treatment for illicit drugs.

	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	5.9%	6.0%	7.8%	7.5%	6.6%
United States	7.2%	7.1%	7.0%	7.0%	7.0%
Range	5.0-9.8%	4.9-9.6%	4.6-10.3%	5.0-9.3%	5.2-8.6%
Tennessee National Ranking	4	7	39	14	19

Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration.

Substance use of young adults (18-25): NON-MEDICAL USE OF PAIN RELIEVERS

1.35. Young adults who used pain relievers for nonmedical use in the past year.

	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	12.7%	11.9%	13.1%	12.1%	9.5%
United States	12.0%	11.5%	10.4%	10.0%	9.5%
Range	9.2-17.9%	8.5-15.7%	7.8-15.0%	8.0-13.8%	7.6-12.2%
Tennessee National Ranking	28	25	45	45	26

Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration.

Note: Nonmedical pain relievers include (1) Darvocet-N®, Darvon®, or Tylenol® with codeine; (2) Percocet®, Percodan®, or Tylox®; and (3) Vicodin®, Lortab®, or Lorcet®/Lorcet Plus®. Additional drugs were (4) codeine; (5) Demerol®; (6) Dilaudid®; (7) Fioricet®; (8) Fiorinal®; (9) hydrocodone; (10) methadone; (11) morphine; (12) OxyContin®; (13) Phenaphen® with codeine; (14) propoxyphene; (15) SK-65®; (16) Stadol®; (17) Talacen®; (18) Talwin®;

Top 10 or top 20%
Middle 30 or middle 60%
Bottom 10 or bottom 20%

**Behavioral Health Indicators for Tennessee and the United States
2015 Data Book**

Substance use of young adults (18-25): COCAINE

1.36. Young adults who used cocaine in the past year.					
	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	4.3%	3.0%	3.2%	3.5%	3.2%
United States	5.5%	5.0%	4.6%	4.6%	4.5%
Range	3.2-10.2%	2.6-10.0%	2.3-9.0%	2.4-8.8%	2.6-8.1%
Tennessee National Ranking	10	4	12	14	8
Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration.					

Substance use of young adults (18-25): CIGARETTES

1.37. Young adults who used cigarettes in the past month.					
	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	39.5%	40.0%	38.0%	34.8%	33.0%
United States	35.8%	35.1%	33.9%	32.6%	31.2%
Range	22.3-47.1%	23.5-43.9%	22.7-42.3%	23.2-45.2%	23.6-40.1%
Tennessee National Ranking	36	42	36	24	22
Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration.					

Top 10 or top 20%
Middle 30 or middle 60%
Bottom 10 or bottom 20%

**Behavioral Health Indicators for Tennessee and the United States
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Substance use of adults (18+): ALCOHOL

1.38. Adults who had at least one drink of alcohol within the prior 30 days.					
	2009	2010	2011	2012	2013
Tennessee	25.1%	28.2%	37.5%	38.6%	37.5%
United States	54.4%	54.6%	57.1%	55.3%	54.5%
Range	25.1-67.0%	25.0-66.1%	29.5-67.1%	29-65.4%	30.7-64.6%
Tennessee National Ranking	1	3	3	3	3

Source: Centers for Disease Control and Prevention (CDC). Behavioral Risk Factor Surveillance System Survey data.

1.39. Adults who drank five or more drinks in one occasion within the past month (binge drinking).					
	2009	2010	2011	2012	2013
Tennessee	6.8%	6.6%	10.0%	11.3%	9.6%
United States	15.8%	15.1%	18.3%	16.9%	16.8%
Range	6.8-23.9%	6.6-21.6%	10.0-24.3%	10.2-25.2%	9.6-23.8%
Tennessee National Ranking	1	1	1	3	1

Source: Centers for Disease Control and Prevention (CDC). Behavioral Risk Factor Surveillance System Survey data.

1.40. Adults who perceived a great risk of having five or more drinks of an alcoholic beverage once or twice per week.					
	NA	NA	NA	NA	2012-2013
Tennessee	NA	NA	NA	NA	46.7%
United States	NA	NA	NA	NA	42.1%
Range	NA	NA	NA	NA	33.9-46.8%
Tennessee National Ranking	NA	NA	NA	NA	2

Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration

Substance use of adults (18+): CIGARETTES

1.41. Adults who are current smokers.					
	2009	2010	2011	2012	2013
Tennessee	22.0%	20.1%	23.0%	24.9%	24.3%
United States	17.9%	17.3%	21.2%	19.6%	19.0%
Range	9.8-25.6%	9.1-26.8%	11.8-29.0%	10.6-28.3%	10.3-27.3%
Tennessee National Ranking	41	37	36	47	46

Source: Centers for Disease Control and Prevention (CDC). Behavioral Risk Factor Surveillance System Survey data.

Top 10 or top 20%
Middle 30 or middle 60%
Bottom 10 or bottom 20%

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1.42. Adults who smoke every day.					
	2009	2010	2011	2012	2013
Tennessee	17.6%	15.7%	18.3%	18.8%	18.4%
United States	12.8%	12.4%	15.4%	13.5%	13.4%
Range	6.9-20.7%	6.4-23.2%	8.5-23.8%	7.2-24.0%	7.1-22.8%
Tennessee National Ranking	46	40	40	48	47
Source: Centers for Disease Control and Prevention (CDC). Behavioral Risk Factor Surveillance System Survey data.					

Top 10 or top 20%
Middle 30 or middle 60%
Bottom 10 or bottom 20%

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2015 Data Book**

Substance use of adults (26+): ALCOHOL

1.43. Adults who used alcohol within the past month.					
	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	42.8%	42.1%	43.4%	40.9%	40.5%
United States	54.8%	54.9%	55.0%	55.3%	55.7%
Range	30.7-67.9%	28.1-68.8%	27.0-67.2%	32.5-67.8%	34.6-69.6%
Tennessee National Ranking	5	4	6	3	3

Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration

1.44. Adults who drank five or more drinks in one occasion within the past month (binge drinking).					
	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	17.9%	16.6%	17.5%	17.2%	16.1%
United States	22.3%	22.2%	21.8%	21.8%	22.2%
Range	13.1-28.1%	12.0-28.8%	13.6-28.1%	15.7-28.0%	15.8-29.9%
Tennessee National Ranking	2	2	2	3	2

Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration

Note: Binge alcohol use is defined as drinking five or more drinks on the same occasion (i.e., at the same time or within a couple of hours of each other).

1.45. Adults with a dependence on or abuse of alcohol in the past year.					
	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	5.3%	5.5%	5.2%	5.0%	4.9%
United States	6.2%	6.1%	5.7%	5.7%	5.9%
Range	5.0-7.6%	4.6-7.5%	3.4-8.1%	3.8-8.0%	4.4-7.3%
Tennessee National Ranking	4	10	15	10	3

Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration

1.46. Adults who perceived a great risk of having five or more drinks of an alcoholic beverage once or twice per week.					
	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	44.2%	47.1%	45.0%	44.0%	48.0%
United States	43.5%	44.5%	44.3%	43.8%	43.5%
Range	36.5-53.2%	35.5-54.3%	37.0-52.5%	36.4-48.6%	35.6-48.4%
Tennessee National Ranking	17	9	15	18	2

Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration

Top 10 or top 20%
Middle 30 or middle 60%
Bottom 10 or bottom 20%

**Behavioral Health Indicators for Tennessee and the United States
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1.47. Adults needing but not receiving substance abuse treatment for alcohol.					
	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	5.2%	5.3%	5.1%	4.9%	4.7%
United States	5.8%	5.7%	5.4%	5.4%	5.6%
Range	4.7-7.0%	4.2-7.1%	3.0-7.9%	3.6-7.8%	4.3-6.8%
Tennessee National Ranking	10	13	16	14	3

Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration

Substance use of adults (26+): MARIJUANA

1.48. Adults who used marijuana in the past month.					
	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	3.7%	3.1%	3.8%	3.8%	3.8%
United States	4.4%	4.7%	4.8%	5.1%	5.4%
Range	2.3-9.3%	1.9-9.8%	2.4-9.5%	2.6-11.2%	2.9-11.2%
Tennessee National Ranking	16	5	16	14	13

Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration

1.49. Adults who perceive a great risk of smoking marijuana once a month.					
	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	42.9%	40.5%	37.2%	38.7%	39.5%
United States	38.8%	36.5%	35.2%	34.4%	32.4%
Range	27.5-51.4%	23.8-48.9%	22.6-44.7%	21.9-42.9%	19.9-43.5%
Tennessee National Ranking	11	9	15	9	4

Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration

Substance use of adults (26+): ILLICIT DRUGS

1.50. Adults who used illicit drug in the past month.					
	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	5.6%	5.3%	5.7%	5.2%	5.3%
United States	6.1%	6.5%	6.5%	6.7%	7.2%
Range	3.4-11.1%	3.5-12.0%	3.5-11.8%	3.7-12.3%	4.4-12.7%
Tennessee National Ranking	21	17	17	12	11

Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration

used non-medically.

Top 10 or top 20%
Middle 30 or middle 60%
Bottom 10 or bottom 20%

**Behavioral Health Indicators for Tennessee and the United States
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1.51. Adults who used illicit drugs other than marijuana in the past month.					
	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	2.8%	2.9%	2.7%	2.5%	2.5%
United States	2.6%	2.7%	2.5%	2.5%	2.7%
Range	1.2-4.5%	1.5-3.8%	1.6-3.9%	1.7-3.8%	1.7-3.6%
Tennessee National Ranking	31	33	33	27	24

Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration
used non-medically.

1.52. Adults with a dependence on or abuse of illicit drugs or alcohol in the past year.					
	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	6.3%	6.7%	6.6%	6.4%	6.2%
United States	7.2%	7.1%	6.6%	6.7%	7.0%
Range	6.1-8.5%	5.5-8.8%	4.5-9.2%	5.0-8.7%	5.7-9.0%
Tennessee National Ranking	4	14	23	16	4

Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration
used non-medically.

1.53. Adults needing but not receiving substance abuse treatment for illicit drugs.					
	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	1.4%	1.6%	1.6%	1.5%	1.5%
United States	1.5%	1.5%	1.3%	1.4%	1.5%
Range	1.0-2.2%	1.0-1.8%	1.0-1.7%	0.9-1.8%	1.1-2.0%
Tennessee National Ranking	17	13	16	14	24

Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration

Top 10 or top 20%
Middle 30 or middle 60%
Bottom 10 or bottom 20%

**Behavioral Health Indicators for Tennessee and the United States
2015 Data Book**

Substance use of adults (26+): NON-MEDICAL USE OF PAIN RELIEVERS

1.54. Adults who used pain relievers for nonmedical use in the past year.					
	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	3.5%	3.1%	3.5%	3.8%	3.5%
United States	3.4%	3.5%	3.4%	3.5%	3.6%
Range	2.2-6.2%	2.4-5.3%	2.4-4.9%	2.6-4.3%	2.7-4.7%
Tennessee National Ranking	27	13	31	35	26

Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration

Lortab®, or Lorcet®/Lorcet Plus®. Additional drugs were (4) codeine; (5) Demerol®; (6) Dilaudid®; (7) Fioricet®; (8) Fiorinal®; (9) hydrocodone; (10)

Substance use of adults (26+): COCAINE

1.55. Adults who used cocaine in the past year.					
	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	1.2%	1.0%	1.0%	1.1%	1.1%
United States	1.5%	1.4%	1.2%	1.2%	1.3%
Range	0.7-3.2%	0.6-2.4%	0.6-1.9%	0.7-2.0%	0.8-2.0%
Tennessee National Ranking	17	14	18	22	18

Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration

Substance use of adults (26+): CIGARETTES

1.56. Adults who used cigarettes in the past month.					
	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	28.7%	28.2%	28.1%	28.2%	26.1%
United States	23.4%	22.9%	22.4%	22.1%	22.0%
Range	16.8-32.4%	15.6-32.3%	13.0-31.9%	15.8-32.8%	16.1-32.1%
Tennessee National Ranking	47	46	18	22	38

Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration

Top 10 or top 20%
Middle 30 or middle 60%
Bottom 10 or bottom 20%

Mental health dashboard
Children and youth (2–17)

Mental health for children and youth ages 2-17	2011-2012		
	US	TN	TN Rank
Mental health issues Children with a parent who reports that a doctor has told them their child has autism, developmental delays, depression, anxiety, ADD/ADHD, or behavioral/conduct problems. ¹	17.0%	21.0%	■
Mental health care access Children with emotional, developmental, or behavioral problems that received mental health care/counseling of some type during the past 12 months. ²	61.0%	60.2%	■
Mental health for children and youth ages 12-17	2012-2013		
	US	TN	TN Rank
Depression Youth who had at least one major depressive episode in the past year. ³	9.9%	9.4%	■

Sources:

1. The Annie E. Casey Foundation, KIDS COUNT Data Center. National Survey of Children’s Health data.
2. The Henry J. Kaiser Family Foundation’s State Health Facts. National Survey of Children’s Health data.
3. National Survey on Drug Use and Health (NSDUH), Substance Abuse and Mental Health Services Administration.

Legend

US and TN Percentages: Indicate prevalence for the group indicated in the table.

TN Rank: Compares most recent year’s data for Tennessee with data from other states. A higher ranking indicates that the state has a lower prevalence or positive outcome. (See data tables for specific ranking.)

- (Top 10 or top 20%)
- (Middle 30 or middle 60%)
- (Bottom 10 or bottom 20%)

Mental health dashboard Youth in high school (grades 9–12)

Mental health of youth in grades 9-12	US	2013 TN	TN Rank
Depression			
Youth feeling sad or hopeless (almost every day for two weeks or more in a row).	29.9%	28.3%	■
Eating disorders			
Youth who reported that they did not eat for 24 or more hours to lose weight or keep from gaining weight during the past month (fasting).	13.0%	15.5%	■
Youth who reported that they vomited or took laxatives to lose weight or keep from gaining weight during the past month (purging).	4.4%	6.5%	■
Suicides			
Youth who attempted suicide in the past 12 months.	8.0%	9.0%	■
Youth that made a plan about how they would attempt suicide (during the 12 months before the survey).	13.6%	13.5%	■
Youth who attempted suicide that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse.	2.7%	4.4%	■
Bullying			
Youth who were electronically bullied (including being bullied through e-mail, chat rooms, instant messaging, websites, or texting).	14.8%	15.5%	■
Youth who were bullied on school property.	19.6%	21.1%	■

Source: Centers for Disease Control & Prevention. Youth Risk Behavior Survey.

Legend

US and TN Percentages: Indicate prevalence for the group indicated in the table.

TN Rank: Compares most recent year's data for Tennessee with data from other states. A higher ranking indicates that the state has a lower prevalence or positive outcome. (See data tables for specific ranking.)

- (Top 10 or top 20%)
- (Middle 30 or middle 60%)
- (Bottom 10 or bottom 20%)

Mental health dashboard
Young adults (18–25)

Mental health of young adults ages 18-25	2012-2013		
	US	TN	TN Rank
Mental health issues			
Young adults with any mental illness in the past year.	19.5%	19.4%	■
Young adults with serious mental illness.	4.2%	4.2%	■
Depression			
Young adults who had at least one major depressive episode in the past year.	8.8%	8.5%	■
Suicides			
Young adults who had serious thoughts of suicide in the past year.	7.3%	7.7%	■

Source: National Survey on Drug Use and Health (NSDUH), Substance Abuse and Mental Health Services Administration.

Legend

US and TN Percentages: Indicate prevalence for the group indicated in the table.

TN Rank: Compares most recent year's data for Tennessee with data from other states. A higher

- (Top 10 or top 20%)
- (Middle 30 or middle 60%)
- (Bottom 10 or bottom 20%)

Mental health dashboard Adults (18+)

Mental health of adults ages 18+	US	2013	
		TN	TN Rank
Mental health issues			
Adults who are limited in any activities because of physical, mental or emotional problems. ¹	19.7%	25.1%	■
Adults having poor mental health days. ²	33.7%	28.5%	■
Average number of reported poor mental health days. ³	3.4%	3.4%	■

Sources:

- Centers for Disease Control and Prevention (CDC). Behavioral Risk Factor Surveillance System Survey data.
- The Henry J. Kaiser Family Foundation, State Health Facts. Behavioral Risk Factor Surveillance System Survey data.
- Health Indicators Warehouse. Behavioral Risk Factor Surveillance System Survey data.

Mental health of adults ages 18+	2012-2013		
	US %	TN %	TN Rank
Depression			
Adults who had at least one major depressive episode in the past year.	6.8%	7.0%	■
Suicides			
Adults who had serious thoughts of suicide in the past year.	3.9%	4.0%	■

Source: National Survey on Drug Use and Health (NSDUH), Substance Abuse and Mental Health Services Administration.

Legend

US and TN Percentages: Indicate prevalence for the group indicated in the table.

TN Rank: Compares most recent year's data for Tennessee with data from other states. A higher

- (Top 10 or top 20%)
- (Middle 30 or middle 60%)
- (Bottom 10 or bottom 20%)

Mental health dashboard Adults (26+)

Mental health of adults ages 26+	2012-2013		
	US %	TN %	TN Rank
Mental health issues			
Adults with any mental illness in the past year.	18.4%	20.7%	■
Adults with serious mental illness.	4.1%	4.7%	■
Depression			
Adults who had at least one major depressive episode in the past year.	6.4%	6.8%	■
Suicides			
Adults who had serious thoughts of suicide in the past year.	3.3%	3.4%	■

Source: National Survey on Drug Use and Health (NSDUH), Substance Abuse and Mental Health Services Administration.

Legend

US and TN Percentages: Indicate prevalence for the group indicated in the table.

TN Rank: Compares most recent year's data for Tennessee with data from other states. A higher

- (Top 10 or top 20%)
- (Middle 30 or middle 60%)
- (Bottom 10 or bottom 20%)

**Behavioral Health Indicators for Tennessee and the United States
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Mental Health for children and youth: Mental health issues: ages 2-17

2.1. Children with a parent who reports that a doctor has told them their child has autism, developmental delays, depression, anxiety, ADD/ADHD, or behavioral/conduct problems.

	NA	2007	NA	NA	2011-2012
Tennessee	NA	16.0%	NA	NA	21.0%
United States	NA	15.0%	NA	NA	17.0%
Range	NA	12.0-20.0%	NA	NA	12.0-24.0%
Tennessee National Ranking	NA	21	NA	NA	43

Source: The Annie E. Casey Foundation, KIDS COUNT Data Center.

Notes: The KIDS COUNT® Data Center identifies the source of these data as a Child Trends analysis of data from the U.S. Department of Health and Human Services, Health Resources and Services Administration, Maternal and Child Health Bureau, National Survey on Children's Health.

Mental Health for children and youth: Mental health care access: ages 2-17

2.2. Children with emotional, developmental, or behavioral problems that received mental health care/counseling of some type during the past 12 months.

	NA	2007	NA	NA	2011
Tennessee	NA	64.1%	NA	NA	60.2%
United States	NA	60.0%	NA	NA	61.0%
Range	NA	41.7-81.5%	NA	NA	40.4-86.3%
Tennessee National Ranking	NA	27	NA	NA	29

Source: The Kaiser Family Foundation's State Health Facts.

Note: 2007 data are the estimated percentages after applying the sampling weights.

Mental Health for youth ages 12-17: DEPRESSION

2.3. Youth who had at least one major depressive episode in the past year.

	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	8.5%	8.3%	8.3%	8.6%	9.4%
United States	8.2%	8.1%	8.2%	8.7%	9.9%
Range	6.9-10.2%	6.9-9.6%	7.1-9.6%	7.3-11.7%	7.9-12.6%
Tennessee National Ranking	31	29	27	24	16

Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration.

Note: Major depressive episode is defined in the 4th edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV) as a period of at least two weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms.

<p>Top 10 or top 20% Middle 30 or middle 60% Bottom 10 or bottom 20%</p>

**Behavioral Health Indicators for Tennessee and the United States
2015 Data Book**

Mental health for youth in grades 9-12: DEPRESSION

2.4. Youth who reported feeling sad or hopeless (almost every day for two weeks or more in a row).					
	2005	2007	2009	2011	2013
Tennessee	31.0%	26.8%	27.6%	25.9%	28.3%
United States	28.5%	28.5%	26.1%	28.5%	29.9%
Range	20.3-34.3%	17.1-32.5%	20.8-34.9%	19.2-33.6%	19.5-36.4%
Tennessee National Ranking	35 of 39	22 of 40	25 of 40	22 of 42	31 of 42

Source: Centers for Disease Control and Prevention. Youth Risk Behavior Survey.

Mental health for youth in grades 9-12: EATING DISORDERS

2.5. Youth who reported that they did not eat for 24 or more hours to lose weight or keep from gaining weight in the past month (fasting).					
	2005	2007	2009	2011	2013
Tennessee	11.5%	11.5%	12.2%	13.3%	15.5%
United States	12.3%	11.8%	10.6%	12.2%	13.0%
Range	8.9-16.1%	9.7-15.0%	7.7-16.6%	8.4-17.7%	9.6-16.7%
Tennessee National Ranking	11 of 35	11 of 34	24 of 35	22 of 33	24 of 28

Source: Centers for Disease Control and Prevention. Youth Risk Behavior Survey.

2.6. Youth who reported that they vomited or took laxatives to lose weight or keep from gaining weight in the past month. (purging).					
	2005	2007	2009	2011	2013
Tennessee	4.1%	4.1%	3.5%	4.1%	6.5%
United States	4.5%	4.3%	4.0%	4.3%	4.4%
Range	3.2-8.9%	3.6-7.9%	3.5-9.3%	2.9-8.4%	3.6-9.0%
Tennessee National Ranking	6 of 38	4 of 37	1 of 37	7 of 35	26 of 32

Source: Centers for Disease Control and Prevention. Youth Risk Behavior Survey.

Mental health for youth in grades 9-12: SUICIDES

2.7. Youth who attempted suicide in the past 12 months.					
	2005	2007	2009	2011	2013
Tennessee	9.4%	7.4%	7.1%	6.2%	9.0%
United States	8.4%	6.9%	6.3%	7.8%	8.0%
Range	6.2-13.1%	4.8-14.3%	4.3-12.8%	3.6-11.3%	5.5-14.3%
Tennessee National Ranking	26 of 39	13 of 40	13 of 41	8 of 42	16 of 40

Source: Centers for Disease Control and Prevention. Youth Risk Behavior Survey.

Top 10 or top 20%
Middle 30 or middle 60%
Bottom 10 or bottom 20%

**Behavioral Health Indicators for Tennessee and the United States
2015 Data Book**

2.8. Youth that made a plan about how they would attempt suicide (during the 12 months before the survey).

	2005	2007	2009	2011	2013
Tennessee	14.0%	10.2%	11.7%	11.1%	13.5%
United States	13.0%	11.3%	10.9%	12.8%	13.6%
Range	9.6-17.2%	8.1-17.8%	8.7-16.0%	8.4-16.3%	9.8-17.4%
Tennessee National Ranking	24 of 39	12 of 40	24 of 40	13 of 41	23 of 39

Source: Centers for Disease Control and Prevention. Youth Risk Behavior Survey.

2.9. Youth who attempted suicide that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse.

	2005	2007	2009	2011	2013
Tennessee	2.4%	2.2%	2.2%	2.2%	4.4%
United States	2.3%	2.0%	1.9%	2.4%	2.7%
Range	1.0-5.1%	1.5-4.8%	1.6-4.9%	1.1-5.4%	1.4-5.6%
Tennessee National Ranking	13 of 37	10 of 37	9 of 39	6 of 39	31 of 34

Source: Centers for Disease Control and Prevention. Youth Risk Behavior Survey.

Mental health for youth in grades 9-12: BULLYING

2.10. Youth who were electronically bullied.

	NA	NA	NA	2011	2013
Tennessee	NA	NA	NA	13.9%	15.5%
United States	NA	NA	NA	16.2%	14.8%
Range	NA	NA	NA	12.3-21.6%	11.9-20.6%
Tennessee National Ranking	NA	NA	NA	7 of 40	21 of 40

Source: Centers for Disease Control and Prevention. Youth Risk Behavior Survey.

Note: Includes being bullied through e-mail, chat rooms, instant messaging, websites, or texting.

2.11. Youth who were bullied on school property.

	NA	NA	2009	2011	2013
Tennessee	NA	NA	17.3%	17.5%	21.1%
United States	NA	NA	19.9%	20.1%	19.6%
Range	NA	NA	13.4-24.4%	14.0-26.7%	15.7-26.3%
Tennessee National Ranking	NA	NA	8 of 34	7 of 41	20 of 40

Source: Centers for Disease Control and Prevention. Youth Risk Behavior Survey.

Top 10 or top 20%
Middle 30 or middle 60%
Bottom 10 or bottom 20%

**Behavioral Health Indicators for Tennessee and the United States
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Mental health of young adults (18-25): MENTAL HEALTH ISSUES

2.12. Young adults with any mental illness in the past year.

	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	17.4%	17.2%	17.2%	18.6%	19.4%
United States	18.3%	18.0%	18.3%	19.1%	19.5%
Range	15.3-22.8%	15.9-22.5%	15.9-22.4%	16.3-25.0%	16.4-26.9%
Tennessee National Ranking	14	9	6	16	21

Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration.

Notes: Any mental illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a substance use disorder, that met the criteria found in the 4th edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV).

2.13. Young adults with serious mental illness in the past year.

	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	3.3%	3.2%	3.7%	4.0%	4.2%
United States	3.6%	3.6%	3.9%	4.0%	4.2%
Range	2.8-4.3%	3.0-4.9%	3.4-4.9%	3.3-4.9%	3.5-5.8%
Tennessee National Ranking	7	4	11	18	20

Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration.

Notes: Any mental illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a substance use disorder, that met the criteria found in the 4th edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV) and resulted in serious functional impairment.

Mental health of young adults (18-25): DEPRESSION

2.14. Young adults who had at least one major depressive episode in the past year.

	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	7.2%	7.8%	7.8%	7.9%	8.5%
United States	8.2%	8.2%	8.3%	8.6%	8.8%
Range	6.6-10.9%	6.5-10.4%	7.0-9.8%	7.3-10.9%	7.4-12.9%
Tennessee National Ranking	4	16	11	9	16

Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration.

Notes: Major depressive episode is defined as in the 4th edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV), which specifies a period of at least two weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specific depressed symptoms.

Mental health of young adults (18-25): SUICIDES

2.15. Young adults who had serious thoughts of suicide in the past year.

	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	5.6%	5.6%	6.1%	6.6%	7.7%
United States	6.4%	6.4%	6.7%	7.0%	7.3%
Range	5.3-7.9%	5.6-7.7%	6.0-8.1%	5.6-8.7%	5.8-9.4%
Tennessee National Ranking	4	1	3	9	37

Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration.

Top 10 or top 20%
Middle 30 or middle 60%
Bottom 10 or bottom 20%

**Behavioral Health Indicators for Tennessee and the United States
2015 Data Book**

Mental health of adults (18+): MENTAL HEALTH ISSUES

2.16. Adults who are limited in any activities because of physical, mental or emotional problems.					
	2009	2010	2011	2012	2013
Tennessee	21.8%	23.9%	26.1%	23.1%	25.1%
United States	18.9%	21.2%	24.3%	20.1%	19.7%
Range	14.9-27.1%	16.2-28.2%	18.9-31.4%	15.4-28.6%	15.2-27.6%
Tennessee National Ranking	42	39	36	38	46

Source: Centers for Disease Control and Prevention (CDC). Behavioral Risk Factor Surveillance System Survey Data.

2.17. Adults who reported poor mental health days.					
	NA	2010	2011	2012	2013
Tennessee	NA	23.9%	30.1%	29.7%	28.5%
United States	NA	34.0%	35.8%	35.6%	33.7%
Range	NA	23.9-38.6%	28.9-40.9%	28.4-40.1%	26.8-40.2%
Tennessee National Ranking	NA	1	3	3	4

Source: Centers for Disease Control and Prevention (CDC). Behavioral Risk Factor Surveillance System Survey Data.
2013: Kaiser

2.18. Average number of reported mentally unhealthy days per month.					
	NA	2003-2009	2004-2010	2005-2011	2006-2012
Tennessee	NA	3.4%	3.4%	3.3%	3.4%
United States	NA	3.3%	3.3%	3.3%	3.4%
Range	NA	2.5-4.5%	2.4-4.4%	2.4-4.4%	2.4-4.3%
Tennessee National Ranking	NA	28	28	20	26

Source: Centers for Disease Control and Prevention (CDC). Behavioral Risk Factor Surveillance System Survey Data.
Health Indicators Warehouse

Mental health of adults (18+): DEPRESSION

2.19. Adults who reported having at least one major depressive episode in the past year.					
	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	6.8%	7.4%	7.1%	6.8%	7.0%
United States	6.5%	6.7%	6.7%	6.7%	6.8%
Range	5.7-9.3%	5.9-8.2%	5.6-8.5%	5.4-9.0%	5.6-9.4%
Tennessee National Ranking	31	39	32	21	29

Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration.

Notes: Major depressive episode is defined in the 4th edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV) as a period of at least two weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms.

Top 10 or top 20%
Middle 30 or middle 60%
Bottom 10 or bottom 20%

**Behavioral Health Indicators for Tennessee and the United States
2015 Data Book**

Mental health of adults (18+): SUICIDES

2.20. Adults who had serious thoughts of suicide in the past year.					
	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	3.3%	3.6%	3.7%	3.5%	4.0%
United States	3.7%	3.8%	3.7%	3.8%	3.9%
Range	2.8-5.4%	3.1-5.0%	2.9-4.8%	3.3-4.7%	3.5-4.8%
Tennessee National Ranking	4	13	16	5	24
Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration.					

Top 10 or top 20%
Middle 30 or middle 60%
Bottom 10 or bottom 20%

**Behavioral Health Indicators for Tennessee and the United States
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Mental health of adults (26+): MENTAL HEALTH ISSUES

2.21. Adults with any mental illness in the past year.					
	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	19.4%	21.8%	22.1%	20.5%	20.7%
United States	17.9%	18.1%	17.8%	18.0%	18.4%
Range	15.5-23.7%	15.3-23.0%	15.5-23.2%	14.3-22.2%	15.1-22.0%
Tennessee National Ranking	37	48	48	43	45

Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration.

Notes: Any mental illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a substance use disorder, that met the criteria found in the 4th edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV).

2.22. Adults with serious mental illness in the past year.					
	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	3.9%	4.3%	4.5%	4.3%	4.7%
United States	3.7%	3.9%	4.0%	4.0%	4.1%
Range	3.0-5.6%	3.2-5.3%	3.0-6.0%	3.0-5.6%	3.2-5.6%
Tennessee National Ranking	31	33	31	29	36

Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration.

Notes: Any mental illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a substance use disorder, that met the criteria found in the 4th edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV) and resulted in serious functional impairment.

Mental health of adults (26+): DEPRESSION

2.23. Adults who had at least one major depressive episode in the past year.					
	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	6.8%	7.3%	7.0%	6.6%	6.8%
United States	6.2%	6.5%	6.4%	6.4%	6.4%
Range	5.5-9.1%	5.5-7.9%	5.3-8.4%	5.0-8.6%	5.1-8.7%
Tennessee National Ranking	35	43	34	27	35

Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration.

Notes: Major depressive episode is defined in the 4th edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV) as a period of at least two weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms.

Mental health of adults (26+): SUICIDES

2.24. Adults who had serious thoughts of suicide in the past year.					
	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013
Tennessee	2.9%	3.3%	3.4%	3.0%	3.4%
United States	3.3%	3.3%	3.2%	3.2%	3.3%
Range	2.4-4.9%	2.6-4.4%	2.3-4.4%	2.8-4.3%	2.9-4.3%
Tennessee National Ranking	11	17	18	9	24

Source: National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration.

Top 10 or top 20%
Middle 30 or middle 60%
Bottom 10 or bottom 20%