



STATE OF TENNESSEE
DEPARTMENT OF MENTAL HEALTH AND SUBSTANCE ABUSE SERVICES
DIVISION OF SUBSTANCE ABUSE SERVICES

5th FLOOR, ANDREW JACKSON BUILDING
500 DEADERICK STREET
NASHVILLE, TENNESSEE 37243

BILL HASLAM
GOVERNOR

E. DOUGLAS VARNEY
COMMISSIONER

Women and Pregnant Women's Substance Abuse Programs by Region

Northeast Tennessee Region 1

Families Free
PO Box 56
Johnson City, TN 37602
423-631-0141

Women's Intensive Outpatient+
Pregnant Intensive Outpatient+
Women's Recovery Services+

Frontier Health
1167 Spratlin Park Dr., Box 9054
Gray, Tn. 37615
423-467-3600

Women's Intensive Outpatient+
Pregnant Intensive Outpatient+
Women's Recovery Services+

East Region 2

Helen Ross McNabb Center, Inc. at
Child and Family Tennessee
901 E. Summit Hill Drive
Knoxville, Tn. 37915
1-800-445-6538 or 865-524-7483

Women's Intensive Outpatient*
Pregnant Intensive Outpatient*
Women's Recovery Services*

Parkwest Medical Center
6800 Baum Drive
Knoxville, Tn. 37919
865-970-9800

Women's Intensive Outpatient+
Women's Recovery Services+

Southeast Region 3

CADAS
207 Spears Ave.
Chattanooga, Tn. 37405
1-877-282-2327 (AT-CADAS)

Women's Recovery Services+

Volunteer Behavioral Health
P.O. Box 4755
Chattanooga, Tn. 37405
1-877-567-6051

Women's Intensive Outpatient+
Women's Recovery Services+

Nashville Region 4

Lloyd Elam Mental Health Center
1005 D. B. Todd Blvd.
Nashville, Tn. 37208
615-327-6255

Pregnant Residential*
Pregnant Recovery Services*

Renewal House
P. O. Box 280356
Nashville, Tn. 37228
615-255-5222 ext. 112

Women's Intensive Outpatient*
Pregnant Intensive Outpatient*
Women's Recovery Services*
Pregnant Recovery Services*

West Region 6

T.A. M. B. of Jackson
Aspell Recovery Center
331 North Highland
Jackson, Tn. 38301
731-427-7238

Women's Intensive Outpatient+
Women's Recovery Services+

Memphis Region 7

Case Management Inc.
427 Linden Ave.
Memphis, Tn. 38126
901-271-5360

Pregnant Residential*
Pregnant Recovery Services*

Cocaine and Alcohol Awareness Program
4041 Knight Arnold Rd.
Memphis, Tn. 38118
901-367-7550

Women's Intensive Outpatient+
Women's Recovery Services+

Grace House
329 N. Bellevue
Memphis, Tn. 38105
901-722-8460

Women's Intensive Outpatient+
Women's Recovery Services+

Serenity Recovery Center
1094 Poplar Ave.
Memphis, Tn. 38105
901-521-1131
1-888-521-1131

Women's Intensive Outpatient+
Women's Recovery Services+
Pregnant Intensive Outpatient+
Pregnant Recovery Services+

Urban Family Ministries
2174 Lamar Ave.
Memphis, TN 38114
901-552-3766

Women's Intensive Outpatient+
Women's Recovery Services+

*Children may live with their mother while in treatment.

+Offers child care while mother is in treatment paid for by TDMHSAS

In addition, many of our other treatment centers serve women, but not in a gender specific program.