



**STANDING STONE STATE PARK – LIVINGSTON, TENNESSEE**  
**NOVEMBER 21, 2009 11:00 AM (ST)**

**PART OF THE 31<sup>TH</sup> ANNUAL TENNESSEE STATE PARKS RUNNING TOUR.**

**Directions:** From Nashville, take I-40 East to the third Cookeville exit (288). Take Hwy 111 N to Livingston. Turn left on Hwy 52 to Hilham, then right on Hwy 136, which is the main park road. At the Ranger's house, turn right to Overton lodge by Standing Stone Lake.

**SUPER FAST COURSE THROUGH THE SECLUDED WOODS OF STANDING STONE FOREST.  
FANTASTIC SCENERY AS YOU RUN BY THE LAKE AND STREAMS.  
VERY PEACEFULL.....UNLESS!!!! BIGFOOT SHOWS UP!!! YOU BETTER SCRAMBLE!!!  
AFTER ALL...HE HAS BEEN SEEN HERE SEVERAL TIMES!!!**

**POST RACE PASTA PARTY**  
**5 YEAR AGE GROUPS.**

**Registration:**

Pre-Registered \$18 with T-Shirt. Pre-Registered \$5 No shirt.

Pre-Registration must be received no later than November 14, 2009.

**Race Day** \$12 No shirt. Only Pre-Registered runners will receive a T-Shirt.

**Mail Entries To:** Frostbite Running Club, 811 Peach Drive, Livingston, TN 38570

**Race Director:**

Lynn Burnett, 931/823-6124 931/397-5680 Email: live2run@rocketmail.com

[Link to Registration Forms](#)

[Link to Interactive Map](#)

<http://www.runningahead.com/maps/801f92086de842568b2f7e517fdee294>