

**Tennessee Department of Health**  
**Traumatic Brain Injury Services**

**Directory and Resource**  
**Information Guide, 2015**

**PART 1**

**Resources by Category**



## FOREWORD

If you are reading these words, chances are your life has been touched by traumatic brain injury. Whether you are a survivor of brain injury, a family member or friend, or a professional serving the TBI community, knowing your options is an important first step. The goal of this booklet, *State of Tennessee Traumatic Brain Injury Services Directory and Resource Information Guide*, is to assist you in finding appropriate services and resources.

Brain injury can happen to anyone at any time regardless of age, race, gender or economic status. The cause, severity and resulting symptoms and impairments can be as different as each person that is injured. Traumatic brain injury is also called head injury, head trauma, concussion, TBI, mild TBI, disorder of consciousness, blast brain injury and shaken baby syndrome, just to name a few. They all mean an injury to the brain has occurred.

In Tennessee, approximately 8,000 people per year are injured and admitted to the hospital with traumatic brain injury, a rate of 125 injuries per 100,000 people. TBI survivors can experience impairments that affect their physical, cognitive and behavioral functioning which in turn impacts their ability to return to home, school and work. Whether the injury is the result of a car crash, a slip and fall, assault or sports activity, there can be an economic and emotional toll on the survivor and the family.

Dealing with the reality of brain injury can be difficult, especially when making the many decisions related to a loved one's recovery. This resource guide has been designed to assist in finding the programs, organizations and services that are needed.

Inclusion of a brain injury program in this directory is not intended to promote or endorse the services of the program. The Tennessee Department of Health's Traumatic Brain Injury (TBI) Program is not responsible for the nature, scope of quality or the programs listed in the directory, nor can the TBI Program verify any of the information contained herein. Thus, the state TBI Program disclaims any liability arising from the use or reliance upon the information included in this directory. It is being provided solely as a reference resource for the public.

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In 1992, survivors of traumatic brain injury from across the state petitioned the Tennessee General Assembly to create a brain injury program within state government. The Traumatic Brain Injury (TBI) Program was legislatively established in 1993 to address the special needs of survivors of brain injuries and their families.

In Tennessee, approximately 8,000 people per year are injured and admitted to the hospital with traumatic brain injury, a rate of 125 injuries per 100,000 people. TBI survivors can experience impairments that affect their physical, cognitive and behavioral functioning which in turn impacts their ability to return to home, school, and work. Whether the injury is the result of a car crash, a slip and fall, assault or sports activity, there can be an economic and emotional toll on the survivor and the family. The focus of the TBI Program is to improve services available to survivors of TBI and their families.

#### Program components

In accordance with the legislation, the TBI Program Director works with a nine-member governor-appointed Advisory Council. The program includes a clearinghouse of information with a toll-free information line. Each year, the program collaborates with the Brain Injury Association of Tennessee to present a statewide conference attended by families, survivors and professionals. The program is funded through increased fines on six specific traffic violations, with the revenues deposited to a TBI trust fund.

#### Service Coordination

Eight service coordinators provide case management services to TBI survivors and their families in all 95 counties. A service coordinator provides information; makes referrals to services and agencies; assists consumers in applying for and accessing services; serves as advocate; and manages support groups. The service coordinator assesses an individual survivor and coordinates available resources within the community.

#### Federal Grant for Project BRAIN

Beginning in 2000, the Traumatic Brain Injury Program was awarded a grant from the U.S. Health Resources and Services Administration (HRSA). The grant's focus is provision of education and training for educators, families and health professionals who support students with TBI. The overall goal is to improve educational outcomes for children with brain injuries in Tennessee.

#### Traumatic Brain Injury Registry

Hospitals are mandated to provide information to the department on persons admitted to the hospital with codes for brain injury. Data analysis allows staff to pinpoint where and how injuries are occurring and what ages are affected. Tennessee residents listed on the registry receive a letter and program brochure to inform them of services available through the TBI program.

#### Grants

According to the enabling legislation, the TBI program is authorized to provide grants to county and municipal governments and/or not-for-profit organizations for home and community based programs to serve the needs of TBI person and their families.

## **BRAIN INJURY: Basic Questions Answered**

(From Arkansas Trauma Rehabilitation Program *Family Resource Guide* and used with permission)

### **1. What is traumatic brain injury?**

Traumatic brain injury is an injury to the brain caused by an external physical force. It may produce a diminished or altered state of consciousness, which results in impairment of cognitive abilities and physical functioning. These impairments may be either temporary or permanent and cause partial or total functional disability or psychosocial maladjustment.

### **2. Who is at risk and what types of brain injuries are there?**

Those at highest risk for traumatic brain injuries are children, young adults between the ages of 15-24, and adults 75 years and older. There are two types of traumatic brain injuries: penetrating brain injuries and closed head injuries. Penetrating head injuries occur when a foreign object enters the brain and causes damage to specific areas of the brain. Closed head injuries result from a blow to the head. A majority of survivors of traumatic brain injury experience brain swelling also called edema. Edema is a result of damage to blood vessels in the brain and is the body's response to brain injury.

### **3. What is a concussion?**

A concussion results from a blow to the head which causes the brain to strike the skull. A concussion does not cause any structural damage to the brain, but can cause temporary loss of functioning. Headaches, memory loss and sleep disturbance are common symptoms a person may experience after such an injury.

### **5. What is a contusion?**

A contusion is a more serious blow to the brain. Contusions result in bruising of the brain and more noticeable loss of functions. More comprehensive care is required for a contusion. Follow-up treatment and evaluation are required on a regular basis.

### **5. What is a skull fracture?**

A skull fracture results in damage to the skin and bone of the skull as well as to the brain itself. The form of medical treatment varies with the location and severity of the fracture. Close observation and follow-up treatment are always required. Many

skull fractures result in mild to severe problems associated with daily functioning such as walking, memory, vision and behavior.

### **6. What is a hematoma?**

The collection of blood in one or several locations of the brain creates a hematoma. A hematoma may be between the skull and the covering of the brain (epidural) or may occur between the membrane covering the brain and the brain itself (subdural). Hematomas may require surgery (a craniotomy) to be performed.

### **7. What is a coma?**

Coma is defined as a prolonged state of unconsciousness. A person in a coma does not respond to external stimuli. There is no speech, the eyes are closed, and the person cannot obey commands. A coma can last from hours to days, depending on the severity of the brain damage. It is possible for a person to remain in a comatose state for months or even years. A person may eventually open their eyes but remain unresponsive.

### **8. What happens in the emergency room and intensive care unit?**

Most accident victims enter the hospital through the emergency room. The injury is diagnosed and appropriate action is taken. Some patients must go to the hospital's intensive care unit (ICU) for close, 24-hour monitoring. Other injuries sustained at the time of the brain injury may require ICU services not necessarily related to the head trauma.

### **9. What is medical stabilization?**

Many patients with brain injury require time in the hospital for other medical treatment such as recovery from surgery, healing of wounds and setting of fractures. This is known as medical stabilization. This process can take from several days to several months. Patients may be transferred from the ER or ICU to a medical floor for observation, medical treatment and the beginning of rehabilitation services such as physical therapy.

## **BRAIN INJURY: Basic Questions Answered (continued)**

### **10. What happens after medical stabilization?**

After the patient has gone through medical stabilization, there are a variety of directions that treatment can take.

The patient may be transferred to a physical rehabilitation unit within a general hospital, a specialized rehabilitation treatment center or a skilled nursing unit. Physical, occupational, speech/cognitive and neuropsychological services may be provided on an intensive basis in any area of these settings.

Some patients will not require skilled nursing care and may be transferred to a unit for brain injury patients. Some patients will go home with their families and return to the hospital or a specialized outpatient program for therapy and treatment. Patients who require extended skilled nursing care may be transferred to a long-term care facility, while some patients will return home to receive therapy and around-the-clock nursing care.

### **11. What is rehabilitation?**

Rehabilitation is the process that helps an individual reach optimum function by providing a variety of services. Rehabilitation hospitals should use a team concept that includes services of physicians, as well as physical, occupational and speech therapists, neuropsychologists, social workers, therapeutic recreation specialists and nurses. However, the most important members of the treatment team are the patient and the patient's family.

### **12. What is the best choice?**

The appropriate choice for continued treatment is a major decision to be made by the patient, family and physician. It is important to talk to your treatment team and fully understand the patient's needs. You must seek out as much information as possible to educate yourself about available resources.

### **13. What do families go through?**

Shock, anger, hurt, denial and depression are common reactions families experience. A loved one's brain injury can change the families' life as well. Your adult child may require more attention from you. An injured parent may need the assistance of adult children. As the patient

goes through the stages of recovery, so does the family. The key is to take it one day at a time.

### **14. Signs of stress?**

The stress placed on the family is tremendous. Each individual and family will cope with stress differently. The signs of stress may include the following: inability to sleep, poor appetite, lack of interest in personal care or appearance, a strong sense of guilt, reduced self-worth, loneliness, excessive use of drugs or alcohol, forgetfulness or an inability to understand things that are said. When stress builds, seek support from friends, clergy and the medical staff caring for your loved one.

### **15. What can the family expect?**

Every brain injury is different. You cannot compare brain injuries to a broken arm or leg. The effects of each brain injury vary. No one person has all the answers. Begin to read and gather information about brain injury, its' effects and possible treatments. Educating yourself is important in setting realistic expectations.

### **16. Helpful suggestions for families.**

- Establish a balance between pushing the person with the brain injury beyond his/her ability to function and not giving enough encouragement.
- Establish and maintain a daily routine.
- Approach the individual on their good side.
- Use familiar photographs of family member, friends, pets or possessions.
- Speak of familiar names, places, interests or activities.
- Be yourself with your family member.
- Do not overwhelm or overload the person with information.
- Provide the individual with ample time to respond.
- Do not present the person with a task that is too complex.
- Try to reduce confusion in his/her surroundings.
- Talk openly about his/her gains and abilities.
- Communicate with doctors, nurses, therapists and your loved one.

## CLUES THAT BRAIN INJURY HAS OCCURRED

(From Arkansas Trauma Rehabilitation Program *Family Resource Guide* and used with permission)

If you have had a brain injury, or know someone who has, these are some of the natural reactions the body exhibits behaviorally, emotionally, cognitively, physically and with personality. This information is provided so you can know what to expect when helping to care for a loved one or if you are experiencing these symptoms.

### Behavioral Issues

- Wanders off/runs away
  - Impulsive (acts without thinking)
  - Reduced self-esteem
  - Repeated invasion of personal space
  - Short fuse – unable to control outbursts
  - Difficulty maintain relationships
- 

### Cognitive Issues

- Easily distracted
  - Seems to “space out”
  - Difficulty understanding
  - Difficulty with reality
  - Seems confused
  - Poor memory
  - Decreased safety awareness
  - Slow to answer questions
  - Difficulty organizing (time, etc.)
- 

### Personality Issues

- Denies deficits
- Irritable
- Egotistical
- Doesn't listen
- Asks a lot of questions
- Argumentative
- Manipulative
- Appears unmotivated
- Moody - laughs or cries easily
- Depressed
- Face shows little or no emotion

### Physical Issues

- Fatigue and/or weakness
  - Spasticity and tremors
  - Motor coordination
  - Speech difficulties
  - Seizures
  - Balance
  - Mobility
  - Sense of taste or smell changes
- 

### Social Issues

- Inappropriate social interaction (overly formal or overly friendly)
  - Interrupts conversations
  - Fabricates stories/lies
  - Inappropriate conversation (sex, drugs, alcohol abuse, etc.)
  - Poor eye contact
  - Goes off on tangents
- 

### Verbal Issues

- Poor speech
- Speaks in a monotone
- Vulgarity/swearing
- Talks too loud or too soft
- Has difficulty “finding” words
- Broken speech



## **SCALES AND MEASUREMENTS OF FUNCTIONING**

Several scales and measures are used to rate and record the progress a person makes in rehabilitation following a brain injury. Some of the most common are described below.

### **Glasgow Coma Scale**

The Glasgow Coma Scale (GCS) is an assessment tool that helps medical professionals to determine the severity of the brain injury. The Glasgow Coma Scale measures motor response, eye opening and verbal response on a scale between 3 and 15. GCS scores between 3 and 8 indicate a severe brain injury.

Most severe brain injuries occur from open head injuries. Such injuries can cause a wide range of functional short- or long-term changes that affect thinking, sensation, language and emotion.

Moderate brain injuries have a GCS between 9 and 12. Moderate brain injuries occur when a person experiences changes in brain function for longer than a few minutes following trauma.

Mild brain injuries have a GCS between 13 and 15. These injuries occur when an individual sustains a blunt trauma or acceleration force to the head. The individual can experience disorientation, dizziness and irritability.

### **Disability Rating Scale (DRS)**

The Disability Rating Scale measures an individual's general functional change over the course of recovery and rates an individual's level of disability from None to Extreme. This scale considers cognitive and physical function, impairment, disability and handicap to present a global depiction of the individual's disability. The DRS can track an individual's progress from "coma to community."

### **Functional Independent Measure (FIM)**

The Functional Independent Measure (FIM) is a scale that rates an individual's independence level with activities of daily living. Areas of activities of daily living include self-care, bowel and bladder management, locomotion, transfers, communication and social cognition. FIM scores range from 1 – complete dependence to 7 – complete independence.

### **Functional Assessment Measure (FAM)**

The Functional Assessment Measure (FAM) is used in conjunction with the Functional Independent measure (FIM). The FAM was developed specifically for people with brain injury and consists of 12 items added to the 18 items of the Functional Independence Measure (FIM).

### **Family guide to the Rancho Los Amigos Scale**

<http://www.virginia.edu/uvaprint/HSC/pdf/04078.pdf>

## **Rancho Los Amigos Scale**

(From Arkansas Trauma Rehabilitation Program *Family Resource Guide* and used with permission)

The Rancho Los Amigos Scale is an assessment tool that provides a description of various behavioral stages of an individual with a brain injury. Medical professionals use the Rancho Scale to monitor a patient's behavior while he or she progresses through rehabilitation. The Rancho Los Amigos Scale is most useful during the first few weeks or months following a brain injury.

### **Level I:**

Patient does not respond to pain, touch, sound or sight and appears to be asleep.

### **Level II:**

Generalized Response – regardless of type and location of stimuli

### **Level III:**

Localized Response – Blinks to strong light, turns toward or away from sound, and response to physical discomfort, inconsistent response to commands.

### **Level IV:**

Confused/Agitated – Alert, very active, aggressive or bizarre behavior, non-purposeful motor movement, short attention span, inappropriate verbalization.

### **Level V:**

Confused/inappropriate/Non-agitated – Gross attention to environment, distractible, requires continual redirection, agitated by too much stimuli, inappropriate social interactions.

### **Level VI:**

Confused/appropriate – Inconsistent orientation, recent memory attention impaired, follows simple directions, goal-directed with assistance, begins to recall past, emerging awareness of self.

### **Level VII:**

Automatic/Appropriate – performs daily routine in robot-like manner, skills deteriorate in unfamiliar environment, unrealistic planning. Superficial awareness.

### **Level VIII:**

Purposeful/Appropriate – Stand-by assist. Uses memory device with intermittent assist, over or under estimates abilities, irritable, self-centered, acknowledges other's feelings with minimal assist, low frustration tolerance, carries out familiar tasks with intermittent assist.

### **Level IX:**

Purposeful/Appropriate – Stand-by assist on request. Completes familiar tasks and shifts between tasks independently, self-monitors and anticipates problems with stand-by assist, uses assistive memory devices to recall schedule.

### **Level X:**

Purposeful/ Appropriate – Modified independence. Handles multiple tasks simultaneously, independently initiates and carries out unfamiliar routines, anticipates impact of impairments, independently thinks about consequences of decision, social interaction is consistently appropriate.

**The Brain Injury Association of Tennessee**

[www.BrainInjuryTN.org](http://www.BrainInjuryTN.org)

955 Woodland Street | Nashville, TN 37206 | (615) 248-2541 | Family Help Line 1-877-757-2428

The Brain Injury Association of Tennessee (BIAT) is a non-profit organization composed of survivors, family members and friends, along with professionals from various related disciplines, dedicated to improving the quality of life for survivors of traumatic brain injury and their families, and to the prevention of brain injuries.

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**Council on Developmental Disabilities**

<http://www.tn.gov/cdd/about.shtml>

The DD Council sponsors the Partners in Policymaking Leadership Institute, a leadership, advocacy and self-advocacy training program for adults with disabilities and family members of persons with disabilities from across the state.

1<sup>st</sup> floor, Davy Crockett Tower | 500 James Robertson Parkway | Nashville, TN 37243  
Phone: (615) 532-6615 | TTY (615) 741-4562 | Fax: (615) 532-6964

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**Disability Rights Tennessee (formerly Disability Law and Advocacy Center)**

[www.disabilityrightstn.org](http://www.disabilityrightstn.org)

Disability Rights Tennessee advocates for the rights of Tennesseans with disabilities to ensure they have equal opportunity to be productive and respected members of our society. Disability Rights Tennessee is a legally based private, nonprofit volunteer organization funded by federal grants.

1-800-342-1660 | TTY: 1-888-852-2852

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**Traumatic Brain Injury Service Coordinators (see also Service Coordination)**

<http://health.tn.gov/TBI/Index.htm#service>

TBI Service Coordinators are available to advocate for survivors and families for needed programs and services. Call 1-800-882-0611 or your local area service coordinator.

Memphis Area:	901-545-8487	Upper Cumberland area:	931-372-8900
West Tennessee area:	731-541-4941	Chattanooga area:	423-634-1572
Nashville area:	615-248-2541	Knoxville area:	865-541-1499
South central area:	931-684-5222	East area:	423-257-3644

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**Tennessee Disability Coalition**

[www.tndisability.org](http://www.tndisability.org)

The Coalition is an alliance of organizations and individuals who have joined to promote the full and equal participation of men, women and children with disabilities in all aspects of life. We work together to advocate for public policy that ensures self-determination, independence, empowerment and inclusion for people with disabilities in areas such as accessibility, education, healthcare, housing and voting rights.

955 Woodland Street | Nashville, TN 37206 | (615) 383-9442

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**Tennessee Client Assistance Program (CAP)**

Tennessee's Client Assistance Program (CAP) helps individuals with disabilities receive the services for which they are eligible under the Rehabilitation Act. CAP provides information on available services and benefits, especially with regard to individuals with disabilities who have traditionally been unserved or underserved, and has the authority to pursue appropriate remedies to ensure the protection of the rights of those individuals. The Client Assistance Program is administered by Disability Rights Tennessee and is independent of Rehabilitation Services.

1-800-342-1660 | TTY 1-888-852-2852



## ASSISTIVE TECHNOLOGY

### **Tennessee Technology Access Program**

[www.tennessee.gov/humanserv/rehab/ttap.html](http://www.tennessee.gov/humanserv/rehab/ttap.html)

The Tennessee Technology Access Program (TTAP) is a statewide program designed to increase access to, and acquisition of, assistive technology devices and services.

Citizens Plaza Office Building, 14th Floor | 400 Deaderick St. | Nashville, TN 37243-1403  
615-313-5183 | 1-800-732-5059 | TTY: 615-313-5695 | Email [TN.TTAP@tn.gov](mailto:TN.TTAP@tn.gov)

### **Technology Access Centers**

#### **Mid-South Access Center for Technology**

University of Memphis  
530 Patterson Street  
Memphis, Tennessee 38152  
(901) 678-1489  
TTY: (901) 678-1318  
[act@memphis.edu](mailto:act@memphis.edu)  
<http://act.memphis.edu>

#### **The STAR Center**

1119 Old Humboldt Road  
Jackson, TN 38305  
Phone: 731-668-3888  
[infostar@starcenter.tn.org](mailto:infostar@starcenter.tn.org)  
[www.star-center.tn.org](http://www.star-center.tn.org)

#### **Technology Access Center**

475 Metroplex Drive, Suite 301  
Nashville, TN 37211  
615-248-6733  
800-368-4651  
[techaccess@tacnashville.org](mailto:techaccess@tacnashville.org)  
[www.tacnashville.org](http://www.tacnashville.org)

#### **Signal Centers Assistive Technology Center**

109 N. Germantown Rd.  
Chattanooga, TN 37411  
(423) 698-8528 ext. 242  
[Littleton@signalcenters.org](mailto:Littleton@signalcenters.org)  
[www.signalcenters.org/](http://www.signalcenters.org/)

#### **East Tennessee Technology Access Center**

116 Childress Street  
Knoxville, Tennessee 37920  
865-219-0130  
[etstactn@aol.com](mailto:etstactn@aol.com)  
[www.ettac.org/](http://www.ettac.org/)

### **Easter Seals Tennessee Camp**

<http://www.easterseals.com/tennessee/>

Easter Seals Tennessee is committed to providing the highest quality recreation camping programs for youth and adults with special needs. At Easter Seals Camp, campers are encouraged to live and explore nature, learn to be independent, work to overcome fears and play to create memories in an inclusive environment.

All camp programs take place at beautiful YMCA Camp Widjiwagan, which is located at 3088 Smith Springs Road, Nashville, TN 37013. The property is fully accessible for youth and adults of all abilities and is accredited by the American Camp Association.

3011 Armory Drive, Suite 100 | Nashville, TN 37204 | (615) 292-6640

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### **Sports 4 All**

[www.s4af.org](http://www.s4af.org)

Sports 4 All promotes full access to sports and recreation for people with disabilities. Their Equipment Endowment redistributes equipment and apparel to enable full participation in sports and recreation. Project HEALTH offers free, adaptive fitness and health classes to people of all abilities.

5827 Charlotte Pike | Nashville, TN 37209 | (615) 356-5558

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### **United Cerebral Palsy of Middle Tennessee**

<http://ucpmidtn.org/>

United Cerebral Palsy's Sports and Recreation Program is a year-round activity for people with disabilities and their families. Activities take place every Thursday evening and during specially designated weekends. Among regular activities offered are bowling, wheelchair basketball, board games and movie nights.

1200 9th Avenue North, Suite 110 | Nashville, TN 37208 | (615) 242-4091



## CONCUSSION

### **Tennessee Sports Concussion Law**

<http://health.tn.gov/TBI/concussion.htm>

In April 2013, Tennessee became the 44th state to pass a sports concussion law designed to reduce youth sports concussions and increase awareness of traumatic brain injury.

The legislation, Public Chapter 148, has three key components:

1. To inform and educate coaches, youth athletes and their parents and require them to sign a concussion information form before competing.
2. To require removal of a youth athlete who appears to have suffered a concussion from play or practice at the time of the suspected concussion.
3. To require a youth athlete to be cleared by a licensed health care professional before returning to play or practice.

Both public and private school sports programs and recreational leagues for children under age 18 that require a fee are affected by the new law. The law covers all sports. The Department of Health website contains all the resources that coaches, youth athletes and parents need to fulfill the intent of the law. According to the Centers for Disease Control and Prevention, a concussion is a type of traumatic brain injury that changes the way the brain normally works. Most concussions occur without loss of consciousness. Athletes who have, at any point in their lives, had a concussion have an increased risk for another concussion. Young children and teens are more likely to get a concussion and take longer to recover than adults. The new concussion law is an opportunity to make playing sports safer for Tennessee's young athletes.

At the Department of Health's concussion website, links for the required forms, trainings and guidelines will equip coaches, parents and athletes to recognize and respond to sports-related concussion.

### **Concussion Resources**

Concussion Information and Training

<http://www.cdc.gov/Concussion>

CDC Concussion Checklist

[http://www.cdc.gov/concussion/pdf/TBI\\_schools\\_checklist\\_508-a.pdf](http://www.cdc.gov/concussion/pdf/TBI_schools_checklist_508-a.pdf)

CDC "Heads Up" concussion in youth sports

<http://www.cdc.gov/concussion/HeadsUp/Training/index.html>

School Wide Concussion Management

<http://brain101.orcasinc.com>

The National Federal of State High School Associations (NFHS) training

<http://www.nfhslearn.com/electiveDetail.aspx?courseID=38000>

## DISABILITY ORGANIZATIONS

### **The Brain Injury Association of Tennessee**

[www.BrainInjuryTN.org](http://www.BrainInjuryTN.org)

955 Woodland Street | Nashville, TN 37206 | (615) 248-2541 | Family Help Line 1-877-757-2428

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### **Council on Developmental Disabilities**

<http://www.tn.gov/cdd/about.shtml>

The Tennessee Council on Developmental Disabilities is a state office that promotes public policies to increase and support the inclusion of individuals with developmental disabilities in their communities.

1<sup>st</sup> floor, Davy Crockett Tower | 500 James Robertson Parkway | Nashville, TN 37243

Phone: (615) 532-6615 | TTY (615) 741-4562 | Fax: (615) 532-6964

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### **Epilepsy Foundation**

<http://www.epilepsytn.org/>

The Epilepsy Foundation is dedicated to assisting those affected by epilepsy by educating the persons affected and their families. Epilepsy Foundation hosts a variety of programs for various activities, ranging from athletics, art, music and support groups.

Nashville	West Tennessee	South Central	Upper Cumberland
(615) 269-7091	(731) 660-0500	(931) 684-5222	(931) 372-8900
(800) 244-0768	(866) 650-0500	(800) 697-3368	(877) 894-8900

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### **Tennessee Disability Coalition (see also Advocacy)**

[www.tndisability.org](http://www.tndisability.org)

955 Woodland Street | Nashville, TN 37206 | (615) 383-9442

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### **United Cerebral Palsy of Middle Tennessee**

<http://ucpmidtn.org/>

UCPMidTN focuses on services to individuals of all ages and all types of disabilities, especially those that primarily affect mobility. UCP also serves as the area clearinghouse for information on cerebral palsy. Consumers have a wide variety of physical disabilities—approximately 30 percent of UCP consumers have cerebral palsy, and 70 percent have other disabilities including autism, spinal bifida, multiple sclerosis (MS), disability resulting from head and spinal cord injury, amyotrophic lateral sclerosis (ALS), amputations, strokes and heart attacks, and many lesser known physical disabilities.

1200 9th Avenue North, Suite 110 | Nashville, TN 37208 | (615) 242-4091

## EDUCATION

### Project BRAIN

[www.tndisability.org/brain](http://www.tndisability.org/brain)

Project BRAIN is a resource and training network for educators, families and health professionals who support students with Traumatic Brain Injury in Tennessee. The mission is to improve the educational outcomes for students.

Project BRAIN objectives include:

- Increasing awareness of children and youth with brain injury who are served by the school system.
- Providing training and technical assistance to schools, families, and health care providers in the early identification of children with TBI.
- Partnering with Tennessee hospitals to promote effective communication between healthcare providers and educators to facilitate successful transitions.

#### West Region

Wanda Baker  
Resource Specialist  
(901) 813-8595

[Wanda\\_b@tndisability.org](mailto:Wanda_b@tndisability.org)

#### Middle Region

Paula Denslow, Director  
Resource Specialist  
(615) 585-2998

[Paula\\_d@tndisability.org](mailto:Paula_d@tndisability.org)

#### East Region

Jennifer Rayman  
Resource Specialist  
(865) 951-2282

[Jennifer\\_j@tndisability.org](mailto:Jennifer_j@tndisability.org)

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### Tennessee Department of Education, Special Education

<http://www.tn.gov/education/>

The Department of Education promotes educational services and programs for all Tennessee's students with special education needs. The department is committed to systematic planning along with plan implementation, tracking and accountability as a vehicle for providing the leadership necessary for fulfilling this purpose.

710 James Robertson Parkway | Nashville, TN 37243 | (615) 741-5158

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### STEP: Support and Training for Exceptional Parents

STEP is a statewide family-to-family program established in 1989 to support families by providing free information, advocacy training and support services to parents of children eligible to receive special education services under the Individual with Disabilities Act (IDEA). STEP services are available from birth through age 22.

12 Professional Plaza | Greeneville, TN 37745 | (800) 280-STEP | [www.tnstep.org/](http://www.tnstep.org/)

Toll Free: (800) 280-STEP | Español: (800) 975-2919 | (423) 639-0125 | FAX: (423) 636-8217

TTY/text: (423) 639-8802 | Email: [information@tnstep.org](mailto:information@tnstep.org)

West Tennessee  
(901) 726-4334

[westrtc@tnstep.org](mailto:westrtc@tnstep.org)

East Tennessee  
(423) 639-2462

[eastrtc@tnstep.org](mailto:eastrtc@tnstep.org)

Middle Tennessee  
(615) 463-2310

[midletc@tnstep.org](mailto:midletc@tnstep.org)

Parent information Message Line  
(800) 280-STEP

(800) 975-2919 (Spanish)

**JOBS4TN ONLINE**

<http://www.jobs4tn.gov/>

Tennessee job seekers and employers now have a more powerful tool in searching for jobs and job candidates, the result of an upgrade to the Jobs4TN.gov website. The revisions allow users to customize their workspaces, to expand database searches and how they are saved, and to share jobs through e-mail and the Career Network.

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**Tennessee Department of Human Services, Vocational Rehabilitation**

<http://tennessee.gov/humanserv/rehab/vrs.html>

Vocational Rehabilitation (VR) is a federal- and state-funded program providing services to help individuals with disabilities enter or return to employment. It is designed to assist individuals of work age with physical and/or mental disabilities compete successfully with others in earning a livelihood.

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**Tennessee Rehabilitation Center (see also Facilities)**

<http://tennessee.gov/humanserv/rehab/trc.html>

The Tennessee Rehabilitation Center (TRC) at Smyrna is a state-operated, comprehensive rehabilitation facility. Services are provided on campus and the majority of clients live on campus in residential units while receiving services.

460 Ninth Ave | Smyrna, TN 37167 | (615) 459-6811 | TDD (615) 233-9402

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**Tennessee Department of Labor and Work Force Development**

<http://www.tn.gov/labor-wfd/cc/>

The Tennessee Career Center System was designed with valuable input from businesses and private industry statewide. The result is a system able to provide maximum workforce results from one convenient location. Tennessee Career Centers are where people and jobs connect. Tennessee has a network of centers across the state where employers can go to find the workers they need and job seekers can get assistance and career information. Each center offers computerized labor market information, internet access, workshops and an online talent bank, in addition to job placement, recruitment and training referrals. The Career Service system has over 80 locations across the state.

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**The Benefits to Work Project**

[http://www.tndisability.org/coalition\\_programs/benefits\\_work](http://www.tndisability.org/coalition_programs/benefits_work)

Benefits to Work is a program of the Tennessee Disability Coalition and the Center for Independent Living of Middle Tennessee. The program's purpose is to promote self-sufficiency for individuals with disabilities by alleviating significant obstacles related to work.

**For information contact:** Alice Owens Gatlin, Program Director | Toll Free: 1 (888) 839-5333

## FINANCIAL ASSISTANCE AND BENEFITS

### Family Support Program

[http://www.tn.gov/didd/family\\_support/](http://www.tn.gov/didd/family_support/) | 1-800-535-9725

The Family Support Program is state-funded and designed to assist individuals with severe disabilities and their families to remain together in their homes and communities. Services can include but are not limited to: Respite care, day care services, home modifications, equipment, supplies, personal assistance, transportation, homemaker services, housing costs, health-related needs, nursing and counseling. The primary purpose of the program is to support:

- Families who have school-age or younger children with severe disabilities,
- Adults with severe disabilities who choose to live with their families,
- Adults with severe disabilities not supported by other residential programs funded by state or federal government.



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### SSI/SSDI: Supplemental Security Income (SSI) and Social Security Disability Insurance (SSDI)

[www.ssa.gov](http://www.ssa.gov)

**SSI:** Supplemental Security Income pays benefits based on financial need. The SSI program makes payments to people with low income who are age 65 or older or are blind or have a disability. A child younger than age 18 can qualify if he or she meets Social Security's definition of disability for children, and if his or her income and resources fall within eligibility limits.

**SSDI:** Social Security Disability pays benefits to people who cannot work because they have a medical condition expected to last at least one year or result in death. Federal law requires this very strict definition of disability.

[www.socialsecurity.gov](http://www.socialsecurity.gov) | 1-800-772-1213 | TTY 1-800-325-0778

## HOUSING / LIVING CARE ARRANGEMENTS

### **Accessible Space, Inc.**

<http://www.accessiblespace.org/>

ASI is a nationwide, nonprofit housing and service provider for adults with physical disabilities and seniors. ASI oversees three affordable and accessible apartment complexes in Tennessee in Nashville and Memphis. Meritan provides supportive services to eligible residents of the facilities in Memphis.

Locations:

Hagy Commons  
2737 McCampbell Ave.  
Nashville, TN 37214

McCullough Place  
1456 Gilham Rd  
Memphis, TN 38134

Welsh Manor  
2900 Coleman Rd  
Memphis, TN 38127

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### **Castalian Springs** (see also **Facilities**)

[www.NeuroRestorative.com](http://www.NeuroRestorative.com)

Transitional and supported living services for adults with brain injuries. Single-family home setting in a rural location.

268 Governor Hall Rd. | Castalian Springs, TN 37031 | (615) 415-7096

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### **Crumley House** (see also **Facilities**)

[www.Crumleyhouse.com](http://www.Crumleyhouse.com)

Transitional living services for adults with brain injury in a fully accessible building with 14 apartment units, located on 32 acres of land overlooking the mountains

300 Urbana Rd. | Limestone, TN 37681 | (423) 257-3644

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### **Hosanna Community**

[www.hosannacommunity.org](http://www.hosannacommunity.org)

The Hosanna Community fosters independence for adults with physical disabilities and traumatic brain injuries. Located on seven wooded acres, facilities include living quarters and separate bedrooms for each resident.

6410 Grubb Rd | Hixson, TN 37343 | (423) 870-6880

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### **21<sup>st</sup> Century Living Services** (see also **Facilities**)

[www.21cldrs.com](http://www.21cldrs.com)

Supervised living program, supported living program and long-term residential program

122 E. Franklin St | Gallatin, TN 37066 | 1-800-452-9771

## INFORMATION AND REFERRAL

### **Brain Injury Association of Tennessee**

[www.BrainInjurytn.org](http://www.BrainInjurytn.org)

The Brain Injury Association of Tennessee (BIAT) is a non-for-profit organization dedicated to improving the quality of life for survivors of traumatic brain injury and their families, and to the prevention of brain injuries.

955 Woodland St. | Nashville, TN 37206 | (615) 248-2541 | Family Help Line 1-877-757-2428

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### **Tennessee Disability Pathfinder**

<http://kc.vanderbilt.edu/pathfinder/>

Tennessee Disability Pathfinder is a free, statewide clearinghouse of disability related resources and services for persons with disabilities, their family members, service providers and advocates.

Pathfinder provides:

- Toll-free statewide bilingual Help-line: 1-800-640-4636
  - Free on-line Services Database: <http://kc.vanderbilt.edu/pathfinder/>
  - Disability Resource Library
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### **Tennessee Commission on Aging and Disability**

<http://www.tn.gov/comaging/>

The Tennessee Commission on Aging and Disability is the designated state agency mandated to provide leadership issues on behalf of older persons and individuals with a disability in the state. Contact **the Area Agencies on Aging and Disability** for information on services.

#### **First Tennessee AAAD**

Johnson City, TN | 423-928-0224

[www.ftaaad.org](http://www.ftaaad.org)

#### **East Tennessee AAAD**

Knoxville, TN | 865-691-2551 ext. 4216

[www.ethra.org](http://www.ethra.org)

#### **Southeast Tennessee AAAD**

Chattanooga, TN 37402 | 423-266-5781|

[www.setaaad.org](http://www.setaaad.org)

#### **Upper Cumberland AAAD**

Cookeville, TN | 931-432-4111

[www.ucdd.org](http://www.ucdd.org)

#### **Greater Nashville AAAD**

Nashville, TN | 615-862-8828

[www.gnrcaaad.org](http://www.gnrcaaad.org)

#### **South Central AAAD**

Mount Pleasant, TN | 931-379-2929

[www.sctdd.org](http://www.sctdd.org)

#### **Northwest AAAD**

Martin, TN | 731-587-4213

[www.nwtddhra.org](http://www.nwtddhra.org)

#### **Southwest AAAD**

Jackson, TN | 731-668-6403

[www.swtdd.org](http://www.swtdd.org)

#### **Aging Commission of the Midsouth AAAD**

Memphis, TN | 901-222-4100

[www.agingcommission](http://www.agingcommission)

## INFORMATION AND REFERRAL

### Tennessee Association of Human Resource Agencies

<http://www.ideliverhope.com/>

The Tennessee General Assembly has established the Human Resource Agencies to be the delivery system for human services throughout the state. Nine regional agencies offer services in the following major categories: Elderly and Disabled Services, Community Intervention, Children and Youth Services, Nutrition Services, Housing Services, Transportation, Education and Employment and Home Health Programs.

<p>Delta Covington, TN 38019 (901) 476-5226 <a href="http://www.deltahra.org">www.deltahra.org</a></p>	<p>MidCumberland Nashville, TN 37217 (615) 331-6033 <a href="http://www.mchra.com">www.mchra.com</a></p>	<p>South East Dunlap, TN 37327 (423) 949-2191 or (800) 852-6155 <a href="http://www.sethra.us">www.sethra.us</a></p>
<p>East Tennessee Knoxville, TN 37923 (865) 691-2551 <a href="http://www.ethra.org">www.ethra.org</a></p>	<p>Northwest Tennessee Martin, TN 38237 (731) 587-4213 <a href="http://www.nwtddhra.org">www.nwtddhra.org</a></p>	<p>Southwest Henderson, TN 38340 (731) 989-5111 <a href="http://www.swhra.org">www.swhra.org</a></p>
<p>First Tennessee Johnson City, TN 37604 (423) 461-8200 <a href="http://www.fthra.org">www.fthra.org</a></p>	<p>South Central Fayetteville, TN 37334 (931) 433-7182 <a href="http://www.schra.us">www.schra.us</a></p>	<p>Upper Cumberland Cookeville, TN 38501 (931) 528-1127 <a href="http://www.uchra.com">www.uchra.com</a></p>

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### Tennessee Traumatic Brain Injury Service Coordinators

<http://health.tn.gov/TBI/Index.htm#service>

TBI Service Coordinators are available to assist survivors, families and professionals access programs and services. Call 1-800-882-0611 or:

Memphis area: 901-545-8487	Upper Cumberland area: 931-372-8900
West Tennessee area: 731-541-4941	Chattanooga area: 423-634-1572
Nashville area: 615-248-2541	Knoxville area: 865-541-1499
South central area: 931-684-5222	East area: 423-257-3644



**Centerstone**

<https://www.centerstone.org/>

Centerstone offers a full range of mental health, addiction and intellectual and developmental disabilities services.

1101 Sixth Ave. North | Nashville, TN 37208

Toll-free (888) 291-HELP (4357) | Crisis Line: (800)681-7444 | Main phone (615) 463-6600

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**Tennessee Department of Mental Health and Substance Abuse Services**

<http://www.tn.gov/mental/A&D/>

The Division of Mental Health is responsible for developing, expanding and monitoring a comprehensive continuum of services for citizens of Tennessee, who are at risk of developing or have been diagnosed with serious emotional disturbance, or serious and persistent mental illness. The Division of Substance Abuse Services' responsibilities include developing and implementing a statewide system of substance use, abuse and addiction services for the general public, persons at risk for substance abuse, and persons abusing substances.

Andrew Jackson Building | 500 Deaderick Street | Nashville, TN 37243

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**Centers for Independent Living**

Centers for independent living (CILs) are private, nonprofit corporations that provide services to maximize the independence of individuals with disabilities. Centers provide: advocacy, independent living skills training, information and referral, and peer counseling.

**Center For Independent Living Of Middle Tennessee**

955 Woodland Street  
Nashville TN 37206  
(615) 292-5803 VOICE  
(615) 292-7790 TDD  
[www.cilmtn.org](http://www.cilmtn.org)  
Email [cilmtn@tndisability.org](mailto:cilmtn@tndisability.org)

**Disability Resource Center**

900 E. Hill, Suite 120  
Knoxville TN 37915  
(865) 637-3666 VOICE  
(865) 637-6796 TDD  
[www.drctn.org](http://www.drctn.org)  
Email [drc@drctn.org](mailto:drc@drctn.org)

**Jackson Center For Independent Living**

1981 Hollywood Dr.  
Jackson TN 38305  
(731) 668-2211 VOICE  
(731) 637-6796 TDD  
[www.j-cil.com](http://www.j-cil.com)  
Email [glen@jcilnow.net](mailto:glen@jcilnow.net)

**Memphis Center For Independent Living**

1633 Madison Avenue  
Memphis TN 38104  
(901) 726-6404 VOICE  
[www.mcil.org](http://www.mcil.org)  
Email [mcil@mcil.org](mailto:mcil@mcil.org)

**TARP, Inc. Center for Independent Living**

1027 Mineral Wells Ave., Suite 3  
Paris, TN 38242  
(731) 644-0026 VOICE  
[www.tarp1.org/](http://www.tarp1.org/)  
Email [moreinfo@tarp1.org](mailto:moreinfo@tarp1.org)

**Tri-state Resource & Advocacy Corp. (TRAC)**

5708 Uptain Rd., Suite 350  
5800 Building  
Chattanooga TN 37411  
(423) 892-4774 VOICE  
(423) 892-4774 TDD  
[www.1trac.org](http://www.1trac.org)  
Email [1trac@bellsouth.net](mailto:1trac@bellsouth.net)

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**Crumley House (see also Facilities)**

[www.Crumleyhouse.com](http://www.Crumleyhouse.com)

Personal care services available for adults with brain injury in a fully accessible building with 14 apartment units

300 Urbana Rd. | Limestone, TN 37681 | (423) 257-3644

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**Meritan**

<http://www.meritan.org/>

Meritan provides personal support for persons with brain injury in two affordable and accessible facilities in Memphis. They assist with cooking, cleaning and laundry.

4700 Poplar Ave. Suite 100 | Memphis, TN 38116 | (901) 766-0699

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**TennCare Choices**

<http://www.tn.gov/tenncare/news-about.shtml>

CHOICES is TennCare's program for long-term care services for elderly (65 years of age and older) or disabled (21 years of age and older). Long-term care services include care in a nursing home or certain services to help a person remain at home or in the community.

1-877-224-0219

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**Tennessee Respite Coalition**

<http://tnrespite.org/>

The Tennessee Respite Coalition provides relief to families and caregivers from the extraordinary and intensive demands of providing ongoing care.

Statewide Respite Helpline 1-888-579-3754

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## RESOURCES

### **Americans with Disabilities Act**

[http://www.ada.gov/ada\\_intro.htm](http://www.ada.gov/ada_intro.htm)

The Americans with Disabilities Act (ADA) was signed into law July 26, 1990, by President George H.W. Bush. The ADA is one of America's most comprehensive pieces of civil rights legislation that prohibits discrimination and guarantees people with disabilities have the same opportunities as everyone else to participate in the mainstream of American life -- to enjoy employment opportunities, to purchase goods and services, and to participate in state and local government programs and services. Modeled after the Civil Rights Act of 1964, which prohibits discrimination on the basis of race, color, religion, sex or national origin – and Section 504 of the Rehabilitation Act of 1973 - the ADA is an "equal opportunity" law for people with disabilities.

To be protected by the ADA, one must have a disability, which is defined by the ADA.

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### **Brain Injury Association of America**

<http://www.biausa.org/>

The mission of the Brain Injury Association of America (BIAA) is to advance brain injury prevention, research, treatment and education and to improve the quality of life for all people affected by brain injury. BIAA is dedicated to increasing access to quality health care and raising awareness and understanding of brain injury. BIAA is a strong voice of brain injury awareness.

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### **Center for Disease Control and Prevention**

<http://www.cdc.gov/TraumaticBrainInjury/>

CDC's research and programs work to prevent TBI and help people better recognize, respond, and recover if a TBI occurs.

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## SERVICE COORDINATION

### OUR GOAL

*The goal of the Service Coordination Project is to improve the quality of life for persons with brain injury and their families. The service coordinator assists with “filling in the gaps.”*

### WHAT IS SERVICE COORDINATION?

The service coordinator’s role is to work with survivors of an acquired brain injury and their families to assess their current resources and needs. The service coordinator:

- Develops a comprehensive plan of care
- Provides referrals to available resources
- Coordinates services for individual client advocacy
- Bridges gaps in the service delivery system

Families are assisted in locating information and services appropriate to their situation and guided in securing these services. Professionals can receive technical assistance, resource information and educational components to better understand the unique needs of persons with brain injuries. These services are provided free of charge.

### WHY IS SERVICE COORDINATION NEEDED?

Whether a brain injury is mild, moderate or severe, the result can be a variety of cognitive, behavioral and emotional complications.

As medical technology has improved, more lives have been saved. Families are faced with the dilemma of coping with the consequences of having a loved one with a brain injury. A service coordinator is a valuable resource in helping the survivor get services needed and to help the person and his or her family make the most of life after injury.

The service coordinator works with the survivor to build natural support systems that provide direction for a productive and independent life.

### SCOPE OF SERVICES

All TBI service coordinators deliver the following core services:

- Provide information on brain injury
- Refer clients to qualified services
- Assist clients in applying for and accessing services
- Advocacy in the area of individual rights and benefits
- Developing support groups
- Assisting or consulting in the development of new programs and services



*Service Coordinators “fill in the gaps”.*

## Service Coordinator Contact Information

### WEST REGION

#### Memphis – Carolyn Chambers

Regional One Health  
Traumatic Brain Injury Services, Room A-659  
877 Jefferson Avenue  
Memphis, TN 38103  
(901) 545-8487  
Fax: (901-515-9006  
[cchambers@regionalonehealth.org](mailto:cchambers@regionalonehealth.org)  
Fayette, Haywood, Lauderdale, Shelby,  
Tipton

#### Jackson – Laura Mills

West Tennessee Rehabilitation Center  
620 Skyline Drive  
Jackson, TN 38301  
(731) 541-4941  
Fax: (731) 541-4669  
[Laura.Mills@wth.org](mailto:Laura.Mills@wth.org)  
Benton, Carroll, Chester, Crockett, Decatur, Dyer,  
Gibson, Hardeman, Hardin, Henderson, Henry,  
Houston, Humphreys, Lake, Madison, McNairy,  
Obion, Perry, Stewart, Weakley

### MIDDLE REGION

#### Nashville – Angela Pearson

Brain Injury Association of Tennessee  
955 Woodland Street  
Nashville, TN 37206  
(615) 248-2541  
Fax: (615) 383-1176  
[apearson.biat@gmail.com](mailto:apearson.biat@gmail.com)  
Cheatham, Davidson, Dickson, Montgomery,  
Robertson, Sumner, Trousdale, Williamson,  
Wilson

#### Shelbyville – Brent Lokey

Epilepsy Foundation  
319 Bethany Lane  
Shelbyville, TN 37160  
(931) 684-5222 / (800) 697-3368  
Fax: (931) 684-7445  
[Firstmost@bellsouth.net](mailto:Firstmost@bellsouth.net)  
Bedford, Coffee, Franklin, Giles, Hickman,  
Lawrence, Lewis, Lincoln, Marshall, Maury,  
Moore, Rutherford, Wayne

### CENTRAL REGION

#### Upper Cumberland – Rick Hall

Epilepsy Foundation  
118 South Dixie, Suite 8  
Cookeville, TN 38501  
(931) 372-8900 / (877) 894-8900  
Fax: (931) 372-8900  
[Harlanhall@yahoo.com](mailto:Harlanhall@yahoo.com)  
Cannon, Clay, Cumberland, Dekalb, Fentress,  
Jackson, Macon, Overton, Pickett, Putnam, Roane,  
Smith, Van Buren, Warren, White

#### Chattanooga – Lisa Morgan

Chattanooga Area Brain Injury Association  
One Siskin Plaza  
Chattanooga, TN 37403  
(423) 634-1572  
Fax: (423) 634-4542  
[Chattanoogabraininjury@gmail.com](mailto:Chattanoogabraininjury@gmail.com)  
Bledsoe, Bradley, Grundy, Hamilton, Marion,  
McMinn, Meigs, Polk, Rhea, Sequatchie

### EAST REGION

#### Knoxville – Patty Cruze

Patricia Neal Rehab at Fort Sanders  
1901 Clinch Ave. 5<sup>th</sup> Floor East  
Knoxville, TN 37916  
(865) 541-1499  
Fax: (865) 541-1273  
[PCruze@CovHlth.com](mailto:PCruze@CovHlth.com)  
Anderson, Blount, Campbell, Cocke,  
Grainger, Hamblen, Jefferson, Knox,  
Loudon, Monroe, Morgan,  
Sevier, Scott, Union

#### Johnson City – Fredda Roberts

Crumley House  
300 Urbana Rd  
Limestone, TN 37681  
(423) 257-3644  
Fax: (423) 257-6594  
[Fredda@crumleyhouse.com](mailto:Fredda@crumleyhouse.com)  
Carter, Claiborne, Greene, Hancock, Hawkins,  
Johnson, Sullivan, Unicoi, Washington

## SUPPORT GROUPS

### Traumatic Brain Injury Service Coordinator Support Groups

<http://health.tn.gov/TBI/Index.htm#service>

TBI Service Coordinators provide local brain injury support groups for survivors, families, and related professionals. Call 1-800-882-0611 or:

Memphis area: 901-545-8487	Upper Cumberland area: 931-372-8900
West Tennessee area: 731-541-4941	Chattanooga area: 423-634-1572
Nashville area: 615-248-2541	Knoxville area: 865-541-1499
South central area: 931-684-5222	Upper East area: 423-257-3644

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### Vanderbilt Trauma Survivor Network

<http://www.traumasurvivorsnetwork.org/pages/about-us>

The Trauma Survivors Network (TSN) is a community of patients and families looking to connect with one another and rebuild their lives after a serious injury.

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