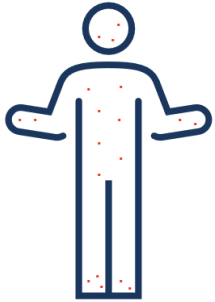


MPX is a rare disease that can make you sick, often beginning with a flu-like illness before developing a rash, which may look like blisters/pimples. The rash can be extremely painful and last up to 2-4 weeks. MPX does not usually cause serious illness; however, it can result in more serious outcomes in some people.

Symptoms



Rash

Rashes, bumps, or blisters that may appear on or around the genitals or in other areas such as your hands, feet, chest, or face.



Flu-like Symptoms

(fever, headache, chills, muscle ache)

These symptoms may occur before or after the rash appears, or not at all.

Spread



Direct contact with MPX sore or rash



Contact with respiratory secretions or prolonged face-to-face contact



Contact with objects (e.g. clothes, bedding, towels)

Prevention

- Avoid skin-to-skin contact with someone who has a rash or other MPX related symptoms.
- Ask your sexual partners whether they have a rash or other symptoms consistent with MPX.
- Follow reputable sources of health information from TDH, CDC, and your local county HD.
- Consider getting vaccinated for MPX: [Vaccine Information](#)

If you are exposed...



Monitor your health



Get vaccinated



Practice good hygiene

If you develop symptoms:

- Isolate at home
- Contact your healthcare provider to discuss how you're feeling and need for testing