

## Tennessee Behavioral Risk Factor Surveillance Survey 2013 State and Regional Weighted Data

During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

State and Regions	Total Respondents	<i>Exercised in Last 30 Days</i> <sup>1</sup>	<i>Weighted Percent</i> <sup>2</sup>	<i>Population Who Exercised</i> <sup>3</sup>
<b>TENNESSEE</b> <sup>4</sup>	5,196	3,152	62.8	2,854,400
<b>Northeast</b>	327	182	60.5	153,144
<b>East</b>	403	238	62.8	328,844
<b>Southeast</b>	345	197	64.4	140,538
<b>Upper Cumberland</b>	348	223	65.4	152,522
<b>Mid-Cumberland</b>	516	335	70.9	567,456
<b>South Central</b>	402	234	61.5	169,882
<b>Northwest</b>	326	170	52.6	86,964
<b>Southwest</b>	341	184	56.1	105,945
<b>Shelby</b>	426	265	67.2	414,942
<b>Davidson</b>	394	271	67.2	298,799
<b>Knox</b>	384	240	63.7	202,257
<b>Hamilton</b>	354	228	71.0	171,921
<b>Madison</b>	287	180	68.6	45,011
<b>Sullivan</b>	314	181	58.6	63,564

<sup>1</sup> Number of respondents who answered YES.

<sup>2</sup> Percent of adult population who exercised during the past month based on the survey.

<sup>3</sup> Estimated adult population who exercised during the past month based on the survey. Note: The sum of regional estimates in this column will not add up to statewide total.

<sup>4</sup> Statewide estimates include additional survey coverage by cell phone and different weighting methodology.