

Health Disparities Advisory Meeting | MINUTES

December 7, 2023, | 1:00 P.M. – 2:00 P.M. | Location: Microsoft Teams

Meeting called by:	Division of Health Disparities Elimination	Approximately: 50 ppl.
Type of meeting:	Weekly Health Disparities Task Force –	
Facilitator:	Tiffany Tutko Office of Faith-Based and Community Engagement	

Motivational Quote: (Tiffany Tutko) We have two (2) motivational quotes in the honor of giving, the first one is “Money is not the only commodity that is fun to give, we can give time. We can give time, we can give our expertise, we can give our love, or simply give a smile. What does that cost? The point is none of us can ever run out of something worthwhile to give.” - Steve Goodier

“You give but little when you give of your possessions. It is when you give of yourself that you truly give.” - Kahlil Gibran

(Tiffany Tutko)

- **December is a Month of Giving** it is the season and the month where most fundraising occurs. It’s always better to give than to receive without any expectations, plus giving makes everyone happy and has the power to spread joy. Below are three ways to observe the month of giving which is:
 - Host a charity event.
 - Teach children the importance of charity.
 - Donate clothes, books and even a monetary gift to your nearest charity.

According to the world giving Index, the United States is the most charitable nation in the world.

- **Universal Human Rights Month** also known as **Human Rights Awareness Month** which began in 1948 when the United Nations created the Universal Declaration of Human Rights, with the input of representatives with a wide variety of legal and cultural backgrounds from all around the world. The United Nations created the document with the intention of setting a “common standard of achievements” and establishing fundamental rights for all human beings. It has been translated into over 500 languages, and its Proclamation Day **December 10** has been established as Human Rights Day. This year marks 75 years since the creation of the Universal Declaration of Human Rights.
- **Crohn’s and Colitis Awareness Week** is during the week of December 1st thru December 7th. Both Crohn's and Colitis are main forms of inflammatory bowel diseases and are characterized by chronic inflammation of the digestive tract. There are a few key differences between the two diseases which are:
 - Crohn's disease causes inflammation in the digestive tract, which leads to abdominal pain, severe diarrhea, fatigue, unexplainable weight loss, and malnutrition.

- Colitis causes inflammation and ulcers in the lining of the rectum and colon, and has symptoms like severe tiredness, anemia, bleeding from the rectum, sores on the skin, joint pain, and loss of appetite.

Both diseases are extremely uncomfortable, and, though it's not common, some people with these diseases can die from IBD (inflammatory bowel disease) related causes. Around 1.6 million Americans suffer from inflammatory bowel disease; around 907,000 with colitis, and 780,000 with Crohn's. There is no known cure for either disease, but the more we come together to spread the word, the closer we get. If you are living with either disease, please use #myIBD or #CCAwarenessWeek to share your Crohn's or Colitis story on social media. If not, use the hashtags above anyway to post your support and to spread the word so that others take some time to learn about Crohn's and Colitis.

- **National Influenza Vaccination Week** is observed as a gentle reminder for you to stay protected in the upcoming winter months. If you haven't already taken your vaccination shot, it's not too late. We encourage you to get your dose as early as possible. The season for flu is quite unpredictable; it can begin as early as fall and last up to spring. Flu activity is at its peak during winter, and so public healthcare professionals, advocates, and communities join hands to promote flu vaccination.

Many people tend to show a cavalier attitude toward flu, dismissing it as a bad cold. But it's more than that. It can cause serious health complications, such as bacterial infections or pneumonia, and can get you admitted to a hospital. If not treated at the right time, the flu can even lead to death. To prevent such mishaps and to raise awareness, the Centers for Disease Control and Prevention (C.D.C.) created N.I.V.W. in 2005.

TOPICS OF DISCUSSION

Focus: Kramer Davis Health & Kramer Davis Clinic

Presenter: Dr. Matthew Holder

Summary: Dr. Matthew Holder, recently opened Kramer Davis Health and Kramer Davis Clinic in the Nashville area, the first clinic was opened in Louisville, KY. For the past twenty years, Dr. Holder provides transdisciplinary healthcare to adults with intellectual developmental disabilities. The Kramer Davis Clinic take patients over the age of 13 who has intellectual or developmental disabilities, and their patient care is focused providing exemplary care for those with IDD, by removing barriers to healthcare, providing high-quality care which includes multiple disciplines.

The Kramer Davis Health and Kramer Davis Clinic love complex cases because the goal is to enhance the person's life to the highest capacity as possible. Dr. Holder and his team spends a lot of time making sure their patient's diagnosis is correct and the patient is receiving the medication they need. They also focus on preventing to keep their patients out of hospitals, ER's, ICU's and all inpatient psych facilities. The key is we have multiple healthcare disciplines and they do not function as separate practices. The disciplines of healthcare work together daily, such practitioners of developmental medicine, dentistry, psychiatry, behavioral health, PT, OT, speech, and crisis, which all work together influencing each other's practice in a unique way of approaching patient care which fills a lot of gaps in traditional healthcare.

If you would like more information regarding The Kramer Davis-Nashville at 3901 Central Pike, Suite 500, Hermitage, TN 37076, phone number 615.913.7300.

TOPICS OF DISCUSSION

Focus: Tennessee Board of Regents

Presenter: Chuck Lopez

Summary: The Tennessee Board of Regents represents community colleges and technical colleges across the state of Tennessee. We offer approximately 15 different programs such as healthcare and nursing that are offered at our 23 technical colleges and 23 main campuses and we have several satellite campuses as well. Between our technical colleges and community colleges, we do cover all 95 counties and there's a special emphasis on rule healthcare and some rule initiatives. We're building a talent pipeline for those folks that are in the healthcare industry and in our communities saving lives and improving the quality of life for patients.

Within the 15 unique programs the year 2021-2022, 79% of our students completed and graduated the program, 85% of those students were placed in relevant jobs such as nursing or healthcare related programs and of those certain programs there were requirements of occupational licensure such as licensed practical nurse and certified medical nursing assistant. TBR have a 95% occupational pass rate within the technical colleges. As for our practical nursing program our associate of applied science and nursing program, is offered at thirteen community colleges.

The pathway to the BSN is a career point, and a person would receive an accelerated pathway toward their next credential. Note, LPN nurses could not go right into this program only associate of science and nursing can receive the advanced placement and then move on to the bachelor's degree program. This is for individual that's looking to get into the nursing field, they could be on a career pathway that offers economic mobility where they're continuing to increase their knowledge, skills, awareness, and wages.

TBR, is developing the pipeline for healthcare workers across the state of Tennessee, focusing on medically on underserved areas. With a system of 37 colleges, the creation of new programs and the evolution of our programs meet workforce needs, and various requests for partnerships that come from the governor's office and the legislature. If you have any further questions or concerns do not hesitate to contact chuck.lopez@tbr.edu, tachaka.hollins@tbr.edu and zachary.adams@tbr.edu.

Member Comments: Announcements and Upcoming Events

-

Resources mentioned during call:

- If you need more information, please visit our website at www.healthdisparitiestn.com

Chat Box – links / website / events:

- If you need more information, please visit our website at www.healthdisparitiestn.com
-

Next Meeting: Thursday, January 11, 2024, from 1pm-2pm via Microsoft Teams.

Microsoft Teams Meeting details are as follows:

Join on your computer or mobile app

[Click here to join the meeting](#)

Or call in (audio only)

[+1 629-209-4396, 641975577#](tel:+16292094396) United States, Nashville

Phone Conference ID: 641 975 577#