

# Falls Free Fridays Participant Form

Falls Free Friday is a social media campaign through the Tennessee Fall Prevention Coalition. This campaign aims to promote older adults across the state and what they do to prevent falls in their daily lives. If you know if any older adult who would like to share their stories during Falls Free Fridays, please have them complete this short form and provide a photo. **Please submit all forms and photos to Sidney Schuttrow at [Sidney.Schuttrow@tn.gov](mailto:Sidney.Schuttrow@tn.gov)**



1. Please provide a photo of the participant doing the activity or holding a sign that says what they do to help prevent falls

2. Participants name: \_\_\_\_\_

3. Participants age : \_\_\_\_\_

4. Participants County of Residence: \_\_\_\_\_

5. Please tell us what you do to prevent a fall:

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6. What types of falls prevention information, programming and/or resources would you like to participate with in your community

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I grant permission for the Tennessee Fall Prevention Coalition and its partner's to use my photo and story which may be tied to my name to promote fall prevention throughout the state in the form of publicity, illustration, advertising, or any web content. I understand that I may revoke my permission at any time and if I wish to do so I should contact the Tennessee Fall Prevention Coalition.

\_\_\_\_\_  
(Participants Printed Name)

\_\_\_\_\_  
(Participants Signature)

\_\_\_\_\_  
(Date)