

**B**  
**SURE**



**TENNESSEE DEPARTMENT OF HEALTH**

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**For more information, visit:**

[cdc.gov/hepatitis](https://cdc.gov/hepatitis)

[tn.gov/health/section/hepatitis](https://tn.gov/health/section/hepatitis)

**Hepatitis B** is a liver disease caused by the hepatitis B virus (HBV).

**Hepatitis B** can become *chronic* or lifelong. Over time infection may cause the liver to not work properly and increase the risk for liver cancer.

**Hepatitis B** is spread from person to person through:

- Blood (sharing needles or drug works, unlicensed tattooing/piercing)
- Sex
- Mother to child during childbirth

You *cannot* get Hepatitis B by:

- Sneezing or coughing
- Touching or kissing an infected person
- Breastfeeding

**Protect yourself** from Hepatitis B.

- **Get Vaccinated** with 3 shots.

**Know the Risks. Get Vaccinated.**