



STATE OF TENNESSEE  
**COUNCIL ON CHILDREN'S MENTAL HEALTH**

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Council on Children's Mental Health  
June 27, 2013  
10 a.m. – 3 p.m.  
TennCare Building – 4<sup>th</sup> Floor Training Room

**MEETING SUMMARY**

***Attendee List:***

Alicia Banks	Vickie Harden	Steve Petty
Louise Barnes	E. Ann Ingram	Vicki Pillow
Carol Beltz	Janet Jenkins	Laurie Powell
Bonnie Beneke	Angie McKinney Jones	Dawn Puster
Charlotte Bryson	Belinda Jones	Andrea Reed
Dana Casey	Mary Katsikus	Mary Rolando
Edwina Chappell	Dustin Keller	Mary Linden Salter
Tasha Chusac	Richard Kennedy	Tawny Spinelli
Janet Coscarelli	Angela Kranhold	Sukey Steckel
Michelle Covington	Kristy Leach	Andrea Thaler
Janice Davidson	Candace Largo	Doug Varney
Bill Dobbins	James Martin	Heather Wallace
Karen Edwards	Marlin Medlin	William Weathers
Deborah Gatlin	Michael Myszka	Sej West
Rebecca Gatlin	Nneka Norman-Gordon	Alysia Williams
Kathy Gracey	Linda O'Neal	

**Welcome and Introductions (Linda O'Neal)**

- O'Neal thanked all in attendance today and called attention to two handouts provided, the *2012 KIDS COUNT: The State of the Child in Tennessee* and the *2013 KIDS COUNT DATA BOOK*. In the 2013 KIDS COUNT profile, Tennessee ranked 39<sup>th</sup> in the sixteen indicators grouped into four domains of Economic Well-Being, Education, Health, and Family and Community. Tennessee's best ranking was 33<sup>rd</sup> in the Health domain. Tennessee's worst ranking was 42<sup>nd</sup> in the Education domain. KIDS COUNT has county

level data on all indicators. Historically, the southern and southwestern states have a higher percentage of children living below or near the poverty level.

- O’Neal also referenced the state KIDS COUNT report narrative on toxic stress. The report draws on research and data from a number of sources and makes some overarching recommendations of how to improve the foundations of the child-serving system in Tennessee.
  
- O’Neal asked attendees if there were other announcements:
  - Alysia Williams announced the TAMHO Symposium, “Responding to the Behavioral Health Needs of Children and Families,” to be held August 28<sup>th</sup> at the Hotel Preston in Nashville. TDMHSAS will share information about the Behavioral Health Best Practice Guidelines for Children and Adolescents. Presentations will also include “Trauma-Informed Learning Collaborative,” “Child and Adolescent Evidence-Based Practices,” and “Human Trafficking in Tennessee.”
  - The “Statewide System of Care Conference” will be held July 25<sup>th</sup>. Details about this conference will be sent to members.
  - Charlotte Bryson gave a reminder about the premiere of the “Here Our Voices” film on August 29<sup>th</sup> at the Belcourt Theatre in Nashville (showing at 7:00 pm). CCMH participants saw a six minute trailer of the film during lunch. The film follows nine children and their families involved in the mental health system.
  - Tawny Spinelli announced the availability of a pilot study survey instrument to allow the Children’s Cabinet to compile client/consumer/family perceptions of state-run and/or state-funded services (also, federal programs administered by the state.) The survey will be available from July 1<sup>st</sup> – July 14<sup>th</sup>.

#### **Acceptance of Meeting Summaries (O’Neal)**

- February 28, 2013 Meeting Summary Acceptance (**WALLACE MOTION, REED SECOND, PASSED UNANIMOUS**)
- April 25, 2013 Meeting Summary Acceptance (**ROLANDO MOTION, REED SECOND, PASSED UNANIMOUS**)

#### **CCMH Workgroup Updates (Dustin Keller and Co-Chairs)**

- Keller thanked the Steering Committee for meeting in May to review the initial draft recommendations to the 2013 Report to the Legislature. In addition, the following workgroups reported:
  - MIS/Accountability – Dr. Heather Wallace  
The group’s focus is on Recommendation #7, to expand the use of the CANS service planning tool to become universally recognized as a service planning and communimetric tool among child-serving agencies. A sub workgroup was formed

and about thirty participants were in attendance. The committee will continue to meet to expand the use of CANS. The action plan will be to identify the ideal players who could help, and compile a list of targeted individuals.

- Outreach and Awareness – Michelle Covington

The group has five to six more slides to go in completing a draft presentation of an “Overview of Systems of Care” or “SOC 101.” The workgroup hopes to have the product by the August meeting.

### **Draft July 2013 Report to the Legislature Discussion and Approval (Keller)**

- Keller began with the Overview restating the System of Care (SOC) values and guiding principles. Discussion followed regarding the Recommendations. Based on feedback at the April meeting, the revised recommendations are as follows:
  1. Provide opportunities for children and their families to receive the supportive services they need to develop good mental health. This is the prevention/early intervention recommendation suggested in April;
  2. Support advances in infant and early childhood mental health. The earlier a child is able to receive healthy nurturing and supports, the more benefit can be gained and the more cost effective the services and supports;
  3. Continue collaboration with TennCare, the MCOs, providers and other partners to infuse SOC values and principles into the current service system provided by TennCare funding. The Council recommends implementing SOC philosophy statewide under TennCare’s centralized funding structure;
  4. Educate and train the service workforce in SOC philosophy. The Higher Education Commission would be a crucial partner in this effort;
  5. Continue CCMH in the Sunset Review Process. Revise current reporting and planning structure and require biannual reports starting in July 2015. Current law requires a plan for statewide expansion of SOC by July 1, 2013. The Council will be asked to provide information to the legislature in the fall about the sunset process. The CCMH would reserve the right to submit interim reports if necessary;
  6. Provide funding for a System of Care Technical Assistance Center to support statewide implementation of SOC approaches; and
  7. Expand the use of CANS. CANS is already used by several state agencies and there should be a universal service planning tool that everyone understands.
- SOC Community Readiness was examined by use of a Survey to CCMH participants. Over 95% said they would like to have more information. Over 90% believed their agency has been at least somewhat successful in integration of SOC.
- The plan called for a detailed listing of providers and services offered across the state, which is virtually impossible to do. However, there are service listings available online. The Governor’s Children’s Cabinet is also working on a comprehensive online service resource ([www.kidcentraltn.com](http://www.kidcentraltn.com)).

- As reflected in the Financial Resource Map for FY2012, TennCare remains the largest source of mental health and substance abuse funding for children. Almost half the children and youth in Tennessee are enrolled in TennCare. Behavioral health represents less than five percent of total expenditures for children.
- Participants were asked to approve the report as written to be submitted to Legislature by July 1, 2013. **REPORT WAS UNANIMOUSLY APPROVED.**

#### **TDMHSAS Update (Commissioner E. Douglas Varney)**

- Commissioner Varney thanked everyone in attendance and said he was sorry Commissioner Jim Henry could not be here this morning due to a scheduling conflict.
- TDMHSAS is pleased with the response to the Best Practice Guidelines for Children and Youth, particularly the new piece on Trauma-Informed Care.
- The Meth problem is still substantial in Tennessee, with high costs for TennCare and the Department of Correction.
- TDMHSAS staff is focusing on some self-help initiatives, such as the Oxford Houses, as well as faith-based community supports.
- The Governor's Children's Cabinet will soon launch [www.kidcentraltn.com](http://www.kidcentraltn.com), a one-stop guide to resources for parents. The Governor and First Lady continue to be engaged in the Cabinet meetings.
- There are seven new recovery drug courts. TDMHSAS, in collaboration with the Department of Correction, will be starting a new program in Morgan County with one hundred beds to be used for drug treatment. Inmates could remain in the program for up to nine months. The last two phases of the program are done in the inmates' home counties. The Morgan County Residential Recovery Court will have an Open House on July 30<sup>th</sup> at the Correctional Complex in Wartburg.
- Commissioner Varney commended the community anti-drug coalitions. They continue to strengthen and spread across the state and the members are fully engaged. The real solutions will come from these efforts. He hopes treatment for addictions will take some different approaches other than punitive measures.

#### **Children and Youth Best Practices Guidelines (Dr. Edwina Chappell)**

- Dr. Chappell stated the goals of this presentation are to express the need for best practice guidelines, their development, provide an overview of the document's content, and to emphasize the benefits of their use.
- Some behavioral health statistics for youth include:
  - 1 in 5 have a behavioral health disorder;
  - 1 in 5 diagnosed with a behavioral health disorder receive services provided by properly trained mental health professionals;
  - Most are undiagnosed; and,
  - Many who are diagnosed never receive services.

- There is a shortage of child and adolescent psychiatrists, as well as a shortage of psychiatric physicians. The majority of psychotropic medications are prescribed by primary care physicians.
- The average visit with a primary care provider is 11 to 15 minutes. The average time to appointment with a specialist is 3 to 4 months. 6 in 10 referred patients do not keep their appointments.
- Some workforce statistics for Tennessee are:
  - Over half the psychiatric physicians in outpatient settings are located in the four largest counties;
  - Many do not accept TennCare or the uninsured; and,
  - Only 6% have a specialty in child and adolescent psychiatry.
- Expanded Sections include:
  - Evidence-Based;
  - Disturbances/Disorders of Attachment in Children and Adolescents;
  - Cultural Competence; and,
  - TDMHSAS Programs Serving Youth and/or Their Families.
- New Sections include:
  - Infant and Early Childhood Mental Health;
  - Trauma-Informed Care;
  - Co-occurring Disorders: An Integrated Approach;
  - Children with Sexual Behavioral Problems;
  - Children and Adolescents Who Identify as Lesbian, Gay, Bisexual, Transsexual, Transgender and Gender Nonconforming, or Questioning;
  - Children and Adolescents with Mental Health and Physical Health Disorders;
  - Children and Adolescents in Child Welfare; and,
  - Medication Safety.

### **SOC Grant Initiatives Update (Sukey Steckel & Project Directors)**

- Steckel reported [www.kidcentraltn.com](http://www.kidcentraltn.com) is a new initiative of the Governor's Children's Cabinet funded by the ECAC federal grant. With the theme of "Building Blocks for Building Futures," the components of the content are Health, Education, Support and Development. kidcentraltn.com is a one-stop resource for families to raise healthy and happy children. The online component provides vendor profiles and is scheduled to launch soon. The directory contains state-funded programs only and the agency must be enrolled and provide up-to-date information.
- There will be more information about kidcentraltn at the 2013 Early Childhood Summit in Nashville at the new Music City Center and also at the Statewide System of Care Conference on July 25<sup>th</sup>. The theme of the 2013 Early Childhood Summit is "School Readiness – Its' Everybody's Business, Connecting Family, Community and School."

- **K-Town Youth Empowerment Network (Belinda Jones)**
  - There are currently 56 youth enrolled. Since October 2010, 143 youth have been served. Enrollment has increased 40% from the first year of enrollment.
  - Approximately 70% of youth served are male; the average age is 16.8 years.
  - 22 youth obtained summer jobs.
  - There is a new program for Family Advocacy Specialists consisting of 160 hours of training. Eight will have the opportunity to obtain state certification.
- **JustCare Family Network (Steckel)**
  - There are 192 served to date.
  - Wraparound training will be conducted in August.
- **Early Connections Network (Dr. Bill Weathers)**
  - Enrollment began in September 2012. To date, 52 families have been enrolled.
  - A Training/Raising Awareness Conference was held in November featuring Jack Hartman.
  - A Coordinating Council has been recruited. Two of the members are from Fort Campbell.
  - Dr. Weathers now has office space for training and conducting meetings.

#### **SOC Primer Hands On Training (Steckel, Keller and Jones)**

- Steckel, Keller, and Jones attended a two-day training event in Washington, D.C., on Building Systems of Care. The Primer was authored by Sheila Pires who is affiliated with the National Technical Assistance Center for Children's Mental Health. There are two Primers now; the first is online and can be downloaded by Control-Clicking on <http://gucchd.georgetown.edu/72382.html>.

#### **Discussion Plans for Future Meetings / Announcements (O'Neal Facilitating)**

- The following were suggested as topics for presentations or updates at future CCMH meetings:
  - Workgroup Reports;
  - Commissioner Jim Henry;
  - Prevention and Triple P with the Prevention Policy Academy; and,
  - Feedback on Report to Legislature and Information about the Sunset Process (for October 24 meeting)

There being no further business, the meeting adjourned.