

# Health Disparities Advisory Meeting | MINUTES

February 8, 2024, | 1:00 P.M. – 2:00 P.M. | Location: Microsoft Teams

Meeting called by:	Division of Health Disparities Elimination	Approximately: 70 ppl.
Type of meeting:	Weekly Health Disparities Task Force –	
Facilitator:	LaShan Dixon, Director Office of Faith-Based and Community Engagement	

**Motivational Quote:** (LaShan Dixon) “Your ancestors took the lash, the branding iron the humiliations and the oppression because one day they believed you would come along and flesh out the dream”. – Maya Angelou

## (LaShan Dixon)

- **Black History Month** begins and is an annual observance originating in the United States, where it is also known as African American History Month. Black History Month has received official recognition from governments in the United States, Canada, and most recently has been observed in Ireland and the United Kingdom. Black History Month began as a way of remembering important people and events in the history of the African diaspora. It is celebrated in February in the United States and Canada, while in Ireland and the United Kingdom observes Black History Month in October. Below you’ll find a link of Ten Places to Celebrate Black History Month in the state of Tennessee: <https://www.tn.gov/tourism/news/2024/1/25/10-places-to-celebrate-black-history-year-round-in-tennessee.html>
- **Congenital Heart Defect Awareness Week** is observed annually February 7th – February 14th. During this week, we recognize and celebrate the journey of children and adults living with congenital heart disease and provide opportunity to raise public awareness about the heart condition and promote education about CHDs. Congenital means a “condition present from birth”, which could bring on lifelong complications. CHDs affect approximately one in 100 births every year in the U.S. and is the most common type of birth defect. Congenital heart disease may have several symptoms, especially in babies or children, which are:
  - Rapid heartbeat
  - Rapid breathing
  - Swelling of the legs, stomach, or around the eyes
  - Extreme tiredness and fatigue
  - Blue tinge to the skin (known as cyanosis)
  - Tiredness and rapid breathing when a baby is feeding

There are many types of congenital heart disease and sometimes they may occur in combinations, the common defects include:

- Septal Defects – when there’s a hole between two of the heart chambers (commonly known as a “hole in the heart”).
- Pulmonary Valve Stenosis – when the pulmonary valve, controls the flow of blood out of the lower right chamber of the heart to the lungs, its narrower than normal and cause trouble.
- Transposition of the Great Arteries – this is when the pulmonary and aortic valves and the arteries are connected and have swapped positions.
- Underdeveloped Heart – when part of the heart does not develop properly making it difficult for it to pump enough blood around the body or lungs.

This week plays a crucial role in providing support to families and individuals affected by CHD. It’s a time to come together, share experiences, and offer encouragement to one another. CHD research is essential by understanding, identifying, and treating CHDs, we can improve the prognosis for babies born with these heart defects. Organizations like The Children’s Heart Foundation partner with investigators to fund research that can lead to better treatment methods, improve early detection techniques, and ultimately, save lives. If you like to support research breakthroughs that will help save, extend, and improve the lives of individuals living with congenital heart defects please go to [Donation Form \(donorperfect.net\)](https://donorperfect.net).

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## TOPICS OF DISCUSSION

**Focus:** Clinical Research Associates, Inc. – Coordinating Clinical Trials in Nashville since 1990

**Presenter:** Dr. Stephan Sharp & Will Krugman

**Summary:** Clinical Research Associates, Inc., does clinical trials which means completing study on human bodies, to see the reaction of investigational medicines and devices. Clinical Research Associates, duty is to recruit patients and be apart of the clinical study, to see if drugs, vaccines, and devices, that evaluated by FDA make sure its safety and effectiveness to be placed on the market.

Clinical trial sites seek out patients that are affected by medical conditions within certain geographical locations and asked to volunteer for a clinical trial. Clinical trials are mainly used to protect the safety, health, and human rights of all patients and before human trials and testing are tried on human beings, chemistry studies are done on the drugs and tested on animals, first.

Clinical trials have (3) safety phases, which consist of 100 or less volunteers, what is the appropriate dosing amount looks like and does the product reduce the severity of the disease, just to name a few. The participation of volunteers is very important because representation from all walks of life such as, race, age, gender, and nationalities are needed because the research and medicine can provide an impact and make a difference within the whole world.

Clinical Research Associates is seeking individuals to be apart of their diabetes, cardiovascular, weight loss, glucose, migraine, heartburn and pediatric RSV Vaccine studies. If you would like to be apart of any of these studies do not hesitate to contact them by phone at 615.329.0197 or you may contact them by via email at [will@clinicalresearchassociates.com](mailto:will@clinicalresearchassociates.com). Below you also find their website [clinicalresearchassociates.com](http://clinicalresearchassociates.com) and physical address which is: 1500 Church Street,

**Member Comments:** Announcements and Upcoming Events

- On Saturday, February 24, 2024, the Meharry-Vanderbilt Alliance and Meharry Medical College will host Dr. Erika King for a virtual conversation about her academic and career journey and guidance for young people considering a career in dentistry. Dr. King is a fourth generation Meherrin and currently practicing pediatric dentistry in Sebastian, Florida. This event is open to students in high school and undergraduate studies.  
<https://redcap.vanderbilt.edu/surveys/?s=F4XXANC8EKWTYCMW>
  - The Black Girls in S.T.E.A.M. Summit will take place on Saturday, March 2nd, from 8:30 a.m. - 2:30 p.m. in the Cal Turner Family Center for Student Education at Meharry Medical College (1101 21st Ave N, Nashville, TN 37208). Breakfast and lunch will be provided.  
<https://redcap.vanderbilt.edu/surveys/?s=LRTKRCWTHACWKL4N>
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**Resources mentioned during call:**

- Emory Centers Training Portals  
[https://emorytraining.learnupon.com/users/sign\\_in?next=%2Fcatalog%2Fcourses%2F3649354](https://emorytraining.learnupon.com/users/sign_in?next=%2Fcatalog%2Fcourses%2F3649354)
- Please join Black Men in White Coats, April 6th in Memphis TN hosted by Baptist Memorial Health Care and Baptist Health Sciences University. For more information, email [Community.Relations@bmhcc.org](mailto:Community.Relations@bmhcc.org) or [AnnMarie.Wallace@bmhcc.org](mailto:AnnMarie.Wallace@bmhcc.org).
- <https://www.baptistu.edu/BaptistUHealthCORE>
- If you need more information, please visit our website at [www.healthdisparitiestn.com](http://www.healthdisparitiestn.com)

**Chat Box – links / website / events:**

- Black Men in White Coats, April 6th in Memphis TN hosted by Baptist Memorial Health Care and Baptist Health Sciences University. For more information, email [Community.Relations@bmhcc.org](mailto:Community.Relations@bmhcc.org) or [AnnMarie.Wallace@bmhcc.org](mailto:AnnMarie.Wallace@bmhcc.org)
  - [https://www.wate.com/calendar/?\\_escaped\\_fragment\\_=/show/?start=2020-05-22#!/details/The-University-of-Tennessee-Medical-Center-HeartWise-event/11456378/2023-02-18T07](https://www.wate.com/calendar/?_escaped_fragment_=/show/?start=2020-05-22#!/details/The-University-of-Tennessee-Medical-Center-HeartWise-event/11456378/2023-02-18T07)
  - If you need more information, please visit our website at [www.healthdisparitiestn.com](http://www.healthdisparitiestn.com)
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**Next Meeting: February 15, 2024, from 1pm-2pm via Microsoft Teams.**

**Microsoft Teams Meeting details are as follows:**

**Join on your computer or mobile app**

[Click here to join the meeting](#)

**Or call in (audio only)**

The Tennessee Department of Health is hosting a virtual workshop for local health department staff and partners

# Health Equity Landscape Analysis

Session 1: Tuesday, February 27<sup>th</sup> from 2-3pm ET  
Session 2: Tuesday, April 9<sup>th</sup> from 3-4pm ET

[Register Here](#)

## Session 1:

In this session, participants will explore root causes for diabetes inequities in Tennessee, diving into how to determine the who, where, why, and how diabetes inequities exist within certain populations in their locality. This session will include breakout rooms with others from your local county and follow with a Landscape Analysis Assessment to be completed in preparation for Session 2.

## Session 2:

In this session, we will take a deep dive into the results of the Landscape Analysis Assessment to determine implementation considerations.

For local health departments, it is ideal for multiple people from your team to attend this workshop together. **Please share this with others on your team who work in diabetes prevention, diabetes management, and/or health equity, and local DPP or DSMES providers in your county such as, local non-profits, health systems, hospitals, and community-based organizations.**

## How to Register

1. Click the link to "Register Here".
2. Create a profile or sign in.
3. If you do NOT see the training upon login, select "Catalog" from the top left dropdown menu.
4. Click the enroll button.
5. You will receive an email with a calendar hold for Sessions 1 & 2. Check junk mail. Add it to your schedule.





**Cempa**  
Community Care

## Womens *Community Health* Event

Join us to learn more about our Comprehensive Women's Health Services, and key ways you can take control of your health in 2024!

**FEBRUARY 15, 2024**

**5 PM - 7 PM**

**1000 E. 3rd St. Suite 100 CHA, TN 37403**

HOSTS



Chelsea Dawson



Shelbie Cook

## *I'm Every Woman*

WOMEN OF COLOR  
BREAKFAST AND HEALTH  
FAIR

MEHARRY MEDICAL COLLEGE  
CAL TURNER FAMILY CENTER  
FOR STUDENT EDUCATION

SATURDAY, MARCH 16, 2024  
9:30 AM- 1:00 PM

Contact:  
Majornette Jefferson  
Co-Chair  
mjjefferson@mmc.edu  
615-327-5935

**\*FREE EVENT\***



Register here:



