Incorporating Social and Personal Competencies Into Classroom Instruction and Educator Effectiveness

Introduction to Social and Personal Competency and Learning Modules

Why are social and personal competencies important?

Likely to increase:

- Motivation to learn

- Commitment to school

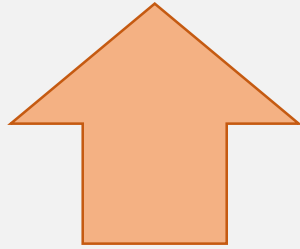- Attendance and graduation rates

Likely to decrease:
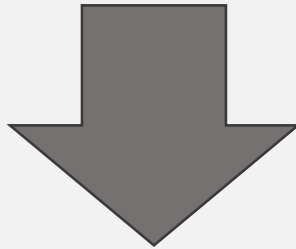- Acting out in class
- Suspensions
- Retention

Why are social and personal competencies important?

- Social-Emotional Skills (22nd percentile)
- Positive Attitudes (9th percentile
- Prosocial Behaviors (9th percentile)
- Academic Achievement (11th percentile)

- Conduct Problems (9th percentile)
- Emotional Distress (10th percentile)

Source: Durlak and colleagues, 2011

Introduction to Social and Personal Competencies

SEL is a process of developing and using the skills, attitudes, and knowledge that help youth and adults:

- Identify and regulate emotions

- Develop positive relationships

- Make responsible decisions

Source: CASEL, 2013

Click Here to download the handouts for this module.

Social and Personal Competencies

Self-Awareness
- Recognize one's own feelings, interest, strengths, and limitations

Self-Management
- Regulate emotions and manage daily stressors

Social Awareness
- Take perspective of others and appreciate similarities and differences

Relationship Skills
- Exhibit prosocial behavior and demonstrate positive social skills in order to develop meaningful relationships.

Responsible Decision Making
- Make ethical decisions, and strengthen the ability to develop appropriate solutions to identified problems

Source: CASEL, 2013

See Handout 1

Who should use these modules?

TN Department of Education

Center on GREAT TEACHERS & LEADERS at American Institutes for Research

ARCC Appalachia Regional Comprehensive Center

Implementing Social and Personal Competencies

- Target specific social and personal skills during specified instructional time.

- Integrate social and emotional skills with academic content.

- Promote practices that develop safe and supportive schools and classrooms.

- Implement general pedagogical practices.
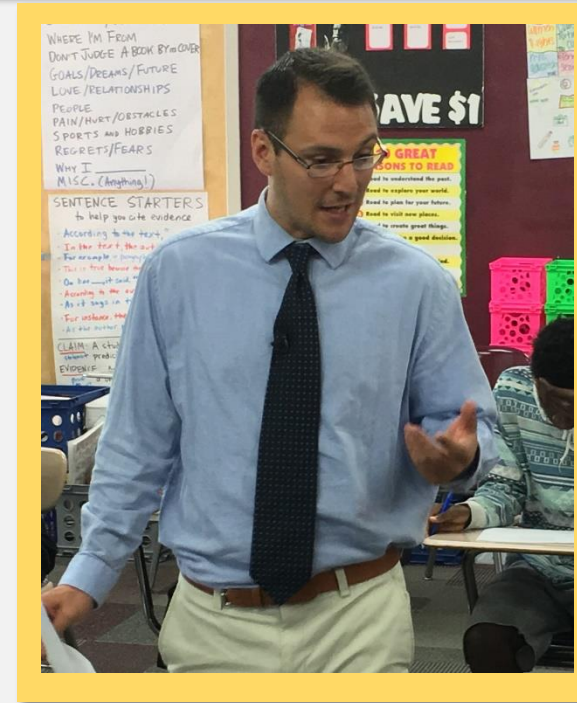
10 Teaching Practices That Promote Social and Personal Competencies

Social Teaching Practices

- Student-Centered Discipline
- Teacher Language
- Responsibility & Choice
- Warmth & Support

Instructional Teaching Practices

- Cooperative Learning
- Classroom Discussions
- Self-Assessment & Self-Reflection
- Balanced Instruction
- Academic Press & Expectations
- Competence Building

See Handout 2

Why the 10 Teaching Practices?

- Support the development of student social, personal, and academic learning.

- Support academic content standards.

- Aligned to the TEAM general education rubric.

- Connect with what educators are already doing.

Alignment to TEAM Evaluation

- **Standards and Objectives**
- **Motivating Students**
- **Presenting Instructional Content**
- **Lesson Structure and Pacing**
- **Activities and Materials**
- **Questioning**

- **Feedback**
- **Grouping Students**
- **Teacher Content Knowledge**
- **Teacher Knowledge of Students**
- **Thinking**
- **Problem Solving**

Module Structure

Overview

1. Introduction
2. Student Benefits
3. TEAM Alignment
4. Self-Assessment
5. See It in Action

Exploration

1. Detailed Information
2. Implementation Strategies
3. Reflection
4. Action Plan
5. Evaluation

Additional Resources

- Collaborative for Academic Social and Emotional Learning
  - 2013 and 2015 *CASEL Guides*,
- Center on Great Teachers and Leaders
- Edutopia SEL online learning hub
- National Clearinghouse on Supportive School Discipline
- ASCD Whole Child

See Handout 3

Module Evaluation

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Click Here

To complete a short evaluation of this module.

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