

Hispanic Heritage Month 2023

TN Health Disparities Task Force





Bethsy Harrigan – Statewide

- Community Engagement Coordinator
 - Contact: Bethsahida.Harrigan@tn.gov
- City/Country of Origin: Chattanooga,
 - Family from Haiti
- Focus: Immigrants and Refugees
- Fun fact: I went on 5 vacations/trips this summer!









What is Hispanic Heritage Month?

- September 15th- October 15th
- Began in 1968 as Hispanic Heritage Week
- Extended to a full month in 1988
- Celebrated nationwide through festivals, art shows, conferences, community gatherings and so much more.



Defining Hispanic and/or Latino

- According to the CDC Hispanic or Latino origin includes people of Mexican, Puerto Rican, Cuban, Central and South American, Dominican, and other or unknown Latin American or Spanish origin. People of Hispanic origin may be of any race.
- Other definitions:
- *Hispanic* refers to a person with ancestry from a country whose primary language is Spanish.
- Latino and its variations refer to a person with origins from anywhere in Latin America (Mexico, South and Central America) and the Caribbean.
- In academic circles, *Latino/a/x* has recently become the most frequently used term, though both are still in use



Date Significance

- To include the celebration of several Latin American independence days:
 - September 15th: Costa Rica, El Salvador, Guatemala, Honduras, and Nicaragua
 - September 16th: Mexico
 - September 18th: Chile
- Holidays that recognize Hispanic Contributions:
 - October 9th Virgin Islands- Puerto Rico Friendship Day
 - Celebrated in the U.S Virgin Islands
 - Día de la Raza -- Indigenous Peoples' Day (October 12th)



Population Statistics

HISPANICS ARE THE GROWTH ENGINE OF AMERICA



U.S Hispanics are **the 2nd largest**Spanish speaking country in the world

U.S. Hispanic
Buying Power reached
1.9 trillion
in 2022. 5th largest globally.

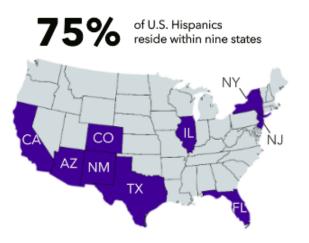
MAJORITY MINORITY!!



67% of U.S. Hispanics are native born

Driving **91%** of the population's growth

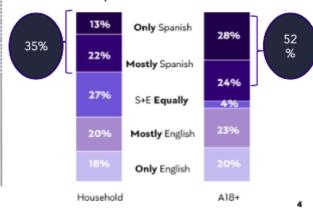
Fastest-growing population, projected to make up over 25%+ of the US population by 2050!



Top 5 by Country of Origin

Hisp Origin		Population	% among Hispanics
Mexican	 1-11	37.2M	61%
Puerto Rican		5.83M	10%
Cuban	K	2.38M	4%
Salvadoran	Ħ	2.31M	4%
Dominican	*	2.09M	3%

More than Half of A18+ are Spanish Dominant





Implications in Health

- In Tennessee, it is estimated that 5.2% of the population is Hispanic and/or Latino
- Hispanic population health outcomes are affected by:
 - Language, cultural barriers, lack of access to preventive care and lack of health insurance
 - Leading causes of death: cancer, heart disease, unintentional injuries (accidents), stroke, diabetes, Alzheimer's disease
 - Compared to non-Hispanic whites, Hispanics/Latinos have higher rates of obesity
 - There are disparities within Hispanic subgroups



Upcoming Events –not all inclusive







Task Force Schedule for HHM

- September 21st Special Guest: TN Dept of Health Commissioner Dr. Ralph Alvarado & Intro to Spanish Lesson by Dr. Tamara Chavez-Lindell, Division of Health Disparities Elimination
- October 5th All about Puerto Rico by Dr. Katherine Diaz, Office of Faith-Based and Community Engagement
- October 12th Panel Discussion on Language Variety – TDH staff and community partners



How Can You Celebrate?

- 1. Learn about the History of Hispanic in the United States
- 2. Enjoy Hispanic Music
- 3. Support Hispanic businesses, authors, creators, etc.
- 4. Research the contributions of Hispanics to different academic fields
- 5. Take a (virtual) field trip to a Spanish-speaking country
- Attend a National Hispanic Heritage Month Event in your area.

How are you all celebrating Hispanic Heritage Month?



Resources:

- Resources:
- Tennessee State Museum video Abuela storybook https://tnmuseum.org/videos?xmod-4953-pp-366832-item=139177
- Hispanic Organization of Leaders and Achievers (Tennessee specific community partner)
 https://www.holatn.org/
- Official fed. Gov site- https://www.hispanicheritagemonth.gov/
- National Archives https://www.archives.gov/news/topics/hispanic-heritage-month
- National Endowment for the Humanities https://edsitement.neh.gov/teachersguides/hispanic-heritage-and-history-unitedstates
- National Park Service https://www.nps.gov/subjects/npscelebrates/hispanic-heritagemonth.htm
- Smithsonian https://www.si.edu/events/heritagemonth
- https://latino.si.edu/learn/teaching-and-learning-resources/hispanic-heritage-monthresources



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