

Prevent Carbon Monoxide Poisoning From Vehicles



How to Prevent Carbon Monoxide Exposure from Vehicles

CO can harm and even kill you inside or outside your vehicle. CO symptoms may be overlooked as seasickness, a cold, flu or alcohol intoxication.

- Have your vehicle regularly inspected and maintained.
- Never leave a vehicle running in an attached garage even if you leave the door open.
- Keep your vehicle's tailpipe clear of snow and other obstructions.
- Never burn a charcoal grill inside a vehicle or in a garage.
- Don't sleep inside vehicle with engine running.
- Keep vehicle windows rolled up when stuck in heavy traffic, especially if inside a tunnel.
- Don't drive a vehicle with the trunk lid or rear tail gate open.
- Don't allow children to ride under a topper on a pickup truck.
- When you open the tail gate of your SUV, open the vents and windows to make sure air is moving through.
- Make sure you know about the signs and symptoms of CO poisoning and where CO may accumulate.

What are the symptoms of CO poisoning?

- Headache • Dizziness • Fatigue • Nausea • Vomiting • Shortness of breath • Chest pain
- Weakness • Confusion • Loss of consciousness

Exposure to high levels of CO can be fatal.