

# 5 STEPS YOU CAN TAKE RIGHT AWAY

TO IMPROVE YOUR CYBERSECURITY HABITS!



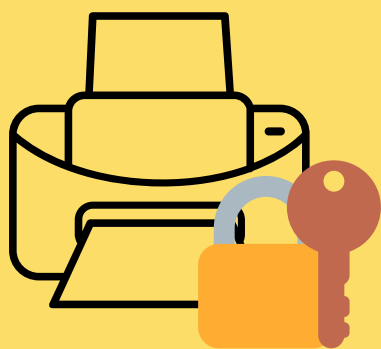
## Update/change your passwords

Regularly change each account's unique password. Passwords should be complex, without easy to guess names or numbers such as birth dates, nicknames, pet names, etc.



## Use multi-factor authentication

Wherever possible, turn ON two-factor authentication. This is especially important for accounts containing sensitive information such as financial or personal records.



## Password protect all devices

Ensure all devices - such as cell phones, tablets, printers, home routers, "smart" items, etc. have strong passwords in place for use. Do not internet-face any device.



## Do not store passwords or sensitive data on mobile devices

It is important not to keep passwords on laptops, tablets, or cell phones - as these items are commonly victims of theft and can be hacked.



## Clean up your devices

Periodically remove temporary internet files from laptops, tablets, and cell phones by deleting the Temporary Internet Files, Cookies, and Downloads within Internet Browsers.