



Preparing for a Visit With Your Primary Care Provider

Taking a few minutes to prepare for a visit with your child's primary care provider can help you get the most out of your visit. Use the questions below to help you get ready for your child's visit.

What is the main reason for this visit? (*example: well child visit, need shots, sick visit*) _____

For a sick visit, think about these questions:

- How long has this been going on? _____
- Is it getting better, worse, or staying the same? _____
- What have you tried to make it better already? _____
- What makes it worse? What makes it better? _____
- Has anything like this happened before? _____

What are the most important things you want to tell the provider? _____

What are the main questions you have for the provider? _____

Do you need anything from the provider today (like forms or prescriptions)? _____

****If you have TennCare and you need transportation to this appointment, remember that your managed care organization can help. Call the number on your TennCare card.*

This guide is part of the



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