

Tracks

To assist our foster parents in the course selection process, this year we have proposed training tracks to appeal to particular interests, as well as schedules for our first and second year parents.

Please note that the elective tracks are suggestions only and are meant to be a guide for parents to identify courses that may meet their needs. You are not bound to attending trainings within a single track.

Adoption and Families

- Adoption Preparation 1, 2, 3
- Best Practices in Transracial Parenting
- Impact of Fostering on Birth Children

NAS

- NAS/Safe Sleep
- Improving Developmental and Sensory Processing Function
- Issues Confronting Children Who Have Been Drug-Exposed During Gestation

Support and Resources

- Empowering Local Foster Parent Association Presidents and Representatives
- Foster Parent Bill of Rights
- KEEP Overview
- Financial Foundations of a Family
- CASA 101: CASA Is Not Just a House
- Resource Linkage
- Insurance Basics
- Building Your Village: Connecting Hurt Children with Appropriate Services
- Who Am I? Creative Responses to Classroom Activities for Foster Children
- Child Passenger Safety

Trauma

- Caring for Children Who Have Experienced Trauma
- Circle of Security Attachment Parenting
- Family Functioning and Parental Stress
- Loving and Letting Go
- TBRI
- The Power of Connectivity (KEYNOTE)
- Tru Life: Being a Child in Foster Care

Mental Health

- NAMI Basics: Coping with Childhood Onset Mental Illness
- Trauma and ACEs
- Youth Mental Health (3 parts)

Sexual Abuse

- Consider Fostering a Youth with Problematic Sexual Behavior
- Darkness to Light: Stewards of Children
- Human Trafficking in Tennessee
- Safety Planning Related to Sexual Behavior
- Sexualized Behavior in Children: What's Normal, What's Not, and How to Respond

Teens

- Reality Check
- Knowledge for Fostering Adolescents
- Success Beyond 18: Transitioning Youth to Adulthood
- Tough Topics from Teens: Answering Difficult Questions
- Truth and Consequences: Helping Teens Make Decisions Based on Future Goals
- Foster Care to Freshman: College and Career Mindset Workshop
- Cyberbullying and Sexting

Additional Elective Workshops

- Helping Children and Youth with Autism Develop Self-Advocacy Skills
- Latino Culture
- Parenting Children with Diabetes
- Parenting LGBT Children: A Parent's Guide to Embracing Authenticity