



Tennessee Department of Health

# Traumatic Brain Injury Services



## Directory and Resource Information Guide, 2015

## FOREWORD

If you are reading these words, chances are your life has been touched by traumatic brain injury. Whether you are a survivor of brain injury, a family member or friend, or a professional serving the TBI community, knowing your options is an important first step. The goal of this booklet, *State of Tennessee Traumatic Brain Injury Services Directory and Resource Information Guide*, is to assist you in finding appropriate services and resources.

Brain injury can happen to anyone at any time regardless of age, race, gender or economic status. The cause, severity and resulting symptoms and impairments can be as different as each person that is injured. Traumatic brain injury is also called head injury, head trauma, concussion, TBI, mild TBI, disorder of consciousness, blast brain injury and shaken baby syndrome, just to name a few. They all mean an injury to the brain has occurred.

In Tennessee, approximately 8,000 people per year are injured and admitted to the hospital with traumatic brain injury, a rate of 125 injuries per 100,000 people. TBI survivors can experience impairments that affect their physical, cognitive and behavioral functioning which in turn impacts their ability to return to home, school and work. Whether the injury is the result of a car crash, a slip and fall, assault or sports activity, there can be an economic and emotional toll on the survivor and the family.

Dealing with the reality of brain injury can be difficult, especially when making the many decisions related to a loved one's recovery. This resource guide has been designed to assist in finding the programs, organizations and services that are needed.

Inclusion of a brain injury program in this directory is not intended to promote or endorse the services of the program. The Tennessee Department of Health's Traumatic Brain Injury (TBI) Program is not responsible for the nature, scope of quality or the programs listed in the directory, nor can the TBI Program verify any of the information contained herein. Thus, the state TBI Program disclaims any liability arising from the use or reliance upon the information included in this directory. It is being provided solely as a reference resource for the public.



## **TABLE OF CONTENTS**

Tennessee Traumatic Brain Injury Program	5
Basic Questions Answered	6
Clues That a Brain Injury Has Occurred	8
Scales and Measurements of Functioning	9
<b>RESOURCES BY CATEGORY</b>	
Advocacy/Legal Services	11
Assistive Technology	13
Camp / Recreation	14
Concussion	15
Disability Organizations	16
Education	17
Employment services /Vocational Rehabilitation	18
Financial Assistance and Benefits	19
Housing / Living and Care Arrangements	20
Information and Referral	21
Medical	23
Mental Health	24
Personal Support / Home and Community based services	25
Resources	27
Service Coordination	28
Support Groups	30
<b>FACILITIES AND SERVICES</b>	
Guiding Principles for Selecting a Facility	32
Accreditation	33
Facilities and Services In State	34 - 66
Facilities and Services Out of State	67 – 76
<b>INDEX</b>	77



## **TENNESSEE DEPARTMENT OF HEALTH, TRAUMATIC BRAIN INJURY PROGRAM**

<http://health.tn.gov/TBI/Index.htm>

1-800-882-0611

In 1992, survivors of traumatic brain injury from across the state petitioned the Tennessee General Assembly to create a brain injury program within state government. The Traumatic Brain Injury (TBI) Program was legislatively established in 1993 to address the special needs of survivors of brain injuries and their families.

In Tennessee, approximately 8,000 people per year are injured and admitted to the hospital with traumatic brain injury, a rate of 125 injuries per 100,000 people. TBI survivors can experience impairments that affect their physical, cognitive and behavioral functioning which in turn impacts their ability to return to home, school, and work. Whether the injury is the result of a car crash, a slip and fall, assault or sports activity, there can be an economic and emotional toll on the survivor and the family. The focus of the TBI Program is to improve services available to survivors of TBI and their families.

### Program components

In accordance with the legislation, the TBI Program Director works with a nine-member governor-appointed Advisory Council. The program includes a clearinghouse of information with a toll-free information line. Each year, the program collaborates with the Brain Injury Association of Tennessee to present a statewide conference attended by families, survivors and professionals. The program is funded through increased fines on six specific traffic violations, with the revenues deposited to a TBI trust fund.

### Service Coordination

Eight service coordinators provide case management services to TBI survivors and their families in all 95 counties. A service coordinator provides information; makes referrals to services and agencies; assists consumers in applying for and accessing services; serves as advocate; and manages support groups. The service coordinator assesses an individual survivor and coordinates available resources within the community.

### Federal Grant for Project BRAIN

Beginning in 2000, the Traumatic Brain Injury Program was awarded a grant from the U.S. Health Resources and Services Administration (HRSA). The grant's focus is provision of education and training for educators, families and health professionals who support students with TBI. The overall goal is to improve educational outcomes for children with brain injuries in Tennessee.

### Traumatic Brain Injury Registry

Hospitals are mandated to provide information to the department on persons admitted to the hospital with codes for brain injury. Data analysis allows staff to pinpoint where and how injuries are occurring and what ages are affected. Tennessee residents listed on the registry receive a letter and program brochure to inform them of services available through the TBI program.

### Grants

According to the enabling legislation, the TBI program is authorized to provide grants to county and municipal governments and/or not-for-profit organizations for home and community based programs to serve the needs of TBI person and their families.

## **BRAIN INJURY: Basic Questions Answered**

(From Arkansas Trauma Rehabilitation Program *Family Resource Guide* and used with permission)

### **1. What is traumatic brain injury?**

Traumatic brain injury is an injury to the brain caused by an external physical force. It may produce a diminished or altered state of consciousness, which results in impairment of cognitive abilities and physical functioning. These impairments may be either temporary or permanent and cause partial or total functional disability or psychosocial maladjustment.

### **2. Who is at risk and what types of brain injuries are there?**

Those at highest risk for traumatic brain injuries are children, young adults between the ages of 15-24, and adults 75 years and older. There are two types of traumatic brain injuries: penetrating brain injuries and closed head injuries. Penetrating head injuries occur when a foreign object enters the brain and causes damage to specific areas of the brain. Closed head injuries result from a blow to the head. A majority of survivors of traumatic brain injury experience brain swelling also called edema. Edema is a result of damage to blood vessels in the brain and is the body's response to brain injury.

### **3. What is a concussion?**

A concussion results from a blow to the head which causes the brain to strike the skull. A concussion does not cause any structural damage to the brain, but can cause temporary loss of functioning. Headaches, memory loss and sleep disturbance are common symptoms a person may experience after such an injury.

### **5. What is a contusion?**

A contusion is a more serious blow to the brain. Contusions result in bruising of the brain and more noticeable loss of functions. More comprehensive care is required for a contusion. Follow-up treatment and evaluation are required on a regular basis.

### **5. What is a skull fracture?**

A skull fracture results in damage to the skin and bone of the skull as well as to the brain itself. The form of medical treatment varies with the location and severity of the fracture. Close observation and follow-up treatment are always required. Many

skull fractures result in mild to severe problems associated with daily functioning such as walking, memory, vision and behavior.

### **6. What is a hematoma?**

The collection of blood in one or several locations of the brain creates a hematoma. A hematoma may be between the skull and the covering of the brain (epidural) or may occur between the membrane covering the brain and the brain itself (subdural). Hematomas may require surgery (a craniotomy) to be performed.

### **7. What is a coma?**

Coma is defined as a prolonged state of unconsciousness. A person in a coma does not respond to external stimuli. There is no speech, the eyes are closed, and the person cannot obey commands. A coma can last from hours to days, depending on the severity of the brain damage. It is possible for a person to remain in a comatose state for months or even years. A person may eventually open their eyes but remain unresponsive.

### **8. What happens in the emergency room and intensive care unit?**

Most accident victims enter the hospital through the emergency room. The injury is diagnosed and appropriate action is taken. Some patients must go to the hospital's intensive care unit (ICU) for close, 24-hour monitoring. Other injuries sustained at the time of the brain injury may require ICU services not necessarily related to the head trauma.

### **9. What is medical stabilization?**

Many patients with brain injury require time in the hospital for other medical treatment such as recovery from surgery, healing of wounds and setting of fractures. This is known as medical stabilization. This process can take from several days to several months. Patients may be transferred from the ER or ICU to a medical floor for observation, medical treatment and the beginning of rehabilitation services such as physical therapy.

## **BRAIN INJURY: Basic Questions Answered (continued)**

### **10. What happens after medical stabilization?**

After the patient has gone through medical stabilization, there are a variety of directions that treatment can take.

The patient may be transferred to a physical rehabilitation unit within a general hospital, a specialized rehabilitation treatment center or a skilled nursing unit. Physical, occupational, speech/cognitive and neuropsychological services may be provided on an intensive basis in any area of these settings.

Some patients will not require skilled nursing care and may be transferred to a unit for brain injury patients. Some patients will go home with their families and return to the hospital or a specialized outpatient program for therapy and treatment. Patients who require extended skilled nursing care may be transferred to a long-term care facility, while some patients will return home to receive therapy and around-the-clock nursing care.

### **11. What is rehabilitation?**

Rehabilitation is the process that helps an individual reach optimum function by providing a variety of services. Rehabilitation hospitals should use a team concept that includes services of physicians, as well as physical, occupational and speech therapists, neuropsychologists, social workers, therapeutic recreation specialists and nurses. However, the most important members of the treatment team are the patient and the patient's family.

### **12. What is the best choice?**

The appropriate choice for continued treatment is a major decision to be made by the patient, family and physician. It is important to talk to your treatment team and fully understand the patient's needs. You must seek out as much information as possible to educate yourself about available resources.

### **13. What do families go through?**

Shock, anger, hurt, denial and depression are common reactions families experience. A loved one's brain injury can change the families' life as well. Your adult child may require more attention from you. An injured parent may need the assistance of adult children. As the patient

goes through the stages of recovery, so does the family. The key is to take it one day at a time.

### **14. Signs of stress?**

The stress placed on the family is tremendous. Each individual and family will cope with stress differently. The signs of stress may include the following: inability to sleep, poor appetite, lack of interest in personal care or appearance, a strong sense of guilt, reduced self-worth, loneliness, excessive use of drugs or alcohol, forgetfulness or an inability to understand things that are said. When stress builds, seek support from friends, clergy and the medical staff caring for your loved one.

### **15. What can the family expect?**

Every brain injury is different. You cannot compare brain injuries to a broken arm or leg. The effects of each brain injury vary. No one person has all the answers. Begin to read and gather information about brain injury, its' effects and possible treatments. Educating yourself is important in setting realistic expectations.

### **16. Helpful suggestions for families.**

- Establish a balance between pushing the person with the brain injury beyond his/her ability to function and not giving enough encouragement.
- Establish and maintain a daily routine.
- Approach the individual on their good side.
- Use familiar photographs of family member, friends, pets or possessions.
- Speak of familiar names, places, interests or activities.
- Be yourself with your family member.
- Do not overwhelm or overload the person with information.
- Provide the individual with ample time to respond.
- Do not present the person with a task that is too complex.
- Try to reduce confusion in his/her surroundings.
- Talk openly about his/her gains and abilities.
- Communicate with doctors, nurses, therapists and your loved one.

## CLUES THAT BRAIN INJURY HAS OCCURRED

(From Arkansas Trauma Rehabilitation Program *Family Resource Guide* and used with permission)

If you have had a brain injury, or know someone who has, these are some of the natural reactions the body exhibits behaviorally, emotionally, cognitively, physically and with personality. This information is provided so you can know what to expect when helping to care for a loved one or if you are experiencing these symptoms.

### Behavioral Issues

- Wanders off/runs away
  - Impulsive (acts without thinking)
  - Reduced self-esteem
  - Repeated invasion of personal space
  - Short fuse – unable to control outbursts
  - Difficulty maintain relationships
- 

### Cognitive Issues

- Easily distracted
  - Seems to “space out”
  - Difficulty understanding
  - Difficulty with reality
  - Seems confused
  - Poor memory
  - Decreased safety awareness
  - Slow to answer questions
  - Difficulty organizing (time, etc.)
- 

### Personality Issues

- Denies deficits
- Irritable
- Egotistical
- Doesn't listen
- Asks a lot of questions
- Argumentative
- Manipulative
- Appears unmotivated
- Moody - laughs or cries easily
- Depressed
- Face shows little or no emotion

### Physical Issues

- Fatigue and/or weakness
  - Spasticity and tremors
  - Motor coordination
  - Speech difficulties
  - Seizures
  - Balance
  - Mobility
  - Sense of taste or smell changes
- 

### Social Issues

- Inappropriate social interaction (overly formal or overly friendly)
  - Interrupts conversations
  - Fabricates stories/lies
  - Inappropriate conversation (sex, drugs, alcohol abuse, etc.)
  - Poor eye contact
  - Goes off on tangents
- 

### Verbal Issues

- Poor speech
- Speaks in a monotone
- Vulgarity/swearing
- Talks too loud or too soft
- Has difficulty “finding” words
- Broken speech



## **SCALES AND MEASUREMENTS OF FUNCTIONING**

Several scales and measures are used to rate and record the progress a person makes in rehabilitation following a brain injury. Some of the most common are described below.

### **Glasgow Coma Scale**

The Glasgow Coma Scale (GCS) is an assessment tool that helps medical professionals to determine the severity of the brain injury. The Glasgow Coma Scale measures motor response, eye opening and verbal response on a scale between 3 and 15. GCS scores between 3 and 8 indicate a severe brain injury.

Most severe brain injuries occur from open head injuries. Such injuries can cause a wide range of functional short- or long-term changes that affect thinking, sensation, language and emotion.

Moderate brain injuries have a GCS between 9 and 12. Moderate brain injuries occur when a person experiences changes in brain function for longer than a few minutes following trauma.

Mild brain injuries have a GCS between 13 and 15. These injuries occur when an individual sustains a blunt trauma or acceleration force to the head. The individual can experience disorientation, dizziness and irritability.

### **Disability Rating Scale (DRS)**

The Disability Rating Scale measures an individual's general functional change over the course of recovery and rates an individual's level of disability from None to Extreme. This scale considers cognitive and physical function, impairment, disability and handicap to present a global depiction of the individual's disability. The DRS can track an individual's progress from "coma to community."

### **Functional Independent Measure (FIM)**

The Functional Independent Measure (FIM) is a scale that rates an individual's independence level with activities of daily living. Areas of activities of daily living include self-care, bowel and bladder management, locomotion, transfers, communication and social cognition. FIM scores range from 1 – complete dependence to 7 – complete independence.

### **Functional Assessment Measure (FAM)**

The Functional Assessment Measure (FAM) is used in conjunction with the Functional Independent measure (FIM). The FAM was developed specifically for people with brain injury and consists of 12 items added to the 18 items of the Functional Independence Measure (FIM).

### **Family guide to the Rancho Los Amigos Scale**

<http://www.virginia.edu/uvaprint/HSC/pdf/04078.pdf>

## **Rancho Los Amigos Scale**

(From Arkansas Trauma Rehabilitation Program *Family Resource Guide* and used with permission)

The Rancho Los Amigos Scale is an assessment tool that provides a description of various behavioral stages of an individual with a brain injury. Medical professionals use the Rancho Scale to monitor a patient's behavior while he or she progresses through rehabilitation. The Rancho Los Amigos Scale is most useful during the first few weeks or months following a brain injury.

### **Level I:**

Patient does not respond to pain, touch, sound or sight and appears to be asleep.

### **Level II:**

Generalized Response – regardless of type and location of stimuli

### **Level III:**

Localized Response – Blinks to strong light, turns toward or away from sound, and response to physical discomfort, inconsistent response to commands.

### **Level IV:**

Confused/Agitated – Alert, very active, aggressive or bizarre behavior, non-purposeful motor movement, short attention span, inappropriate verbalization.

### **Level V:**

Confused/inappropriate/Non-agitated – Gross attention to environment, distractible, requires continual redirection, agitated by too much stimuli, inappropriate social interactions.

### **Level VI:**

Confused/appropriate – Inconsistent orientation, recent memory attention impaired, follows simple directions, goal-directed with assistance, begins to recall past, emerging awareness of self.

### **Level VII:**

Automatic/Appropriate – performs daily routine in robot-like manner, skills deteriorate in unfamiliar environment, unrealistic planning. Superficial awareness.

### **Level VIII:**

Purposeful/Appropriate – Stand-by assist. Uses memory device with intermittent assist, over or under estimates abilities, irritable, self-centered, acknowledges other's feelings with minimal assist, low frustration tolerance, carries out familiar tasks with interment assist.

### **Level IX:**

Purposeful/Appropriate – Stand-by assist on request. Completes familiar tasks and shifts between tasks independently, self-monitors and anticipates problems with stand-by assist, uses assistive memory devices to recall schedule.

### **Level X:**

Purposeful/ Appropriate – Modified independence. Handles multiple tasks simultaneously, independently initiates and carries out unfamiliar routines, anticipates impact of impairments, independently thinks about consequences of decision, social interaction is consistently appropriate.

## ADVOCACY / LEGAL SERVICES

### **The Brain Injury Association of Tennessee**

[www.BrainInjuryTN.org](http://www.BrainInjuryTN.org)

955 Woodland Street | Nashville, TN 37206 | (615) 248-2541 | Family Help Line 1-877-757-2428

The Brain Injury Association of Tennessee (BIAT) is a non-profit organization composed of survivors, family members and friends, along with professionals from various related disciplines, dedicated to improving the quality of life for survivors of traumatic brain injury and their families, and to the prevention of brain injuries.

---

### **Council on Developmental Disabilities**

<http://www.tn.gov/cdd/about.shtml>

The DD Council sponsors the Partners in Policymaking Leadership Institute, a leadership, advocacy and self-advocacy training program for adults with disabilities and family members of persons with disabilities from across the state.

1<sup>st</sup> floor, Davy Crockett Tower | 500 James Robertson Parkway | Nashville, TN 37243  
Phone: (615) 532-6615 | TTY (615) 741-4562 | Fax: (615) 532-6964

---

### **Disability Rights Tennessee** (formerly Disability Law and Advocacy Center)

[www.disabilityrightstn.org](http://www.disabilityrightstn.org)

Disability Rights Tennessee advocates for the rights of Tennesseans with disabilities to ensure they have equal opportunity to be productive and respected members of our society. Disability Rights Tennessee is a legally based private, nonprofit volunteer organization funded by federal grants.

1-800-342-1660 | TTY: 1-888-852-2852

---

### **Traumatic Brain Injury Service Coordinators** (see also **Service Coordination**)

<http://health.tn.gov/TBI/Index.htm#service>

TBI Service Coordinators are available to advocate for survivors and families for needed programs and services. Call 1-800-882-0611 or your local area service coordinator.

Memphis Area:	901-545-8487	Upper Cumberland area:	931-372-8900
West Tennessee area:	731-541-4941	Chattanooga area:	423-634-1572
Nashville area:	615-248-2541	Knoxville area:	865-541-1499
South central area:	931-684-5222	East area:	423-257-3644

---

**Tennessee Disability Coalition**

[www.tndisability.org](http://www.tndisability.org)

The Coalition is an alliance of organizations and individuals who have joined to promote the full and equal participation of men, women and children with disabilities in all aspects of life. We work together to advocate for public policy that ensures self-determination, independence, empowerment and inclusion for people with disabilities in areas such as accessibility, education, healthcare, housing and voting rights.

955 Woodland Street | Nashville, TN 37206 | (615) 383-9442

---

**Tennessee Client Assistance Program (CAP)**

Tennessee 's Client Assistance Program (CAP) helps individuals with disabilities receive the services for which they are eligible under the Rehabilitation Act. CAP provides information on available services and benefits, especially with regard to individuals with disabilities who have traditionally been unserved or underserved, and has the authority to pursue appropriate remedies to ensure the protection of the rights of those individuals. The Client Assistance Program is administered by Disability Rights Tennessee and is independent of Rehabilitation Services.

1-800-342-1660 | TTY 1-888-852-2852



## ASSISTIVE TECHNOLOGY

### **Tennessee Technology Access Program**

[www.tennessee.gov/humanserv/rehab/ttap.html](http://www.tennessee.gov/humanserv/rehab/ttap.html)

The Tennessee Technology Access Program (TTAP) is a statewide program designed to increase access to, and acquisition of, assistive technology devices and services.

Citizens Plaza Office Building, 14th Floor | 400 Deaderick St. | Nashville, TN 37243-1403  
615-313-5183 | 1-800-732-5059 | TTY: 615-313-5695 | Email [TN.TTAP@tn.gov](mailto:TN.TTAP@tn.gov)

### **Technology Access Centers**

#### **Mid-South Access Center for Technology**

University of Memphis  
530 Patterson Street  
Main office, 119 Patterson Street  
Memphis, Tennessee 38152  
(901) 678-1489  
TTY: (901) 678-1318  
[act@memphis.edu](mailto:act@memphis.edu)  
<http://act.memphis.edu>

#### **The STAR Center**

1119 Old Humboldt Road  
Jackson, TN 38305  
Phone: 731-668-3888  
[infostar@starcenter.tn.org](mailto:infostar@starcenter.tn.org)  
[www.star-center.tn.org](http://www.star-center.tn.org)

#### **Technology Access Center**

475 Metroplex Drive, Suite 301  
Nashville, TN 37211  
615-248-6733  
800-368-4651  
[techaccess@tacnashville.org](mailto:techaccess@tacnashville.org)  
[www.tacnashville.org](http://www.tacnashville.org)

#### **Signal Centers Assistive Technology Services**

2300 Bailey Ave.  
Chattanooga, TN 37404  
(423) 698-8528 ext. 500  
[cheryl.saucier@signalcenters.org](mailto:cheryl.saucier@signalcenters.org)  
[www.signalcenters.org/](http://www.signalcenters.org/)

#### **East Tennessee Technology Access Center**

116 Childress Street  
Knoxville, Tennessee 37920  
865-219-0130  
[etstactn@aol.com](mailto:etstactn@aol.com)  
[www.ettac.org/](http://www.ettac.org/)

### **Easter Seals Tennessee Camp**

<http://www.easterseals.com/tennessee/>

Easter Seals Tennessee is committed to providing the highest quality recreation camping programs for youth and adults with special needs. At Easter Seals Camp, campers are encouraged to live and explore nature, learn to be independent, work to overcome fears and play to create memories in an inclusive environment.

All camp programs take place at beautiful YMCA Camp Widjiwagan, which is located at 3088 Smith Springs Road, Nashville, TN 37013. The property is fully accessible for youth and adults of all abilities and is accredited by the American Camp Association.

750 Old Hickory Blvd #2-260 | Brentwood, TN 37027 | (615) 292-6640

---

### **Sports 4 All**

[www.s4af.org](http://www.s4af.org)

Sports 4 All promotes full access to sports and recreation for people with intellectual and developmental disabilities through their programs Equipment Endowment and Project HEALTH. Equipment Endowment redistributes equipment and apparel across the nation to enable full participation in sports and recreation for individuals with disabilities. Project HEALTH offers free, adaptive fitness and nutrition education classes to people of all ability levels throughout the state of Tennessee. For a full list of community classes locations and times visit the calendar on the website.

5827 Charlotte Pike | Nashville, TN 37209 | (615) 354-6454

---

### **United Cerebral Palsy of Middle Tennessee**

<http://ucpmidtn.org/>

United Cerebral Palsy's Sports and Recreation Program is a year-round activity for people with disabilities and their families. Activities take place every Thursday evening and during specially designated weekends. Among regular activities offered are bowling, wheelchair basketball, board games and movie nights.

1200 9th Avenue North, Suite 110 | Nashville, TN 37208 | (615) 242-4091



### Tennessee Sports Concussion Law

<http://health.tn.gov/TBI/concussion.htm>

In April 2013, Tennessee became the 44th state to pass a sports concussion law designed to reduce youth sports concussions and increase awareness of traumatic brain injury.

The legislation, [Public Chapter 148](#), has three key components:

1. To inform and educate coaches, youth athletes and their parents and require them to sign a concussion information form before competing.
2. To require removal of a youth athlete who appears to have suffered a concussion from play or practice at the time of the suspected concussion.
3. To require a youth athlete to be cleared by a licensed health care professional before returning to play or practice.

Both public and private school sports programs and recreational leagues for children under age 18 that require a fee are affected by the new law. The law covers all sports. The Department of Health website contains all the resources that coaches, youth athletes and parents need to fulfill the intent of the law. According to the Centers for Disease Control and Prevention, a concussion is a type of traumatic brain injury that changes the way the brain normally works. Most concussions occur without loss of consciousness. Athletes who have, at any point in their lives, had a concussion have an increased risk for another concussion. Young children and teens are more likely to get a concussion and take longer to recover than adults. The new concussion law is an opportunity to make playing sports safer for Tennessee's young athletes.

At the Department of Health's concussion website, links for the required forms, trainings and guidelines will equip coaches, parents and athletes to recognize and respond to sports-related concussion.

### Concussion Resources

Concussion Information and Training

<http://www.cdc.gov/Concussion>

CDC Concussion Checklist

[http://www.cdc.gov/concussion/pdf/TBI\\_schools\\_checklist\\_508-a.pdf](http://www.cdc.gov/concussion/pdf/TBI_schools_checklist_508-a.pdf)

CDC "Heads Up" concussion in youth sports

<http://www.cdc.gov/concussion/HeadsUp/Training/index.html>

Project BRAIN

[www.tndisability.org/brain](http://www.tndisability.org/brain)

School Wide Concussion Management

<http://brain101.orcasinc.com>

The National Federal of State High School Associations (NFHS) training

<http://www.nfhslearn.com/electiveDetail.aspx?courseID=38000>

## DISABILITY ORGANIZATIONS

### **The Brain Injury Association of Tennessee**

[www.BrainInjuryTN.org](http://www.BrainInjuryTN.org)

955 Woodland Street | Nashville, TN 37206 | (615) 248-2541 | Family Help Line 1-877-757-2428

---

### **Council on Developmental Disabilities**

<http://www.tn.gov/cdd/about.shtml>

The Tennessee Council on Developmental Disabilities is a state office that promotes public policies to increase and support the inclusion of individuals with developmental disabilities in their communities.

1<sup>st</sup> floor, Davy Crockett Tower | 500 James Robertson Parkway | Nashville, TN 37243

Phone: (615) 532-6615 | TTY (615) 741-4562 | Fax: (615) 532-6964

---

### **Epilepsy Foundation**

The Epilepsy Foundation is dedicated to assisting those affected by epilepsy by educating the persons affected and their families. Epilepsy Foundation hosts a variety of programs for various activities, ranging from athletics, art, music and support groups.

Middle & West TN  
[www.epilepsytn.org](http://www.epilepsytn.org)

(615) 269-7091  
(800) 244-0768

Southeast Tennessee  
[www.epilepsy-setn.org](http://www.epilepsy-setn.org)

(423) 634-1771

East Tennessee  
[www.epilspyfoundationtn.org](http://www.epilspyfoundationtn.org)

(800) 951-4991  
(865) 522-4991

---

### **Tennessee Disability Coalition** (see also **Advocacy**)

[www.tndisability.org](http://www.tndisability.org)

955 Woodland Street | Nashville, TN 37206 | (615) 383-9442

---

### **United Cerebral Palsy of Middle Tennessee**

<http://ucpmidttn.org/>

UCPMidTN focuses on services to individuals of all ages and all types of disabilities, especially those that primarily affect mobility. UCP also serves as the area clearinghouse for information on cerebral palsy. Consumers have a wide variety of physical disabilities—approximately 30 percent of UCP consumers have cerebral palsy, and 70 percent have other disabilities including autism, spinal bifida, multiple sclerosis (MS), disability resulting from head and spinal cord injury, amyotrophic lateral sclerosis (ALS), amputations, strokes and heart attacks, and many lesser known physical disabilities.

1200 9th Avenue North, Suite 110 | Nashville, TN 37208 | (615) 242-4091

## EDUCATION

### Project BRAIN

[www.tndisability.org/brain](http://www.tndisability.org/brain)

Project BRAIN is a resource and training network for educators, families and health professionals who support students with Traumatic Brain Injury in Tennessee. The mission is to improve the educational outcomes for students.

Project BRAIN objectives include:

- Increasing awareness of children and youth with brain injury who are served by the school system.
- Providing training and technical assistance to schools, families, and health care providers in the early identification of children with TBI.
- Partnering with Tennessee hospitals to promote effective communication between healthcare providers and educators to facilitate successful transitions.

#### West Region

Wanda Keath

Resource Specialist

(901) 813-8595

[Wanda\\_b@tndisability.org](mailto:Wanda_b@tndisability.org)

#### Middle Region

Paula Denslow, Director

Resource Specialist

(615) 585-2998

[Paula\\_d@tndisability.org](mailto:Paula_d@tndisability.org)

#### East Region

Jennifer Rayman

Resource Specialist

(865) 951-2282

[Jennifer\\_j@tndisability.org](mailto:Jennifer_j@tndisability.org)

---

### Tennessee Department of Education, Special Education

<http://www.tn.gov/education/>

The Department of Education promotes educational services and programs for all Tennessee's students with special education needs. The department is committed to systematic planning along with plan implementation, tracking and accountability as a vehicle for providing the leadership necessary for fulfilling this purpose.

710 James Robertson Parkway | Nashville, TN 37243 | (615) 741-5158

---

### STEP: Support and Training for Exceptional Parents

STEP is a statewide family-to-family program established in 1989 to support families by providing free information, advocacy training and support services to parents of children eligible to receive special education services under the Individual with Disabilities Act (IDEA). STEP services are available from birth through age 22.

12 Professional Plaza | Greeneville, TN 37745 | (800) 280-STEP | [www.tnstep.org/](http://www.tnstep.org/)

Toll Free: (800) 280-STEP | Español: (800) 975-2919 | (423) 639-0125 | FAX: (423) 636-8217

TTY/text: (423) 639-8802 | Email: [information@tnstep.org](mailto:information@tnstep.org)

West Tennessee

(901) 726-4334

[westrtc@tnstep.org](mailto:westrtc@tnstep.org)

East Tennessee

(423) 639-2462

[eastrtc@tnstep.org](mailto:eastrtc@tnstep.org)

Middle Tennessee

(615) 463-2310

[midletc@tnstep.org](mailto:midletc@tnstep.org)

Parent information Message Line

(800) 280-STEP

(800) 975-2919 (Spanish)

**JOBS4TN ONLINE**

<http://www.jobs4tn.gov/>

Tennessee job seekers and employers now have a more powerful tool in searching for jobs and job candidates, the result of an upgrade to the Jobs4TN.gov website. The revisions allow users to customize their workspaces, to expand database searches and how they are saved, and to share jobs through e-mail and the Career Network.

---

**Tennessee Department of Human Services, Vocational Rehabilitation**

<http://tennessee.gov/humanserv/rehab/vrs.html>

Vocational Rehabilitation (VR) is a federal- and state-funded program providing services to help individuals with disabilities enter or return to employment. It is designed to assist individuals of work age with physical and/or mental disabilities compete successfully with others in earning a livelihood.

---

**Tennessee Rehabilitation Center** (see also **Facilities**)

<http://tennessee.gov/humanserv/rehab/trc.html>

The Tennessee Rehabilitation Center (TRC) at Smyrna is a state-operated, comprehensive rehabilitation facility. Services are provided on campus and the majority of clients live on campus in residential units while receiving services.

460 Ninth Ave | Smyrna, TN 37167 | (615) 459-6811 | TDD (615) 233-9402

---

**Tennessee Department of Labor and Work Force Development**

<http://www.tn.gov/labor-wfd/cc/>

The Tennessee Career Center System was designed with valuable input from businesses and private industry statewide. The result is a system able to provide maximum workforce results from one convenient location. Tennessee Career Centers are where people and jobs connect. Tennessee has a network of centers across the state where employers can go to find the workers they need and job seekers can get assistance and career information. Each center offers computerized labor market information, internet access, workshops and an online talent bank, in addition to job placement, recruitment and training referrals. The Career Service system has over 80 locations across the state.

---

**The Benefits to Work Project**

[http://www.tndisability.org/coalition\\_programs/benefits\\_work](http://www.tndisability.org/coalition_programs/benefits_work)

Benefits to Work is a program of the Tennessee Disability Coalition and the Center for Independent Living of Middle Tennessee. The program's purpose is to promote self-sufficiency for individuals with disabilities by alleviating significant obstacles related to work.

**For information contact:** Alice Owens Gatlin, Program Director | Toll Free: 1 (888) 839-5333

## Family Support Program

[http://www.tn.gov/didd/family\\_support/](http://www.tn.gov/didd/family_support/) | 1-800-535-9725

The Family Support Program is state-funded and designed to assist individuals with severe disabilities and their families to remain together in their homes and communities. Services can include but are not limited to: Respite care, day care services, home modifications, equipment, supplies, personal assistance, transportation, homemaker services, housing costs, health-related needs, nursing and counseling. The primary purpose of the program is to support:

- Families who have school-age or younger children with severe disabilities,
- Adults with severe disabilities who choose to live with their families,
- Adults with severe disabilities not supported by other residential programs funded by state or federal government.



---

## SSI/SSDI: Supplemental Security Income (SSI) and Social Security Disability Insurance (SSDI)

[www.ssa.gov](http://www.ssa.gov)

**SSI:** Supplemental Security Income pays benefits based on financial need. The SSI program makes payments to people with low income who are age 65 or older or are blind or have a disability. A child younger than age 18 can qualify if he or she meets Social Security's definition of disability for children, and if his or her income and resources fall within eligibility limits.

**SSDI:** Social Security Disability pays benefits to people who cannot work because they have a medical condition expected to last at least one year or result in death. Federal law requires this very strict definition of disability.

[www.socialsecurity.gov](http://www.socialsecurity.gov) | 1-800-772-1213 | TTY 1-800-325-0778

## HOUSING / LIVING CARE ARRANGEMENTS

### **Accessible Space, Inc.**

<http://www.accessiblespace.org/>

ASI is a nationwide, nonprofit housing and service provider for adults with physical disabilities and seniors. ASI oversees three affordable and accessible apartment complexes in Tennessee in Nashville and Memphis. Meritan provides supportive services to eligible residents of the facilities in Memphis.

Locations:

Hagy Commons  
2737 McCampbell Ave.  
Nashville, TN 37214

McCullough Place  
1456 Gilham Rd  
Memphis, TN 38134

Welsh Manor  
2900 Coleman Rd  
Memphis, TN 38127

---

### **Castalian Springs** (see also **Facilities**)

[www.NeuroRestorative.com](http://www.NeuroRestorative.com)

Transitional and supported living services for adults with brain injuries. Single-family home setting in a rural location.

268 Governor Hall Rd. | Castalian Springs, TN 37031 | (615) 415-7096

---

### **Crumley House** (see also **Facilities**)

[www.Crumleyhouse.com](http://www.Crumleyhouse.com)

Transitional living services for adults with brain injury in a fully accessible building with 14 apartment units, located on 32 acres of land overlooking the mountains

300 Urbana Rd. | Limestone, TN 37681 | (423) 257-3644

---

### **Hosanna Community**

[www.hosannacommunity.org](http://www.hosannacommunity.org)

The Hosanna Community fosters independence for adults with physical disabilities and traumatic brain injuries. Located on seven wooded acres, facilities include living quarters and separate bedrooms for each resident.

6410 Grubb Rd | Hixson, TN 37343 | (423) 870-6880

---

### **21<sup>st</sup> Century Living Services** (see also **Facilities**)

[www.21cldr.com](http://www.21cldr.com)

Supervised living program, supported living program and long-term residential program

575 Airport Rd | Gallatin, TN 37066 | 1-800-452-9771

### **Brain Injury Association of Tennessee**

[www.BrainInjurytn.org](http://www.BrainInjurytn.org)

The Brain Injury Association of Tennessee (BIAT) is a non-for-profit organization dedicated to improving the quality of life for survivors of traumatic brain injury and their families, and to the prevention of brain injuries.

955 Woodland St. | Nashville, TN 37206 | (615) 248-2541 | Family Help Line 1-877-757-2428

---

### **Tennessee Disability Pathfinder**

<http://kc.vanderbilt.edu/pathfinder/>

Tennessee Disability Pathfinder is a free, statewide clearinghouse of disability related resources and services for persons with disabilities, their family members, service providers and advocates.

Pathfinder provides:

- Toll-free statewide bilingual Help-line: 1-800-640-4636
  - Free on-line Services Database: <http://kc.vanderbilt.edu/pathfinder/>
  - Disability Resource Library
- 

### **Tennessee Commission on Aging and Disability**

<http://www.tn.gov/comaging/>

The Tennessee Commission on Aging and Disability is the designated state agency mandated to provide leadership issues on behalf of older persons and individuals with a disability in the state. Contact **the Area Agencies on Aging and Disability** for information on services.

#### **First Tennessee AAAD**

Johnson City, TN | 423-928-0224

[www.ftaaad.org](http://www.ftaaad.org)

#### **East Tennessee AAAD**

Knoxville, TN | 865-691-2551 ext. 4216

[www.ethra.org](http://www.ethra.org)

#### **Southeast Tennessee AAAD**

Chattanooga, TN 37402 | 423-266-5781|

[www.setaaad.org](http://www.setaaad.org)

#### **Upper Cumberland AAAD**

Cookeville, TN | 931-432-4111

[www.ucdd.org](http://www.ucdd.org)

#### **Greater Nashville AAAD**

Nashville, TN | 615-862-8828

[www.gnrcaaad.org](http://www.gnrcaaad.org)

#### **South Central AAAD**

Mount Pleasant, TN | 931-379-2929

[www.sctdd.org](http://www.sctdd.org)

#### **Northwest AAAD**

Martin, TN | 731-587-4213

[www.nwtddhra.org](http://www.nwtddhra.org)

#### **Southwest AAAD**

Jackson, TN | 731-668-6403

[www.swtdd.org](http://www.swtdd.org)

#### **Aging Commission of the Midsouth AAAD**

Memphis, TN | 901-222-4100

[www.agingcommission.org](http://www.agingcommission.org)

## INFORMATION AND REFERRAL

### Tennessee Association of Human Resource Agencies

<http://www.ideliverhope.com/>

The Tennessee General Assembly has established the Human Resource Agencies to be the delivery system for human services throughout the state. Nine regional agencies offer services in the following major categories: Elderly and Disabled Services, Community Intervention, Children and Youth Services, Nutrition Services, Housing Services, Transportation, Education and Employment and Home Health Programs.

Delta Covington, TN 38019 (901) 476-5226 <a href="http://www.deltahra.org">www.deltahra.org</a>	MidCumberland Nashville, TN 37217 (615) 331-6033 <a href="http://www.mchra.com">www.mchra.com</a>	South East Dunlap, TN 37327 (423) 949-2191 or (800) 852-6155 <a href="http://www.sethra.us">www.sethra.us</a>
East Tennessee Knoxville, TN 37923 (865) 691-2551 <a href="http://www.ethra.org">www.ethra.org</a>	Northwest Tennessee Martin, TN 38237 (731) 587-4213 <a href="http://www.nwtdhara.org">www.nwtdhara.org</a>	Southwest Henderson, TN 38340 (731) 989-5111 <a href="http://www.swhra.org">www.swhra.org</a>
First Tennessee Johnson City, TN 37604 (423) 461-8200 <a href="http://www.fthra.org">www.fthra.org</a>	South Central Fayetteville, TN 37334 (931) 433-7182 <a href="http://www.schra.us">www.schra.us</a>	Upper Cumberland Cookeville, TN 38501 (931) 528-1127 <a href="http://www.uchra.com">www.uchra.com</a>

---

### Traumatic Brain Injury Service Coordinators

<http://health.tn.gov/TBI/Index.htm#service>

TBI Service Coordinators are available to assist survivors, families and professionals access programs and services. Call 1-800-882-0611 or:

Memphis area: 901-545-8487	Upper Cumberland area: 931-372-8900
West Tennessee area: 731-541-4941	Chattanooga area: 423-634-1572
Nashville area: 615-248-2541	Knoxville area: 865-541-1499
South central area: 931-684-5222	East area: 423-257-3644

**MEDICARE**

[www.medicare.gov/](http://www.medicare.gov/)

Medicare is health insurance for people 65 or older, people under 65 with certain disabilities, and people of any age with End-Stage Renal Disease. It is not based on income. Individuals with a disability under age 65 are eligible for Medicare benefits once they are qualified for Social Security Disability insurance benefits. Medicare is automatically offered to persons drawing Social Security benefits after a period of 24 months. For more information, call 1-800-MEDICARE

---

**TENNCARE**

<http://www.tn.gov/tenncare/news-about.shtml>

TennCare is Tennessee's Medicaid program. It is run by the State of Tennessee with oversight by the federal government. Medicaid and Medicare are two different programs. Some people can be on both Medicaid and Medicare. TennCare enrollees are primarily low-income, children, pregnant women, parents of minor children and people who are elderly or have a disability.

"CHOICES" is TennCare's program for long-term care services for elderly (65 years of age and older) or disabled (21 years of age and older). Long-term care services include care in a nursing home or certain services to help a person remain at home or in the community. These are called Home and Community Based Services or HCBS.

1-800-342-3145 or Tennessee Health Connection 1-855-259-0701

---



**Centerstone**

<https://www.centerstone.org/>

Centerstone of Tennessee provides a wide range of specialized mental health and substance abuse services to 50,000 people of all ages each year. It operates more than 50 facilities and has more than 160 partnership locations across Middle Tennessee. Among the issues Centerstone addresses are depression, addiction, family conflict, school struggles, stress/anxiety, PTSD/trauma and attention deficit disorder. The organization believes every person matters and is uniquely committed to bridging the gaps between mind and body health through integrated primary and behavioral healthcare.

1101 Sixth Ave. North | Nashville, TN 37208

Toll-free (888) 291-HELP (4357) | Crisis Line: (800)681-7444 | Main phone (615) 463-6600

---

**Tennessee Department of Mental Health and Substance Abuse Services**

<http://www.tn.gov/mental/A&D/>

The Division of Mental Health is responsible for developing, expanding and monitoring a comprehensive continuum of services for citizens of Tennessee, who are at risk of developing or have been diagnosed with serious emotional disturbance, or serious and persistent mental illness. The Division of Substance Abuse Services' responsibilities include developing and implementing a statewide system of substance use, abuse and addiction services for the general public, persons at risk for substance abuse, and persons abusing substances.

Andrew Jackson Building | 500 Deaderick Street | Nashville, TN 37243

---

## **Centers for Independent Living**

Centers for independent living (CILs) are private, nonprofit corporations that provide services to maximize the independence of individuals with disabilities. Centers provide: advocacy, independent living skills training, information and referral, and peer counseling.

### **Center For Independent Living Of Middle Tennessee**

955 Woodland Street  
Nashville TN 37206  
(615) 292-5803 VOICE  
(615) 292-7790 TDD  
[www.cilmtn.org](http://www.cilmtn.org)  
Email [cilmtn@tndisability.org](mailto:cilmtn@tndisability.org)

### **Disability Resource Center**

900 E. Hill, Suite 120  
Knoxville TN 37915  
(865) 637-3666 VOICE  
(865) 637-6796 TDD  
[www.drctn.org](http://www.drctn.org)  
Email [drc@drctn.org](mailto:drc@drctn.org)

### **Jackson Center For Independent Living**

1981 Hollywood Dr.  
Jackson TN 38305  
(731) 668-2211 VOICE  
(731) 256-7026 VIDEO PHONE  
[www.j-cil.com](http://www.j-cil.com)  
Email [information@jcil.tn.org](mailto:information@jcil.tn.org)

### **Memphis Center For Independent Living**

1633 Madison Avenue  
Memphis TN 38104  
(901) 726-6404 VOICE  
[www.mcil.org](http://www.mcil.org)  
Email [mcil@mcil.org](mailto:mcil@mcil.org)

### **TARP, Inc. Center for Independent Living**

1027 Mineral Wells Ave., Suite 3  
Paris, TN 38242  
(731) 644-0026 VOICE  
[www.tarp1.org/](http://www.tarp1.org/)  
Email [moreinfo@tarp1.org](mailto:moreinfo@tarp1.org)

### **Tri-state Resource & Advocacy Corp. (TRAC)**

6925 Shallowford Rd # 300  
Chattanooga, TN 37421  
(423) 892-4774 VOICE  
(423) 892-4774 TDD  
[www.1trac.org](http://www.1trac.org)  
Email [1trac@bellsouth.net](mailto:1trac@bellsouth.net)

---

### **Crumley House (see also Facilities)**

[www.Crumleyhouse.com](http://www.Crumleyhouse.com)

Personal care services available for adults with brain injury in a fully accessible building with 14 apartment units

300 Urbana Rd. | Limestone, TN 37681 | (423) 257-3644

---

**Meritan**

<http://www.meritan.org/>

Meritan provides personal support for persons with brain injury in two affordable and accessible facilities in Memphis. They assist with cooking, cleaning and laundry.

4700 Poplar Ave. Suite 100 | Memphis, TN 38116 | (901) 766-0699

---

**TennCare Choices**

<http://www.tn.gov/tenncare/news-about.shtml>

CHOICES is TennCare's program for long-term care services for elderly (65 years of age and older) or disabled (21 years of age and older). Long-term care services include care in a nursing home or certain services to help a person remain at home or in the community.

1-877-224-0219

---

**Tennessee Respite Coalition**

<http://tnrespite.org/>

The Tennessee Respite Coalition provides relief to families and caregivers from the extraordinary and intensive demands of providing ongoing care.

Statewide Respite Helpline 1-888-579-3754

---

## RESOURCES

### **Americans with Disabilities Act**

[http://www.ada.gov/ada\\_intro.htm](http://www.ada.gov/ada_intro.htm)

The Americans with Disabilities Act (ADA) was signed into law July 26, 1990, by President George H.W. Bush. The ADA is one of America's most comprehensive pieces of civil rights legislation that prohibits discrimination and guarantees people with disabilities have the same opportunities as everyone else to participate in the mainstream of American life -- to enjoy employment opportunities, to purchase goods and services, and to participate in state and local government programs and services. Modeled after the Civil Rights Act of 1964, which prohibits discrimination on the basis of race, color, religion, sex or national origin – and Section 504 of the Rehabilitation Act of 1973 - the ADA is an "equal opportunity" law for people with disabilities.

To be protected by the ADA, one must have a disability, which is defined by the ADA.

---

### **Brain Injury Association of America**

<http://www.biausa.org/>

The mission of the Brain Injury Association of America (BIAA) is to advance brain injury prevention, research, treatment and education and to improve the quality of life for all people affected by brain injury. BIAA is dedicated to increasing access to quality health care and raising awareness and understanding of brain injury. BIAA is a strong voice of brain injury awareness.

---

### **Center for Disease Control and Prevention**

<http://www.cdc.gov/TraumaticBrainInjury/>

CDC's research and programs work to prevent TBI and help people better recognize, respond, and recover if a TBI occurs.

---

## SERVICE COORDINATION

### OUR GOAL

*The goal of the Service Coordination Project is to improve the quality of life for persons with brain injury and their families. The service coordinator assists with “filling in the gaps.”*

### WHAT IS SERVICE COORDINATION?

The service coordinator’s role is to work with survivors of an acquired brain injury and their families to assess their current resources and needs. The service coordinator:

- Develops a comprehensive plan of care
- Provides referrals to available resources
- Coordinates services for individual client advocacy
- Bridges gaps in the service delivery system

Families are assisted in locating information and services appropriate to their situation and guided in securing these services. Professionals can receive technical assistance, resource information and educational components to better understand the unique needs of persons with brain injuries. These services are provided free of charge.

### WHY IS SERVICE COORDINATION NEEDED?

Whether a brain injury is mild, moderate or severe, the result can be a variety of cognitive, behavioral and emotional complications.

As medical technology has improved, more lives have been saved. Families are faced with the dilemma of coping with the consequences of having a loved one with a brain injury. A service coordinator is a valuable resource in helping the survivor get services needed and to help the person and his or her family make the most of life after injury.

The service coordinator works with the survivor to build natural support systems that provide direction for a productive and independent life.

### SCOPE OF SERVICES

All TBI service coordinators deliver the following core services:

- Provide information on brain injury
- Refer clients to qualified services
- Assist clients in applying for and accessing services
- Advocacy in the area of individual rights and benefits
- Developing support groups
- Assisting or consulting in the development of new programs and services



*Service Coordinators “fill in the gaps”.*

## Service Coordinator Contact Information

### WEST REGION

#### Memphis – Carolyn Chambers

Regional One Health  
Traumatic Brain Injury Services, Room A-659  
877 Jefferson Avenue  
Memphis, TN 38103  
(901) 545-8487  
Fax: (901-515-9006  
[cchambers@regionalonehealth.org](mailto:cchambers@regionalonehealth.org)  
Fayette, Haywood, Lauderdale, Shelby,  
Tipton

#### Jackson – Laura Mills

West Tennessee Rehabilitation Center  
620 Skyline Drive  
Jackson, TN 38301  
(731) 541-4941  
Fax: (731) 541-4669  
[Laura.Mills@wth.org](mailto:Laura.Mills@wth.org)  
Benton, Carroll, Chester, Crockett, Decatur, Dyer,  
Gibson, Hardeman, Hardin, Henderson, Henry,  
Houston, Humphreys, Lake, Madison, McNairy,  
Obion, Perry, Stewart, Weakley

### MIDDLE REGION

#### Nashville – Angela Pearson

Brain Injury Association of Tennessee  
955 Woodland Street  
Nashville, TN 37206  
(615) 248-2541  
Fax: (615) 383-1176  
[apearson@braininjurytn.org](mailto:apearson@braininjurytn.org)  
Cheatham, Davidson, Dickson, Montgomery,  
Robertson, Sumner, Trousdale, Williamson,  
Wilson

#### Shelbyville – Brent Lokey

Epilepsy Foundation  
319 Bethany Lane  
Shelbyville, TN 37160  
(931) 684-5222 / (800) 697-3368  
Fax: (931) 684-7445  
[Firstmost@bellsouth.net](mailto:Firstmost@bellsouth.net)  
Bedford, Coffee, Franklin, Giles, Hickman,  
Lawrence, Lewis, Lincoln, Marshall, Maury,  
Moore, Rutherford, Wayne

### CENTRAL REGION

#### Upper Cumberland – Rick Hall

Epilepsy Foundation  
118 South Dixie, Suite 8  
Cookeville, TN 38501  
(931) 372-8900 / (877) 894-8900  
Fax: (931) 372-8900  
[Harlanhall@yahoo.com](mailto:Harlanhall@yahoo.com)  
Cannon, Clay, Cumberland, Dekalb, Fentress,  
Jackson, Macon, Overton, Pickett, Putnam, Roane,  
Smith, Van Buren, Warren, White

#### Chattanooga – Lisa Morgan

Chattanooga Area Brain Injury Association  
One Siskin Plaza  
Chattanooga, TN 37403  
(423) 634-1572  
Fax: (423) 634-4542  
[Chattanoogabraininjury@gmail.com](mailto:Chattanoogabraininjury@gmail.com)  
Bledsoe, Bradley, Grundy, Hamilton, Marion,  
McMinn, Meigs, Polk, Rhea, Sequatchie

### EAST REGION

#### Knoxville – Patty Cruze

Patricia Neal Rehab at Fort Sanders  
1901 Clinch Ave. 5<sup>th</sup> Floor East  
Knoxville, TN 37916  
(865) 541-1499  
Fax: (865) 541-1273  
[PCruze@CovHlth.com](mailto:PCruze@CovHlth.com)  
Anderson, Blount, Campbell, Cocke,  
Grainger, Hamblen, Jefferson, Knox,  
Loudon, Monroe, Morgan,  
Sevier, Scott, Union

#### Johnson City – Fredda Roberts

Crumley House  
300 Urbana Rd  
Limestone, TN 37681  
(423) 257-3644 ext. 6  
Fax: (423) 257-6594  
[Fredda@crumleyhouse.com](mailto:Fredda@crumleyhouse.com)  
Carter, Claiborne, Greene, Hancock, Hawkins,  
Johnson, Sullivan, Unicoi, Washington

## SUPPORT GROUPS

### Traumatic Brain Injury Service Coordinator Support Groups

<http://health.tn.gov/TBI/Index.htm#service>

TBI Service Coordinators provide local brain injury support groups for survivors, families, and related professionals. Call 1-800-882-0611 or:

Memphis area: 901-545-8487	Upper Cumberland area: 931-372-8900
West Tennessee area: 731-541-4941	Chattanooga area: 423-634-1572
Nashville area: 615-248-2541	Knoxville area: 865-541-1499
South central area: 931-684-5222	Upper East area: 423-257-3644 ext. 6

---

### Vanderbilt Trauma Survivor Network

<http://www.traumasurvivorsnetwork.org/pages/about-us>

The Trauma Survivors Network (TSN) is a community of patients and families looking to connect with one another and rebuild their lives after a serious injury.

---



## **FACILITIES AND SERVICES**

## A GUIDE FOR SELECTING A FACILITY

1. Before you visit a facility, prepare a list of questions. Don't be concerned about requesting answers or asking for information; it simply shows you want the best for a friend or loved one. Write down the staff answers during interviews; this will give you a record of what was said and allow you to compare information from different programs or facilities.
2. There are many brain injury rehabilitation facilities and many have their own specialties. If your loved one has physical problems such as difficulty walking or balance issues, look for a facility with a strong physical therapy program. If your loved one is experiencing behavioral problems, a facility with a neurobehavioral program may suit your needs.
3. Try to obtain the names of at least three facilities to visit and compare for your family member.
4. Determine if the program team is experienced specifically in brain injury. A well-established rehabilitation program will have staff with many years of experience and expertise in brain injury. Specialized staff may also use more innovative treatment techniques and be more sensitive to the needs of patients and their families. Look for a team approach to planning and treatment.
5. Ask if the facility is accredited by a nationally recognized accrediting body such as the Commission on Accreditation of Rehabilitation Facilities (CARF). The Joint Commission is an independent organization that sets the highest quality control standards for healthcare. Rehab programs are not required to obtain accreditation. Those who request to be reviewed for accreditation demonstrate a strong commitment to quality.
6. Find out how much therapy is offered and how often. Facilities vary widely in their service provision.
7. Location should be just one of the many factors families consider when selecting a rehabilitation program. If a nearby program is not familiar with traumatic brain injury, it may be advantageous to travel further to ensure an appropriate program.
8. Ask for referrals to families of individuals who have participated in the program within the past year. Ask the families what they looked for in the program, what they were told prior to admission, their opinion of the program and what they would do differently.
9. Tour the facilities. Look for a clean environment with caring staff and adequate space for therapy. Determine that staff and survivors know where and when a person is supposed to be at all times. Look for a system that lets new or temporary staff become familiar with the survivor's program and needs.
10. Your final decision should be determined by your own opinions. This will continue to be the most important criteria in the long-term care of your loved one.

## ACCREDITATIONS

National Accreditation Commissions, such as those mentioned below, are paid by facilities to visit their location and conduct an outside evaluation of services. The evaluation is conducted by experts in the appropriate specialty areas who apply very strict standards of care to the evaluation process. If a facility meets the standards, the agency will accredit the facility for a period of one to three years and facilities may then notify the public they have met these very strict standards. Accreditations used in this guide are:

TJC:	The Joint Commission
CARF:	Commission on Accreditation of Rehabilitation Facilities
	CARF in General Rehabilitation
	CARF in Comprehensive Inpatient Rehabilitation
CARF-BI	CARF in Brain Injury
CORF	Comprehensive Outpatient Rehabilitation Facility

## FACILITIES / SERVICES IN STATE

**Associated Therapeutics, Inc.**  
**2704 Mineral Springs Avenue**  
**Knoxville, TN 37917**  
[www.associatedtherapeutics.com](http://www.associatedtherapeutics.com)

**For information, contact:** Thomas J. Kelly, PT, President  
**Phone:** 865-687-4537

### **Program Description:**

Associated Therapeutics, Inc. is a comprehensive outpatient physical therapy aquatic and fitness center. In addition to physical therapy programs, Associated Therapeutics, Inc. features a community based aquatic and fitness center, with a variety of land and aquatic group classes. Membership is open to the public and patients receive a discounted joining fee within the first year of physical therapy treatment.

### **Admissions criteria:**

Physician's prescription as well as Direct Access

**Ages accepted:** Birth - 56+

**Number of people with brain injuries served per year:** 25

### **Accreditations:**

Medicare

### **Reimbursement Accepted:**

Private insurance

Medicare

Self-pay

Veteran's benefits

Worker's Comp

### **Rehabilitation Programs:**

Adult stroke rehabilitation

Outpatient rehabilitation-adult

Outpatient rehabilitation-pediatric

### **Services Available:**

Aquatic therapy

Physical therapy

Vestibular/Balance program

Work adjustment training

**FACILITIES / SERVICES IN STATE**

**Baptist Rehabilitation Germantown**  
**2100 Exeter Road**  
**Germantown, TN 38138**  
[www.baptistonline.org/germantown](http://www.baptistonline.org/germantown)

**For information, contact:** Referrals                      **Phone:** 901-757-3479

**Program Description:**

Baptist Rehabilitation Germantown has the only day treatment facility in the tri-state area. It also provides comprehensive inpatient and outpatient rehabilitation for all types of acquired brain injury.

**Admissions criteria:**

Call for admission criteria: 901-757-3479                      **Ages accepted:** 13 - 56+

**Number of people with brain injuries served per year:** 60

**Accreditations:**

TJC	CARF-BI
CARF	Medicare

**Reimbursement Accepted:**

Private insurance	Veteran's benefits
Medicare	Worker's Comp
Medicaid/TennCare	CHAMPUS
Self-pay	

**Rehabilitation Programs:**

Acute inpatient rehabilitation-adult	Outpatient rehabilitation-pediatric
Adult stroke rehabilitation	Outpatient neurological rehabilitation
Community re-entry	Post rehabilitation program
Day treatment	Traumatic brain injury program
Outpatient rehabilitation-adult	Amputee clinic

**Services Available:**

Academic transitioning	Cognitive retraining	Physical therapy
Adult education	Community re-entry	Recreation therapy
Amputee clinic	Community outings	Rehab nursing (post-acute chronic)
Aquatic therapy	Counseling	Religious support
Assistance with insurance issues	Diagnostic services	Respiratory therapy
Assistive technology	Education	Speech language pathology
Behavior modification	Independent living skills	Support group
Brain injury service coordination	Inpatient rehab	Swallowing recovery program
Case management	Neurology	Transportation
Care coordination	Nursing	Vestibular/Balance program
	Occupational therapy	Wound management center
	Organized socialization	

**FACILITIES / SERVICES IN STATE**

**Children's Hospital at Erlanger**  
**910 Blackford Street**  
**Chattanooga, TN 37403**  
[www.erlanger.org](http://www.erlanger.org)

**For information, contact:** Marisa Moyers, RN, Trauma Coordinator  
**Phone:** (423) 778-7262

**Program Description:**

Level 1 trauma center / Comprehensive Regional Pediatric Center with 33 pediatric emergency department beds, 14 pediatric intensive care beds, 58 neonatal intensive care beds and 50 inpatient pediatric beds

**Admissions criteria:** Any patient presenting with conditions deemed necessary for admission by a physician with admitting privileges

**Ages accepted:** Birth - 21

**Accreditations:**

TJC  
Medicare

**Reimbursement Accepted:**

Private Insurance	Worker's Comp
Medicare	SSI
Medicaid/TennCare	CHAMPUS
Self-pay	State/county Mental Health funds

**Rehabilitation Programs:**

Acute inpatient rehabilitation-pediatric	Outpatient rehabilitation-pediatric
Day treatment	Traumatic brain injury program

**Services Available:**

Audiology	Neurology
Assistance with insurance issues	Nursing
Behavior modification	Occupational therapy
Brain injury service coordination	Physical therapy
Case management	Religious support
Care coordination	Respiratory therapy
Diagnostic services	Social services
Education	Speech language pathology
Financial planning	Support group
	Vocational evaluation and assessment
	Wound management center

**FACILITIES / SERVICES IN STATE**

**The Crumley House Brain Injury Rehabilitation Center**  
**300 Urbana Road**  
**Limestone, TN 37681**  
[www.crumleyhouse.com](http://www.crumleyhouse.com)

**For information, contact:** Guynn Edwards, Executive Director  
**Phone:** 423-257-3644

**Program Description:**

Crumley House specializes in rehabilitation of brain injury survivors. The program includes activities to promote maximization of independence.

**Admissions criteria:** brain injury survivor

**Ages accepted:** 18 and up

**Number of people with brain injuries served per year:** 50

**Reimbursement Accepted:**

State/county Vocational Rehabilitation funds  
Developmentally Disabled funds  
Self-pay  
TennCare Choices Program  
Worker's Comp  
SSI

**Rehabilitation Programs:**

Behavior management  
Community re-entry  
Day treatment  
Recreation program  
Vocational program  
Traumatic Brain Injury Program

**Services Available:**

Academic transitioning	Prevocational training
Assistive technology	Recreation therapy
Behavior modification	Respite care
Case manager/Care Coordinator	Religious supports
Community re-entry	Social services
Community outings	Support group
Cognitive retraining	Supported employment placement
Housing	Transportation
Independent living skills	Vocational evaluation
Job coaching	Work adjustment training
Organized socialization	

**FACILITIES / SERVICES IN STATE**

**East Tennessee Children's Hospital Rehabilitation Center**  
**1025 Children's Way**  
**Knoxville, TN 37922**  
[www.etch.com](http://www.etch.com)

**For information, contact:** Anne Woodle, Director or Tracy Bock, Social Work Manager  
**Phone:** (865) 690-8961

**Program Description:**

Outpatient evaluation and treatment in physical, occupational and speech therapy

**Admissions criteria:** Physician referral

**Ages accepted:** birth - 22

**Number of people with brain injuries served per year:** 20

**Accreditations:**

TJC

**Reimbursement Accepted:**

Private insurance

Medicaid/TennCare

Self-pay

Veteran's benefits

Developmentally Disabled funds

CHAMPUS

**Rehabilitation Programs:**

Outpatient rehabilitation-pediatric

**Services Available:**

Aquatic therapy

Assistance with insurance issues

Occupational therapy

Physical therapy

Social services

Speech language pathology

## FACILITIES / SERVICES IN STATE

**First Steps, Inc.**  
**1900 Graybar Lane**  
**Nashville, TN 37215**  
[www.firststepsnashville.org](http://www.firststepsnashville.org)

**For information, contact:** Dana Hulls, Office Manager  
Suzanne Satterfield, Therapy Program Coordinator

**Phone:** (615) 690-3091

### **Program Description:**

A nonprofit organization working with children birth to 12 years of age. Services include a childcare center that provides inclusive services to children with special needs. First Steps also has an outreach program that serves children birth to three years in the community setting. First Steps has a 50-year history of providing individualized education, child development, and therapy to children in the Nashville community, including those who have been turned away from other programs due to the severity of their health issues, medical needs or limited resources.

### **Admissions criteria:**

Childcare center: Birth to five years children with special needs and typically developing children

Outreach services: Birth to three years

Therapy services: Birth to 12 years

**Ages accepted:** Birth - 12

**Number of people with brain injuries served per year:** 5

### **Accreditations:**

Medicare

### **Reimbursement Accepted:**

Private insurance

Medicaid/TennCare

Self-pay

### **Rehabilitation Programs:**

Outpatient rehabilitation-pediatric

### **Services Available:**

Aquatic therapy

Aural habilitation

Diagnostic services

Feeding therapy

Occupational therapy

Physical therapy

Speech language pathology

**FACILITIES / SERVICES IN STATE**

**HealthSouth Cane Creek Rehabilitation Hospital**  
**180 Mount Pelia Road**  
**Martin, TN 38237**  
[www.healthsouthcanecreek.com](http://www.healthsouthcanecreek.com)

**For information, contact:** Lori Manley, Director of Therapy Operations  
**Phone:** (731) 587-4231 ext. 200

**Program Description:**

Acute inpatient rehabilitation which services include: PT, OT, ST, Respiratory, Case Management, Psychiatry, Medical Management, Psychology Services and Certified Rehabilitation Nursing

**Admissions criteria:** Acute inpatient rehabilitation

**Ages accepted:** 14 - 56+

**Number of people with brain injuries served per year:** 30

**Accreditations:**

TJC  
Medicare  
Other: TJC Disease

**Reimbursement Accepted:**

Private insurance	Worker's Comp
Medicare	Vocational Rehabilitation
Self-pay	CHAMPUS
Veteran's benefits	

**Rehabilitation Programs:**

Acute inpatient rehabilitation-adult  
Adult stroke rehabilitation  
Community re-entry  
Traumatic brain injury program

**Services Available:**

Assistance with insurance issues	Occupational therapy
Assistive technology	Physical therapy
Case management	Rehab nursing (post-acute chronic)
Cognitive retraining	Respiratory therapy
Community re-entry	Social services
Home and structural modifications	Speech language pathology
Independent living skills	Vestibular/Balance program
Nursing	Vision therapy

**FACILITIES / SERVICES IN STATE**

**HealthSouth Chattanooga Rehabilitation Hospital**  
2412 McCallie Avenue  
Chattanooga, TN 37404  
[www.healthsouthchattanooga.com](http://www.healthsouthchattanooga.com)

**For information, contact:** Stephanie Ott, RN, CRRN, Director of Marketing Operations  
**Phone:** (423) 698-0221, ext. 143

**Program Description:**

A 50 bed acute, inpatient rehabilitation hospital that offers a diverse range of inpatient services, including brain injury. Our advanced technology assists our patients in reaching their maximum functional and cognitive potential.

**Admissions criteria:** Have a need for therapy and a qualifying diagnosis

**Ages accepted:** 13-56+

**Number of people with brain injuries served per year:** 65

**Accreditations:**

TJC  
Medicare  
TJC Disease

**Reimbursement Accepted:**

Private insurance  
Medicare  
Medicaid/TennCare  
Worker's Comp

**Rehabilitation Programs:**

Acute inpatient rehabilitation-adult  
Acute inpatient rehabilitation-pediatric  
Adult stroke rehabilitation  
Community re-entry  
Traumatic brain injury program

**Services Available:**

Academic transitioning  
Assistance with insurance issues  
Assistive technology  
Behavior modification  
Case management  
Care coordination  
Cognitive retraining  
Community re-entry  
Diagnostic services  
Education  
Independent living skills  
Inpatient rehab  
Nursing  
Occupational therapy  
Physical therapy  
Rehab nursing (post-acute chronic)  
Respiratory therapy  
Social services  
Speech language pathology  
Support group  
Swallowing recovery program  
Vestibular/Balance program  
Vision therapy

**FACILITIES / SERVICES IN STATE**

**HealthSouth Rehabilitation Hospital of Memphis**  
**1282 Union Ave**  
**Memphis, TN 38104**  
[www.healthsouthmemphis.com](http://www.healthsouthmemphis.com)

**For information, contact:** Elizabeth Robertson, Area Director of Marketing Operations  
**Phone:** (901) 258-4541

**Program Description:**

HealthSouth Rehabilitation Hospital is a Joint Commission Accredited Disease-Specific provider for Brain Injury Rehabilitation. The program offers comprehensive inpatient and outpatient rehabilitation to those affected by traumatic and non-traumatic brain injury.

**Admissions criteria:** Inpatients must be able to participate in an acute rehabilitation hospital program.

**Ages accepted:** 13-56+      **Number of people with brain injuries served per year:** 130

**Accreditations:**

TJC  
Medicare

**Reimbursement Accepted:**

Private insurance	Medicaid/TennCare
Medicare	Worker's Comp
CHAMPUS	Self-pay

**Rehabilitation Programs:**

Acute inpatient rehabilitation adult	Outpatient rehabilitation-adult
Adult stroke rehabilitation	Outpatient rehabilitation-pediatric
Community re-entry	Outpatient neurological rehabilitation
Traumatic brain injury program	Post rehabilitation program

**Services Available:**

Academic transitioning	Independent living skills
Aquatic therapy	Inpatient rehab
Assistance with insurance issues	Neurology
Assistive technology	Nursing
Behavior modification	Occupational therapy
Brain injury service coordination	Physical therapy
Case management	Rehab nursing (post-acute chronic)
Care coordination	Religious support
Cognitive retraining	Respiratory therapy
Community re-entry	Social services
Community outings	Speech language pathology
Counseling	Swallowing recovery program
Diagnostic services	Wheelchair seating clinic
Education	

**FACILITIES / SERVICES IN STATE**

**Hope House, Faith House**  
**6410 Grubb Rd**  
**Hixson, TN 37343**  
[www.hosannacommunity.org](http://www.hosannacommunity.org)

**For information, contact:** Susan DiStefano or Katie Walters  
**Phone:** (423) 870-6880

**Program Description:** Provides independent living for residents with traumatic brain injury or physical disabilities.

**Admissions criteria:** Must be able to use bathroom without assistance, self-feed, do laundry, be medicine compliant

**Ages accepted:** 23-55  
Approx. half of residents have brain injury

**Reimbursement Accepted:**  
Private insurance  
Self-pay  
SSI

**Services Available:**

Assistance with insurance issues  
Brain injury service coordination  
Case management  
Community re-entry  
Community outings  
Counseling  
Housing  
Independent living skills

Job coaching (on contract)  
Occupational therapy (on contract)  
Organized socialization  
Physical therapy (on contract)  
Religious support  
Social services  
Transportation

**FACILITIES / SERVICES IN STATE**

**LearningRx**

<b>Nashville</b> 5554 Franklin Pike, Suite 200 Nashville, TN 37220  <b>Contact:</b> Adam Butler, Executive Director <b>Phone:</b> 615-953-8899	<b>Murfreesboro</b> 2042 Lascassas Pike, A7 Murfreesboro, TN 37130  <b>Contact:</b> Adam Butler, Executive Director <b>Phone:</b> 615-953-8899	<b>Memphis-Germantown</b> Players Crossing Office Park, Suite 109 Memphis, TN 38125  <b>Contact:</b> Ms. Shervelle Thomas, Executive Director <b>Phone:</b> 901- 620-2150	<b>Chattanooga East</b> 2040 Hamilton Place Blvd. Chattanooga, TN 37421  <b>Contact:</b> Ms. Michelle Hecker Davis, Executive Director <b>Phone:</b> 423- 305-1599
---	---	---	---

<http://www.learningrx.com>

**Program Description:**

LearningRx is a nationwide network of brain training centers that helps children and adults learn and perform faster, better and more easily. Lives are changed through brain training. At the root of LearningRx's success is a brain training program that has unmatched power to unlock learning potential by effectively addressing the cause of learning struggles. That cause is unseen cognitive skill weaknesses.

**Admissions criteria:** Assessment

**Ages accepted:** Five to senior adults

**Number of people with brain injuries served per year:** 250-500 (nationwide)

**Accreditations:** none

**Reimbursement Accepted:**

Self-pay

**Rehabilitation Programs:**

Traumatic brain injury program

**Services Available:**

Cognitive retraining

**FACILITIES / SERVICES IN STATE**

**NeuroRestorative Tennessee**  
**268 Governor Hall Road**  
**Castalian Springs, TN 37031**  
[www.neurorestorative.com](http://www.neurorestorative.com)

**For information, contact:** Program Director  
**Phone:** (615) 415-7096

**Program Description:** Supported and Transitional Living Services for adults

**Admissions criteria:** Adult with brain injury

**Accreditations:**  
CARF

**Reimbursement Accepted:**

Private insurance  
Self-pay  
Veteran's benefits  
Worker's Comp  
Developmentally Disabled funds  
Vocational rehabilitation

**Rehabilitation Programs:**

Community re-entry  
Outpatient rehabilitation-adult  
Outpatient rehabilitation-pediatric  
Post rehabilitation program  
Traumatic brain injury program

**Services Available:**

Brain injury service coordination  
Case management  
Community re-entry  
Community outings  
GED training  
Housing

Independent living skills  
Job coaching  
Nursing  
Organized socialization  
Prevocational training  
Residential program  
Transportation



## FACILITIES / SERVICES IN STATE

**Pi Beta Phi Rehabilitation Institute**  
**At the Vanderbilt Bill Wilkerson Center**  
**1215 21<sup>st</sup> Ave. South, Suite 9211**  
**Nashville, TN 37232-8590**

[www.vanderbilthealth.com/billwilkerson/28733](http://www.vanderbilthealth.com/billwilkerson/28733)

**For information, phone:** (615) 936-5040

**Program Description:** PBPRI serves as the Outpatient neurological rehabilitation institute for adolescents and adults at Vanderbilt University Medical Center. Common neurological diagnoses treated include traumatic brain injury, stroke, Parkinson's disease, multiple sclerosis, brain tumors and balance disorders. An individualized, structured program is designed for each patient with a goal of maximizing independence in physical, cognitive and emotional functioning.

**Ages accepted:** Three and up

**Number of people with brain injuries served per year:** 150

### **Accreditations:**

TJC

Medicare

### **Reimbursement Accepted:**

Private insurance

Medicare

Medicaid/TennCare

Self-pay

Veteran's benefits

Worker's Comp

Vocational Rehabilitation

CHAMPUS

### **Rehabilitation Programs:**

Outpatient neurological rehabilitation

Pediatric outpatient rehab

Traumatic brain injury program

### **Services Available:**

Academic transitioning

Assistance with insurance issues

Assistive technology

Case management

Care coordination

Cognitive retraining

Community re-entry

Counseling

Driving evaluation/Education

Education

Independent living skills

Occupational therapy

Physical therapy

School liaison

Social services

Speech language pathology

Vestibular/Balance program

Vision therapy

Wheelchair seating clinic

**FACILITIES / SERVICES IN STATE**

**Quiet Oaks Adult Care Home**  
**3872 Brayton Mountain Rd**  
**Graysville, TN 37338**  
[www.quietoak.com](http://www.quietoak.com)

**For information, contact:** Laura Morrison, RN Administrator  
**Phone:** (423) 775-7658

**Program Description:**

Licensed by the Tennessee Department of Health Care Facilities as an Adult Care home Level 2 for ventilator dependent persons. Provided is housing, nursing staff and specialized long term care for five ventilator dependent persons in a home-like environment.

**Admissions criteria:** Ventilator dependent for 12-24 hour/day

**Ages accepted:** 13 - 56+

**Number of people with brain injuries served per year:** Five rooms

**Reimbursement Accepted:**

Private insurance  
Medicaid/TennCare  
Self-pay  
Veteran's benefits  
Worker's Comp  
CHAMPUS

**Services Available:**

Case management  
Care coordination  
Housing  
Nursing  
Respiratory therapy  
Transportation  
Ventilator support

## FACILITIES / SERVICES IN STATE

**Quillen Rehabilitation Hospital**  
2511 Wesley Street  
Johnson City, TN 37601  
[www.msha.com](http://www.msha.com)

**For information, contact:** Carole Colbaugh, RN Case manager  
**Phone:** (423) 952-1734

### **Program Description:**

Quillen Rehabilitation Hospital is a fully accredited inpatient and outpatient rehabilitation center and offers services to patients with issues such as brain and spinal cord injuries, stroke, neuromuscular problems, orthopedic, cardiac and pulmonary conditions, amputations, burns, rheumatologic impairments and major multiple trauma.

**Ages accepted:** 13-56+

### **Accreditations:**

TJC  
CARF

### **Reimbursement Accepted:**

Private insurance  
Medicare  
Worker's Comp

### **Rehabilitation Programs:**

Acute inpatient rehabilitation-adult  
Adult stroke rehabilitation  
Community re-entry

### **Services Available:**

Audiology	Neuropsychological evaluation
Aquatic therapy	Nursing
Assistance with insurance issues	Occupational therapy
Assistive technology	Physical therapy
Case management	Rehab nursing (post-acute chronic)
Care coordination	Religious support
Community re-entry	Respiratory therapy
Counseling	Social services
Diagnostic services	Speech language pathology
Education	Support group
Independent living skills	Swallowing recovery program
Inpatient rehab	Transportation
	Vestibular/Balance program

**FACILITIES / SERVICES IN STATE**

**Regional One Health Rehabilitation Hospital  
890 Madison Avenue  
Memphis, TN 38103**

<http://www.regionalonehealth.org/rehabilitation-hospital/>

**For information, contact:** Gail C. Stewart, Director of Rehabilitation Services  
**Phone:** (901) 545-8492

**Program Description:** Acute care rehabilitation hospital

**Admissions criteria:** Have a rehab diagnosis. Be medically stable. Have a discharge plan.  
Tolerate at least three hours of therapy daily

**Ages accepted:** 18+

**Accreditations:**

TJC  
CARF

**Reimbursement Accepted:**

Private insurance  
Medicare  
TennCare  
Self-pay  
Worker's Comp  
Mississippi and Missouri Medicaid

**Rehabilitation Programs:**

Acute inpatient rehabilitation-adult  
Adult stroke rehabilitation  
Community re-entry  
Outpatient rehabilitation-adult

**Services Available:**

Assistance with insurance issues	Organized socialization
Assistive technology	Physical therapy
Behavior modification	Recreation therapy
Brain injury service coordination	Rehab nursing (post-acute chronic)
Case management	Religious support
Care coordination	Respiratory therapy
Cognitive retraining	Social services
Community re-entry	Speech language pathology
Community outings	Support group
Independent living skills	Swallowing recovery program
Inpatient rehab	Transitional suite, ADL training
Nursing	Wheelchair basketball
Occupational therapy	Wound management center

**FACILITIES / SERVICES IN STATE**

**Regional One Health**  
**877 Jefferson Avenue**  
**Memphis, TN 38103**  
<http://www.regionalonehealth.org/>

**For information, phone:** (901) 545-7100

**Program Description:**

Regional One Health provides the mid-south highly specialized acute care services and outpatient rehabilitation services

**Ages accepted:** Birth - 56+

**Number of people with brain injuries served per year:** 464+

**Accreditations:**

TJC

**Reimbursement Accepted:**

Private insurance  
Medicare  
Medicaid/TennCare  
Self-pay  
Veteran's benefits  
Worker's Comp  
CHAMPUS  
Tricare

**Rehabilitation Programs:**

Adult stroke rehabilitation  
Traumatic brain injury program  
Adult orthopedic rehabilitation  
Adult neuromuscular rehabilitation

**Services Available:**

Audiology	Pastoral care
Assistance with insurance issues	Physical therapy
Brain injury service coordination	Respiratory therapy
Case management	Social services
Care coordination	Speech language pathology
Nursing	Support group
Occupational therapy	

**FACILITIES / SERVICES IN STATE**

**Saint Thomas Outpatient Rehabilitation**

**Midtown Medical Plaza**  
2021 Church St. Ste 502  
Nashville, TN 37203

**Cool Springs**  
101 International Dr. Ste 102  
Franklin, TN 37067  
[www.sthealth.com/rehab](http://www.sthealth.com/rehab)

**Murfreesboro**  
203 B Memorial Blvd  
Murfreesboro, TN 37129

**For information, contact:** Adam Sumrall, Marketing  
**Phone:** (615) 284-7555

**Program Description:**

Locations specific to the treatment of traumatic brain injuries. Patients can utilize physical, occupational and speech therapy all in one location with professionals who only treat neurological conditions. These sessions are in a one-on-one environment for an hour, if the patient can handle the duration.

**Admissions criteria:** Doctor's prescription. Must provide own transportation

**Ages accepted:** Birth - 56+

**Accreditations:**

TJC

**Reimbursement Accepted:**

Private insurance	Self-pay
Medicare	Veteran's benefits
Medicaid/TennCare	Worker's Comp

**Rehabilitation Programs:**

Adult stroke rehabilitation	Outpatient neurological rehabilitation
Outpatient rehabilitation-adult	Traumatic brain injury program
Outpatient rehabilitation-pediatric	

**Services Available:**

Aquatic therapy	Speech language pathology
Cognitive retraining	Support group
Community outings	Swallowing recovery program
Driving evaluation/Education	Vestibular/Balance program
Independent living skills	Vision therapy
Occupational therapy	
Physical therapy	
Religious support	

**FACILITIES / SERVICES IN STATE**

**Select Specialty Hospital – Nashville**  
**2000 Hayes Street**  
**Nashville, TN 37203**  
[www.selectmedical.com](http://www.selectmedical.com)

**For information, contact:** Lori Andrews, Director, Business Development  
**Phone:** (615) 284-6705 or (615) 330-1356

**Program Description:**

Select Specialty Hospital provides highly specialized care to promote recovery from the most critical and complex medical and surgical conditions including, but not limited to, cardiac/heart failure, infectious disease, medically complex treatment, neuro/post trauma, pulmonary/ventilator weaning, venal and wound care.

**Ages accepted:** 23-56+

**Number of people with brain injuries served per year:** 146

**Accreditations:**

TJC  
Medicare

**Reimbursement Accepted:**

Private insurance  
Medicare  
Self-pay  
Worker's Comp  
CHAMPUS

**Rehabilitation Programs:**

Acute inpatient rehabilitation-adult

**Services Available:**

Case management	Physical therapy
Care coordination	Respiratory therapy
Coma stimulation	Social services
Inpatient rehab	Speech language pathology
Job coaching	Ventilator support
Nursing	Wound management center
Occupational therapy	

**FACILITIES / SERVICES IN STATE**

**Select Specialty Hospital – Memphis**  
**5959 Park Avenue, 12<sup>th</sup> floor**  
**Memphis, TN 38119**

[www.memphis.selectspecialtyhospitals.com](http://www.memphis.selectspecialtyhospitals.com)

**For information, contact:** Director of Business Development

**Phone:** (901) 761-3013 x13

**Program Description:**

Select Specialty Hospital treats patients who have a need for a longer hospital stay due to their illness, multiple injuries or medical complications. These unique medical needs require more intensive, focused hospital care combined with more aggressive therapy than a traditional hospital may be able to provide.

**Ages accepted:** 18-56+

**Number of people with brain injuries served per year:** 146

**Accreditations:**

TJC

Medicare

COLA

**Reimbursement Accepted:**

Private insurance

Medicare

Medicaid/TennCare

Worker's Comp

CHAMPUS

**Rehabilitation Programs:**

Adult stroke rehabilitation

Traumatic brain injury program

Ventilator weaning program

**Services Available:**

Case management

Cognitive retraining

Coma stimulation

Diagnostic services

Education

Independent living skills

Inpatient rehab

Neurology

Nursing

Occupational therapy

Physical therapy

Religious support

Respiratory therapy

Speech language pathology

Swallowing recovery program

Ventilator support

Wound management center

**FACILITIES / SERVICES IN STATE**

**Siskin Hospital for Physical Rehabilitation  
Chattanooga (Inpatient and Outpatient)  
Cleveland, East Brainerd, Signal Mountain (Outpatient locations)**  
[www.siskinrehab.org](http://www.siskinrehab.org)

**For information, contact:** Tod Cain, Administrative Director of Clinical Services  
**Phone:** (423) 634-1200 Admissions: (423) 634-1277

**Program Description:**

Siskin Hospital is a not-for-profit, free standing rehabilitation hospital that offers a full continuum of traumatic brain injury rehabilitation and follow-up services designed to best serve survivors' needs.

**Admissions criteria:** Requirements vary by program

**Ages accepted:** 13 - 56+

**Accreditations:**

TJC CARF-BI  
CARF Medicare

**Reimbursement Accepted:**

Private insurance Self-pay Vocational Rehabilitation  
Medicare Worker's Comp CHAMPUS  
Medicaid/TennCare

**Rehabilitation Programs:**

Acute inpatient rehabilitation-adult Outpatient neurological rehabilitation  
Adult stroke rehabilitation Psychosocial adjustment program  
Community re-entry Traumatic brain injury program  
Outpatient rehabilitation-adult Vocational program  
Outpatient rehabilitation -pediatric

**Services Available:**

Audiology	Driving evaluation/Education	Respiratory therapy
Aquatic therapy	Home and structural modifications	Social services
Assistance with insurance issues	Independent living skills	Speech language pathology
Assistive technology	Inpatient rehab	Support group
Behavior modification	Job coaching	Swallowing recovery program
Brain injury service coordination	Neuropsychological evaluation	Vestibular/Balance program
Case management	Nursing	Vision therapy
Care coordination	Occupational therapy	Vocational training
Cognitive retraining	Organized socialization	Vocational evaluation and assessment
Community re-entry	Peer counseling	Wheelchair seating clinic
Community outings	Physical therapy	Work adjustment training
Counseling	Prevocational training	
Diagnostic services	Rehab nursing (post-acute chronic)	
	Religious support	

**FACILITIES / SERVICES IN STATE**

**Tennessee Rehabilitation Center TBI Program**  
**460 Ninth Ave**  
**Smyrna, TN 37167**  
<http://tn.gov/humanserv/rehab/trc.html>

**For information, contact:** Clinical Services Administrator **Phone:** (615) 459-6811, ext. 127  
TBI Supervisor **Phone:** (615) 223-8250

**Program Description:**

The Traumatic Brain Injury Program is designed to assist adults who have an acquired brain injury. Services are provided to help individuals reach their highest level of functioning to work and live as independently as possible.

**Admissions criteria:** Must be approved for Vocational Rehabilitation

**Ages accepted:** 18-56+

**Number of people with brain injuries served per year:** 75-100

**Accreditations:**

CARF (for Tennessee Rehabilitation Center)

**Reimbursement Accepted:**

Vocational Rehabilitation

**Rehabilitation Programs:**

Adult stroke rehabilitation  
Community re-entry  
Day treatment  
Outpatient rehabilitation-adult

Outpatient neurological rehabilitation  
Post rehabilitation program  
Traumatic brain injury program  
Vocational program

**Services Available:**

Academic transitioning  
Assistive technology  
Behavior modification  
Case management  
Cognitive retraining  
Community re-entry  
Community service programs  
Community outings  
Counseling  
Diagnostic services  
Driving evaluation/Education  
Golf rehab  
Independent living skills

Nursing  
Occupational therapy  
Organized socialization  
Physical therapy  
Prevocational training  
Recreation therapy  
Residential program  
Speech language pathology  
Vision therapy  
Vocational training  
Vocational evaluation and assessment  
Work adjustment training  
Work site assessments

**FACILITIES / SERVICES IN STATE**

**Tennova Rehab Care  
Physicians Regional Medical Center  
900 E. Oak Hill Ave  
Knoxville, TN 37917  
[www.tennova.com](http://www.tennova.com)**

**For information, contact:** Admissions coordinator      **Phone:** (865) 545-7830

**Program Description:**

Tennova Rehab Care Center is a 30-bed, inpatient rehabilitation center located within a 410-bed acute care hospital. Tennova offers an intensive therapy program three hours per day, five days per week and 24-hour physical medicine and rehabilitation physician supervision. Tennova is committed to helping people enhance their quality of life and achieve optimal independence.

**Admissions criteria:**

Criteria for admission requires a physician referral and includes: completed preadmission screening; established diagnosis, medical stability; ability to tolerate a minimum of three hours of therapy per day; a need for at least two therapy disciplines; willingness to participate; insurance approval, no active diagnosis of psychosis or drug/alcohol dependence. Tennova does not serve persons who require ventilator support, pediatrics or persons with TBI that are too early in their recovery to actively participate in therapy.

**Accreditations:**

JCAHO  
CARF

**Reimbursement Accepted:**

Private insurance	Self-pay
Medicare	Worker's Comp
Medicaid/TennCare	

**Rehabilitation Programs:**

Acute inpatient rehabilitation-adult  
Adult stroke rehabilitation  
Community re-entry

**Services Available:**

Assistance with insurance issues	Physical therapy
Case management	Recreation therapy
Cognitive retraining	Rehab nursing
Community re-entry	Religious support
Diagnostic services	Respiratory Therapy
Education	Speech language pathology
Inpatient rehab	Support group
Nursing	Swallowing recover program
Occupational therapy	Vestibular/Balance program
Peer counseling	

## FACILITIES / SERVICES IN STATE

**Total Rehabilitation at Springbrook**  
**220 Associates Blvd.**  
**Alcoa, TN 37701**  
[www.blountmemorial.org](http://www.blountmemorial.org)

**For information, contact:** Rebecca Morris, PT, Outpatient clinic supervisor  
**Phone:** (865) 980-7140

### **Program Description:**

Total Rehab at Springbrook outpatient facility offers a comprehensive approach of speech, OT and PT for patients with neurological diagnosis. Each patient receives an individualized treatment program based on their specific needs.

**Admissions criteria:** Based on insurance

**Ages accepted:** Birth - 56+

### **Accreditations:**

TJC  
Medicare

### **Reimbursement Accepted:**

Medicare  
TennCare  
Self-pay  
Veteran' Benefits  
Worker's Comp  
CHAMPUS  
Cigna, Aetna, Blue Cross Blue Shield, United Health Care

### **Rehabilitation Programs:**

Acute inpatient rehabilitation-adult  
Adult stroke rehabilitation  
Outpatient rehabilitation-adult  
Outpatient rehabilitation-pediatric  
Outpatient neurological rehabilitation

### **Services Available:**

Aquatic therapy	Physical therapy
Cognitive retraining	Speech language pathology
Independent living skills	Support group
Inpatient rehab	Swallowing recovery program
Occupational therapy	Vestibular/Balance program

**FACILITIES / SERVICES IN STATE**

**TriStar Skyline Medical Center**  
**TriStar Skyline Medical Center**                      **TriStar Skyline Madison Campus**  
**3441 Dickerson Pike**                                      **500 Hospital Drive**  
**Nashville, TN 37207**                                      **Madison, TN 37115**  
[www.skylinemedicalcenter.com](http://www.skylinemedicalcenter.com)

**For information, contact:** Rehab Director  
**Phone:** (615) 769-7336

**Program Description:**  
Acute inpatient rehabilitation unit with 41 private rooms and interdisciplinary treatment areas. Only CARF certified acute rehabilitation program in middle Tennessee

**Ages accepted:** 23-56+

**Accreditations:**  
TJC  
CARF  
Medicare

**Reimbursement Accepted:**  
Private insurance  
Medicare  
Self-pay  
Veteran' Benefits  
Worker's Comp

**Rehabilitation Programs:**  
Acute inpatient rehabilitation-adult  
Adult stroke rehabilitation  
Outpatient rehabilitation-adult

**Services Available:**

Assistance with insurance issues	Neurology
Assistive technology	Neuropsychological evaluation
Behavior modification	Nursing
Case management	Occupational therapy
Care coordination	Physical therapy
Cognitive retraining	Rehab nursing (post-acute chronic)
Counseling	Speech language pathology
Diagnostic services	Substance abuse prevention
Education	Support group
Home and structural modifications	Swallowing recovery program
Independent living skills	Vestibular/Balance program
Inpatient rehab	

## FACILITIES / SERVICES IN STATE

**TrustPoint Hospital**  
**1009 N. Thompson Lane**  
**Murfreesboro, TN 37129**  
[www.murfreesboro.trustpointhospital.com](http://www.murfreesboro.trustpointhospital.com)

**For information, contact:** Andrea Newcomb, Intake Coordinator, Community Relations Coordinator  
**Phone:** (615) 848-5770

### **Program Description:**

TrustPoint is a hospital providing rehabilitation services and inpatient/outpatient behavioral health services for adults and seniors. Patients are provided professional and personalized care. The facilities and specially trained, knowledgeable staff assist any patient to achieve physical rehabilitative and behavioral health needs.

**Admissions criteria:** Acute Inpatient Rehabilitation

**Ages accepted:** 18 and up

### **Accreditations:**

TJC  
Medicare

### **Reimbursement Accepted:**

Private insurance  
Medicare  
Self-pay  
Worker's Comp

### **Rehabilitation Programs:**

Acute inpatient rehabilitation - adult  
Adult stroke rehabilitation  
Traumatic brain injury program

### **Services Available:**

Assistance with insurance issues	Neuropsychological exam
Brain injury service coordination	Occupational therapy
Case management	Non-invasive ventilators
Care coordination	Peritoneal dialysis
Cognitive retraining	Physical therapy
Community re-entry	Rehab nursing
Community outings	Respiratory therapy
Counseling	Social services
Hemodialysis	Speech language pathology
Independent living skills	Swallowing recovery program
Inpatient rehab	Vestibular/Balance program
Lifestart	Wound management center
Neurology	

**FACILITIES / SERVICES IN STATE**

**21st Century Living / Day/ Rehab Services**  
**575 Airport Rd**  
**Gallatin, TN 37066**  
[www.21cldrs.com](http://www.21cldrs.com)

**For information, contact:** Tim Hawkins

**Phone:** (615) 452-9766

**Program Description:**

21st Century Living Services is committed to providing programs for acquired brain injury and spinal cord injuries. 21st Century offers rehab services, group homes, activities, supervision, adult day service, medical and long-term care.

**Admissions criteria:** Each admission is assessed on an individual basis

**Ages accepted:** 18 - 56+

**Number of people with brain injuries served per year:** 15+

**Accreditations:**

CORF

**Reimbursement Accepted:**

Private insurance  
Medicaid/TennCare  
Self-pay  
Worker's Comp  
SSI

**Rehabilitation Programs:**

Community re-entry  
Day treatment  
Mental health residential treatment facility  
Outpatient rehabilitation-adult  
Post rehabilitation program  
Traumatic brain injury program

**Services Available:**

Art and Music therapy	Housing
Assistance with insurance issues	Independent living skills
Behavior modification	Occupational therapy
Case management	Organized socialization
Care coordination	Physical therapy
Community re-entry	Religious support
Community outings	Residential program
Counseling	Speech language pathology
Financial planning	Transportation

**FACILITIES / SERVICES IN STATE**

**University of Tennessee Medical Center Knoxville**  
**1924 Alcoa Highway**  
**Knoxville, TN 37920**  
[www.utmedicalcenter.org](http://www.utmedicalcenter.org)

**For information, contact:** Niki Rasnake, Trauma Program Manager  
**Phone:** (865) 305-9741

**Program Description:**

The only Level 1 Trauma Center in the area for adults and children, UTMC offers emergency and trauma services and serves as the tertiary referral center for medical care in East Tennessee.

**Admissions criteria:** Trauma patients with blunt or penetrating injuries

**Ages accepted:** Birth - 56+

**Number of people with brain injuries served per year:** 900+

**Accreditations:**

TJC  
Medicare

**Reimbursement Accepted:**

Private insurance	Veteran's benefits
Medicare	Worker's Comp
Medicaid/TennCare	Vocational Rehabilitation
Self-pay	SSI
	CHAMPUS

**Rehabilitation Programs:**

Adult stroke rehabilitation  
Outpatient rehabilitation-adult  
Outpatient neurological rehabilitation

**Services Available:**

Audiology	Respiratory therapy
Balance center	Speech language pathology
Neurology	Swallowing recovery program
Occupational therapy	Vestibular/Balance program
Physical therapy	Wound management center

**FACILITIES / SERVICES IN STATE**

**Vanderbilt Stallworth Rehabilitation Hospital**

2201 Children's Way

Nashville, TN 37212

[www.vanderbiltstallworthrehab.com](http://www.vanderbiltstallworthrehab.com)

**For information, contact:** Beverly Stevens, Brain Injury Program Team Leader

**Phone:** (615) 320-7600

**Program Description:**

Vanderbilt Stallworth Rehabilitation Hospital is an 80-bed inpatient rehabilitation hospital that offers comprehensive inpatient rehabilitation services designed to return patients to leading active and independent lives.

**Ages accepted:** Birth– 56+

**Number of people with brain injuries served per year:** 200+

**Accreditations:**

TJC

Medicare

**Reimbursement Accepted:**

Private insurance

Self-pay

Medicare

Worker's Comp

Medicaid/TennCare

**Rehabilitation Programs:**

Acute inpatient rehabilitation-adult

Community re-entry

Acute inpatient rehabilitation-pediatric

Psychosocial adjustment program

Adult stroke rehabilitation

Traumatic brain injury program

**Services Available:**

Academic transitioning

Education

Recreation therapy

Assistance with insurance issues

Home modifications

Rehab nursing (post-acute chronic)

Assistive technology

Independent living skills

Religious support

Behavior modification

Inpatient rehab

Respiratory therapy

Brain Injury service coordination

Neurology

Social services

Case management

Neuropsychological evaluation

Speech language pathology

Care coordination

Nursing

Support group

Cognitive retraining

Occupational therapy

Swallowing recovery program

Community re-entry

Organized socialization

Transportation

Community outings

Peer counseling

Ventilator support

Counseling

Physical therapy

**FACILITIES / SERVICES IN STATE**

**Vanderbilt University Medical Center**  
Nashville, Tennessee  
[www.mc.vanderbilt.edu/rehab](http://www.mc.vanderbilt.edu/rehab)

**For information, contact:** Kelly Floyd

**Phone:** (615) 343-7491

**Program Description:**

Rehabilitation Services at Vanderbilt are provided in multiple inpatient and outpatient settings including the Vanderbilt University Medical Center, Vanderbilt Children's Hospital, Vanderbilt Orthopaedic Institute, Vanderbilt Dayani Center, Vanderbilt Bill Wilkerson Center, and Vanderbilt-Stallworth Rehabilitation Hospital. Professionals represented in the rehabilitation programs include Occupational Therapists, Occupational Therapy Assistants, Physical Therapists, Physical Therapy Assistants, Certified Athletic Trainers, Speech-Language Pathologists, Audiologists and Neuropsychologists.

**Ages accepted:** Birth - 56+

**Accreditations:**

TJC  
Medicare

**Reimbursement Accepted:**

Private insurance	Self-pay
Medicare	Worker's Comp
Medicaid/TennCare	CHAMPUS

**Rehabilitation Programs:**

Acute care rehabilitation  
Outpatient rehabilitation-adult  
Outpatient rehabilitation-pediatric  
Outpatient neurological rehabilitation  
Traumatic brain injury program

**Services Available:**

Assistive technology	Physical therapy
Cognitive retraining	Speech language pathology
Driving evaluation/Education	Swallowing recovery program
Education	Vestibular/Balance program
Independent living skills	Vision therapy
Occupational therapy	Wheelchair seating clinic

**FACILITIES / SERVICES IN STATE**

**Ward Psychological Services of Sabin Behavioral Health**  
**695 President Place Suite 202**  
**Smyrna, TN 37167**  
<http://wardtoday.com>

**For information, contact:** Erin Kenny, Operations Coordinator  
**Phone:** (615) 269-4990

**Program Description:**

Ward Psychological Services of Sabin Behavioral Health offers neuropsychological evaluations for ages 16 years and up, psychological evaluations for ages five and up and counseling services for ages 13 and up. Services are provided for difficulties such as memory loss, recent change in functioning or ability, difficulty with focus or concentration, learning disabilities, autism spectrum disorders, ADHD, PTSD, intellectual impairment, depression, anxiety, substance use difficulties and health related distress. The mission is to offer comprehensive and empirically based psychological evaluations and treatment in a confidential and professional environment.

**Ages accepted:** 4 - 56+

**Accreditations:**

Medicare

**Reimbursement Accepted:**

Private insurance

Medicare

Medicaid/TennCare

Self-pay

Veteran's benefits

Worker's comp

Developmentally disabled funds

Vocational rehabilitation

State/county mental health funds

**Services Available:**

Assistance with insurance issues

Cognitive retraining

Counseling

Diagnostic services

Education

Neuropsychological evaluation

Substance abuse prevention

**FACILITIES / SERVICES IN STATE**

**West Tennessee Healthcare**  
**620 Skyline Drive**  
**Jackson, TN 38301**  
[www.wth.org](http://www.wth.org)

**For information, contact:** Janet Bond, Program Evaluator or Laura Mills, Brain Injury Services Coordinator     **Phone:** (888) 425-6930

**Program Description:** West Tennessee Rehabilitation Center is a licensed, 48-bed, CARF accredited inpatient rehabilitation center located on the fourth floor of Jackson-Madison County General Hospital.

**Admissions criteria:** Patient must meet the inpatient rehab criteria:

- Require two of the three therapies (physical, occupational, and speech)
- Require the services of a rehab physician at a minimum of three times a week
- Require 24 hour nursing care
- Tolerate 3 hours of intensive therapy program

**Ages accepted:** 13 - 56+

**Number of people with brain injuries served per year:** 48

**Accreditations:**

TJC  
CARF  
CARF – Stroke specialty

**Reimbursement Accepted:**

Private insurance	Veteran’s benefits
Medicare	Worker’s Comp
Medicaid/TennCare	Vocational Rehabilitation
Self-pay	CHAMPUS

**Rehabilitation Programs:**

Acute inpatient rehabilitation-adult  
Adult stroke rehabilitation

**Services Available:**

Adult education	Driving evaluation/Education	Recreation therapy
Audiology	Education	Rehab nursing (post-acute chronic)
Assistance with insurance issues	Financial planning	Religious support
Assistive technology	Home and structural assessments	Respiratory therapy
Behavior modification	Independent living skills	Social services
Brain injury service coordination	Inpatient rehab	Speech language pathology
Case management	Neurology	Support group
Care coordination	Neuropsychological evaluation	Vestibular/Balance program
Cognitive retraining	Nursing	Wheelchair basketball
Community re-entry	Occupational therapy	Wound management center
Counseling	Organized socialization	
Diagnostic services	Physical therapy	

**FACILITIES / SERVICES OUT OF STATE**

**Cardinal Hill Rehabilitation Hospital**  
**2050 Versailles Road**  
**Lexington, KY 40504**  
[www.cardinalhill.org](http://www.cardinalhill.org)

**For information, contact:** Michelle Graybeal, Director of Acute Rehabilitation Programs  
**Phone:** (859) 254-5701 ext. 5406

**Program Description:** Serve people of all ages who have experienced trauma, vascular injury or infectious disease of the brain, resulting in mild to severe cognitive and physical deficits. Offers comprehensive services and involves family as much as possible.

**Ages accepted:** 0 - 56+    **Number of people with brain injuries served per year:** 280-300

**Accreditations:**

CARF	CORF
CARF-BI	Medicare

**Reimbursement Accepted:**

Private insurance	Veteran's benefits	Vocational Rehabilitation
Medicare	Worker's Comp	SSI
Medicaid/TennCare	Developmentally Disabled funds	CHAMPUS
Self-pay		

**Rehabilitation Programs:**

Acute inpatient rehabilitation-adult	Outpatient rehabilitation-pediatric
Acute inpatient rehabilitation-pediatric	Outpatient neurological rehabilitation
Adult stroke rehabilitation	Post rehabilitation program
Community re-entry	Psychosocial adjustment program
Day treatment	Traumatic brain injury program
Outpatient rehabilitation-adult	

**Services Available:**

Academic transitioning	Counseling	Religious support
Aquatic therapy	Diagnostic services	Respiratory therapy
Assistance with insurance issues	Driving Evaluation/Education	School liaison
Assistive technology	Education	Social services
Behavior modification	Independent living skills	Speech language pathology
Brain Injury service coordination	Inpatient rehab	Support group
Case management	Neuropsychological evaluation	Swallowing recovery program
Care coordination	Nursing	Vestibular/Balance program
Cognitive retraining	Occupational therapy	Vision therapy
Coma stimulation	Peer counseling	Vocational evaluation and assessment
Community re-entry	Physical therapy	Wheelchair basketball
Community outings	Recreation therapy	Wheelchair seating clinic
	Rehab nursing (post-acute chronic)	

**FACILITIES / SERVICES OUT OF STATE**

**CarePartners Rehabilitation Hospital**  
**Asheville, NC**  
[www.carepartners.org](http://www.carepartners.org)

**For information, contact:** Admissions Coordinator      **Phone:** (828) 274-6151

**Program Description:** Comprehensive inpatient rehab program that provides individualized treatment, including physical, occupational and speech therapies, psychology, rehab nursing, case management. Medical care provided by MDs specialized in rehab medicine.

**Admissions criteria:** Medically stable, discharge plan, able to participate in therapy

**Ages accepted:** 13 - 56+

**Number of people with brain injuries served per year:** 140

**Accreditations:**

CARF	Medicare
CARF-BI	DNV

**Reimbursement Accepted:**

Private insurance	Worker's Comp
Medicare	Vocational Rehabilitation
Self-pay	SSI
Veteran's benefits	CHAMPUS

**Rehabilitation Programs:**

Acute inpatient rehabilitation-adult	Outpatient neurological rehabilitation
Adult stroke rehabilitation	Traumatic brain injury program
Outpatient rehabilitation-adult	

**Services Available:**

Aquatic therapy	Nursing
Assistance with insurance issues	Occupational therapy
Case management	Physical therapy
Care coordination	Rehab nursing (post-acute chronic)
Coma stimulation	Religious support
Counseling	Respiratory therapy
Driving Evaluation/Education	School liaison
Home and structural modifications	Speech language pathology
Inpatient rehab	Support group
Neuropsychological evaluation	Vestibular/Balance program
	Wheelchair seating clinic

**FACILITIES / SERVICES OUT OF STATE**

**Children’s Healthcare of Atlanta**  
**Atlanta, Georgia**  
[www.choa.org/rehab](http://www.choa.org/rehab)

**For information, contact:** Stephanie Sears      **Phone:** (404) 785-2096

**Program Description:** Children’s Healthcare of Atlanta, Inpatient Rehabilitation, offers therapy designed for pediatrics, adolescents and young adults (birth to 21 years old) to address needs after an illness or a traumatic injury. Patients receive an interdisciplinary approach to care to promote independence as well as maximize function and community integration.

**Admissions criteria:** Able to tolerate three hours of therapy

**Ages accepted:** Birth - 21

**Number of people with brain injuries served per year:** 202

**Accreditations:**

TJC                                      CARF-BI  
CARF

**Reimbursement Accepted:**

Private insurance                      Worker’s Comp  
Medicaid/TennCare                      SSI  
Self-pay

**Rehabilitation Programs:**

Acute inpatient rehabilitation-pediatric                      Outpatient rehabilitation-pediatric  
Community re-entry    Traumatic brain injury program  
Day treatment

**Services Available:**

Academic transitioning	Community outings	Prevocational training
Audiology	Counseling	Recreation therapy
Aquatic therapy	Diagnostic services	Rehab nursing (post-acute chronic)
Assistance with insurance issues	Driving evaluation/Education	Religious support
Assistive technology	Education	Respiratory therapy
Behavior modification	Financial planning	School liaison
Brain injury service coordination	Inpatient rehab	Social services
Case management	Neurology	Speech language pathology
Care coordination	Neuropsychological evaluation	Summer camp
Cognitive retraining	Nursing	Support group
Community re-entry	Occupational therapy	Ventilator support
	Organized socialization	Vestibular/Balance program
	Physical therapy	Wheelchair seating clinic

**FACILITIES / SERVICES OUT OF STATE**

**Methodist Rehabilitation Center**  
**1350 East Woodrow Wilson**  
**Jackson, MS 39216**  
[www.methodistonline.org](http://www.methodistonline.org)

**For information, contact:** Admissions Department **Phone:** (601) 364-3477 or (800) 223-6672

**Program Description:** Provides patient-focused, comprehensive inpatient and outpatient services. Methodist Rehab works to restore ability to those left disabled by brain and spinal cord injuries, stroke, amputations and other conditions.

**Ages accepted:** 13 - 56+

**Number of people with brain injuries served per year:** 100

**Accreditations:**

TJC                      CARF-BI  
CARF                     Medicare

**Reimbursement Accepted:**

Private insurance	Worker's Comp
Medicare	Vocational Rehabilitation
Medicaid/TennCare	SSI
Self-pay	CHAMPUS
Veteran's benefits	

**Rehabilitation Programs:**

Acute inpatient rehabilitation-adult	Outpatient rehabilitation-pediatric
Acute inpatient rehabilitation-pediatric	Outpatient neurological rehabilitation
Adult stroke rehabilitation	Post rehabilitation program
Community re-entry	Traumatic brain injury program
Outpatient rehabilitation-adult	

**Services Available:**

Academic transitioning	Driving evaluation/Education	Religious support
Adult education	Education	Respiratory therapy
Aquatic therapy	Independent living skills	School liaison
Assistance with insurance issues	Inpatient rehab	Social services
Assistive technology	Job coaching	Speech language pathology
Behavior modification	Neuropsychological evaluation	Support group
Case management	Nursing	Ventilator support
Care coordination	Occupational therapy	Vestibular/Balance program
Cognitive retraining	Organized socialization	Vision therapy
Community re-entry	Physical therapy	Wheelchair seating clinic
Community outings	Recreation therapy	Work adjustment training
Diagnostic services		

**FACILITIES / SERVICES OUT OF STATE**

**NeuroRestorative**  
**Carbondale, IL / Chicago, IL / Paducah, KY**  
[www.NeuroRestorative.com](http://www.NeuroRestorative.com)

**For information, contact:** Chris Williamson, Vice President, Central Region  
**Phone:** (618) 529-3060

**Program Description:** NeuroRestorative’s programs offer a continuum of community-based programming for adults, children and adolescents with brain injuries and other neurological challenges. Accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF), each location provides an array of services based on the needs and goals of the program participant.

**Admissions criteria:** Diagnosis of an acquired brain injury, neurologic disorder or neuropsychiatric condition. Potential to benefit from services. Medically stable in accordance with NR Medicaid policies.

**Ages accepted:** Birth to 56+      **Number of people with brain injuries served per year:** 150+

**Accreditations:** CARF-BI

**Reimbursement Accepted:**

Private insurance	Veteran’ Benefits
Medicaid/TennCare	Worker’s Comp
Self-pay	Vocational Rehabilitation

**Rehabilitation Programs:**

Adult stroke rehabilitation	Outpatient rehabilitation-adult
Community re-entry	Outpatient rehabilitation-pediatric
Day treatment	Outpatient neurological rehabilitation
Traumatic brain injury program	Post rehabilitation program

**Services Available:**

Academic transitioning	Community re-entry	Recreation therapy
Aquatic therapy	Community outings	Residential program
Assistance with insurance issues	Counseling	Social services
Assistive technology	Driving evaluation/Education	Speech language pathology
Behavior modification	GED training	Substance abuse prevention
Brain injury service coordination	Independent living skills	Support group
Case management	Job coaching	Transportation
Care coordination	Neuropsychological evaluation	Vision therapy
Cognitive retraining	Occupational therapy	Vocational training
	Physical therapy	Vocational evaluation and assessment
	Prevocational training	

**FACILITIES / SERVICES OUT OF STATE**

**Pathways Brain Injury Program at Heartland of Louisville  
Louisville, Kentucky  
[www.hcr.manorcare.com](http://www.hcr.manorcare.com)**

**For information, contact:** Pam Pearson, Program Director  
**Phone:** (502) 459-8900

**Program Description:**

Pathways is a skilled nursing facility providing inpatient brain injury services. Patients receive three hours of therapy five days a week. The team is led by a psychiatrist with services from physical, occupational, speech and recreation therapists. A social worker and neuropsychologist are also part of the team.

**Ages accepted:** 23 - 56+

**Number of people with brain injuries served per year:** 80

**Accreditations:**

CARF-BI

**Reimbursement Accepted: (check)**

Private insurance

Medicare

Self-pay

Worker's Comp

SSI

Kentucky Medicaid

**Rehabilitation Programs:**

Traumatic brain injury program

**Services Available:**

Behavior modification

Cognitive retraining

Community re-entry

Inpatient rehab

Neuropsychological evaluation

Occupational therapy

Physical therapy

Recreation therapy

Rehab nursing (post-acute chronic)

Social services

Speech language pathology

Swallowing recovery program

**FACILITIES / SERVICES OUT OF STATE**

**Restore Neurobehavioral Center**  
**Roswell, GA (rehab and supported living)**  
**Lilburn, GA (supported living)**  
**Ragland, AL (supported living)**  
[www.restorehealthgroup.com](http://www.restorehealthgroup.com)

**For information, contact:** Kristi Miller, Referral Coordinator  
**Phone:** (866) 807-6059 or (205) 661-9093

**Program Description:**

Restore Neurobehavioral Center is a post-acute healthcare organization serving adults with acquired brain injury who are challenged by behavioral issues. The continuum of care includes inpatient neuro-rehab, transition community re-entry and long term supported living options.

**Admissions criteria:** Diagnosis of acquired brain injury or other neurological disorder, medically stable and does not need 24/7 skilled nursing, manifests behavioral challenges, requires neuro-rehab skilled therapies and has a post rehab discharge plan.

**Ages accepted:** 18 - 64

**Number of people with brain injuries served per year:** 100%  
(Average 20 admissions per year)

**Accreditations:**  
CARF-BI

**Reimbursement Accepted:**

Private insurance  
Self-pay  
Worker's Comp  
VA Assisted Living TBI Pilot Program (VA Research Grant)

**Rehabilitation Programs:**

Acute inpatient rehabilitation-adult	Traumatic brain injury program
Adult stroke rehabilitation	Post-acute neurobehavioral rehab and supported long term living
Community re-entry	

**Services Available:**

Assistance with insurance issues	Neuropsychological evaluation
Behavior modification	Occupational therapy
Case management	Physical medicine & rehab
Cognitive retraining	Physical therapy
Community re-entry	Rehab nursing (post-acute chronic)
Independent living skills	Residential program
Inpatient rehab	Speech language pathology
	Substance abuse prevention

**FACILITIES / SERVICES OUT OF STATE**

**Saf haven**  
**9558 Highway 27**  
**Rock Springs, GA 30739**  
[www.saf havenjsf.org](http://www.saf havenjsf.org)

**For information, contact:** Vickie Hodges, CEO

**Phone:** (706) 375-9529

**Program Description:**

The Saf haven Traumatic Brain Injury Program is a residential program providing 24-hour care for the low level traumatic brain injured individual. Each resident is cared for in a way that provides a safe environment while providing an encouraging atmosphere for relearning and maintaining dignity each individual deserves.

**Admissions criteria:** Diagnosis of TBI; Rancho Los Amigos scale of three to five; non-ambulatory

**Ages accepted:** 18 - 56+

**Reimbursement Accepted:**

Self-pay  
Worker's Comp

**Rehabilitation Programs:**

Traumatic brain injury program

**Services Available:**

Adult education  
Assistance with insurance issues  
Case management  
Nursing  
Residential program  
Support group

**FACILITIES / SERVICES OUT OF STATE**

**Shepherd Center**  
**Atlanta, GA**  
[www.shepherd.org](http://www.shepherd.org)

**For information, contact:** Julie Leighton, Admissions    **Phone:** (404) 350-7345

**Program Description:**

Shepherd Center has a full continuum of services to treat people who have experienced traumatic and non-traumatic brain injury, including stroke. Programs treat specific conditions for disorders of consciousness and specific age groups such as adolescents. Shepherd has an ICU that specializes in complex brain injury that addresses secondary complications. The Share Military program serves service members with TBI/PTSD.

**Admissions criteria:** Have a dx of TBI, non-traumatic brain injury or stroke. Age 12 or over to age 65. Have a discharge plan.

**Number of people with brain injuries served per year:** Inpatient: 350: Day/OP/Residential: 400

**Accreditations:** TJC, CARF, CARF BI

**Reimbursement Accepted:**

Private insurance	Veteran's benefits	Vocational Rehabilitation
Medicare/ Medicaid	Worker's Comp	CHAMPUS/ TRI CARE
Self-pay		

**Rehabilitation Programs:**

Acute inpatient rehab - adult	Day treatment	Post rehabilitation program
Adult stroke rehabilitation	Outpatient rehabilitation-adult	Traumatic brain injury program
Beyond Therapy	Outpatient rehab-pediatric (12+)	Vocational program
Community re-entry	Outpatient neurological rehabilitation	

**Services Available:**

Academic transitioning	Financial planning	Respiratory therapy
Adult education	GED training	School liaison
Audiology	Housing	Social services
Aquatic therapy	Independent living skills	Speech language pathology
Assistive technology	Inpatient rehab	Summer camp
Assistance with insurance issues	Job coaching	Support group
Behavior modification	Neurology	Swallowing recovery program
Brain injury service coordination	Neuropsych evaluation	Transportation
Case management	Nursing	Ventilator support
Care coordination	Occupational therapy	Vestibular/Balance program
Cognitive retraining	Organized socialization	Vision therapy
Community re-entry	Peer counseling	Vocational training
Community outings	Physical therapy	Vocational evaluation and assessment
Counseling	Prevocational training	Wheelchair basketball
Diagnostic services	Recreation therapy	Wheelchair seating clinic
Disorders of consciousness	Religious support	Wound management center
Driving evaluation/Education	Residential program	
Education		

**FACILITIES / SERVICES OUT OF STATE**

**Southern Kentucky Rehabilitation Hospital**  
**1300 Campbell Lane**  
**Bowling Green, KY 42104**  
[www.skyrehab.com](http://www.skyrehab.com)

**For information, contact:** Stephanie Krohn, DBD  
**Phone:** (270) 782-6900

**Program Description:**

South central Kentucky's only inpatient rehab hospital provides comprehensive inpatient and outpatient rehab for strokes, brain injuries, spinal cord injuries and other physical rehab needs.

**Admissions criteria:** Patient needs physical rehabilitation along with nursing and physician care

**Ages accepted:** 13 - 56+

**Accreditations:**

TJC Medicare  
CARF CARF Stroke accreditation

**Reimbursement Accepted:**

Private insurance  
Medicare/ Medicaid  
Self-pay  
Veteran's benefits  
Worker's Comp  
Developmentally Disabled funds  
Vocational Rehabilitation  
SSI  
CHAMPUS  
State/county mental health funds

**Rehabilitation Programs:**

Acute inpatient rehabilitation-adult  
Adult stroke rehabilitation  
Community re-entry  
Outpatient rehabilitation-adult  
Outpatient neurological rehabilitation  
Post rehabilitation program  
Traumatic brain injury program

**Services Available:**

Aquatic therapy  
Assistive technology  
Brain injury service coordination  
Case management  
Cognitive retraining  
Community re-entry  
Diagnostic services  
Education  
Independent living skills  
Inpatient rehab  
Nursing  
Occupational therapy  
Physical therapy  
Rehab nursing (post-acute chronic)  
Respiratory therapy  
Speech language pathology  
Support group  
Swallowing recovery program  
Vestibular/Balance program  
Wheelchair seating clinic  
Wound management center

## INDEX

Accessible Space, Inc. ....	20
Americans with Disabilities Act.....	27
Associated Therapeutics, Inc.....	34
Baptist Rehabilitation Germantown.....	35
Benefits to Work Project .....	18
Brain Injury Association of America.....	27
Brain Injury Association of Tennessee.....	11, 16, 21
Cardinal Hill Rehabilitation Hospital.....	67
CarePartners Rehabilitation Hospital.....	68
Castalian Springs.....	20, 45
Centers for Disease Control and Prevention.....	27
Centers for Independent Living .....	25
Center for Independent Living of Middle Tennessee.....	25
Centerstone.....	24
Children’s Hospital at Erlanger.....	36
Children’s Healthcare of Atlanta.....	69
Concussion Resources.....	15
Council on Developmental Disabilities.....	11, 16
Crumley House Brain Injury Rehabilitation Center.....	20, 25, 37
Disability Resource Center.....	25
Disability Rights Tennessee.....	11
Easter Seals Tennessee Camp.....	14
East Tennessee Children’s Hospital Rehabilitation Center.....	38
East Tennessee Technology Access Center.....	13
Epilepsy Foundation.....	16
Family Support Program.....	19
First Steps, Inc. ....	39
Glasgow Coma Scale .....	9
HealthSouth Cane Creek Rehabilitation Hospital.....	40
HealthSouth Chattanooga Rehabilitation Hospital.....	41
HealthSouth Rehabilitation Hospital of Memphis.....	42
Hope House, Faith House.....	43
Hosanna Community.....	20
Jackson Center for Independent Living.....	25
JOBS4TN ONLINE.....	18
Learning Rx.....	44
Medicare.....	23
Memphis Center for Independent Living.....	25
Meritan.....	26
Methodist Rehabilitation Center.....	70
Mid-South Access Center for Technology.....	13
NeuroRestorative.....	71
NeuroRestorative Tennessee.....	45
Pathways Brain injury Program .....	72
Patricia Neal Rehabilitation Center at Fort Sanders Regional Medical Center.....	46
Pi Beta Phi Rehabilitation Institute.....	47
Project BRAIN.....	15, 17
Quiet Oaks Adult Care Home.....	48
Quillen Rehabilitation Hospital.....	49
Rancho Los Amigos Cognitive Scale.....	10
Regional One Health Rehabilitation Hospital.....	50
Regional One Health.....	51

Restore Neurobehavioral Center.....	73
Safehaven.....	74
Saint Thomas Outpatient Rehabilitation.....	52
Select Specialty Hospital – Nashville.....	53
Select Specialty Hospital – Memphis.....	54
Shepherd.....	75
Signal Centers Assistive Technology Center.....	13
Siskin Hospital for Physical Rehabilitation.....	55
Southern Kentucky Rehabilitation Hospital.....	76
Sports 4 All.....	14
SSI/SSDI.....	19
STAR Center.....	13
STEP.....	17
Support Groups.....	30
TARP, Inc. Center for Independent Living.....	25
Technology Access Center.....	13
TennCare.....	23
TennCare Choices.....	23, 26
Tennessee Client Assistance Program.....	12
Tennessee Commission on Aging and Disability.....	21
Tennessee Department of Education, Special Education.....	17
Tennessee Department of Human Services, Vocational Rehabilitation.....	18
Tennessee Department of Labor and Work Force Development.....	18
Tennessee Department of Mental Health and Substance Abuse Services.....	24
Tennessee Disability Coalition.....	12, 16
Tennessee Disability Pathfinder.....	21
Tennessee Association of Human Resource Agencies.....	22
Tennessee Rehabilitation Center.....	18
Tennessee Rehabilitation Center TBI Program.....	56
Tennessee Respite Coalition.....	26
Tennessee Sports Concussion Law.....	15
Tennessee Technology Access Program.....	13
Tennessee Traumatic Brain Injury Program.....	5
Tennova.....	57
Total Rehabilitation at Springbrook.....	58
Traumatic Brain Injury Service Coordinators.....	11, 22, 28, 29
TriStar Skyline Medical Center.....	59
Tri-state Resource & Advocacy Corp. ....	25
TrustPoint Hospital.....	60
21 <sup>st</sup> Century Living Services.....	20, 61
United Cerebral Palsy of Middle Tennessee.....	14, 16
University of Tennessee Medical Center Knoxville.....	62
Vanderbilt Stallworth Rehabilitation Hospital.....	63
Vanderbilt Trauma Survivors Network.....	30
Vanderbilt University Medical Center.....	64
Ward Psychological Services.....	65
West Tennessee Healthcare.....	66





Department of Health, Authorization No. 343165, June 2015, 2,000 copies. This public document was promulgated at a cost of \$4.08 per copy.