

becoming an



Outdoors- Woman



*Tennessee Wildlife
Resources Agency*

**June 3-5, 2016
Clyde M. York 4-H Center
Crossville, Tennessee**

Sponsored by the Tennessee Wildlife Resources Agency

Becoming an Outdoors-Woman 2016

Becoming an Outdoors-Woman is a workshop primarily aimed at women, but is an opportunity for anyone 18 years or older to learn outdoor skills usually associated with hunting and fishing, but useful for many outdoor pursuits.

This workshop is for you, if...

- *you have never tried these activities, but have hoped for an opportunity to learn.*
- *you are a beginner who hopes to improve your skills.*
- *you know how to do some of these activities, but would like to try your hand at some new ones.*
- *you are just looking for the camaraderie of like-minded individuals.*

"Becoming an Outdoors-Woman" and the logo are copyrighted and protected by UWSF, and cannot be used without permission.

WORKSHOP SCHEDULE

FRIDAY, JUNE 3

- 1-2 p.m. **Check In and Registration**
2-2:30 p.m. **Welcome and Overview**
 Donald Hosse, Program Coordinator
2:30-6 p.m. **SESSION I**

A. Introduction To Firearms And Firearms Safety

This course will cover the basic types of firearms, firearms safety, and the basics of selecting and purchasing firearms. Participants will then spend time shooting handguns and rifles at the range. Proper cleaning and storage of firearms will also be discussed.

B. Successful Fishing Skills

Instructors will offer hands-on instruction from choosing equipment to landing the fish. Fish filleting techniques will also be taught. Equipment for the session will be available, but participants are encouraged to bring their own.

C. Basic Archery

Participants will learn the proper methods of fitting, selecting, and using archery equipment for both field/target archery and bowhunting. An outdoor range and a possible interactive range will be set up for students to practice their shooting skills and techniques.

D. Wild Edible Foray

You won't rival the wild edible skills of Euell Gibbons after this workshop but you will be able to quench your thirst without liquids and consume hemlock without dying. Join Pandey English, TWRA biologist and professional naturalist for over 20 years, for a wild edibles foray through the fields of the Cumberland Plateau.

E. Boating Safety Education

Students will receive information on knowing your boat, getting underway, operating safely, legal requirements, boating emergencies and enjoying water sports. After the course is taught, an exam will be offered. Upon passing the exam, students will receive certification that they have complied with the state boater education law. Students must purchase a **Type 600 Boating Safety Exam Permit** from a license agent or online prior to the course and present the receipt before the exam is given.

F. All-terrain Vehicle Operation

Learn the proper and safe way to ride all-terrain vehicles (ATVs) with as little environmental impact as possible. Instructors will help you navigate through an off-road course that simulates likely outdoor terrain.

G. Discover Scuba

Grab your towel and bathing suit and head for the pool for an introduction to the amazing world of scuba diving. Although this course will not certify you to dive, it will give you a hands-on introduction to the underwater world. *Note: If you are selected for this class, you will be mailed a health form that must be filled out before you can participate.*

H. Beginning Fly-tying

Use mother nature as a field guide to the art of fly-tying. Gain knowledge needed to correctly pick flies for a variety of fishing situations. Participants will also receive basic hands-on instructions for fly-tying.

I. Introduction To Stand Up Paddleboards

Spend the afternoon on the lake experiencing one of the fastest growing watersports. Participants will have the opportunity to try out a variety of stand up paddleboards and participation is going to be very limited.

- 6:45 p.m. Dinner
7:30-8:45 p.m. Announcements/Get Acquainted/
 Special Program
9 p.m. Free Time - Take a stroll, socialize,
 read a book or just relax

SATURDAY MORNING, JUNE 4

- 7:30 a.m. **Breakfast**
8:15-11:30 a.m. **SESSION II**

J. Introduction To Firearms And Firearms Safety (Repeat of Class A)

K. Introduction To Deer Hunting

This course will greatly increase your chances of viewing or bagging Tennessee's most sought-after big game animal. Some of the topics covered will be equipment and techniques for stand and still hunting, and overcoming the problems associated with getting closer to deer. Information presented in the course will make your deer hunting or deer viewing experiences more enjoyable, more productive and more informative.

SATURDAY AFTERNOON, JUNE 4

1:30 - 5 p.m. SESSION III

R. Survival Skills

Participants will learn a variety of skills to prepare for the outdoors. There will be lessons on knots and lashings and how to apply them, fire building and its uses, simple first aid, food and water sources, and packing some essentials for the outdoors.

S. Dutch Oven Cooking

(Repeat of Class L)

T. Basic Canoeing

(Repeat of Class N)

U. Beginning Flyfishing

Learn the basics of casting and fly presentation, types of flies, selection of equipment, and basic knowledge and understanding of flyfishing. Participants are encouraged to bring their own equipment, but equipment will be provided.

V. Basic Archery

(Repeat of Class C)

W. Backyard Habitat

(Repeat of Class Q)

X. Basic Shotgun

Participants will have an opportunity to practice shotgun techniques, with an emphasis on hunting and shooting sports.

Y. Discover Scuba

(Repeat of Class G)

6-6:30 p.m. Social Time

6:45 p.m. Dinner

7:30-9 p.m. Special Program

L. Dutch Oven Cooking

Learn the basics of primitive campfire cooking from a professional outfitter cook. From the proper techniques for campfire construction to the simple ingredients needed, students will gain new ideas for backcountry cooking. The participants will take an active part in preparing and tasting these delicious dishes.

M. Basic Trapping

Through this trapping course, you can learn more about the tradition and adventure of trapping, increase your environmental awareness, gain new outdoor skills, and maybe even make some money. You will learn acceptable trapping methods, responsibilities and ethics. We will learn about and set different types of traps. You will leave this class with basic trapping and fur handling instruction.

N. Basic Canoeing

Students will learn the different types of paddles and canoes and how to use them. The class will include instruction in safety techniques important to canoeing. Participants will dip their paddles in the water of the lake at the 4-H Center for actual on-water experiences.

O. Map And Compass

Participants will learn how to navigate the woods using a map and compass. Besides its usefulness for hunting and other outdoor activities, this skill is becoming a popular recreational activity in its own right. This course will also incorporate the use of GPS units.

P. All-terrain Vehicle Operation

(Repeat of Class F)

Q. Backyard Habitat

If your favorite backyard critters include birds, bats, or butterflies, this is the class for you. Learn the common species of birds and butterflies that inhabit your backyard, and the plants and flowers that attract them. Participants will have the opportunity to construct their own bluebird box. Learn what types of seed attract certain bird species and how to make your own suet. The ecological importance of bats to our environment will also be covered.

12 p.m. Lunch

SUNDAY, JUNE 5

(TBA) **Morning Birdwalk (open to everyone)**
7:30 a.m. **Breakfast**
8:30-12 p.m. **SESSION IV**

Z. Introduction To Muzzleloading

Participants will learn how to load and shoot a muzzle-loader. Types of powder and projectiles used will be discussed and an opportunity to put these new skills to use on the firing range will be offered as you learn to use these fascinating firearms.

AA. Introduction To Turkey Hunting

This class will cover wild turkey biology, habits, and food sources. Participants will have the opportunity to learn and practice calling techniques, as well as learning about equipment, camouflage, and clothing to improve their chances of seeing one of these magnificent birds.

BB. Advanced Fishing Techniques

Selecting, matching and using fishing tackle. Locating fish, fishing from the shore and in a boat. Fishing ethics and your personal commitment. Fishing safety and caring for your catch.

CC. Beginning Flyfishing

(Repeat of Class U)

DD. Reading The Woods

On a guided nature trail, participants will use all their five senses to explore and learn more about the natural world. Plants will be investigated and animals and their homes will be found. These clues and more will reveal what's happening in the woods.

EE. Introduction to Waterfowl Hunting

This "how to" course will show you the basics of duck and goose hunting. A variety of topics will be covered including calling, decoy placement, gun safety and much more. Bring your own calls for one-on-one coaching.

FF. Stream Ecology

Students will learn about water quality and its importance by collecting fish, salamanders, aquatic insects, and plant material on a nearby stream. Physical and chemical parameters of the stream, lake, and surrounding area will be measured. Please be prepared to get your feet wet.

GG. Nature Photography Basics

This class emphasizes photo composition, including techniques useful for both film and digital cameras. The class also discusses photography gear. We will follow up the classroom session with an outdoor photo session. Please bring your cameras, manuals and other photo gear.

SOME TENNESSEE WORKSHOP SPONSORS

Tennessee Wildlife Resources Agency
Cumberland Transit
Federal Cartridge Company
Tennessee Scenic Rivers Association
National Rifle Association
Rocky Mountain Elk Foundation
Trout Unlimited
Shakespeare
Bass Pro Shops
Purity Dairies
Tennessee Wildlife Resources Foundation

NATIONAL SPONSORS

Bass Pro Shops
Browning
Cabelas
Ducks Unlimited
Federal Cartridge Company
Leupold
Lodge Manufacturing
National Shooting Sports Foundation
National Rifle Association
Pheasants Forever
Pope & Young Club
Rocky Mountain Elk Foundation
SCI Foundation
University of Wisconsin-Stevens Point College
of Natural Resources



REGISTRATION

Becoming an Outdoors-Woman – June 3-5, 2016

WR-1111 (Rev. 3/16)
Information &
Education Division

Only one person may register per form. Please photocopy for additional registrations. If you cannot attend but would like to be placed on the BOW mailing list, please fill out and mail in the form below.

Name _____ Email _____

Address _____ City _____

State _____ ZIP _____ Phone () _____ () _____
Day Evening

The applicant, by signing below, recognizes that the program involves some risk and that she/he takes responsibility for any action or injury that may result by participating.

Signature _____

Concurrent Sessions: Please indicate your first (1), second (2), and third (3) choice in each of the four sessions.

Session I

- ___ A. Intro To Firearms/Safety
- ___ B. Successful Fishing Skills
- ___ C. Basic Archery
- ___ D. Wild Edible Foray
- ___ E. Boating Safety Education
- ___ F. ATV Operation
- ___ G. Discover Scuba
- ___ H. Beginning Fly-tying
- ___ I. Intro To Paddleboards

Session II

- ___ J. Intro To Firearms/Safety
- ___ K. Intro To Deer Hunting
- ___ L. Dutch Oven Cooking
- ___ M. Basic Trapping
- ___ N. Basic Canoeing
- ___ O. Map And Compass
- ___ P. ATV Operation
- ___ Q. Backyard Habitat

Session III

- ___ R. Survival Skills
- ___ S. Dutch Oven Cooking
- ___ T. Basic Canoeing
- ___ U. Beginning Flyfishing
- ___ V. Basic Archery
- ___ W. Backyard Habitat
- ___ X. Basic Shotgun
- ___ Y. Discover Scuba

Session IV

- ___ Z. Intro To Muzzleloading
- ___ AA. Intro To Turkey Hunting
- ___ BB. Advanced Fishing
- ___ CC. Beginning Flyfishing
- ___ DD. Reading The Woods
- ___ EE. Intro To Waterfowl Hunting
- ___ FF. Stream Ecology
- ___ GG. Nature Photography Basics

Workshop Fee: \$200 – Includes lodging, meals, t-shirt, and a 2016-17 Tennessee Hunting and Fishing License (see reverse side).

Please circle your t-shirt size:
S M L XL XXL

\$_____ Total enclosed

Make checks payable to: Becoming an Outdoors-Woman/TWRA

- Registration is taken on a first-come, first-served basis.
- Upon receipt of your registration and payment, you will be sent a confirmation with a map to the Clyde York 4-H Center and a list of appropriate clothing. Demonstration equipment will be provided by the instructors.
- The 200-acre Clyde York 4-H Center at Crossville includes a basic barracks-style facility with shared baths.
- Cancellation deadline is June 1. Cancellations before June 1 will receive a refund, less \$30 for processing. Registrants who do not attend and do not cancel by June 1 will be assessed the full program fee.
- If any special needs are required (dietary, accommodations), please give two weeks notice. *Special needs:* _____

CREDIT CARD INFORMATION

To charge your purchase to VISA, MasterCard or Discover card you must complete the information below.

___ VISA Expires (mm/yyyy)
___ Mastercard
___ Discover

Cardholder's Signature Required

Credit Card Account #

Send enrollment form and fee to:

Becoming an Outdoors-Woman Workshop
c/o Tennessee Wildlife Resources Agency
P. O. Box 40747
Nashville, TN 37204
ATTN: Donald Hosse

ENROLLMENT LIMIT 100.

REGISTER NOW!

WORKSHOP SPACE IS LIMITED!

