



STATE OF TENNESSEE
COUNCIL ON CHILDREN'S MENTAL HEALTH

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Council on Children's Mental Health
October 8, 2009
10:00 a.m. – 3:00 p.m.
Ellington Agricultural Center – Ed Jones Auditorium

MEETING SUMMARY

Attendee List:

Summer Anderson	Jeff Feix	Geronn Moore
Carla Babb	Deborah Gatlin	Linda O'Neal
Sumita Banerjee	Nneka Gordon	Freida Outlaw
Louise Barnes	Kathy Gracey	Julie Randall Pablo
Kathy Benedetto	David Haines	John Page
Susanne Bennett	Antionette Hattan	Janie Palazolo
Ginna Betts	Raquel Hatter	Cindy Perry
Kathryn Bowen	Mike Herrmann	Steve Petty
Pam Brown	Cheri Hoffman	Kathy Rogers
Jree Charles	E. Ann Ingram	Mary Rolando
Nicole Cobb	Jeanne James	Ajanta Roy
Michelle Covington	Angie McKinney Jones	Hailee Solomon
Mike Cull	Shay Jones	Steve Sparks
Tracey Davis	Sheila Keith	Debrah Stafford
Sita Diehl	Dustin Keller	Susan Steckel
Katrina Donaldson	Richard Kennedy	Millie Sweeney
Richard Edgar	Randal Lea	Ellyn Wilbur
Emel Eff	Emma Martin	Martavious Williams
Deseree Ewing	James Martin	William Wood
Jacquita Ewing	Connie Mazz	Joseph Woodson
Rhonda Ewing	Maquisha McClain	Christina K. Young

Welcome and Introductions

- Commissioner Virginia Trotter Betts, CCMH Co-Chair, Tennessee Department of Mental Health and Developmental Disabilities (TDMHDD)

- Commissioner Betts welcomed attendees. This is Mental Illness Awareness Week. Departments have been working on their FY10-11 budgets. DMHDD budget was submitted to Finance and Administration October 1, 2009.

Commissioner's FY09-10 Budget Summary:

- TDMHDD's FY09-10 budget is \$334 million, with \$189 million recurring and non-recurring state dollars.
- Department's budget reduction request FY09-10 was \$37 million. Due to American Reinvestment and Recovery Act (ARRA) funding and mental health and substance abuse advocates, they received an add back of \$34.7 million. Funding was reallocated for TDMHDD Crisis Stabilization Units (CSU), safety net and crisis services (recurring and non-recurring dollars afforded temporary relief) due to TennCare's business model shift and inability to fund these programs at previous levels.
- Recurring, non-recurring and reallocated dollars are as follows:
 - \$14.5 million reallocated recurring [CSUs, Behavioral Health Safety Net (BHSN) and Crisis Services];
 - \$10 million recurring program dollars (BHSN);
 - \$18 million nonrecurring stimulus add-back dollars (ARRA);
 - \$5 million nonrecurring legislative restorations;
 - \$1.7 million nonrecurring legislative improvement.
- These additional funds provided for care of inpatient services in East TN.
- Programs which will be affected by ARRA dollars and the non-recurring \$5 million restoration will receive a letter from the appropriate Assistant Commissioner and Commissioner Betts.
- Given the current shortfall, departments were asked to provide the Governor a plan for another six percent reduction with a contingency additional three percent reduction.
- Additionally, TDMHDD will have 18 percent less dollars than they had July 1, 2009.
- TDMHDD budget hearing is currently scheduled for November 18th at 1:30 p.m. CCMH is invited to attend or to watch the hearing on streaming video.
- Advocates certainly need to identify strategies to replace or restore this critical funding.
- TDMHDD decided to promote services for early intervention and community safety by focusing on sustaining the firehouse model of services.
- Department was also informed the reversion target, usually taken at the end of the fiscal year, would not be allocated this year and additional cuts would need to be made. Therefore, the Assistant Commissioners and Commissioner Betts decided to begin reducing the number of inpatient beds over the course of the fiscal year, rather than at the end of the year. Beginning October 1, 2009, the number of children and youth (C&Y) inpatient beds was reduced from 25 to 14 at Middle Tennessee Mental Health Institute. The average census is 6.9 on a monthly basis.
- TDMHDD's 2010-2011 budget proposed on October 1st will no longer have any state C&Y inpatient beds. Those children will have to be served in private hospitals.

Commissioner's Summary of Recently Awarded Federal Grants

- Commissioner Betts congratulated Dr. Freida Outlaw and her team on the K-Town Youth Empowerment Network Grant Award. Dr. Outlaw recognized those who worked on the grant proposal. Summary of K-Town grant:
 - TDMHDD received a \$9 million grant from the Federal Substance Abuse and Mental Health Services Administration (SAMHSA) to implement a coordinated system of care for youth in Knox County over the next six years, called the K-Town Youth Empowerment Network, effective September 30, 2009. Grant is a result of the partnership between the department, Tennessee Voices for Children (TVC), the Helen Ross McNabb Center, and the Centerstone Research Institute.
 - K-Town anticipates serving at least 400 youth with serious emotional disturbances ages 14 to 21 residing in Knox County. Main goal of the program will be to develop a service infrastructure to empower caregivers, youth and families with knowledge, skills, resources and support they need for their children/youth to be successful in their everyday lives. The program hopes to improve outcomes for youth with serious emotional disturbances or serious mental illnesses and their families.

- Juvenile Justice/Mental Health Collaborative Grant Update
 - TDMHDD, in collaboration with the Administrative Office of the Courts (AOC), was awarded a Mental Health Criminal Justice Collaboration Grant by the Bureau of Justice Assistance. The project will train youth service officers to complete screenings of children in juvenile court using the Child and Adolescent Needs and Strength survey (CANS). Over the next several months, TDMHDD will be working to identify 10 counties in which to implement this 2 ½ year project. The funding is \$196,742. This project is intended to improve access to mental health and other services for children involved with juvenile courts. Governor's Office of Children's Care Coordination (GOCCC), the Department of Children's Services (DCS), TVC and the Vanderbilt Center for Excellence (COE) will be working with TDMHDD and AOC on this initiative as well.

- Partnerships for Success Grant – Bruce Emery (Assistant Commissioner for the Division of Alcohol and Drug Abuse Services)
 - TDMHDD also recently received a \$2.3 million Partnerships for Success Grant from SAMHSA. This grant will be implemented by anti-drug coalitions in 20 counties to reduce alcohol binge drinking among the state's 14-25 year olds. Tennessee's goal is to reverse the state's upward trend in binge drinking by decreasing the total number of youth and young adults in this age group who engage in binge drinking within any 30-day period by 4.3 percent over the next five years.

- Counties include: Blount, Coffee, Davidson, Franklin, Hamblen, Hamilton, Jackson, Johnson, Knox, McMinn, Madison, Maury, Putnam, Roane, Rutherford, Scott, Shelby, Sumner, Washington and Weakley.
- Independent of our department, five Anti-drug coalitions will receive \$625,000 in federal grant dollars as part of the Drug Free Communities Grant program. These counties are Coffee, Franklin, Houston, Rutherford and Scott. Grant will provide funds to involve and engage each coalition’s local community to prevent and reduce alcohol and other drug abuse among youth.
- There has been a tremendous focus on single cigarette sales, the way many teenagers obtain cigarettes. The Attorney General’s (AG’s) office recently sent 23 tobacco retailers, who allegedly sold single cigarettes, a warning letter because such action is illegal in Tennessee. The letters were based on reports from Agriculture Department inspections. Tobacco retailers may be subject to penalties of up to \$1,000 per violation under the law for selling single cigarettes. TDMHDD’s Division of Alcohol and Substance Abuse is working with the AG’s Office, the Department of Agriculture and the Department of Health to help alert the public and businesses in an effort to stop the illegal sale of cigarettes sold individually as “loosies.”
- Linda O’Neal, CCMH Co-Chair, Tennessee Commission on Children and Youth (TCCY) *Refer to gold handout provided at meeting “TCCY Issues KIDS COUNT State of the Child Report”*
 - CCMH has a full agenda of topics to discuss today and the work is very important.
 - TCCY released its KIDS COUNT report at a press conference with attendance from all four major news stations in Nashville. Comments were made by Carla Aaron from DCS, Debrah Stafford from TCCY and Steve Hornsby from DCS. The major narrative focused on juvenile justice. A copy of the press release was included in your packet and copies of the book were also provided on the sign-in table. Pam Brown, TCCY KIDS COUNT Director will give a brief presentation on accessing the data online.
- Pam Brown (TCCY KIDS COUNT Director)
 - One of the best things the Casey Foundation provides as part of the KIDS COUNT report is online access through the Data Center. The information can be accessed at <http://datacenter.kidscount.org>. Additional information on how to access the KIDS COUNT Data Center can be found on page iii in the KIDS COUNT Report. The most recent data can always be obtained through the website. You can also ask Dr. Emel Eff, statistical analyst for KIDS COUNT, or Brown for additional information.
 - *Ms. Brown walked CCMH members through the KIDS COUNT Data Center for state and community level data. Data can be viewed by state, territory, and county (view community level profiles). Data is valuable for use in grant applications. Data images and raw data can be uploaded. Comparison and diversity data can also be analyzed.*

- Linda O’Neal
 - Thanked Brown and Eff for their work on the KIDS COUNT report saying she was pleased that *The Tennessean* will be covering this topic and encouraged attendees to write a letter to the editor.
 - Recognized young people in attendance and thanked them for attending.

Acceptance of Meeting Summary for August 20, 2009 CCMH Meeting

- Linda O’Neal
 - Refer to “August 20, 2009 CCMH Meeting Summary” provided at meeting
 - There were no questions or corrections.
 - Millie Sweeney moved to accept summary, Mike Herrmann seconded. Summary accepted unanimously.

Overview of Sunset Hearing

- Linda O’Neal and Dr. Freida Outlaw (TDMHDD Assistant Commissioner)
 - Thanks to Freida, Marthagem Whitlock, Pam Brown and Dustin Keller for their help in preparing the response to the legislature for the sunset subcommittee hearing.
 - The Sunset Review Subcommittee was very impressed with the work of the Council. O’Neal said she explained to the committee that in her 20-plus years she has been the executive director for TCCY, this is the most sustained collaboration she has witnessed.
 - Subcommittee recommended the Council be extended through 2013 in legislation to be introduced this next session.
 - Additional sunset review committee appearances will be possible as this process continues into the upcoming legislative session.

Conflict of Interest

- Linda O’Neal
 - The Sunset Review process reminded attendees CCMH should be treated no differently than other council members and/or departmental staff. All participants need to sign the Conflict of Interest Statement provided in the packets. Due to the very nature of the Council’s work, conflicts are inherent. Therefore, everyone must be very clear about who they are and where they work. As additional evidence of this openness and understanding, CCMH members were asked to sign the Conflict of Interest Statement and return to Dustin to keep on file.

Title VI Training

- Debrah Stafford (TCCY)
 - Referred to PowerPoint handout in packet “Title VI of the Civil Rights Act of 1964”

- O’Neal – Title IV refers to the federal legislation prohibiting discrimination in receiving services. TCCY has allocated federal juvenile justice funds to provide for our lunches and the staff director’s salary because many children and youth in the juvenile justice system have untreated mental health needs and the work of CCMH is very important.
- U.S. Dept. of Health and Human Services (HHS) video shown VI, limited English proficiency (*This video may be viewed by members not in attendance by contacting Dustin*). The video discussed discrimination based on an individual’s national origin and language. Example: 911 caller who spoke only Spanish but was served by an English only responder. All entities receiving federal funds are prohibited from this type of discrimination. Federal funds recipients are required to provide meaningful access for person who has Limited English Proficiency (LEP).
- Training is a very important part of Title VI, as well as providing a process for Title VI complaints. The compliant process is provided in the Title VI plan previously distributed to members. Additionally Title IV complaints can be sent to Ron King with TCCY, who serves as the Council’s Title VI Coordinator.
- Betts, the current president of NASMHPD, explained the association’s membership has looked at the use of interpreters for those persons seeking mental health services. There are many instances where providers rely on family members for interpretation. This can be problematic when the interpreting family member is abusing the client(s). We need more appropriate access for non-familial interpreters to provide the client with more privacy and accuracy for mental health services.

Youth Video and Presentation

- Kathy Rogers and James Martin (Mule Town Family Network)
 - Geronn Moore, Maquisha McClain and Summer Anderson, members of the Mule Town Youth in Action Council, presented their video after being introduced. Video can currently be viewed on YouTube.
 - Youth also shared their perceptions after watching the video at the meeting for the first time.
 - Keller – After visiting with the Mule Town staff and youth council, I received a much deeper insight into how a system of care functions. He also asked Geronn to discuss his initial treatment goals.
 - Geronn explained how different working with Mule Town was compared to other providers. He discussed the family and youth treatment team meetings and their reliance on the family and youth to discuss what they seek from treatment. His initial treatment goals were to get a driver’s license and a job. All of which he has achieved.
 - James Martin also introduced Maquisha McClain and Hailee Solomon, President of Youth in Action Council.
 - John Page (Centerstone) asked if Hailee Solomon would provide a few comments about her participation in Mule Town’s strategic planning process.

- Hailee Solomon said she was happy to be a part of the process and to also know there are people behind the scenes working to help us.
- Millie Sweeney (TVC) stated Mule Town is receiving requests from other states for presentations from the Mule Town Youth Council. Youth will also present at the State of the Child conference during a workshop session as well as the community forum hosted by CCMH Co-Chairs.
- Sita Diehl (NAMI) inquired about how long it took the youth to develop trust in their youth council coordinator, Mr. Martin.
 - Geronn explained how Mr. Martin is the coolest dude! He's the only adult I can really trust.
 - Sita discussed the importance of having adults embedded in the system our young people can trust.

Sample System Structures for Discussion

- Dustin Keller and Dr. Freida Outlaw
Refer to handout provided at meeting "Examples of Statewide System of Care Structures."
- Dustin Keller
 - Thanked the youth for their presence and participation at the meeting stating that youth are not required to have a mental health diagnosis to be involved in the Youth Council.
 - We have been having discussions around the direction of the CCMH and how to structure the system moving forward. Dustin referred to the handout in packet entitled "Examples of Statewide System of Care Structures."
 - Many people have participated in the process of crafting the sample structures. Dr. Outlaw and I would like to thank Dr. Howard Burley, TDMHDD Assistant Commissioner, for his input from a managed care perspective. These comments are included in our considerations.
 - We decided not to list our comments as pro or cons because it depends on your background and framework whether you consider particular aspects as positive or negative. Therefore, we have listed them simply as considerations (listed below).
- Two Funding Considerations (as illustrated in the PowerPoint diagrams)
 1. Separate funding streams are utilized for the system administrator and service providers.
 - Administrator does not control funding or pay for services.
 - No funding incentives for providers to work with the system administrator, so we would need something to ensure providers work well with the system administrator.
 2. All funding is allocated through the system administrator, which would authorize services as well as reimburse providers.
 - We would need a blended, braided funding pool in order to accomplish this consideration.

- The system administrator could stop paying for a particular service if there were constraints from the funding pool.
- The basic structure design is modeled from the New Jersey system (as articulated by Sheila Pires in April. *(Refer to April's Meeting Summary and Handouts for more information.)*)
- We hope workgroups will use this information as a starting point for discussion. We have only eight months and four meetings before our next report is due to the legislature.
- System Administrator could utilize a common assessment tool such as CANS.
- The Oversight Entity would be ensuring the System Administrator is meeting goals and outcomes, and the system is working appropriately for children and youth.
- QUESTIONS:
- Kathryn Bowen, Centerstone Research Institute: “Do you see the oversight entity as a volunteer group, an elected person, a paid position?” Answer is yet to be determined and will be discussed in each workgroup.
- John Page: “What is the forum for this discussion?” Answer: Additional discussion will take place in workgroups over lunch with a longer group discussion after lunch.
- Linda O’Neal – We need to make some determinations by February 2010 allowing enough time for refinement before the June 2010 report to the legislature.

Break for lunch 12:10pm (Workgroups meet)

General Discussion

Please refer to the attached handout for comments made during this discussion.

- Please send all of your thoughts and input on an ongoing basis to Dustin Keller.

Steering Committee Discussion (ACTION)

➤ Linda O’Neal

Refer to handout “Steering Committee Proposal”

- On the list TennCare was left off, this was an omission and TennCare should be listed.
- Open this for discussion, feedback, concerns, motion:
 - Millie Sweeney – Add in representation from each of the three federally funded system of care sites. Mule Town Family Network, JustCare Family Network, K-Town Youth Empowerment Network. (CCMH members agreed.)
 - JOHN PAGE MOVED, SECONDED BY MICHAEL CULL, TO ACCEPT THE PROPOSAL FOR A STEERING COMMITTEE, INCLUDING TENNCARE AND SOC SITES REPRESENTATION, PASSED UNANIMOUSLY.

Integrated Court Screening and Referral Project

- Administrative Office of the Courts (AOC) – TDMHDD Collaboration Grant Review – Jeff Feix (TDMHDD)
 - Mental health screenings for youth in the Juvenile Justice system. Department of Children’s Services (DCS), Governor’s Office of Children’s Care Coordination (GOCCC) and Vanderbilt Center of Excellence (Vanderbilt COE) are also partners.
 - Proposing to hire a CANS Coordinator who will train Youth Service Officers (YSOs) in 10 selected counties in order to administer the CANS (Child Adolescent Needs and Strengths) as a screening instrument to determine which children have mental health needs. Grant legislation requires emphasis on non-violent offenders, females and rural areas.
 - Primary source of referral for youth in the Juvenile Justice system is a forensic evaluation or JCCO (Juvenile Court Commitment Orders). We are in the process of going across the state and training courts on the new law covering JCCOs and outpatient evaluations.
 - There is currently a gap in accessing services for youth who need mental health evaluations or services.
 - We have not determined the 10 counties yet. In five of the selected counties Family Support Specialists will be hired in addition to the trained YSO screener.
 - The trainings will begin around April 2010, after a three month planning and hiring process.
 - The Vanderbilt COE will help us with data analysis for the three groups: 1) five counties with YSO and DCS person, 2) counties with Family Support Specialist in addition to the trained YSO screener, 3) 85 counties business as usual.
 - Commissioner Betts – This could have been a contentious process, but it wasn’t and I am thankful to everyone who participated!

K-TOWN Youth Empowerment Network and Related CCMH Grant Opportunities

- Dr. Freida Outlaw, Millie Sweeney and Dustin Keller
 - Dr. Outlaw process discussion – exciting process, exercise in partnership, and determining who would be partners. No one can do this by themselves. We also built on the work of the Knoxville Youth Transition Council referred to by Christina Kloker Young (National Advocate – Oak Ridge, TN).
 - Millie Sweeney – This is the fourth federally funded SOC grant we’ve received. The K-Town focus is on transition age youth ages 14-21. Another difference is we will have TVC providing family support providers as well as youth support providers. Helen Ross McNabb Center will provide clinical consultants with a proficiency in the child and adult mental health systems. Now we have SOC’s in each region of the state which could be helpful with the three needed pilot sites.
 - Sita Diehl – Knoxville is a football town and I am curious about the relationship with UT and the project.
 - Partners hope they will be involved in the different committees and the evaluation.

- The Oct 18-21, 2009 State of the Child Conference will have representation from all three sites so it is a great opportunity for networking.
 - Is youth transition to higher education an issue? Yes, it is a big need locally and at the national level.
 - Angie McKinney Jones (TDMHDD A&D Prevention Director) – We have an A&D contact at UT who is on the campus.
- Dustin Keller – Discussion of Grant Opportunities
- National Institutes of Health – *Refer to handout “NIH: “Community Infrastructure” Grants Program”*
 - Request for Proposal is due before next CCMH meeting.
 - This grant is using ARRA funds and the lead agency will need to be an academic center (research focus).
 - Another round of SOC grants
 - Discussion around a 5th grant in one locale or a statewide infrastructure grant.
 - Dr. Outlaw will discuss with our federal project officer her thoughts on our chances for getting another SOC grant at the local level or whether we should apply for a statewide grant.

Discussion Plans for Future Meetings

- Linda O’Neal Facilitating
- Millie mentioned the State of the Child conference – She and Commissioner Betts will be presenting at the conference.
 - Next meeting is Dec. 10th. We have eight months until the report to the legislature is due.
 - Steering Committee will be meeting in between meetings and we need workgroups need to meet as well.
 - Next meeting ideas:
 - Ask Sarah Smith to update us on the DOE mental health guidelines recently passed;
 - TA from Indiana on Medicaid billing;
 - MTFN project presentation focused on outcomes and sustainability;
 - Workgroup reports;
 - Goal to have a specific youth focus at every meeting (agreed);
 - Workgroups could focus on SOC structure depiction and look at it in terms of individual focus of the workgroups; and
 - TennCare and MCOs outcome measures we track; Dr. James offered to report on outcomes compared to national measures.

Other Business

- Hailee Solomon – Asked why we are focusing on Special Education for those in higher education and not those under 14 in our system of care project in Knoxville?

- Linda O'Neal – We have been focused on early intervention and identification of children with mental health needs in other system of care projects. This project's focus is transition age youth.
- Antoinette Hatton Poem presented:

Hidden Hero

Looking at them watching me
Watching the me upon the screen
I was afraid what they saw would be the opposite of
What I wanted them to see
The reaction of my peers made me realize I was a hidden hero
Never more would I be labeled a zero!