



STATE OF TENNESSEE
COUNCIL ON CHILDREN'S MENTAL HEALTH

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Council on Children's Mental Health

October 21, 2010

10 a.m. – 3 p.m.

Ellington Agricultural Center – Ed Jones Auditorium

MEETING SUMMARY

Attendee List:

Susan Adams	Deborah Gatlin	Jena Napier
Chrystal Armstrong	Nneka Gordon	Linda O'Neal
Carla Babb	Kathy Gracey	Freida Outlaw
Sumita Banerjee	Betty Adams Green	Cindy Perry
Carole Beltz	Veronica Gunn	Steve Petty
Kathy Benedetto	Vickie Harden	Kathy Rogers
Bonnie Beneke	Craig Hargrow	Mary Rolando
Susanne Bennett	Kurt Hippel	Mary Linden Salter
Virginia Trotter Betts	Robbie Hutchens	Sara Smith
Kathryn Bowen	E. Ann Ingram	Debrah Stafford
Shawn Brooks	Jeanne James	Tom Starling
Pam Brown	Sue Karber	Susan Steckel
Michelle Covington	Dustin Keller	Sarah Suiter
Bill Dobbins	Richard Kennedy	Millie Sweeney
Anne Marie Dudas	Randal Lea	Heather Wallace
Richard Edgar	Kim Crane Mallory	Sharon Williams
Emel Eff	James Martin	Mark Wolf
Deseree Ewing	Shamika Medaries	
Rhonda Ewing	Emily Moore	

Welcome and Introductions (Commissioner Virginia Trotter Betts and Linda O'Neal)

- Linda O'Neal, Co-Chair, Tennessee Commission on Children and Youth (TCCY)
 - Directed participant's attention to the full agenda and stated several legislators were invited to attend and the agenda will be adjusted as needed.
 - Invited members to the Tennessee Arts Commission exhibit celebrating the recovery creative arts projects.

- Commissioner Virginia Trotter Betts, Co-Chair, Tennessee Department of Mental Health and Developmental Disabilities (TDMHDD)
 - Stated she would not be able to stay at the meeting for the entire day. Dr. Freida Outlaw will attend representing the department.
 - Announced Bruce Emery tendered his resignation this week. He will be going to the National Council to work on integrating substance abuse services. November 28th is his last day.
 - Rod Bragg, Director of Addiction Services, will be assuming the administrative responsibilities for the Division of Alcohol and Drug Abuse Services.
 - Explained despite the pending administration change, the department is still very busy.
 - Reminded participants the department was awarded the Early Connections Network SOC grant, Tennessee's first regional SOC and the first to focus solely on early childhood with a special focus on working with military families.
 - Informed participants the Taskforce on Veterans Health, previously chaired by the TDMHDD, was awarded federal funding for a policy academy on veterans' mental and behavioral health. Leading recommendation from the academy to develop a Governor's Council on Veterans, Service Members and Their Families housed in the Tennessee Department of Veteran's Affairs was implemented by Governor Bredesen.
 - Provided information on the budgeting process for FY2012. Governor Bredesen presented a two-year budget starting in FY 2011. Departments were asked for a one percent reduction. TDMHDD put forward cuts in state dollars for up to three percent.
 - Invited participants to a follow up healthcare reform symposium at Trevecca Nazarene University on December 14th. (*Subsequently canceled due to weather*)
 - Discussed department's plans for an internal work group on health reform and reminded participants of the following provisions relative to children:
 - Children can no longer be excluded because of pre-existing conditions;
 - Children can remain on their parent's insurance until age 26 if enrolled in an educational program.
 - Reminded participants about mental health parity and if there are issues to contact Office of Consumer Affairs.
 - Discussed the dramatic amount of work around the Medicaid expansion housed in the Bureau of TennCare. Starting in 2014, the state will be required to cover people with income levels up to 133 percent of poverty without categories. There is anticipation this will lead to more men and persons with mental illness enrolling and meeting these new income guidelines.

- Explained these issues are important and participants may wish to become involved in these efforts.
- Stated additional information will be provided as to the committees and offices participants can contact to become more involved. *[Refer to list in Attachment A to this Meeting Summary for more information.]*
- Provided additional statistics about people with Serious Persistent Mental Illness (SPMI) or addiction. These persons die on average 25 years earlier than average.
- O'Neal thanked Commissioner Betts for all of her work and support with children's mental health issues throughout her term as Commissioner.

Acceptance of Meeting Summary for June 24, 2010 CCMH Meeting (O'Neal)

- June 24, 2010 Meeting Summary Acceptance (**SWEENEY MOTION, WALLACE SECONDED, UNANIMOUS**)

TCCY Children and Youth Budget Recommendations (O'Neal)

- Stated department and agencies had to present one and two percent reductions.
- Explained statutory language asks the Commission to provide guidance and recommendations to the General Assembly, Governor and state departments. TCCY also provided this information to key legislators and the two candidates for Governor.
- Directed participants to a copy of the budget recommendations letter provided in the packet and a listing of departments receiving non-recurring funding this year.
- Stated TCCY will continue to be involved in advocacy around the budget. Letter focuses on maintaining the public-private partnerships and early childhood programs involved in children developing in a healthy manner, SOCs and work of the Centers of Excellence (COEs).
- Thanked Dustin Keller and Freida Outlaw for presenting to the Select Committee on Children and Youth (SCCY) in August 2010.

Feedback to the July 2010 Report (Keller and Outlaw)

- Outlaw introduced Keller stating he did most of the work on the presentation to SCCY.
- Keller explained how both worked on the PowerPoint and presentation saying they tagged team very well. He also thanked Cindy Perry and SCCY for asking us to present on the Council.
 - Recalled there were many questions about cost, controlling entity, and cost-effectiveness.
 - Thanked Sita Diehl for allowing him to present at the NAMI conference in Chattanooga.
 - Expressed excitement about engaging parents and family members in the process focusing on them as active participants, not involved just because of the requirement in the legislation.

- Keller asked for additional feedback from participants:
 - Sweeney commented the report highlights the work accomplished and how the collaboration is occurring. She also complimented those who helped compile the report.
 - Keller explained much of the work came from the work group chairs thanking them for their important contributions. He also explained the importance of looking at where we have been and where we are going. Technical Assistance (TA) consultants talk about the process, how this is a process and there is not an end to the process nor would we want it to end.
 - Keller reminded participants about Council's work around the Child and Adolescent Strengths and Needs (CANS) assessment. CANS has spread and is being used by several departments.
 - Sarah Smith commented CANS is being used by school counselors and funding is available for a staff person from Vanderbilt to train school counselors.
 - Keller shared in regards to the slow progression and acceptance of ideas. Building a SOC is already happening in Tennessee. CCMH should not focus on a certain date SOC will start statewide but continue to see how the state can coordinate efforts and slowly build this structure.
 - Outlaw shared another exciting advantage to CCMH in a cross parallel process to writing cooperative agreements or federal SOC grants. The state is in a much better position to get these grants as we continue to move forward with the work of the Council. This provides a great opportunity to integrate what could be seen as a parallel process.
 - Perry suggested one-page bullet point reports should be created from the report to serve as tools and provide opportunity for follow up communications with legislators on various issues such as Evidence-Based Practice.

Discussion on Recent Select Committee on Children and Youth (SCCY) Meeting in Knoxville (Mark Wolf, K-Town Youth Empowerment Network Project Director, and Cindy Perry, SCCY Executive Director)

- Perry thanked Keller, Outlaw, and O'Neal for their work.
- Perry remarked about the large number (12 or 13) legislators who heard the entire presentation in August stating based on legislator's comments, they understand and are retaining this information.
 - Stated K-Town including Wolf presented at the most recent SCCY meeting in Knoxville.
- Wolf stated it was a great opportunity to speak to legislators on SCCY stating he believed the presentation was well received. Several Transition Support Providers were able to talk about their barriers to service and how they are now helping new families through the process.

- Perry stated legislators are starting to question how the state can finance SOC. Several legislators also requested additional presentations.

Georgetown Training Institutes Update (Attendees)

- Keller stated institutes provided participants with updated information on SOC core values and philosophy. He noted the key changes involved Family-Driven, Youth-Guided and added linguistic to cultural competency. He also stated the institutes provided excellent networking opportunities.
- E. Ann Ingram reminded participants PowerPoint slides from the institutes are available on their website at <http://gucchd.georgetown.edu/training/113587.html>.
- Keller announced Mule Town received two awards at the institutes: Gold for the youth video and Honorable mention for their Maury 101 monthly sessions.
- Michelle Covington stated she was pleased to be able to go and encouraged participants to review presentations online.
- Heather Wallace realized how much bigger SOC is than just in your community. The collaboration, communication and sharing of resources is a powerful thing to experience.
- James Martin described the experience of watching the youth from Mule Town Family Network (MTFN) who were able to attend the institutes. The youth went back to MTFN, shared “we really do have a voice,” and encouraged other youth to participate in the future.

TAMHO Technical Assistance Meeting from Indiana (Michelle Covington)

- *Refer to PowerPoint “CANS Overview: Part IV CANS in Indiana” provided at meeting and by email after meeting.*
- O’Neal reported the original TA meeting was very informative and relevant to all members of the Council around how the CANS is being used in Indiana.
- O’Neal reminded participants of TCCY’s responsibility to provide a financial resource map of all public funding spent on children in Tennessee. In the 2010 Resource Mapping Report, data analysis shows excluding funding for the Basic Education Program (BEP), two of every three dollars spent on children is federal funding. When considering much of the state funding is used to leverage, match, or secure federal funding, four of every five dollars spent on children is federal funding or required maintenance of effort or match funding from the state. She stated the current budget reductions are based on state funding; however, this state funding has a related effect on the amount of federal funding received by the state, making any additional cuts much more painful. For example, state funding for substance abuse services is used to meet the maintenance of effort for the substance abuse federal block grant. Pre-K state funding constitutes maintenance of effort for federal funding received through the Department of Human Services (DHS). O’Neal urged participants to be very vigilant as the administration and legislature changes to assist them in understanding the need for essential services for children, our

current public-private partnership infrastructure and the overall impact of reducing state funding.

Mule Town Proposed Financial Infrastructure Model for Sustainability (E. Ann Ingram, Shawn Brooks and Outlaw)

- *Refer to PP “Systems of Care Work for Maury County” PowerPoint provided at meeting and by email after meeting.*
- Outlaw stated a small work group had a very successful meeting with Commissioner Miller of the Department of Children Services (DCS). At the meeting, Commissioner Miller stated MTFN should look to the Regional level to explore funding and partnership opportunities.
- Based on a comment from Brooks about the referring entity providing financial assistance, Perry asked about the presenters’ confidence concerning each department’s willingness to fund their referrals.
- Brooks stated the team is confident in their outcomes and cost efficiency so the referring department would not spend additional dollars. Brooks also asked participants for additional recommendations.
- Ingram reminded group if additional funding is not secured, MTFN would end services in 9 months. She expressed her desire for departments to be able to pool their funding to allow MTFN to continue serving clients.
- Outlaw described the process MTFN is using to sustain service in South Central Tennessee. She explained the committee will determine overall cost of services, which aspects of MTFN need to be sustained and the probable partners to provide funding.
- Ingram stated MTFN is exploring other states’ use of an expanded waiver to use Medicaid funding allowing the use of less state dollars and additional federal dollars.

Recent Grant Awards to Tennessee (Mary Rolando and Outlaw)

- Rolando reported the Governor’s Office of Children’s Care Coordination (GOCCC) received three grants from the U.S. Department of Health and Human Services:
 1. Pregnancy Assistance Fund – Support for pregnant and parenting teens and women, \$1.4 million a year for four years to address infant mortality in Shelby County where concrete resources are critical.
 2. Personal Responsibility Education Program (PREP) – Roughly \$1 million over five years to focus on evidence-based pregnancy prevention for high-risk youth, specifically targeting youth in foster care.
 3. Early Childhood Advisory Council (ECAC) – Coordinating bodies funded through the Administration for Children and Families for \$2.4 million over three years to align early childhood systems to make the flow of services seamless for birth-8. The six goals of the ECAC are:

1. Align a statewide comprehensive early childhood SOC and education for children birth to five promoting school readiness.
 2. Conduct a statewide needs assessment to identify the quality and accessibility of early childhood education, development of programs and services for children, birth to school entry. This aspect will be contracted to an outside vendor.
 3. Create a coherent system of aligned Early Learning and Program Quality Standards and Assessments.
 4. Develop a statewide, well-qualified early childhood work force. Tennessee Early Childhood Training Alliance (TECTA) will provide scholarships for providers to get additional training to meet those standards.
 5. Assist in the development and coordination of a uniform statewide Longitudinal Data System (LDS).
 6. Improve women's preconception, pre and post natal health including mental health, to assure a healthy beginning for all Tennessee children and build on this initiative by continuously addressing children's health and safety issues affecting learning and cognitive development up to school entry.
- Outlaw described the Early Connections Network (ECN) grant TDMHDD received from Substance Abuse and Mental Health Services Administration (SAMHSA.)
 - *Refer to Abstract of Early Connections Network (ECN) handed out at meeting and by email after meeting.*
 - ECN is a six year, \$9 Million, regional early childhood SOC initiative in Cheatham, Dickson, Montgomery, Robertson and Sumner counties. First year will be a planning year.
 - Outlaw shared updates about the other System of Care Initiatives in the state.
 - MTFN is currently working on sustainability;
 - JustCare Family Network recently had a great site visit (reason for our meeting cancelation in August);
 - K-Town Youth Empowerment Network has reached all benchmarks thus far and did a great job at the SCCY meeting.

Overview of Research on Home-Based Services (Rolando)

- *Refer to the Report on the "Analysis of Intensive Home Based Services for Children, Youth and their Families" PowerPoint provided at meeting and by email after meeting.*
- Deb Gatlin asked a question concerning discharges and if these youth needed state custody and/or residential treatment. Rolando stated she did not have this information.
- Ingram asked whether wraparound and intensive home based services were considered duplicate services. Rolando stated she would work with Ingram to ascertain that information.

CCMH Bylaws Discussion (O'Neal and Keller)

- O'Neal briefed participants on the statutory structure for Council membership and the openness of the co-chair to expand upon the membership in the spirit of SOC Values and Principles.
- Keller stated several members discussed the possibility of needing a structure via bylaws to sustain the Council's open members through the administration change and provide a framework to discern when the Council has made decisions.
- Rolando related the biggest challenge has been an issue of consensus. She stated if the group does not develop a consensus, then the work cannot move forward.
- Keller recalled how a session at the institutes referred to Malcolm Gladwell's book *The Tipping Point* about how groups know when they are ready to move forward.
- Outlaw related to Rolando's point stating after having lived in a Quaker community for 20 years, consensus does not mean agreement, but means you can live with it. A group must discuss an issue and work it out. By allowing discussion time, those who are not in full agreement feel valued and heard and are willing to be a part of the consensus for the betterment of the work.
- Kathryn Bowen stated the group needs to make decisions and there needs to be clarity about decisions.
- Several participants discussed the importance of having as close to 100 percent agreement as possible. If several key members disagree or are not willing to provide resources, financial or otherwise, then the project could fail.
- Vickie Harden questioned the role of the Steering Committee comprised of all major stakeholders stating this group could vote on issues and then relay these to the large group.
- Several participants were concerned about this approach as the initial development of the Steering Committee excluded the possibility of this group making important binding decisions for the entire CCMH.
- Keller proposed an approval structure for the group where a final vote and the initial proposal would never occur at the same meeting. By allowing an initial proposal at one meeting and the vote at a later meeting, members would have additional time to seek input from others.
- Several members agreed a structure would need to ensure the opening and inclusiveness of the larger group and allow members to consult with others not present at CCMH meetings.
- Participants also stated the content of the proposal or the matter at hand changes the ability of some members to vote. For example, recommending departments and agencies consider adoption of the CANS is one issue and most members can support making a recommendation. However, some members do not have the authority to require departments to allocate resources for an initiative.

- O’Neal reminded participants CCMH is a not a body making binding decisions, CCMH is a recommending body. The group does need to come to a consensus around how we make these recommendations. She stated discussion is good and valuable. She proposed several members of the group could draft sample bylaws for discussion at the December meeting in addition to the Steering Committee meeting in November. She also recommended a “Decision Document” be created so the group will know what has been agreed upon to recommend, like the CANS. The suggestions around making decisions a multiple meeting process and using survey monkey or other tools for input from those not here are good suggestions.

Discussion Plans for Future Meetings (O’Neal)

- Topics for future meetings:
 - Overview of Early Childhood Advisory Committee;
 - Opportunities for the new Commissioners to share their plans;
 - Youth Presentation about their Evaluation Project;
 - Additional suggestions for topics should be shared with Keller, Outlaw, Commissioner Betts, or O’Neal;
 - O’Neal stated we value your input and guidance as we move forward in building a SOC in Tennessee and we will have a draft meeting schedule for 2011 at the December meeting.

Next Meeting:

February 17, 2011

(Other previously scheduled meeting dates were canceled because of inclement weather)

ATTACHMENT A

State Departments and Contact People Involved in Federal Health Reform Initiatives

(Last Updated November 1, 2011)

Department of Commerce and Insurance

DCI has two federal grants related to health reform—one to enhance rate review processes and one to develop a consumer information/ombudsman program. Our contact there has been Shawn Hawk, policy director. Mary Moody, deputy commissioner, has ultimate responsibility for these two grants.

Department of Finance and Administration, Office of Benefits Administration

Benefits Administration deputy director Brian Haile is the point person for state planning concerning the Health Exchanges. He has responsibility for a federal Health Exchange planning grant and he will be soliciting input from various affected departments around this issue.

Department of Finance and Administration, Office of eHealth Initiatives

This office has responsibility for developing a statewide e-health exchange system, one of the major goals of health reform. To that end, this office was awarded a federal grant to develop and implement the plan. Will Rice is the executive director of this office, and several staff from TDMHDD serve on “internal health council” groups that the office coordinates.

Department of Finance and Administration, Bureau of TennCare

TennCare has a major role in health reform. This is not only because there will be a major enrollment expansion in 2014, but also beginning in 2011, TennCare providers who demonstrate “meaningful use” of e-health technology will be eligible for incentive payments that the Bureau will administer. The point person for this is Brent Antony, TennCare chief information officer.