



Great Smoky Mountains  
National Park



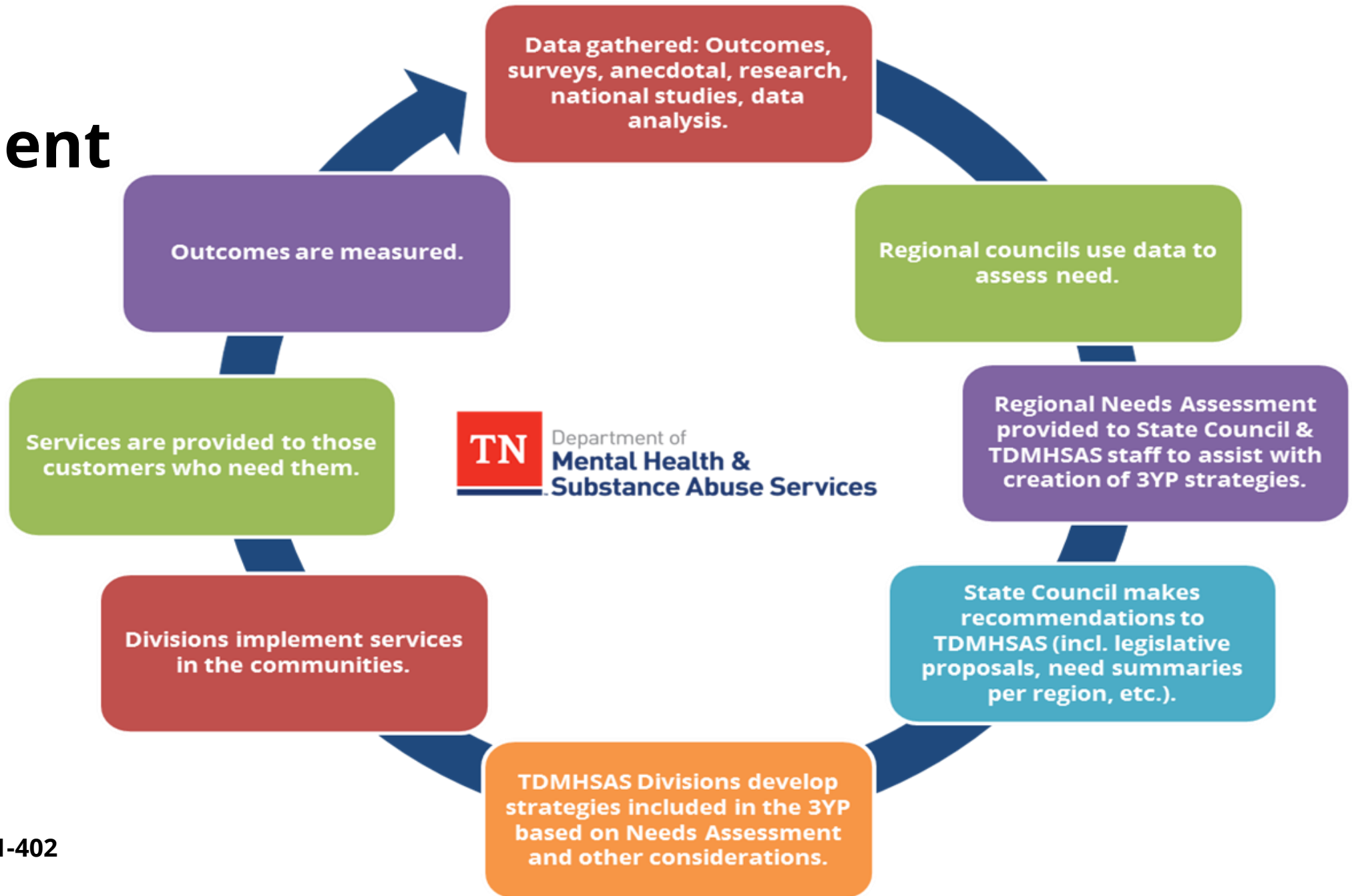
# 2023 Needs Assessment Department Update

Matt Yancey, LCSW, MPA  
Deputy Commissioner  
Behavioral Health Community Programs

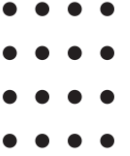
February 13, 2024



# Needs Assessment Process



# Top Identified Needs



## Mental Health

- Increase Housing
- Enhance the Crisis Continuum
- Workforce Development

## Substance Use

- Residential Treatment and Detox for Adults and Children
- Prevention and School-Based Programs for At-Risk Youth
- Increase Recovery Housing (including MAT)





# Increase Housing

- Creating Homes Initiative (CHI)
- Intensive Long-term Support (ILS)
- Residential Re-entry Housing Program (RRHP)





## 2+ Decades of Success

More than **35,000** housing opportunities created and more than **\$1.2 BILLION** leveraged since 2000

## An Innovative Model

CHI uses initial state investment to leverage federal, local, community, foundational, etc. sources for people living with mental health challenges and co-occurring disorders.

## CHI Expansions

Recurring state investments totaling \$6.6M have expanded CHI to include CHI 2.0 for **addiction recovery** (FY20) and CHI 3.0 for **reentry populations** (FY22).



The CrossBRIDGE Connection Center in Nashville funded by CHI, Amazon, and city dollars.

# Creating Homes Initiative

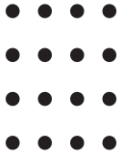
The Creating Homes Initiative was started in 2000 by current Commissioner Marie Williams with support and leadership from then-Commissioner Elizabeth Rukeyser.

# Intensive Long-term Support (ILS)

- Licensed, enhanced supportive housing for Tennesseans discharging from the state's Regional Mental Health Institutes after extended hospitalization stays.
- Current expansion: adding 41 beds
  - Jackson: 20 new beds (WMHI)
  - Chattanooga: 21 new beds (MBMHI)

# Residential Reentry Housing Program (RRHP)

- Licensed, enhanced supportive housing for Tennesseans with SPMI who re-enter the community from custody of the TDOC, incarceration in county jails, or are justice involved.
- New for FY 2024; AOF released; 7 proposals received



## Filling The Gaps

Individuals served would otherwise not be able to successfully live in the community due to the lack of available housing with the capacity for support to meet their specific needs.



*There is hope.*



## **Enhance the Crisis Continuum**

- 988 Implementation
- Four (4) New ARPA Funded Adult CSUs
- Two (2) New Children/Youth CSUs



# 988 Suicide and Crisis Lifeline

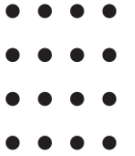
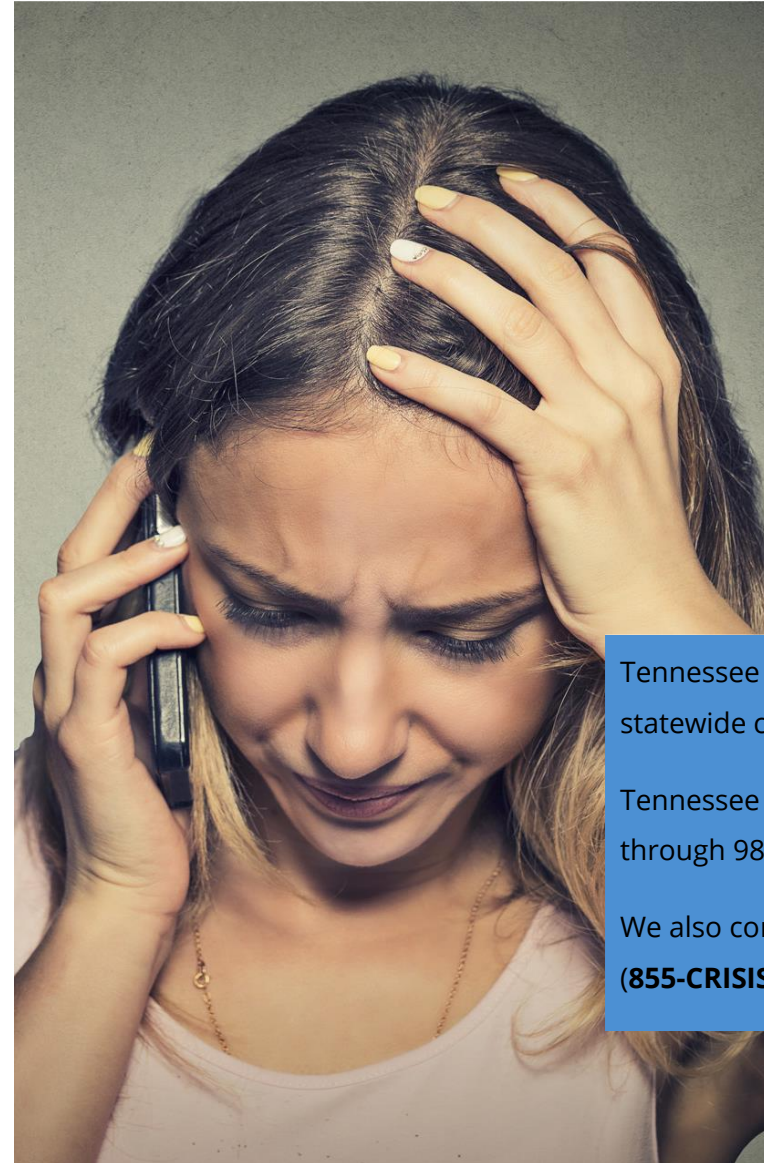
## July - December 2023 Numbers

Average In-State Answer Rate: **88%**

Average Time to Answer: **26 seconds**

Total Calls: **23,161**

Total Chats/Texts: **9,249**



Tennessee has **7** Lifeline Call Centers with statewide coverage.

Tennessee also has statewide coverage for texts through 988 and chat through **988lifeline.org**.

We also continue to have a Statewide Crisis Line (**855-CRISIS-1**) and individual provider crisis lines.





### What is a CSU/WIC?

Crisis Stabilization Units and Walk-In Centers offer alternatives to inpatient hospitalization that are shorter in duration and less restrictive.

### Selecting Expansion Locations

With feedback from providers and the Planning and Policy Council, the department chose to focus on rapidly growing areas near Nashville and underserved areas in rural West Tennessee.

### ARPA Funding

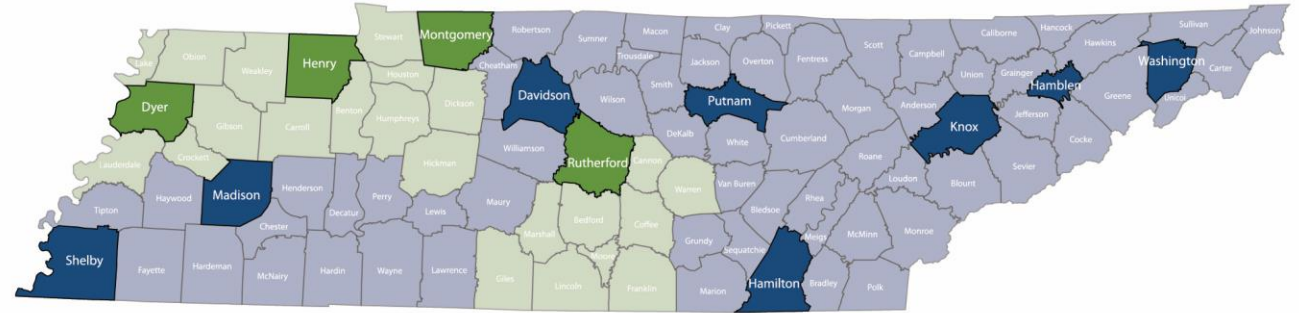
The Fiscal Stimulus Accountability Group approved \$35M in American Rescue Plan Act funding to cover construction/renovation costs.

## CSU Expansion

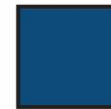
### Expansion CSU and Walk-In Centers



Dyer: Pathways Behavioral Health    Montgomery: Centerstone of Tennessee  
Henry: Carey Counseling Center    Rutherford: Volunteer Behavioral Health



### Current CSU and Walk-In Centers



Shelby: Alliance Healthcare Services    Hamilton: Volunteer Behavioral Health  
Madison: Pathways Behavioral Health    Knox: McNabb Center  
Davidson: Mental Health Cooperative    Hamblen: McNabb Center  
Putnam: Volunteer Behavioral Health    Washington: Frontier Health

Through a competitive Announcement of Funding, TDMHSAS selected four providers to establish new Crisis Stabilization Units and Walk-In Centers across Tennessee.

# Children and Youth CSU and Walk-In Centers



These specialized options offer families a place for assessment and treatment outside of longer-term hospitalization. TDMHSAS has \$5M in FY24 to add two new facilities and has \$5M for operational funding in the FY25 budget proposal.

**Crisis Stabilization Units (CSU)** serve children who are experiencing a psychiatric emergency and who are in need of short-term stabilization, up to five days.

**Crisis Walk-In Centers** offer 24/7/365 crisis triage, assessments, and evaluations and crisis interventions up to 23 hours.

**Knoxville Pilot Project:** Established with a federal grant and state support for infrastructure, McNabb opened Tennessee's first CSU/WIC for children in 2022 at East Tennessee Children's Hospital in Knoxville (pictured right). 1,875 children and families were served in the first year.



A background image showing several white paper cutouts of human figures holding hands in a line, set against a light green background. The figures are slightly out of focus, creating a sense of depth.

# Workforce Development

- Payor Reimbursement Rates
- Public Behavioral Health Workforce Recruitment and Outreach (Pathways Project)
- Tennessee Behavioral Health Pathways Scholarship
- Bonus Programs
  - Public Behavioral Health Workforce Sign-On and Retention Bonus Program
  - Mental Health Services and Bonuses to Medical Practitioners





# Residential Treatment and Detox for Adults and Children

- Substance Use Residential Treatment Beds Infrastructure Enhancement - \$12,000,000 NR
- Davidson County Residential Drug Court FY24
- Morgan County Residential Recovery Court FY23
- Northeast Residential Recovery Court Program

# Tennessee's Recovery Courts



Since coming under TDMHSAS leadership about a decade ago, Tennessee has greatly expanded access to recovery courts increasing from 49 to 82 currently.

## Recovery Courts Work

For participants who complete a program, **3 out of 4** improve their employment situation and improve their housing situation.

## Recent Investments

State leaders have invested **\$10.4M** in new state funds to create additional residential recovery courts (FY22) and start dozens of new mental health courts (FY23).



Gov. Bill Lee with Recovery Court Graduates, December 2021



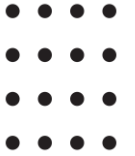
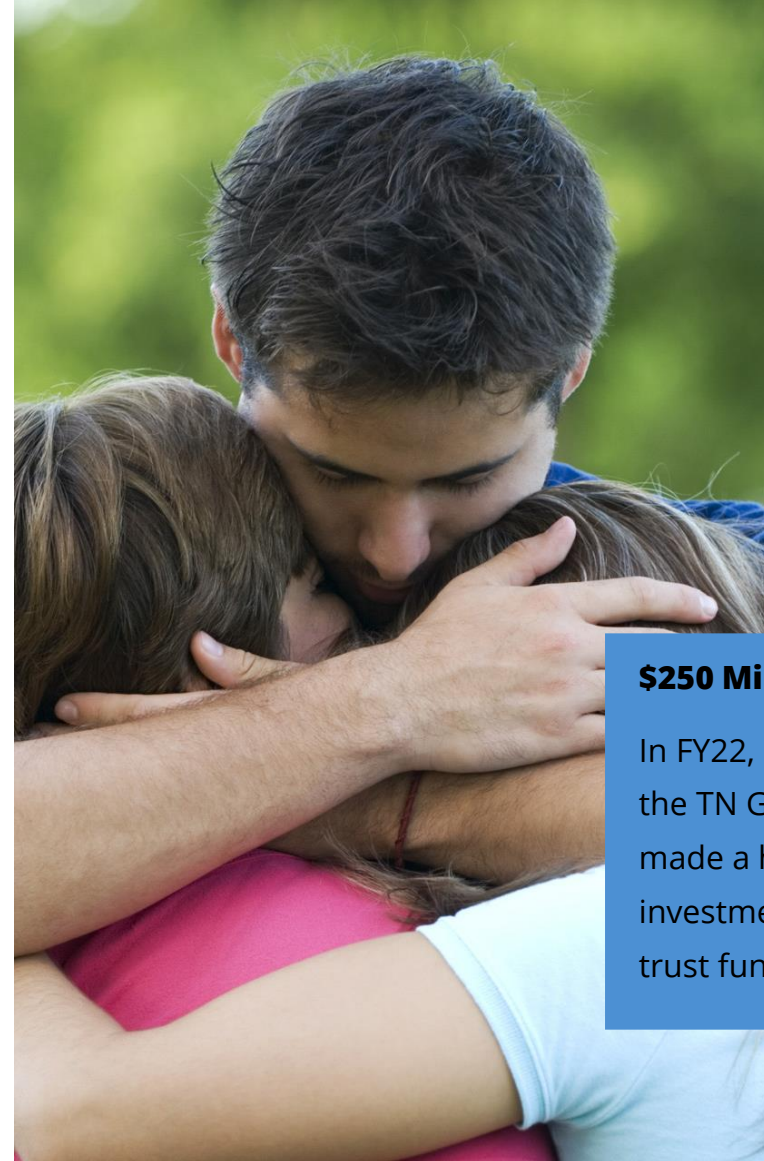
# Prevention and School-Based Programs for At-Risk Youth

- School Based Behavioral Health Liaisons
- Adolescent Substance Use Disorders Services Program
- Statewide Young Adult Leadership Council (YALC)



# State Investments in Children's Mental Health

- TN Resiliency Project: **\$6,500,000** (FY22)
- Children's Behavioral Health Safety Net: **\$7,571,800** (FY21)
- School-Based Behavioral Health Liaison Expansion: **\$3,014,300** (FY21), **\$8M** (FY24)
- Suicide Prevention and Mental Health Awareness (FY20)
  - TN Suicide Prevention Network Expansion: **\$625,000**
  - Youth/Young Adult Mental Health Awareness and Promotion: **\$500,000**



## **\$250 Million K-12 MH Trust Fund**

In FY22, Governor Lee and the TN General Assembly made a historic, generational investment by creating this trust fund.

# School-Based Behavioral Health Liaisons

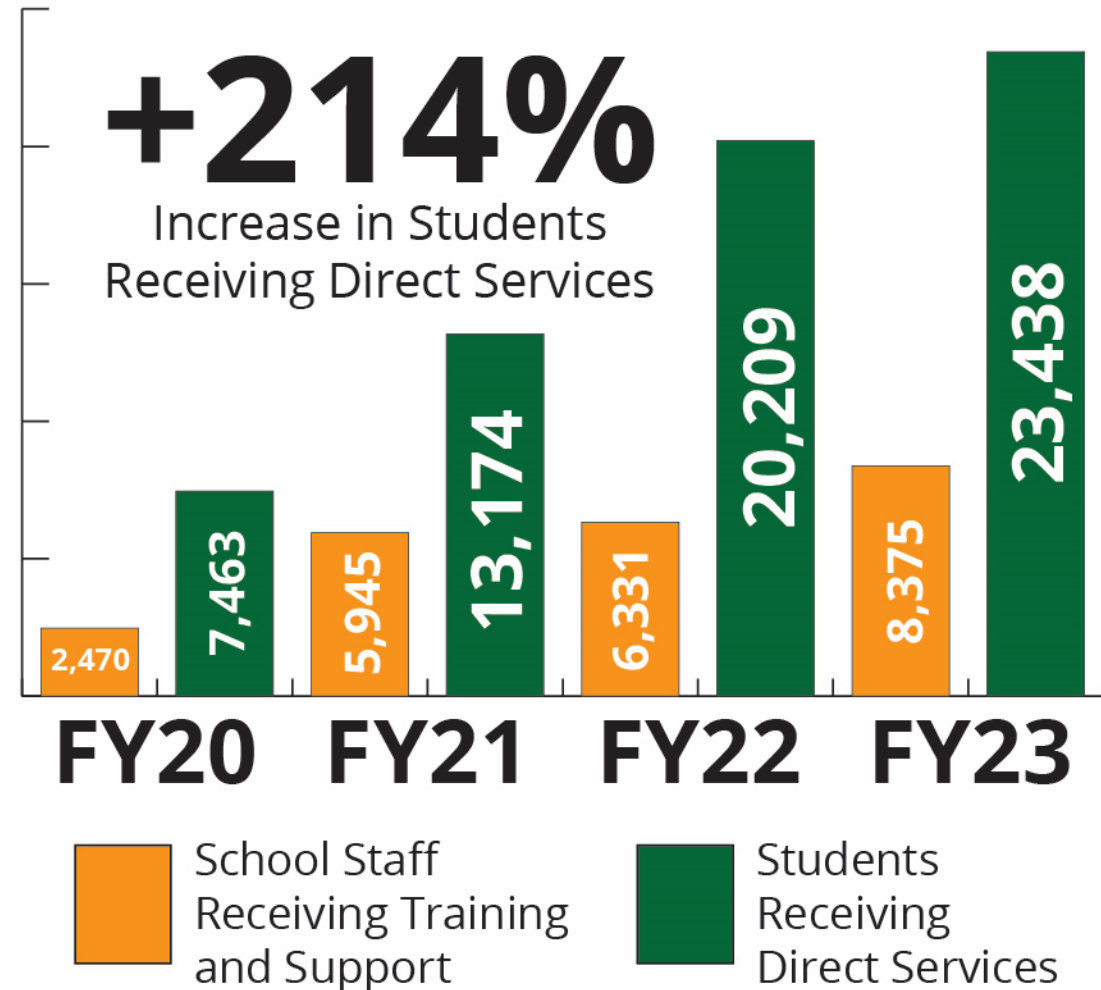
*Lee Administration Investments*

<b>FY21</b>	<b>FY23</b>	<b>FY24</b>	
<b>+\$3M</b>	<b>+\$4M</b>	<b>+\$8M</b>	
<b>CURRENT FUNDING</b> <small>(STATE &amp; FEDERAL)</small>	<b>\$28.6M</b>	<b>TOTAL LIAISONS</b>	<b>274</b>

*Outcomes that Matter*

- Increased Academic Success
- Reduced Truancy
- Reduced Discipline Rates
- Increased Graduation Rates

*Connection with Behavioral Health Resources*



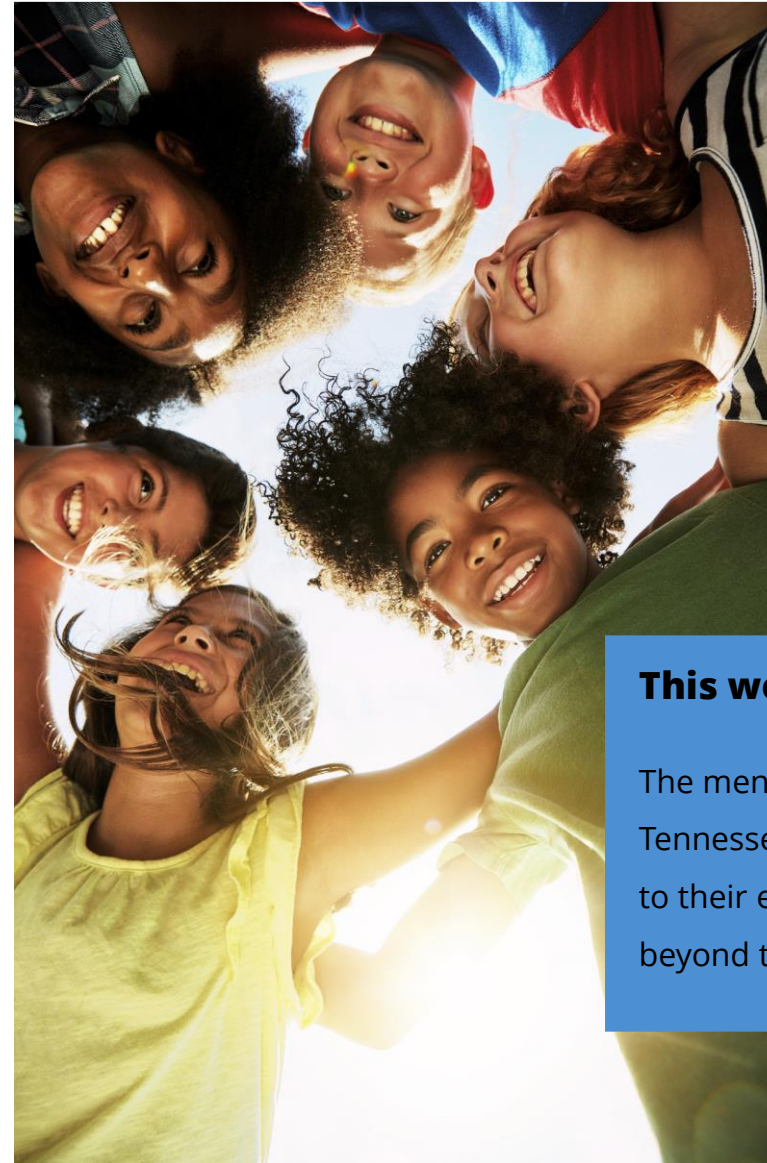
# K-12 Mental Health Trust Fund

\$250M investment in FY22 Established to provide mental health supports to students in primary and secondary schools in this state for generations to come.

Proceeds from the investment are available to TDMHSAS, in consultation with TDOE, for services for K-12 students.

Conducted comprehensive needs assessment was conducted with school districts, community mental health providers.

TDMHSAS has issued first Announcement of Funding for one-time infrastructure (\$4M total available) and will be adding \$2m to the School-Based Behavioral Health Liaison budget.



**This work is ESSENTIAL!**

The mental health of all Tennessee students is essential to their education and success beyond the classroom.



# Tennessee Resiliency Project



Governor Lee and the TN General Assembly allocated \$6.5M in new state funds in FY22 to create and expand services for children and youth while the Trust Fund was gearing up.

## Areas of Focus

- School-Based Services
- Emergency Psychiatric Services
- Early Intervention Services

## Allocation Process

Available funding under this announcement was divided proportionally among the department’s seven planning regions based on the number of children and youth living in each region.

## Local Program Design

Grantees were instructed to collaborate with community stakeholders including local education authorities and other partners to design proposals that would have the greatest impact and address outstanding needs.

Grantee	Program	Amount
Frontier Health (Region 1)	Expanding School-Based Behavioral Health Liaisons and Project BASIC, Enhancing Crisis Care	\$424,000
McNabb Center (Region 2)	Creating three Crisis Response Teams which will partner with schools, East Tennessee Children’s Hospital, and detention centers	\$1.1 Million
Volunteer Behavioral Health (Region 3)	Expanding School-Based Behavioral Health Liaisons and Project BASIC	\$900,000
TN Voices (Region 4)	Expanding Child Care Consultation (i.e. provides behavioral health training, coaching, and referrals as needed)	\$623,000
Volunteer Behavioral Health (Region 5)	Expanding School-Based Behavioral Health Liaisons and Project BASIC	\$594,000
Prevention Coalition for Success (Region 5)	Integrating a Family Support Specialist into the Family Preservation Initiative to work with youth and families in the juvenile court system	\$200,000
Youth Villages (Region 5)	Creating an enhanced crisis coordination team	\$426,000
TN Voices (Region 5)	Expanding Child Care Consultation (i.e. provides behavioral health training, coaching, and referrals as needed) and adding one new School-Based Behavioral Health Liaison	\$609,000
Pathways (Region 6)	Expanding observational and consulting services, adding one new School-Based Behavioral Health Liaison and four project liaisons	\$500,000
TN Voices (Region 7)	Expanding Child Care Consultation (i.e. provides behavioral health training, coaching, and referrals as needed)	\$1 Million



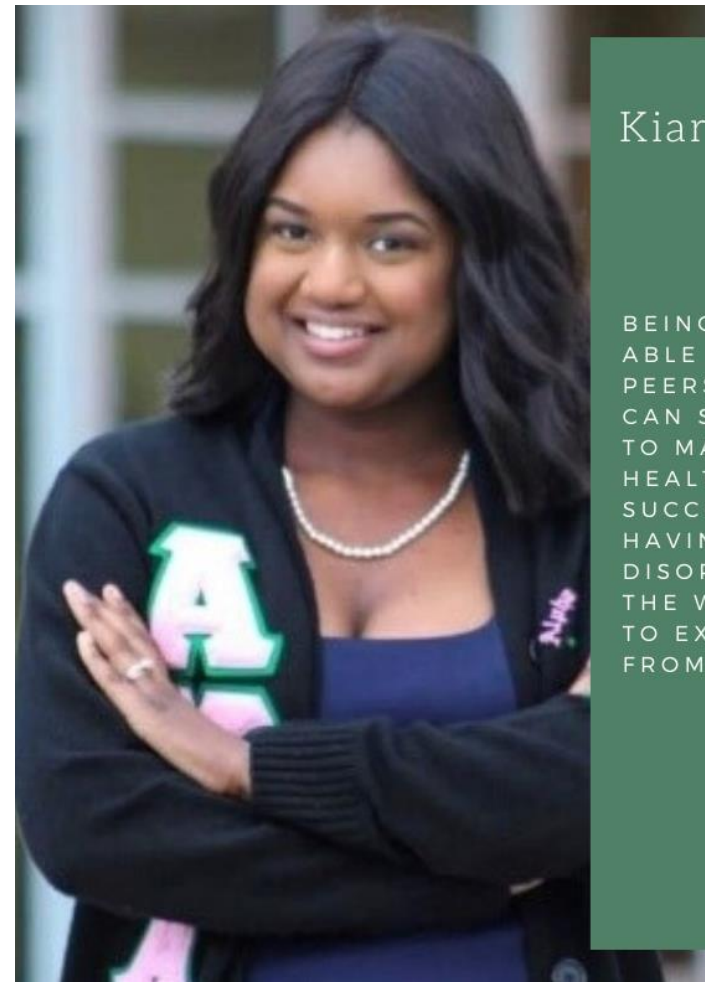


# Certified Young Adult Peer Support Specialists

The CYAPSS program launched in May 2021 and we currently have **27 Certified Young Adult Peer Support Specialists** in the state.

## Certification Criteria

A CYAPSS is: 18 - 30 years old; has one year of recovery, healing, and wellness from mental illness and/or substance misuse; holds a high school diploma or equivalent (GED/HiSET/TASC); is willing to discuss your lived experience and share your personal story of healing with peers, staff, and the public; and does not have a conservator.



Kiara Hunt, CYAPSS

BEING A CYAPSS MEANS I'M ABLE TO SHOW MY FELLOW PEERS THAT THERE IS HOPE! I CAN SHOW THEM IT'S POSSIBLE TO MANAGE YOUR MENTAL HEALTH WHILE ALSO BEING SUCCESSFUL AND INSPIRING. HAVING A MENTAL HEALTH DISORDER IS NOT THE END OF THE WORLD, BUT A JOURNEY TO EXPLORE THE WORLD FROM A NEW LENS.





# Increase Recovery Housing (Including MAT)

- CHI 2.0 and 3.0
- Addiction Recovery Program Enhancement FY23



# Addiction Recovery Program



The Addiction Recovery Program (ARP) offers a variety of services to individuals with issues brought on by their substance abuse.

## Who's Eligible

Tennessee residents eighteen and older who have a substance use disorder or co-occurring disorder may be eligible based on a formal screening and assessment. They must also meet the 138% federal poverty guidelines as set by the United States Department of Health and Human Service.

## What's Available

- Recovery Assessment & Service Plan
- Screening for Drug & Alcohol Abuse
- Case Management
- Drug Testing
- Pastoral/Spiritual Support
- Recovery Skills
- Relapse Prevention

- Transitional Housing
- Transportation
- Employment Skills
- Health & Wellness
- Recovery Activities
- Relapse Prevention Skills



**FY25 ARP Budget: \$2,107,600**

To provide non-recurring funding to expand the ARP which includes services such as transitional housing, childcare, relapse prevention skills, transportation, and parent education.