



WELCOME

to the

2024 TNSTRONG YOUTH SUMMIT

#TNSTRONG #NOWSHOWING

NOW
SHOWING



TABLE OF CONTENTS

Welcome Letter	1
Schedule and Agenda	2
Hotel Information	7
Parking Information	8
Conference Center Map	8
Regional Health Departments Map	9
Regional Tobacco Coordinator Contacts	10
Metro Tobacco Coordinator Contacts	11
Dress Code	12
Code of Conduct	13
Attendee Expectations	14
Travel Reimbursement	14
Chaperone Roles and Responsibilities	15
Meals	16
Breakout Sessions	18
Regional Breakout Sessions	21
Free Time Activities	22
Anti-Tobacco Poster/Display Contest	23
Scavenger Hunt	24
Improv Contest	25
Next Year's Summit	26
Apply to be an Ambassador	26
Tell us about your Experience	26

WELCOME

Greetings:

Thank you for attending the 2024 TNSTRONG Youth Summit in Chattanooga, Tennessee! We anticipate an estimate of about 450 youth advocates and leaders from across the state and nation to attend this year's conference. We are so delighted to know that you have decided to join us!

Over this three-day summit, you will have the opportunity to hear from leading tobacco prevention experts, create actionable plans to take back to your community, and network with your peers and colleagues. We expect you to be present and actively engaged throughout the entirety of this conference.

There will also be a youth Anti-Tobacco Poster/Display Contest. This year's theme is Now Showing: Lead your Community, Be the Positive Impact. We are so excited to see the displays of our youth participants! Make sure to stop by meeting room 2 to view all the submitted posters and cast your vote for the fan favorite. The prizes for first, second, third place, and a fan favorite will be given out on Tuesday, July 23.

Questions and concerns related to the 2024 TNSTRONG Youth Summit should be directed to a staff person.

Sincerely,
Tobacco Use Prevention and Control Program
Tennessee Department of Health

SCHEDULE AND AGENDA

CHATTANOOGA IS IN EASTERN DAYLIGHT TIME (EDT)

CCC = Chattanooga Conference Center

Saturday, July 20, 2024		Location
3:00 - 4:00 PM	Hotel Early Check-in for Planning Committee & Ambassador	Assigned Hotel Check-In
4:00 - 5:00 PM	Ambassador Training for Summit	CCC Meeting Room 12
4:00 - 6:00 PM	Set-Up Planning Committee	CCC Meeting Room 7 & 8
6:30 - 7:30 PM	Dinner	CCC Meeting Room 12

Sunday, July 21, 2024		Location
8:00 - 9:00 AM	Breakfast	CCC Meeting Room 12
9:00 AM - 12:00 PM	Ambassador Training for Summit; M&P Production	CCC Meeting Room 12
12:00 - 1:00 PM	Lunch	CCC Meeting Room 12
1:00 - 3:00 PM	Ambassador Training for Summit; Everybody Drum Some	CCC Meeting Room 12

Continued on next page

Sunday, July 21, 2024		Location
3:00 - 5:00 PM	1st - Assigned Hotel Check-In	Assigned Hotel Check-In
	2nd - Check-in at CCC	CCC Front Lobby
	3rd - After Check-in <ul style="list-style-type: none"> • Poster Contest (Check-in & Drop-Off) • Activities Room • Pick-Up SWAG (Advisors Only) 	<ul style="list-style-type: none"> • Meeting Room 2 or Lobby • Meeting Room 14 & 15 • Meeting Room 12 or Lobby
5:00PM - 6:00PM	Dinner	Exhibit Hall C
6:10 - 6:40 PM	Chaperone and Health Educator Meeting / What to Expect	CCC Meeting Room 12
6:10 - 6:40 PM	Youth Ice Breaker	Exhibit Hall C
6:40 - 7:30 PM	<ul style="list-style-type: none"> • Summit Kick-Off / What to Expect • Smoke Free Tennessee; Jamie Kent 	Exhibit Hall C
7:30 PM	End of Day 1	Return to Hotels

Monday, July 22, 2024		Location
8:00 - 8:50 AM	<ul style="list-style-type: none"> • Breakfast • Free - Time Activities 	Exhibit Hall C CCC Meeting Room 14 & 15
8:50 - 9:00 AM	Transition to Exhibit Hall B (Front)	
9:00 - 10:30 AM	<ul style="list-style-type: none"> • Opening Ceremonies • Keynote Address • Introduction of Breakout Sessions 	Exhibit Hall C
10:30 - 10:45 AM	Transition to Breakouts	
10:45 - 11:30 AM	Breakout Session #1	CCC Meeting Rooms 3-6; 11-13; 16-18
11:30 - 11:45 AM	Transition to Breakouts	
11:45 AM - 12:30 PM	Breakout Session #2	CCC Meeting Rooms 3-6; 11-13; 16-18
12:30 - 1:30 PM	Lunch & Transition to Big Room	Exhibit Hall C
1:30 - 2:30 PM	Warm Up / Group Activity	Exhibit Hall C
2:30 - 2:45 PM	<ul style="list-style-type: none"> • Special Guest Speaker • Transition to Breakouts 	
Continued on next page		

Monday, July 22, 2024		Location
2:45 - 3:30 PM	Breakout Session #3	CCC Meeting Rooms 3-6; 11-13; 16-18
3:30 - 3:45 PM	Transition to Region/Metro Planning Session	
3:45 - 5:00 PM	Region/Metro Planning Session (SMART Goal Planning)	CCC Meeting Rooms 3-6; 11-13; 16-18
5:00 - 5:15 PM	Transition to Exhibit Hall C (Front) BIG Group Photo	BIG Group Photo
5:15 - 6:30 PM	<ul style="list-style-type: none"> • Dinner • Free - Time Activities 	Exhibit Hall C Meeting Room 14 & 15
6:30 - 7:30 PM	Ice Cream Social & Improv/Comedy Night	Exhibit Hall D
7:30 PM	End of Day 2	Return to Hotels
7:30 - 8:00 PM ONLY TDH STAFF will need to go to room 13 for Life Maze Training/Debrief		

Tuesday, July 23, 2024		Location
8:00 - 8:50 AM	<ul style="list-style-type: none"> • Breakfast 	Exhibit Hall C
8:50 - 9:00 AM	Transition to Exhibit Hall C	
9:00 - 9:15 AM	<ul style="list-style-type: none"> • Morning Ceremony • Life Maze Instructions 	Exhibit Hall C
9:15 - 10:00 AM	Breakout Session #1 (Life Maze)	Exhibit Hall D CCC Meeting Rooms 14 & 15
10:00 - 10:10 AM	Transition	
10:10 - 10:55 AM	Breakout Session #2 (Life Maze)	Exhibit Hall D CCC Meeting Rooms 14 & 15
10:55 - 11:05 AM	Transition	
11:05 - 11:50 AM	Breakout Session #3 (Life Maze)	Exhibit Hall D CCC Meeting Rooms 14 & 15
11:50 AM - 12:00 PM	Transition	
12:00 - 12:30 PM	Closing Ceremony & Awards	Exhibit Hall C
12:30 PM	Boxed Lunch & Departure	Exhibit Hall C

HOTEL

- Hotel check-in: 3:00 PM EDT
- No Early check-in
- Chaperones will have an email with their group's hotel information
- Monitored luggage storage is available before check-in
 - Chaperones must be with youth when picking up luggage

Summit will kick off at 6 PM EDT

The hotel will close the escalator in the Convention Lobby at 9:00 PM each night

- Check-out is at 11:00 AM EDT
 - Attendees need to check out of their rooms before breakfast on Tuesday, July 23, 2024

Attendees will be assigned to one of these hotels:

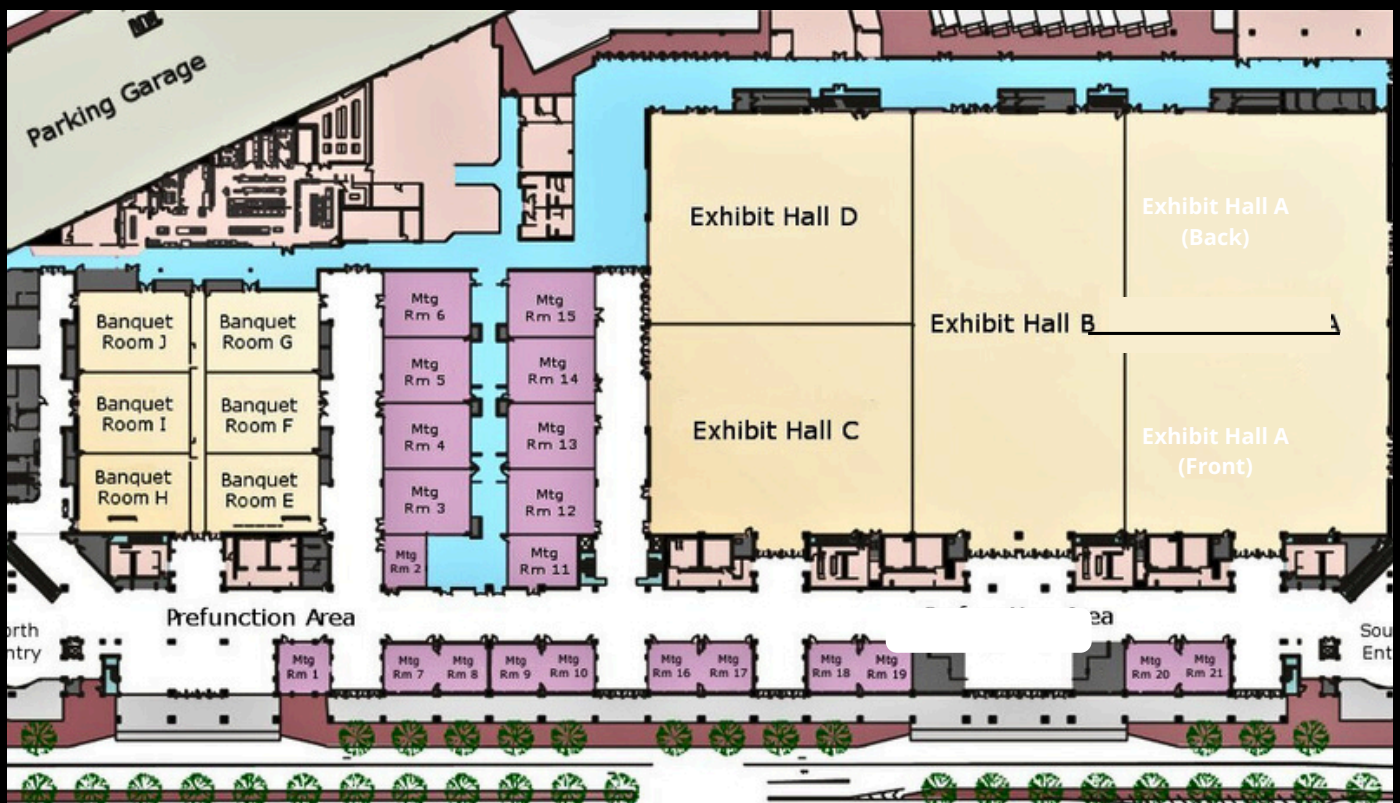
- Chattanooga Marriott Downtown
 - Two Center Plaza, Chattanooga, TN 37402
- Chattanooga Hotel, Curio Collection by Hilton
 - 1201 Broad Street, Chattanooga, TN 37402

Do not cancel your hotel room for any reason. You must stay in your assigned hotel.

PARKING INFORMATION














- Parking is free at all locations
- Valet parking is not covered
 - If you choose to use this service, **you will be billed for the charge**
- Daily commuters must go to the information booth to sign out and pick up a parking pass at the end of each day

CONFERENCE CENTER MAP



RURAL AND METRO REGIONS



-  Shelby - Metro
-  Mid Cumberland
-  Upper Cumberland
-  East
-  Sullivan - Metro
-  West
-  Davidson - Metro
-  Southeast
-  Knox - Metro
-  Madison - Metro
-  South Central
-  Hamilton - Metro
-  Northeast

PROGRAM DIRECTORS



Megan Sills
 Central Office
megan.sills@tn.gov



Robyn Hatler
 Central Office
robyn.hatler@tn.gov

REGIONAL TOBACCO COORDINATORS



Chelsea White
West Region
(731) 468-4536
chelsea.white@tn.gov



Colin Simmons
Mid Cumberland Region
(615) 444-5325
colin.simmons@tn.gov



Lindsey Wayland
South Central Region
(931) 490-8366
lindsey.wayland@tn.gov



Lindsay Bice-Shirley
Upper Cumberland Region
(931) 456-1707
Lindsay.Bice-Shirley@tn.gov



Sofia Leon-Meza
Southeast Region
(931) 967-3826
sofia.leon-meza@tn.gov



Crisi Rosecrance
East Region
(865) 549-5283
crystal.rosecrance@tn.gov



Stephanie Rucker
Northeast Region
(423) 979-4662
stephanie.rucker@tn.gov

METRO TOBACCO COORDINATORS



Ashton Knight
Shelby
(901) 222-9528
Ashton.Knight@shelbycountyttn.gov



LeKendria Mays
Madison
(731) 423-3020 Ext. 2013
lmays@madisoncountyttn.gov



Danielle Duke
Davidson
(615) 340-0396
danielle.duke@nashville.gov



Beth Barr
Hamilton
bethb@hamiltontn.gov



Taylor Evans
Knox
(865) 215-5445
taylor.evans@knoxcounty.org



Rebecca Sturgill
Sullivan
rsturgill@sullivanhealth.org

NEED HELP?

Visit the Information Booth or a Summit Staff member for assistance.

IN CASE OF EMERGENCY

Contact Summit Staff for any severe incident

1. If there is a medical emergency, call 911
2. Contact the responsible chaperone and Summit Staff
3. If you have to leave the facility for an emergency, contact Summit Staff or see the information booth

DRESS CODE

Everyone who attends any TNSTRONG event must abide by the below dress code

~~CROP TOPS~~

~~HALTER TOPS~~

~~PAJAMAS~~

~~SAGGING PANTS~~

~~SKIRTS~~

~~SHEER/SEE-THROUGH CLOTHING~~

~~TANK TOPS~~

~~SPAGHETTI STRAPS~~

~~SHORTS~~

~~CLOTHING WITH PROFANITY~~

~~CLOTHING WITH ALCOHOL, TOBACCO, OR DRUG REFERENCES~~

CODE OF CONDUCT

Things that will not be tolerated

- Abusive language, discourtesy, or rudeness toward a staff member, volunteer, or another participant
- Verbal, physical, or visual harassment of another participant, staff member, or volunteer
- Actual or threatened violence toward any individual or group
- Conduct endangering the life, safety, health, or well-being of others
- Possession or use of alcoholic beverages or illegal drugs
 - In or around Chattanooga Convention Center property
 - Hotels
- Reporting to the program while under the influence of drugs or alcohol
- Any participant under the influence or in possession of alcohol or other drugs will be immediately removed from the event
 - Charges will be filed against any individual with illegal substances
- Participants are to refrain from the use of tobacco, including e-cigarettes
- Bringing onto Chattanooga Convention Center's property and hotels dangerous or unauthorized materials such as
 - Explosives
 - Firearms
 - Weapons
 - Repair costs for damages incurred to the property will be billed to the group responsible
- Failure to follow any agency policy or procedure
- Failing to cooperate with an adult supervisor, leader, or mentor

ATTENDEE EXPECTATIONS

Participants must always:

- Wear their nametag when in the conference and hotel spaces
- Fully participate in and attend all scheduled events, as well as be on time
- Turn off or mute cell phones during session times
- Use clean, kind, and encouraging language
- Remain on the grounds of the TNSTRONG Youth Summit location
- Be in their rooms by 10:00 PM

Hotel Behavior Expectations:

- No changing room assignments
 - Female participants are only permitted to be in female-assigned hotel rooms, and male participants are only allowed to be in male-assigned hotel rooms
- **The swimming pools are off-limits while the Summit is in session**

TRAVEL REIMBURSEMENT

If you've completed a W-9 with Tennessee Department of Health Staff within the past year and the information hasn't changed, you will only need to complete the travel form at the Chaperone Meeting on Sunday, July 21st. If you have not filled out the W-9 form or if the information has changed, we will provide you with one to fill out. You may review the procedures and rates here: bit.ly/2024-tnstrong-travel

**YOU MUST ATTEND THE CHAPERONE MEETING ON SUNDAY
JULY 21st IN ORDER TO RECEIVE REIMBURSEMENT**

CHAPERONES

Role & Responsibilities

- Sign in every day at Information Booth in order to receive reimbursements and the hotel parking garage pass
- Complete mileage reimbursement forms during the Chaperone meeting on Sunday, July 21st
- Review Attendee Expectations with all participants
- Keep a copy of necessary information for students in case of an emergency (i.e., allergy information, dietary accommodations, etc.).
 - If you need a copy of youth's medical information, you can go to the Information Booth
- Obtain each youth's cell phone number
- Make sure youth have chaperones' cell phone numbers for emergencies
- Obtain your youth's room numbers — No switching of rooms.
- Have Fun!

Chaperone Expectations

- Be at least 21 years of age by July 21, 2024
- Fully participate in all activities of the TNSTRONG Youth Summit, including participation in the breakout sessions of your choice
- One (1) Adult Chaperone for every eight (8) youth
- Adults are not permitted to sleep in youth participant rooms unless related

Adult Chaperones and Tennessee State and County staff are responsible for enforcing the rules as stated. These rules are not subject to interpretation, and each group is expected to follow them without exception. Our primary consideration is to provide a safe, secure environment for all our participants.

MEALS

Menu	Saturday, July 20	Sunday, July 21	Monday, July 22	Tuesday, July 23
Breakfast	N/A	Scrambled Eggs (VG), Breakfast Meat, Biscuits & Gravy (VG), Whole Fruit; Drinks: Orange Juice & Coffee	Cinnamon Rolls (VG), Scrambled Eggs (VG), Breakfast Potatoes w/ peppers and onions (VE), Whole Fruit (VE), Bacon; Drinks: Coffee, Orange Juice, & Water	Scrambled Eggs (VG), Biscuits & Gravy (VG), Sausage Patties, Butter and Jelly on side. Yogurt Station - Strawberry and Vanilla Yogurt w/ granola, & Whole Fruit; Drinks: Coffee, Orange Juice, & Water
Lunch	N/A	Artisan Rolls w/ Sweet Butter, Caesar Salad, Lemon Garlic Chicken, Seasonal Vegetables, Chive Mashed Potatoes, & Peach Cobbler; Drinks: Water & Tea Station	Rolls w/ Sweet Butter, Chef Salad w/ ranch (VE), Fried Chicken Tenders, Mac & Cheese, Green Beans (VE) & Brownies; Drinks: Water & Tea	Grab and Go Boxed Lunches! Options: *Turkey BLT *Chicken Salad *Grilled Veggie Wrap (VE) Chips, Cookie, & Water
Dinner	Greek Salad, Chicken Souvlaki, Grilled Vegetables, Lemon Roasted Potatoes, Pita Bread served with Tzatziki Sauce, Lemon Cake w/ whipped cream & berries	Taco Night! *GF & VE Options	Pasta Night! *GF & VE Options	N/A

Menu	Saturday, July 20	Sunday, July 21	Monday, July 22	Tuesday, July 23
Snacks: QTY 450	N/A	Soft Pretzel Bites w/ cheese and cream cheese frosting Drinks: Iced Water & Coffee (Regular & Decaffeinated) 3:00 - 5:00 PM	Make your own popcorn bar Buttery popcorn w/ assorted candies and toppings Drinks: Water 10:00 - 11:00 AM	
Chaperone Lounge	N/A	N/A	Chattanooga Signature Trail Mix (no nuts) Drinks: Coffee & Tea	N/A

Menu Key

GF – Gluten Free

VE – Vegan

VG – Vegetarian

- If you have a dietary restriction, you will have an alternative meal option
- If you have a dietary restriction, please go to the information booth to pick up your meal ticket before every meal
- On Monday 07/22, we will have an ice cream party with Novelty Ice Cream (Ice Cream Sandwiches, Fudge Bars, Whole Fruit Bars, no nuts) 6:30 - 7:30 PM

BREAKOUT SESSIONS

Championing Self-Talk - Chris Romulo

Meeting Room 3

Chris a retired Muay Thai champion, adapts the mental strategies from his successful fighting career to empower today's youth. Chris illustrates how overcoming negative self-talk, harnessing one's strengths, and rewriting personal narratives can lead to triumphs both in and out of the ring. This workshop provides students with practical tools to reshape their thinking, fostering resilience and positive decision-making. Combining his proven ring strategies with interactive activities, Chris guides participants in tackling challenges like substance abuse, equipping them to navigate life's hurdles with confidence and strength.

Unpacking (& Repacking!) our Book Bags – Brittany Richmond

Meeting Room 4

Teens today carry a lot around with them. More so than they let people see. Mental health struggles seek to do one thing: Isolate us. And it is in isolation that teens seek to connect through peer pressure or risky behaviors. Using the visual metaphor of backpacks, Brittany takes students through an interactive workshop in which they will get the chance to connect, hear from each other - through open discussion and small group activities. The purpose is to show students how connecting and talking to others can remove some of that weight off their shoulders and start to replace these things with what brings them joy! Teens will start to identify what they carry around in their backpacks (mentally and emotionally) that they carry well but is heavy in their day to day. Brittany will share with the students how, when things get exceptionally heavy, it can lead to risky behaviors such as tobacco and substance use and abuse. Risky behaviors such as these are not healthy and do not serve us. She walks students through the difference between these behaviors and those that are healthy and serve us - and how we can start to find the things that bring us joy and implement them into our lives.

Roane Prevention Coalition - Nathan Wray


Meeting Room 6

Nathan shares his personal journey from youth tobacco use and navigating adverse childhood experiences to cultivating emotional regulation and mastering mindset resilience. Participants will gain insights and actionable techniques to identify, understand, and manage their emotions. Attendees will explore the role of adaptability in personal growth, understanding how a flexible mindset can lead to improved problem-solving, increased resilience, and enhanced overall well-being. Participants will delve into the neurobiological impact of nicotine on developing brains, exploring the specific risks and consequences associated with youth tobacco use.




The Warrior Mindset: Embrace Challenges and Conquer Life! - Antonio McMatch
Meeting Room 5

Antonio will lead a fun and interactive presentation where students will understand the importance of a clear mindset, social awareness, self-management, responsible decision making, where they see themselves. So young people are you going through a stage in your life where you feel lost, confused, or conflicted? Do you feel like you're disconnected from the people around you, friends, or even with yourself? Are you feeling a lack of motivation or a lack and understanding of your true purpose? Do you yearn for friendships and relationships? Or do you just want to upgrade your life to the next level?



TNSTRONG Youth Ambassadors
Meeting Room 11

First-Hand Experience as a TNSTRONG Ambassador: This session will highlight our experience as a TNSTRONG Ambassador and explain why we would love to have others join us in our fight against nicotine. An interactive will be done to show the dangers of nicotine.



Center for Black Health Equity - Dr. Bolden
Meeting Room 12

The session will focus on youth advocacy, PUP laws, tobacco-free school policies, and peer-to-peer education. The session will provide some key elements that address how young people can build capacity and advocate for changes that will both protect their health and resist the targeting of both the tobacco industry and the political system. It will also provide tools for peer-to-peer education and cross-cultural collaboration leading to direct positive interventions.



Why Not? - Matt & Phil (Media)
Meeting Room 13

The more we experience throughout life, the more growth and confidence we develop. Matt and Phil dive into the importance of embracing a "Why Not" mentality and how the healthy-risks you take now plant seeds for your success and your future. Take steps to map and plan out your future self and growth.

Vaping and Mental Health: The Cheat Code to Prevention - LeeAnn Foell, LCSW
Meeting Room 16


This workshop addresses the intersection of drug prevention and mental health, a training that most youth don't get from their prevention programs! Based on professional experience in mental health therapy with teens, Leanne found that addressing mental health is essential for helping teens to navigate drug prevention. Especially in their unique environment today. Instead of scare tactics, this workshop utilizes fun activities, skills practice, new mental health research, and inspirational stories. Outcomes for attending: Young people confidently walk away with 3 tangible skills to use to help either themselves or their peers with tobacco/nicotine prevention. SKILLS THAT THEY ACTUALLY WANT TO USE.

Adult Only - Stashed Away-Engaging and Educational Substance Misuse - Dana Reno
Meeting Room 17

An interactive presentation on current drug trends for any adults interested in how we can be a part of the solution to youth substance misuse. This engaging presentation will walk you through how substance can be concealed both at home and in public. Adults will have opportunities to see first hand how easy these products are available to young people. Everyone will take a look at their own home and find ways they can properly store and dispose of products such as medication. The purpose is to help adults be educated and proactive in fighting the opioid and vaping epidemics.

Adult Only - The Addicted Brain - Lauren Fields, LCSW
Meeting Room 18

Historically addiction has been something that has been characterized as a "lack of willpower," "a moral failure" or "a character defect". With the brain science that has emerged over the last 10-15 years, we are now understanding that addiction is a disease that effects specific regions of the brain. This understanding has allowed for more targeted treatments that have lead to better outcomes, as well as generated ways to assist with prevention. Please join Lauren as she seeks to shed light on the disease of addiction by increasing the participants awareness of the areas of the brain involved, risk factors for developing addiction, tactics for prevention and reduce the overall stigma associated with addiction.



Life Maze is a role-playing game that teaches real-life consequences. The maze serves to aid the students in realizing how their choices impact their future. Students begin the maze by drawing random situations that depict choices that involve alcohol, drugs, sex, and other risky behaviors such as tobacco, texting and driving, vandalism, and bullying. Some of the consequences are based on healthy choices; some are on unhealthy choices.

Depending on situations and consequences are randomly drawn, students work their way through the maze visiting various stations, manned by community professionals. The situations drawn may lead to the pregnancy clinic, counseling, emergency medical services, arrest (with toy handcuffs and a 'mock', unlocked jail), wedding day, STD clinic, military career, domestic violence, educational outcomes, banking and finance, and/or healthy relationships. Role-play will occur at these stations with professionals. This role-play does not involve actual testing of any kind.

It is our hope that students participating in the Life Maze learn the emotional, physical, and financial consequences of their choices.



REGIONAL BREAKOUT SESSIONS



The Regional and Metro breakout session will be a time to start creating Regional and Metro action plans using the knowledge acquired during the Summit. Each Region and Metro is encouraged to be creative during this time and have a plan in place for the upcoming year.



TNSTRONG 2024



**GOT SOME FREE TIME?
GRAB YOUR FRIENDS AND COME HANG
OUT IN THE ACTIVITIES ROOM!**

**GAMES | CRAFTS | PRIZES |
PHOTOBOOTH | & MORE!**

ROOMS 14 & 15

***CHECK YOUR SCHEDULE FOR AVAILABLE TIMES**

WHERE ANYONE CAN BE A STAR





HUNT RULES

- ★ Explore in Teams of 5 people or fewer.
- ★ Take group pictures to solve the riddles hidden throughout the summit.
- ★ The team with the most correct answers will win the prize at the end of the summit.
- ★ Submit your photos on the [google form](#) by July 22 at 8:00 pm.
- ★ Be Safe and Have Fun!



LIGHTS CAMERA ACTION!

SCAVENGER HUNT 2024



TRAVEL

1. Before hitting the road, pack some healthy snacks to keep you fueled for the fun days ahead.
2. Cars go over me, ships go under me. It is up to me to connect people near and far.
3. A little town made of stone, you might see a sign on the road.



CONFERENCE CENTER

1. They are a cool duo who help make TNSTRONG rule!
2. Where ideas take flight and young minds unite, find this clue where creativity is in sight.
3. Strike a pose or bust a move, this room has lots of fun things to do.
4. Pick a prop, gather your friends, or take it solo, don't forget to snap a photo.



CHATTANOOGA

1. People walks over me, ships go under me. Cars are not welcome near me.
2. Where wheels turn and routes unfold, a stop awaits in the city's hold.
3. I hold your junk and am not neat, you will often find me on the street.



Hunt Clues



Submission Form



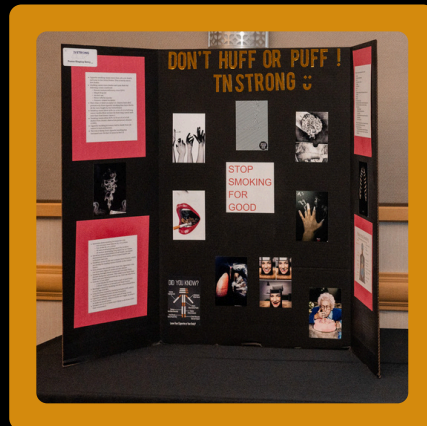
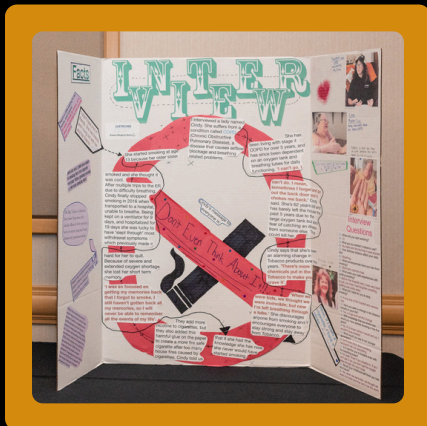
ANTI-TOBACCO POSTER/DISPLAY CONTEST

This year's theme is **Now Showing: Lead your Community, Be the Positive Impact**

We are so excited to see the displays of our youth participants!

- Stop by meeting room 2 to view the posters and cast your vote for the Fan Favorite
- Voting begins Monday, July 22nd, and all votes should be cast by 2:45 PM that day
- First, second, and third place prizes and the favorite will be announced on Tuesday, July 23rd

Check out some of the 2023 Displays!



TNSTRONG YOUTH SUMMIT PRESENTS

MONDAY - 6:30PM

IMPROV CONTEST

CATEGORIES

QUICK THINKING



THE SOLOIST HAS ONE
TO TWO MINUTES

SMALL GROUP



GROUP CHALLENGES
FOR 4-6 MEMBERS

AWARDS WILL BE GIVEN FOR CREATIVITY, IMPACT, AND ADHERENCE
TO THE TOBACCO AND VAPING PREVENTION MESSAGE.

CONTEST RULES:

Performances must avoid using offensive language, must have an educational element, must be respectful and inclusive.

NEXT YEAR'S SUMMIT

Save the Date
July 2024
Location: TBD

Follow us on social media for updates and more information on youth tobacco prevention



facebook.com/TNSTRONGmovement



instagram.com/tnstrong_

APPLY TO BE AN AMBASSADOR



tn.gov/health/tnstrong-ambassadors

TELL US ABOUT YOUR EXPERIENCE



redcap.link/2024-summit-survey

