



Health Council Community of Practice (CoP)

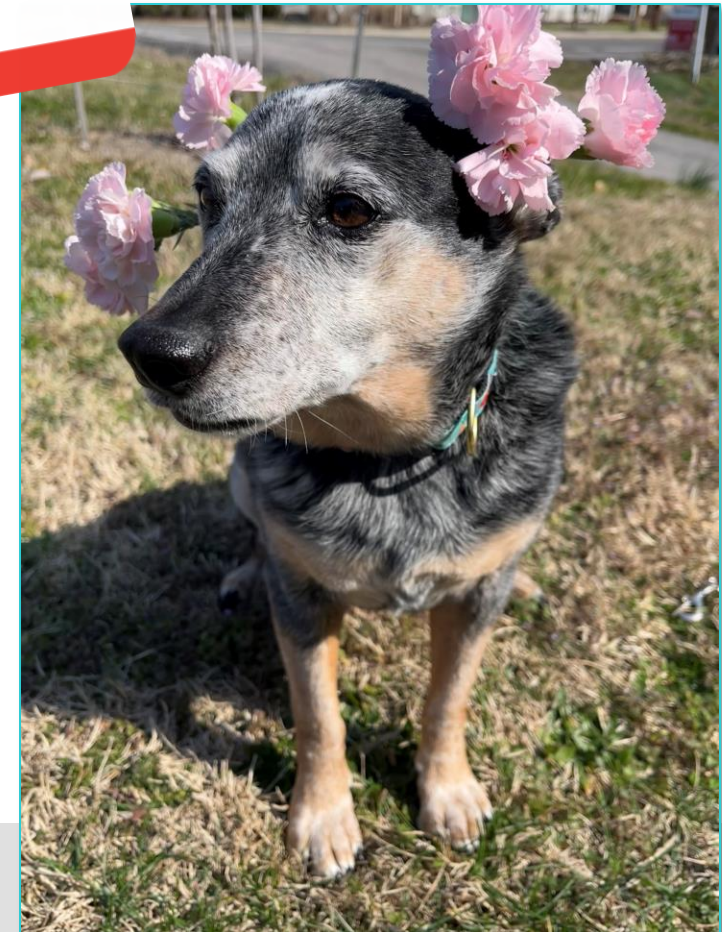
Atlee Tyree, Community Engagement Strategist, Office of Strategic Initiatives

Introductions

- Welcome!
- Please type in the chat:
 - Name
 - Your title
 - Organization
 - County
 - Member of Health Council?
 - Yes/No

Hello
my name is

Frannie
Everyone's Valentine
Tyree Household
Davidson Co
Yes



Agenda

- Purpose
- Spotlight: Trousdale County Health Council
- Breakout groups
 - Networking & Padlet Activity
- Follow-up questions
- Announcements
- Q&A

Purpose of the CoP

- **Educate** by collecting and sharing information – from experts as well as from peers
- **Support** by organizing peer-to-peer interactions and collaboration
- **Cultivate** by assisting groups to start and sustain their learning
- **Encourage** by promoting the work of members through discussion and sharing
- **Integrate** by encouraging members to use their new knowledge for real change in their own work

Health Council Spotlight: Trousdale County

Providing Local Mental Health &
Substance Abuse Services in a Small,
Rural Tennessee County

Today's Objectives

- Assist other rural Tennessee counties / towns in locating mental health services to their area.
- Provide a framework for an organized group, such as a Health Council, to solve a health issue in their community.
- Share relevant information to other Tennessee counties to make creating a positive change easier.
- Encourage and support other groups to work as positive change agents in their communities to improve the health status of residents.

The Situation

Trousdale County is:

- A small, rural county in middle Tennessee
- Population = 10,000 (+2,500 located in largest for-profit prison in TN)
- Severe lack of licensed Doctors
- No public transportation (no taxi, Uber, bus, train)
- Highest % in TN of residents who drive 30 minutes or more to work

Community Health Assessment (CHA)

- Led by the Tennessee Department of Health through County Health Councils
- Helps communities evaluate their health status and determine areas of needed improvement
- Provides input from all sectors of the population
- Develops local plans to concentrate Health Council efforts where greatest needs exist

Trousdale County Assessment Outcomes

As determined by the CHA, the Trousdale County greatest areas of concern / need are:

1. Obesity
2. Mental Health and Suicide
3. Substance Abuse

A County in Crisis

Health Council Leadership Team Meeting
February 2022

STEP 1

Approached the County Mayor with the request to set up the

Mayor's Task Force on Mental Health & Substance Abuse

STEP 2

Called for a meeting with all interested parties
both in the county
and at the state & regional level

Held on March 31, 2022

- Over 60 persons in attendance.
- Representatives from local hospital, Sheriff's Office, EMTs, Health Care, Pharmacies, Schools, Churches, and
- State-wide groups and agencies that deal with the issues including Mental Health & Substance Abuse groups, District Attorney, DHS, CPS, Child Advocacy, Court System, etc.

STEP 3

Developed committees:

- Treatment
- Marketing & Education
- Faith-Based

Treatment

Marketing & Education

Faith-Based

STEP 4

Applied for CARE Grant

- \$80,000
- For Two Years
- Health Council is recipient

STEP 5

Opened Mental Health Facility

- Opening Date: July 2023
- Staffed by Counselor, Case Manager, Certified Nurse Practitioner supplied by Volunteer Behavioral Health
- Open one day a week / more as clients increase
- Receptionist five days per week
- In Building with Doctor's Office & Pharmacy

Services & Partnerships

- Hope Clinic
- Centerstone
- Senior Solutions
- Tennessee Voices
 - School-based Behavior Liasion
 - Mental Health Check-in Program for students

Goals for the Future

- Services five days per week in Hartsville
- Churches functioning as Recovery Communities
- Community training in Suicide Prevention, ACEs, etc.
- Active Substance Abuse Prevention Coalition
- Additional Grants to expand services

What is next for our Trousdale
County Health Council?



Kathy Atwood
Supervisor, Coordinated School Health
Trousdale County Schools
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Questions?

Breakout Groups (10 minutes)

Networking

- Where are you from? (*place, organization*)
- For you, what place is paradise?

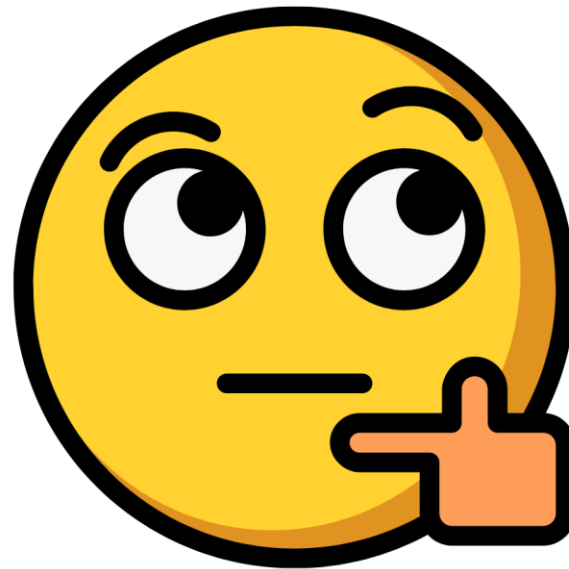
Activity

- Identify 2 volunteers:
 - Scribe (with computer), Timekeeper
- Use the Padlet link to answer the prompts



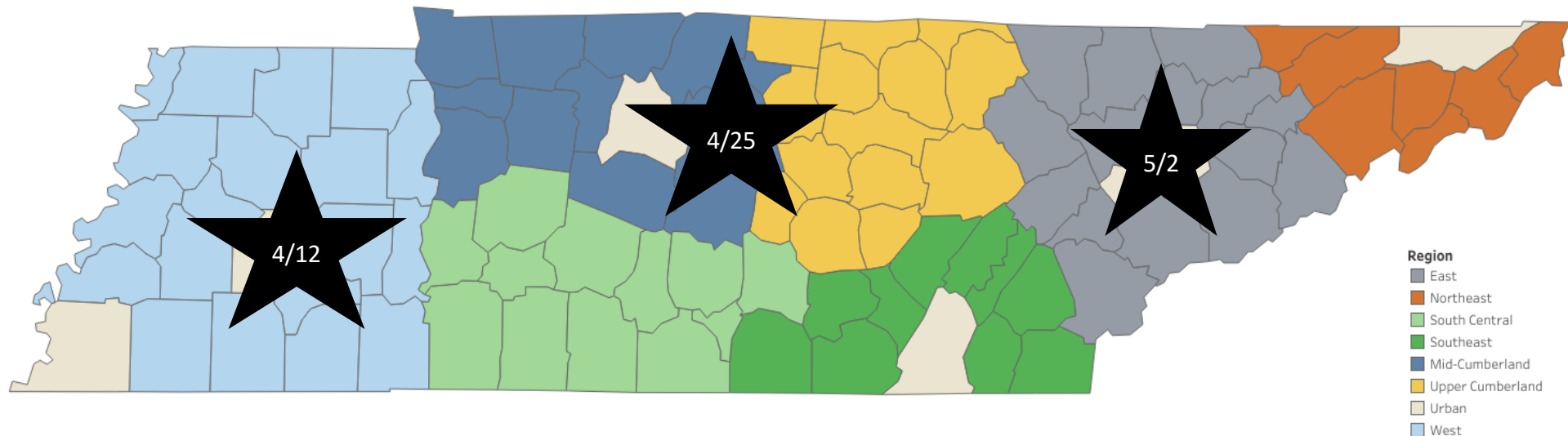
Report-out

- What are you still **curious** about?



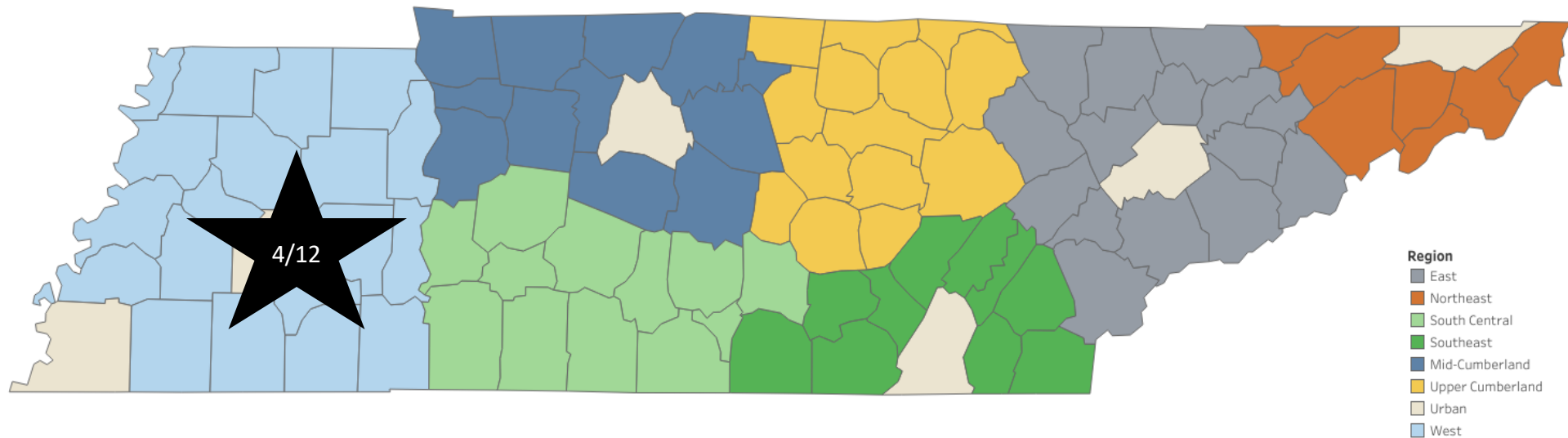
CoP Spring Summits

- **West:** Friday, April 12, in Jackson
- **Middle:** Thursday, April 25, in Lebanon
- **East:** Thursday, May 2, in Knoxville



CoP Spring Summits

- **Registration open for West!**



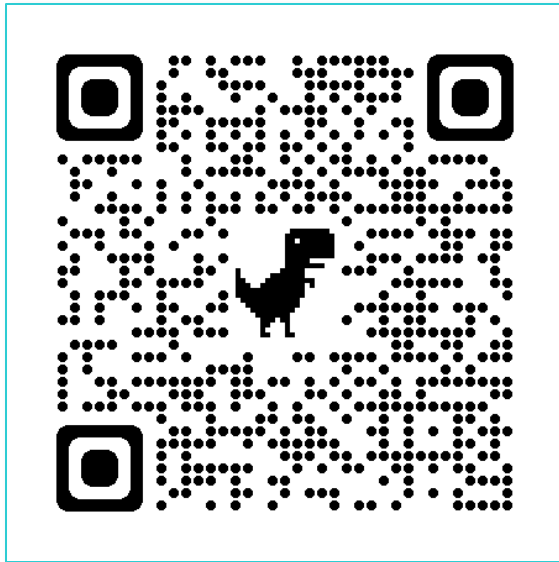
Share-out

- Share any **events** or **resources** you have for the group.



Communication

- Monthly Health Council newsletter (from OSI)
 - Sign up here:



- CoP Contact List
 - Sign up here:





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Thank you / Questions