



STATE HEALTH PLAN

Health Disparities Advisory Council

April 25th, 2024

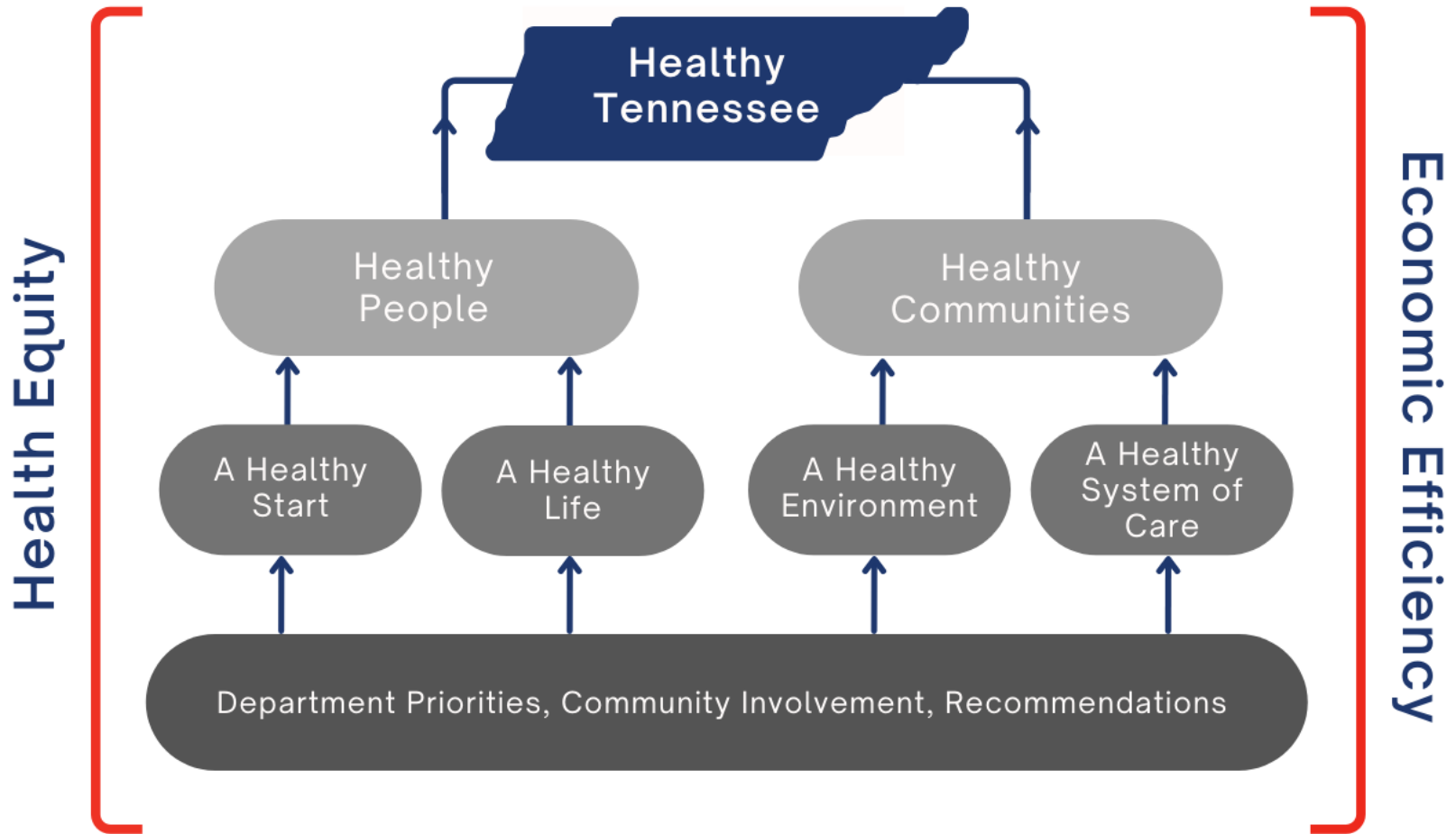
Overview

- State Health Plan Framework
- State Health Plan Process
 - Subject Matter Expert Meetings
 - State of Health Report
 - Priority Areas
 - Focus Groups
- Website Demonstration

State Health Plan Overview

- Statutorily required to submit annual updates to the Governor
- Promote the Department's **Vision: "Healthy People, Healthy Communities, Healthy Tennessee"**
- Provide state leadership with information on the health status of Tennessee and use high quality data to set priorities and inform actionable recommendations
- Create opportunities for external partners to align with the mission, vision, and strategic goals of the Department
- Collaborate with and support state-level partners including, state agencies, non-profits, safety-net providers, faith-based institutions, healthcare facilities and providers, and associations

State Health Plan Framework



State Health Plan Process



Subject Matter Expert Meetings

What metrics do you think we should be considering to measure the state of health in Tennessee?

- **A Healthy Start** – What is the state of health among Tennessee’s children and youth?
- **A Healthy Life** – What is the state of health among Tennessee’s adults and older adults
- **A Healthy Environment** – What is the state of health in Tennessee’s communities?
- **A Healthy System of Care** - What is the state of Tennessee’s healthcare system?

How can the State Health Plan support you and your work?

State of Health Annual Report

- Comprehensive annual report focused on answering the question “How Healthy is Tennessee?”
- Data focused ~100 metrics with context
- Dissemination
Data Dashboards
Infographics

State of Health Metric Overview				
A Healthy Start				
Children in Poverty	Child Food Insecurity	WIC Coverage	SNAP Participation	Foster Care Instability
Child Care	School Nurses	School Counselors	Third Grade Reading Level	ACEs
Physical Dating Violence	Carried a Gun	Childhood Vaccinations	HPV Vaccinations	Congenital Syphilis
Youth Obesity	Asthma	Electronic Vapor Usage	Drugs on School Property	Hopelessness
Suicide Attempt	Suicide Mortality	Prenatal Care	Smoking During Pregnancy	Preterm Births
Low Birthweight	Breastfeeding	Postpartum Depression	Infant Mortality	Pregnancy-Related Mortality
Pregnancy-Associated, but not related, deaths	Teen Births			
A Healthy Life				
Per Capita Personal Income	Adult Poverty	Food Insecurity	Poverty and the Labor Force	Unemployment
Workplace Benefits	Fatal Occupational Injuries	Adult Numeracy	Adult Literacy	Violent Crime
Domestic Violence	Chlamydia	HIV	Hepatitis C	COVID-19 Vaccinations
Influenza Vaccinations	Chronic Conditions	Adult Smoking	Physical Activity	Diabetes
Binge Drinking	Nonfatal Drug Overdose	Fatal Drug Overdose*	Frequent Mental Distress	Suicidal Ideation
Suicide Attempt	Suicide Mortality	Premature Death	65+ Poverty	Grandparents Living With Grandchildren
Elder Abuse	Social Isolation	Falls 65+	Caregiving	Dementia
A Healthy Environment				
Severe Housing Problems	Severe Housing Cost Burden	Homelessness	Broadband Access	Access to Parks and Greenways
Transportation Disadvantaged Communities	Vehicle Access	Driving Alone to Work	Long Commute-Driving Alone	Roadway Safety
Voter Participation	Civic Organizations	Social Advocacy Organizations	Volunteering	Water Quality
Community Water Fluoridation	Air Pollution-Particulate Matter	Hear Related ED Visits	Hear Related Hospitalizations	
A Healthy System of Care				
Uninsured Adults	Uninsured Children	Underinsured Children	Avoided Care Due to Cost	Adults with Disabilities who Avoided Care Due to Cost
Hospital Closures	Hospital Quality	Preventable Hospitalizations	Breast Cancer Screenings	Colorectal Cancer Screenings
Primary Care Health Professional Shortage Areas	Mental Health Professional Shortage Areas	Dental Health Professional Shortage Areas	Nurses	Palliative Care
Home Health Care				

State of Health Data Dashboards

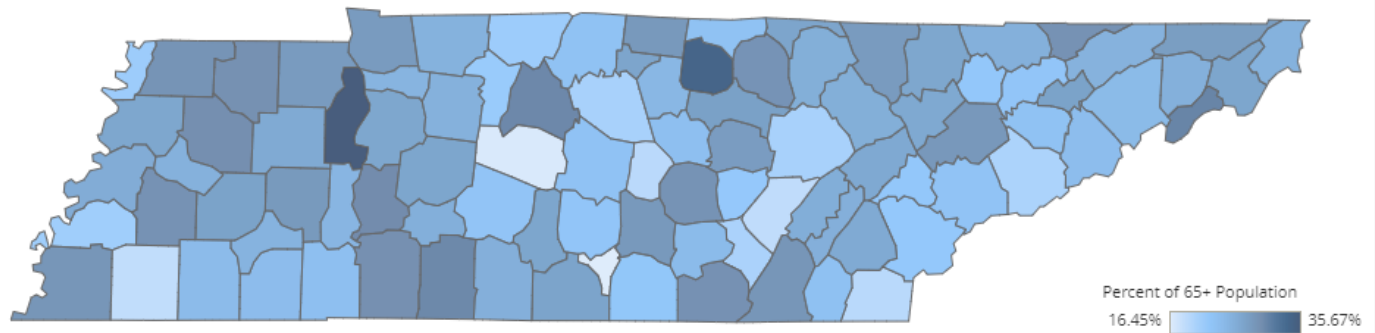
A Healthy Life

Click on a tile below to see data from the Tennessee State of Health Report on Tennessee's adults. For more details on the the data and information in these dashboards, please see the full Tennessee State of Health Report using the link above.

Poverty and Food Insecurity	Workforce	Education
Community Safety	Infectious Disease	Vaccinations
Chronic Disease	Health Behaviors	Overdoses and Premature Death
Mental Health	Older Adults	Older Adult Maps

Social Isolation

Percentage of population aged 65+ living alone. In 2020, 26.2% of older adults in Tennessee were living alone.



Data Source: US Census Bureau, American Community Survey

[Click to view State Aging Profiles through the TN Commission on Aging and Disability](#)

State of Health Infographic

- Digestible and Useable
- Ease of navigation
- Applicability

2023 State of Health in Tennessee A HEALTHY LIFE : Income and Poverty

Poverty is associated with:

- ↑ mental illness
- ↑ chronic disease
- ↑ mortality
- ↓ life expectancy

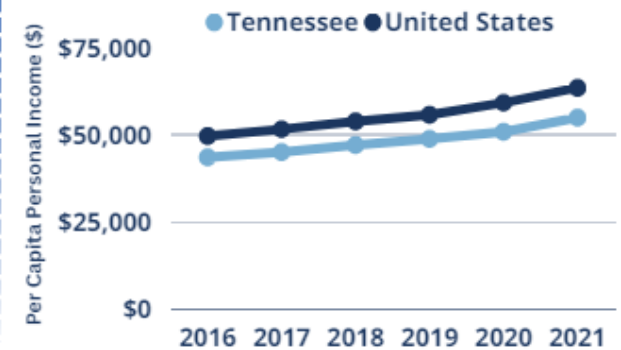
12.4%

of adult Tennesseans were living below the poverty level in 2021, compared to 11.6% in the US.

Per Capita Personal Income

Annually, not seasonally adjusted, per capita personal income in dollars.

While TN's per capita personal income is increasing, it remains below the US average and is increasing more slowly than the US average.



Individuals living in poverty are more likely to be food insecure.

11.2%

of Tennesseans lacked adequate access to food in 2019-2021, compared to 10.4% in the US.

Food Insecurity is associated with:

- ↓ nutrient intake
- ↑ diabetes
- ↑ hypertension
- ↑ mental illness

Priority Areas

- Determined by the Commissioner
- Considerations:
 - Data in the State of Health Report
 - What are the most pressing concerns in Tennessee?
 - Where can TDH and partners have an impact?

2024-2026 State Health Plan Priority Areas



A Healthy Start

- 1 Nutrition Security
- 2 Maternal and Infant Health



A Healthy Life

- 3 Nutrition Security
- 4 Chronic Conditions
- 5 Older Adults



A Healthy Environment

- 6 Transportation



A Healthy System of Care

- 7 Cancer Screenings
- 8 Workforce

Focus Groups

- One in each grand division and one online
 - 130+ attendees across 65+ organizations including MCOs, state agencies, non-profits, faith-based organizations, health care facilities, local health departments, academic partners and more.
- Reviewed State Health Plan objectives
- Separated into four breakout groups to discuss recommendations under each of the priority areas.

State Health Plan

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Priority Areas focused on opportunities for growth



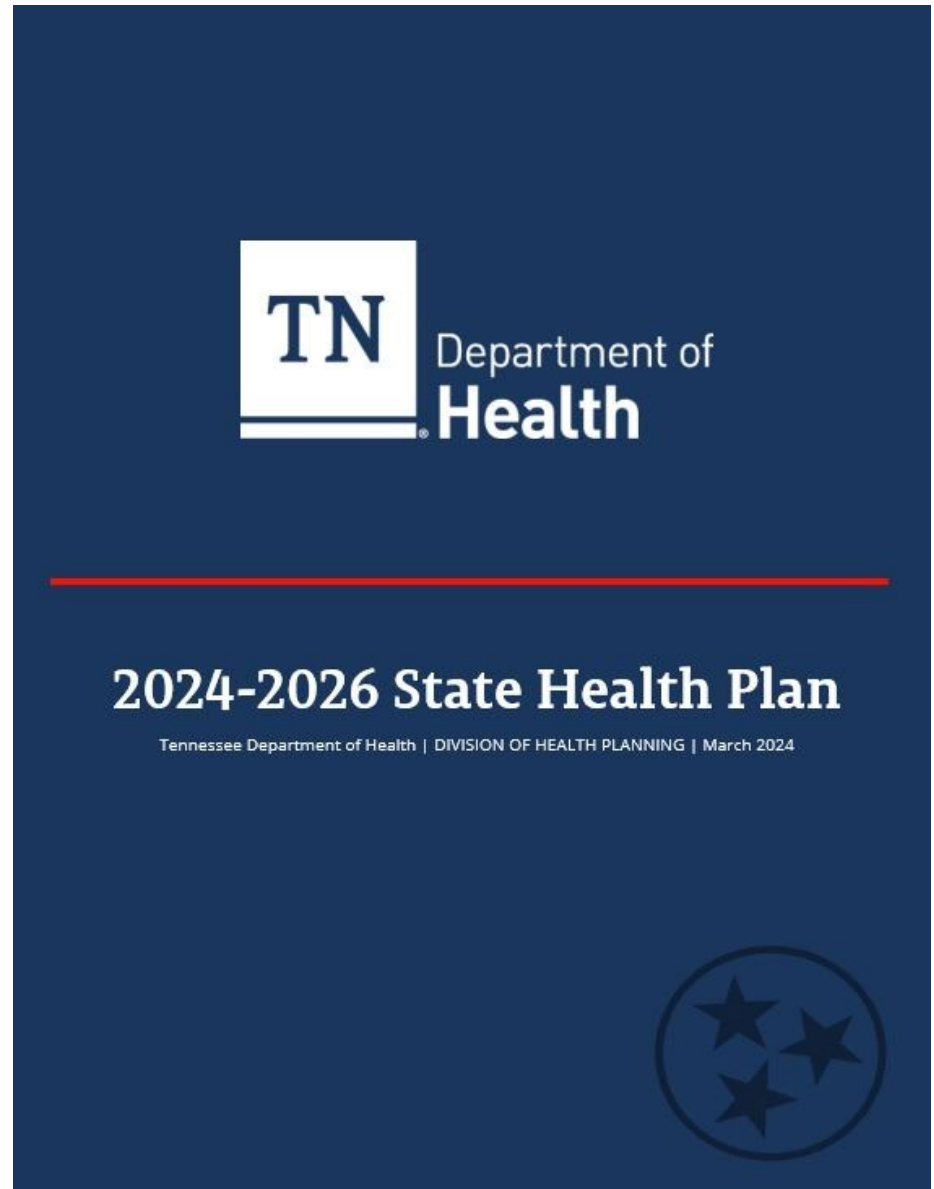
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Goals for achieving a Healthy Tennessee



58

Recommendations for collaborative action



State Health Plan One-Pagers

6 Transportation

2024-2026 Tennessee State Health Plan

Goal 6.1. Support programs and policies that increase access to convenient and affordable transportation for Tennessee residents and visitors.



Promote existing public transportation available in all counties through TDOT.	✓	✓	✓	✓	✓
Increase availability and promotion of transportation programs that assist individuals with traveling to health, wellness, and social service appointments.		✓	✓	✓	
Support and promote cross-sector transportation planning at all levels including between public health agencies, community planners, transit agencies, users, and advocates (e.g., engaging with TDOT's new Project Delivery Network (PDN)).	✓				



government



healthcare



faith-based



nonprofit and community



school and education



For more information on the State Health Plan, visit <http://health.tn.gov/shp>

Website Demonstration & Contact Information



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