

Registration Form

Conference Date:
Thursday, September 1, 2015
Conference registration fee: \$10
(\$5 with student I.D.)

Pre-registration is required for this event,
no walk-ins accepted.

Space is limited to the first 300 registrants.

Registration is available online at
slrw16.eventbrite.com.

Alternately, you may send the
completed form and your check,
made payable to
BHI, Inc.
36C Sandstone Circle,
Jackson, TN 38305

Name: _____

Organization: _____

Address: _____

Daytime Phone: _____

E-mail: _____

If you require a vegetarian meal, please request
by August 25. There will be no substitutions
made on the day of the conference.

For additional information, contact
Joanne Perley, TSPN West Tennessee Regional
Coordinator, at (931) 215-3954 or
jperley@tspn.org.

Deadline: Friday, August 27, 2015

Facts about Suicide

- Suicide is the tenth leading cause of death in the U.S., claiming roughly 40,000 lives per year.
- America's suicide rate increased by 24% over the past 15 years, according to a National Center for Health Statistics report. Increases among middle-aged adults and preteen girls are especially acute, although almost all demographics saw an increase in suicides over the period studied.
- Suicide rates are highest for adults in the 45-64 age group. Suicide has been noted as a contributing factor to rising death rates in middle-aged whites in the U.S..
- Suicide is preventable. Most suicidal people desperately want to live; they are just unable to see alternatives to their problems and lose hope.
- Most suicidal people give definite warning signals of their suicidal intentions, but others are often unaware of the significance of these warnings or unsure what to do about them.
- Talking about suicide does not cause someone to become suicidal.
- Four times more men than women kill themselves, but three times more women than men attempt suicide.
- Firearms are the most common method of suicide regardless of sex and race.
- Suicide cuts across ethnic, economic, social, and age boundaries.
- Surviving family members not only suffer the loss of a loved one to suicide, but are also themselves at higher risk of suicide and emotional problems.

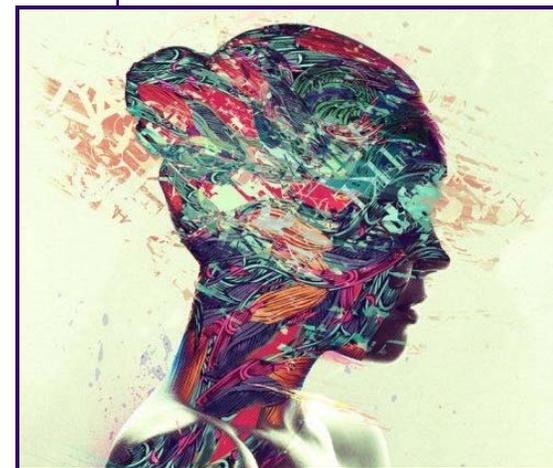


"Saving Lives in Tennessee"

West Tennessee Regional Office
15 Executive Drive, Jackson, TN 38305
(931) 215-3954 phone ~ (615) 269-5413 fax www.tspn.org



"Saving Lives in Tennessee"



A Regional Suicide
Prevention Conference

Thursday, September 1, 2016
Ayers Auditorium
Jackson-Madison County General
Hospital
620 Skyline Drive
Jackson, Tennessee 38301

8:00 AM - 3:00 PM

NATIONAL SUICIDE PREVENTION LIFELINE

1-800-273-TALK (8255)

Saving Lives in Rural West Tennessee

Agenda

8:00 AM
Registration and Continental Breakfast

8:30 AM
Welcome and Opening Remarks
Sabrina Anderson,
Chair, TSPN Rural West Region
The Hon. Jerry Gist,
Mayor of the City of Jackson
The Hon. Jimmy Harris,
Mayor of Madison County

9:00 AM
"Status of Suicide in Tennessee 2016"
Scott Ridgway, MS, Executive Director,
Tennessee Suicide Prevention Network

This segment will review TSPN's most recent report on suicide trends in our state and what TSPN is doing statewide and locally to educate the public and save lives.

9:30 AM
"Behind Suicidal Thought and Behavior: The Role of Adverse Childhood Experiences"
Patti van Eys, PhD, Chief Clinical Officer,
Omni Visions, Inc.

The risk for attempted suicides increases 30-fold in individuals who have 6 or more Adverse Childhood Experiences, or ACEs. This talk will give a broad overview of the ACE study, the neurobiology of trauma, and the links to mental, physical, and psychosocial adverse outcomes that contribute to suicidality.

11:00 AM
Break for Networking

A certificate of attendance for 5.0 contact hours will be awarded to all participants, courtesy of University of Tennessee-Martin.

11:15 AM
Community Response Panel
Facilitator: Joanne Perley, MPH, TSPN West Tennessee Regional Coordinator

Our panel of local mental health experts will discuss what we can do to prevent suicide in our communities. Audience members will have the opportunity to ask questions and share experiences.

12:00 PM
Lunch

1:00 PM
"From Person to Population: The Power of Resilient Communities"
Jennifer Drake-Croft, MSW, Director of Early Childhood Well-Being,
Tennessee Commission on Children and Youth

The ACE research has resulted in child abuse and neglect being acknowledged as a major public health problem and a leading cause of early death. Emerging research on resilience identified promising approaches to preventing and mitigating ACEs. This training will review the science of resilience as well as individual and community strategies to foster resilience.

2:00 PM
"ACEs and Suicide: Why Developmental Trauma Matters in Suicide Prevention"
Samantha Nadler, LMSW, Middle Tennessee Regional Coordinator,
Tennessee Suicide Prevention Network

Nadler will share her lived experience with suicide, tying in concepts of developmental trauma and the impact it had on her suicidal thoughts and behaviors. Within this discussion, Nadler will also share reflections on what she found to be ineffective and helpful to her own recovery.

3:00 PM
Closing Remarks, Networking, Resources, and Discussion
Joanne Perley, TSPN West Tennessee Regional Coordinator

The Rural West Tennessee Suicide Prevention Network would like to thank the following Conference Sponsors:

Behavioral HealthCare Center at Martin
Behavioral Health Initiatives, Inc.
Carey Counseling Center
Jackson-Madison County Regional Health Department
Lakeside Behavioral Health System
Northwest Council on Children and Youth
Pathways Behavioral Health Services
Quinco Mental Health Center
Team Mica
Tennessee Suicide Prevention Network
UnitedHealthcare
Youth Villages

We also wish to acknowledge the strong support of these organizations which helped make this conference possible:

Boys and Girls Club of Jackson
Southwest Council on Children and Youth

TSPN wishes to extend special thanks to the members of the Conference Committee:

Sabrina Anderson (RW TSPN Regional Chair)
Philip Barham
Susan Carruthers
Andrea Chase
Patsy Crockett
Dana Cobb
Sean Jones
Rodger Jowers
Lori Maness
Sharon Massey
Kris Moore
Scott Ridgway (Executive Director)
Stephenie Robb
Kathy Strahan
Paula Terry
Amy Vawter

Conference Registration Fee
\$10 (\$5 with student ID)
Includes continental breakfast and lunch