

## SEATING & POSITIONING CLINICS

The Department of Intellectual and Developmental Disabilities (DIDD) operates three seating and positioning clinics in Tennessee, located in Arlington Nashville, and Greeneville. In addition, we offer mobile on-site services in east and west Tennessee.

Occupational and physical therapists with specialized expertise in evaluating complex wheelchair seating and therapeutic positioning needs provide comprehensive evaluations and support to prioritize needs.

Each clinic has an associated manufacturing shop where staff with extensive experience in the areas of construction, carpentry, upholstery, and electronics, fabricate equipment to meet individualized needs.



*Manufacturing staff in Nashville covers a custom molded cushion.*

## INSURANCE

Please refer to our website or contact our clinics to obtain a current listing of insurances with which we are in-network.

## REFERRALS

Clinic contacts, referral forms, and additional information can be obtained at our website link, by calling, or by emailing:

[West Seating and Positioning Clinic](#)  
(901) 745-7509

[WTRC.Seating.Positioning@tn.gov](mailto:WTRC.Seating.Positioning@tn.gov)

[Middle Seating and Positioning Clinic](#)  
(615) 231-5147

[MTRC.Referrals@tn.gov](mailto:MTRC.Referrals@tn.gov)

[East Seating and Positioning Clinic](#)  
(423) 787-6689

[ETRC.Referrals@tn.gov](mailto:ETRC.Referrals@tn.gov)

*Once a completed referral is received, clinic staff will call to schedule an evaluation appointment.*

### Our Site

[www.tn.gov/didd/seating](http://www.tn.gov/didd/seating)



# SEATING & POSITIONING CLINICS



TN

Department of  
**Intellectual &  
Developmental Disabilities**

## VISITING THE SEATING & POSITIONING CLINIC:

Our clinics are open to children and adults with seating and positioning needs. Dedicated, experienced clinicians and equipment fabricators work closely with the individual and their circle of support to create functional, custom equipment to meet their everyday needs. With a workshop on site, our clinics have the ability to evaluate, build, deliver and modify equipment all under one roof.

## AVAILABLE SERVICES

- Evaluation and simulation of seating and positioning needs
- Modifications to current systems
- Custom wheelchair seating systems
- Design and manufacturing of therapeutic positioning equipment
- Customization of commercial equipment
- Power wheelchair evaluation, trials, and training
- Design of complex power control systems
- Continuing education and training



Therapeutic positioning is used during the day to support people in a safe and comfortable way, promoting optimal body alignment, so they can relax, learn new skills, and be more actively engaged in their day.

## FOR INFORMATION ABOUT TRAINING OR TOURS:

Jocelyn Young  
Director, Seating and Positioning Clinics  
301 Stewarts Ferry Pike  
Nashville, TN 37243  
p. 629-333-4219  
[Jocelyn.Young@tn.gov](mailto:Jocelyn.Young@tn.gov)

## BENEFITS OF CUSTOM SEATING AND THERAPEUTIC POSITIONING INCLUDE:

- Improved posture and trunk stability
- Decreased health risks such as skin breakdown, aspiration pneumonia, gastro-esophageal reflux, and constipation
- Increased comfort and improved sleep
- Better breathing
- Increased safety when eating and drinking
- Improved digestion and elimination
- Increased function and independence

