

Health Disparities Advisory Meeting | MINUTES

February 1, 2024, | 1:00 P.M. – 2:00 P.M. | Location: Microsoft Teams

Meeting called by:	Division of Health Disparities Elimination	Approximately: 56 ppl.
Type of meeting:	Weekly Health Disparities Task Force –	
Facilitator:	LaShan Dixon, Director of Office of Faith-Based and Community Engagement	

Motivational Quote: (LaShan Dixon) “I hold onto wisdom that’s been passed on from generations to generations because my first teacher is my African- American Mother.” - Unknown

(LaShan Dixon)

- **Black History Month** begins and is an annual observance originating in the United States, where it is also known as African American History Month. Black History Month has received official recognition from governments in the United State, Canada, and most recently has been observed in Ireland and the United Kingdom. Black History Month began as a way of remembering important people and events in the history of the African diaspora. It is celebrated in February in the United States and Canada, while in Ireland and the United Kingdom observes Black History Month in October. Below you’ll find a link of Ten Places to Celebrate Black History Month in the state of Tennessee: <https://www.tn.gov/tourism/news/2024/1/25/10-places-to-celebrate-black-history-year-round-in-tennessee.html>
- **National Black HIV/AIDS Awareness Day** is celebrated on February 7, which was first observed in 1999. This observance is a day to acknowledge how HIV disproportionately affects Black people. Black communities have made great progress in reducing HIV. Yet racism, discrimination, and mistrust in the health care system may affect whether Black people seek or receive HIV prevention services. These issues may also reduce the likelihood of engaging in HIV treatment and care. NBHAAD is an opportunity to increase HIV education, testing, community involvement, and treatment among Black communities.

This year’s theme is "Engage, Educate, Empower - Uniting to End HIV/AIDS in Black Communities".

- Engage: Discussing ways to better involve the black community in HIV/AIDS prevention and treatment efforts. This can include outreach programs, community partnerships, and utilizing local leaders and influencers to promote HIV testing and destigmatize the conversation around HIV/AIDS.
- Educate: Focusing on improving HIV/AIDS education among black youth and adults. This could cover the latest research, treatment options, understanding of PrEP and PEP medications, and debunking myths that contribute to stigma and discrimination.
- Empower: Highlighting success stories and strategies that have effectively empowered black individuals living with HIV/AIDS. Empowerment can be through advocacy, policy change, access to care, and support systems.

Please join My Brother's Keeper, CDC's Robyn Fanfair, Us Helping Us's DeMarc Hickson, and Let's Stop HIV Together Ambassador Christopher Walker on February 7 at 2 PM ET from the NBHAAD webinar. The panel will explore this year's theme and you may register for the webinar:

https://westat.zoomgov.com/webinar/register/WN_0EjEqzBtR827Nr8rVrmXPw#/registration

- **Tinnitus Awareness Week** is observed the first week of February and the purpose of it is to educate to the public about the symptoms of tinnitus and how it affects people. Tinnitus is an awareness through senses, such as ringing of the ears and differently types of noise many people experience this and it's not actually a condition, but a symptom of an underlying condition. These signs can be caused by age, hearing loss, ear injury, whiplash, or a circulatory system disorder. The symptoms include ringing, buzzing, clicking, roaring, hissing, or humming in the ear and it all varies depending on the person.

As for treatment to tinnitus, you can attend sound therapy which will distract you from hearing from the sound of tinnitus. Cognitive Behavioral Therapy (CBT) will help change the way you think about the tinnitus sound to become less noticeable. Then there's the Tinnitus Retraining Therapy which helps retrain the way your brain responds to the tinnitus so folks can learn how to tune the sound out.

- **American Heart Month** is a time when all people are encouraged to focus on their cardiovascular health. The Division for Heart Disease and Stroke Prevention (DHDSP) is encouraging people to listen to their hearts and speak up for their health. The United States are experiencing unacceptable and avoidable heart-related illness and death, and nearly half of U.S. do not recognize that heart disease is the leading cause of death. Heart-health disparities specific to women especially when combined with race, ethnicity, and other social factors. We encourage individuals, health care and public health professionals, and our partners to help close the disparities gap. When women are encouraged to protect their own hearts, they can help others in their communities protect themselves. American Heart Health invite everyone to participate in the **National Wear Red Day, on February 2, 2024.**

TOPICS OF DISCUSSION

Focus: Celebration of Motherhood

Presenter: Dr. Rolanda Lister, VUMC

Summary: The Celebration of Black Motherhood", have not always been an easy topic to discuss because there's historical background of justifiable mistrust, within the communities of color, that black mothers received from medical institutions. If we're seeking to eliminate health disparities and have great outcome of health equity, research, and relationships, we must understand that trust between a black mother-to-be and a doctor is what bonds them together.

Community Engagement is another portion of the relationship, which stands on a few principles such as outreach, consultation, involvement, collaboration, and shared leadership all based around the flow of communication and the understanding of everyone involved. Community Involvement increases the trust in growing numbers of community members to have a building relationship and consistent partnership with the medical institution involved. Vanderbilt University Medical Center and Meharry Medical College is co-sponsoring an outreach event named a "Celebration of Black Motherhood". The black maternal health week originates from the Black Mama Matters Alliance and the National Birth Equity Collaborative, and they pursuing to get the word and the awareness out of black maternal disparities and justice for black mothers.

The program will consist of a panel discussion, all woman of color speaking on the experiences of positive and negative of becoming a mother. We will be speaking how black woman and other women of color are two to four times more likely to die from pregnancy related causes. There's a lot of negativities based around the question "am I going to survive this pregnancy" which is giving a lot of unexpected mothers anxiety and we need to talk about it. The goal to this program is to elevate the positives, discuss the negatives and provide tips and strategies to the expectant mothers on how to have the birth they desire. **The Celebration of Black Motherhood is held on Saturday, April 20th at 3PM** and if you like to attend the tickets are free and you can register for this event on Event Brite Registration.

Member Comments: Announcements and Upcoming Events

- Stepping Stone Academy Foundation, 1st annual Caring Hearts, Thriving Start Donation Drive, (Meet & Greet) is coming up on **Saturday, February 24th, 2024** and we want to ensure you'll attend so **RSVP TODAY!** For the ones who are not able to attend, we will be providing a Zoom link. Also, there is a raffle drawing where you can win 25\$-\$100 Visa gift card **ENTER TO WIN** you are more than welcome to share with anyone that you think will be interested in attending and or donating to our cause. We will also provide additional raffle drawing, refreshments, gift bags, and so much more.
 - Black Men in White Coats, April 6th for more information contact Cynthia Bradford by via email Cynthia.bradford@bmhcc.org
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Resources mentioned during call:

- If you need more information, please visit our website at www.healthdisparitiestn.com

Chat Box – links / website / events:

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Next Meeting: February 8, 2024, from 1pm-2pm via Microsoft Teams.

Microsoft Teams Meeting details are as follows:

Join on your computer or mobile app

[Click here to join the meeting](#)

Or call in (audio only)

[+1 629-209-4396, 641975577#](tel:+16292094396) United States, Nashville
Phone Conference ID: 641 975 577#



U.S. Small Business Administration



Were you or your business affected by the Dec. 9 tornadoes?

SBA, along with FEMA, TN VOADS, TSU SBDC and Montgomery County invites you to

Disaster Recovery Resource Fairs to help with ongoing recovery efforts.

*Submit applications *Check status (FEMA & SBA) *Receive legal advice *Sign up for free services *Get help with appeals *SBDC assistance *and MORE...

Friday, January 26
12 p.m. – 6 p.m.
William O. Beach Civic Hall
350 Pageant Lane
Clarksville, TN



Friday, February 2
12 p.m. – 6 p.m.
TSU - Avon Williams Campus
330 10th Ave. North
Nashville, TN

FREE TO ATTEND

Your "One-Stop Shop" for Valuable Recovery Information & Guidance





U.S. Small Business
Administration

COMUNICADO DE PRENSA

Centro de Operaciones del Este por Desastres

Fecha: 12 de enero de 2024

Contacto: Michael Lampton (404) 331-0333

Michael.Lampton@sba.gov

Comunicado Nro.: 24-167 TN 20131/20132

Síguenos en [X](#), [Facebook \(en inglés\)](#), [Blogs & Instagram \(en inglés\)](#)

SBA, SBDC y VOAD de Tennessee unen fuerzas para ayudar a los sobrevivientes del tornado en ferias de recursos

ATLANTA – A raíz de las tormentas severas y tornados que afectaron a muchos condados de Tennessee el 9 de diciembre, se está llevando a cabo un esfuerzo colaborativo para apoyar a los sobrevivientes con recursos para ayudarlos a reconstruir sus vidas paso a paso. Dos Ferias de Recursos de Recuperación de Desastres, programadas para el 26 de enero y el 2 de febrero, tienen como objetivo proporcionar recursos críticos y asistencia a los afectados por el desastre.

El evento, organizado por la Agencia Federal de Pequeños Negocios, la Oficina de Recuperación y Resiliencia ante Desastres (ODR&R, por sus siglas en inglés) y los Centros de Desarrollo de Pequeñas Empresas (SBDC, por sus siglas en inglés) en asociación con colaboradores, agencias y organizaciones de apoyo locales del condado, ofrecerá una amplia gama de servicios para ayudar a los sobrevivientes de tornados. Los asistentes tendrán acceso a talleres informativos, asesoramiento personalizado, exhibidores de recursos, asistencia con la solicitud, actualizaciones de estado y mucho más.

La entrada es **gratuita** y está abierta a todos los sobrevivientes del tornado, sus familias, negocios y miembros de la comunidad que buscan apoyo durante este momento difícil.

La dirección y los horarios de las Ferias de Recursos de Recuperación ante Desastres son:

Fecha	Ubicación	Hora	Regístrese aquí
26 de enero de 2024	Salón Cívico William O. Beach del Condado de Montgomery 350 Pageant Lane Clarksville, TN 37040	12 p.m. – 6 p.m.	Se agradece haga registro previo (regístrese aquí)
2 de febrero de 2024	Condado de Davidson Centro de Desarrollo de Pequeñas Empresas de la Universidad Estatal de Tennessee Campus del centro de la ciudad 330 10th Ave Norte Nashville, TN 37203	12 p.m. – 6 p.m.	Se agradece haga registro previo (regístrese aquí)