

To Tennessee Employers and Community Leaders:

Thank you for your continued efforts to reduce the spread of COVID-19 and save the lives of Tennesseans.

### Medical Notes and Clearances

Both the CDC and TDH discourage employers and schools from requiring a medical note for clearance to return to work or school after an individual has COVID-19. **Starting February 14, 2022, TDH will no longer provide isolation "clearance" letters to individuals.** Those who test positive for COVID-19 may provide documentation of their positive test result (such as a photo, print out of lab results, or note from a provider that administered the test) to indicate their need for exclusion from in-person activities during their period of isolation. Employers and schools are encouraged to provide access to sick leave, telework, and other accommodations without individual documentation from a doctor or nurse regarding an individual's need to stay home.

**More information:** <https://www.tn.gov/content/tn/health/cedep/ncov/cases-and-contacts.html>

**Questions?** Call the TDH Community Support & COVID-19 Hotline at 615-770-6940 or email [COVID19.Info@tn.gov](mailto:COVID19.Info@tn.gov)