

## To learn more about helping kids heal from trauma and loss:

- *The Adoptive Foster Parent Guide: How to Heal Your Child's Trauma and Loss* by Carol Lozier
- *Wounded Children, Healing Homes: How Traumatized Children Impact Adoptive and Foster Families* by Jayne Schooler, Betsy Keefer Smalley, and Timothy Callahan
- Children from Hard Places (featuring Dr. Karyn Purvis) | Empowered to Connect - [youtube.com/watch?v=Qe-BkHUVGQ4](https://www.youtube.com/watch?v=Qe-BkHUVGQ4)
- "Ambiguous Loss Haunts Foster and Adopted Children" by Jae Ran Kim - [nacac.org/resource/ambiguous-loss-foster-and-adopted-children/](https://nacac.org/resource/ambiguous-loss-foster-and-adopted-children/)
- Helping Your Child Heal From Trauma from the Child Welfare Information Gateway - [childwelfare.gov/pubPDFs/trauma\\_ts\\_2019.pdf](https://www.childwelfare.gov/pubPDFs/trauma_ts_2019.pdf)
- For understanding general child development issues that are related to a child's understanding of the trauma and loss they've experiences, consider the series of books by Louise Bates Ames, PhD, Frances L. Ilg, MD, and Carol Chase Haber, MA, beginning with *Your One-Year-Old: The Fun-Loving, Fussy 12-To 24-Month-Old*. There are 10 separate books covering child development from ages one to fourteen.

Provided by Creating a Family, the national adoption and foster care education and support nonprofit.