



National Foundation for Governors' Fitness Councils
State of Tennessee
DON'T QUIT! Campaign

We are excited to inform you that Tennessee has been selected to participate in this year's DON'T QUIT!™ Campaign. Our mission as the National Foundation for Governors' Fitness Councils (NFGFC) is to encourage physical activity in schools. We are **gifting** three \$100,000 DON'T QUIT! Fitness Centers to schools in recognition for being leaders in keeping students fit. Each DON'T QUIT! Fitness Center includes strength training equipment, cardio fitness equipment, and a multi-exercise, circuit training system.

All you have to do is join the campaign by nominating your school. It's as easy as 1, 2, 3. Take action now!

STEP 1: Make sure you qualify.

- The school must be a public or public charter school.
- The majority of students must be between the ages of 8-13 years old.
- The school must have a preexisting room on the school's property that is available for equipment installation during the summer of 2018.
- The room must be approximately 900-1500 square feet.

STEP 2: Fill out your school's profile.

- School Name:
Address:
City, State, Zip:
Grade Levels:
Student Enrollment:
Number of Students Eligible for Free/Reduced Lunch:
- Your Name:
Affiliation/Title:
Work Phone:
Cell Phone:
Email Address:
- Does your school currently have a fitness center or fitness equipment?
How many pieces of equipment?
What type of equipment?
What condition is it in?

***** Attach photos (no more than four, please) of your school's current equipment to the email when you send your application.***



- Square Footage of Room (length x width):
- Floor Level (basement, ground floor, etc.):
- Height of Ceiling:
- Width of Doors:
- Earliest Installation Date:

*** Please attach 3-4 photos of the room from all angles to your email. Please use JPEG (.jpg) format for these photos.*

STEP 3: Tell us why.

- **Why does your school deserve this award?**

What makes your school different from the rest? What makes your school special? What barriers do you have to overcome to bring fitness and wellness to your students? What are your goals for a brand new fitness center? What are you hoping to accomplish?

The best responses offer specific examples of personal triumph and overcoming adversity. Tell us stories about change-makers in your community or innovative programs that are first of their kind. Share with us your guts and glory! We want to hear stories about creating something out of nothing. #dontquit

You may submit a written or video response. If submitting a video, please download to Vimeo or YouTube and provide the link in the space below. You can also share a private video directly with our Vimeo account "NFGFC." Videos should be kept under 5 minutes.

Video Link:

Deadline: Friday, April 6th, 2018 at 5:00 pm PT.

Please submit this form as a Word document (.doc) to nominate@natgovfit.org. *This award is contingent upon a successful site visit, so be sure to provide honest answers.*

For more information, please visit our website or contact us directly with questions. Thank you for taking the time to nominate your school. We wish you the best of luck!

Website: www.natgovfit.org
Email: info@natgovfit.org