

What happens when you call Tennessee's Statewide Crisis Line?

Your phone call is answered by a mental health professional who will talk to you about your crisis and needs.

Tennessee's 24/7 Statewide Crisis Line:

855-CRISIS-1
(855-274-7471)

3 → Levels of Response

Level 1 Response

If there's no immediate risk of harming yourself or harming someone else,



The mental health professional helps you find mental health help in your area.

Level 2 Response

If the mental health professional needs more information about your situation, they may send a mental health professional to you.



A mental health professional will meet with you in person for an evaluation.

Level 3 Response

If you feel that you are getting ready to harm yourself or someone else, it is an emergency situation.



The mental health professional may need to alert the police and emergency medical services (EMS), and they may also send a mental health professional to talk with you in person.