



A statewide program
funded through the Centers for Medicaid and Medicare
Services and the TN Department of Health

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Parade of CMP Programs
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What is MUSIC & MEMORY®?

Uses digital devices and personalized music playlists to provide a **therapeutic, low-cost** program as an **alternative to medicine** for individuals with cognitive, intellectual and/or physical challenges, including those with dementia and Alzheimer's.



Music & Memory Tennessee

- **\$1M for 3 years** to the **Tennessee Arts Commission** to establish statewide program: February 1, 2019 – January 31, 2022
- **Key Implementation Partners:**
Tennessee Commission on Aging and Disability
Tennessee Health Care Association
- **Additional Partners:**
Alzheimer's Association – Tennessee Chapter
Alzheimer's Tennessee
State Long Term Care Ombudsman
Music & Memory, Inc.
Volunteer Tennessee
Country Music Hall of Fame and Museum
Qsource
- Reach **147 Tennessee nursing homes** and **2205 residents**—half of TN's nursing homes





Outcomes for Music & Memory TN

- **Reduced** reliance on antipsychotic, anti-anxiety, and anti-depressive medications.
- **Reduced** physical, verbal, and other adverse behavioral symptoms of participating residents.
- **Increased access** to activities that engage residents and enhance person-centered care by staff.



Tennessee Nursing Homes Receive

- Option to attend an information session – 15 will be available throughout the state
- Certification and re-certification fees during course of project – valued up to \$1,200
- Equipment for up to 15 participating residents – valued at \$1,500
- Equipment for participating nursing homes – valued at \$850
- 24/7 access to Music & Memory® training and resources plus technical assistance from Music & Memory TN staff
- Volunteers to initially set up playlists for residents (optional)
- Opportunity for additional arts and cultural programming for entire facility



How Do Nursing Homes Participate

1. Complete Interest Form – now!
2. Sign Participation Agreement
3. Complete MUSIC & MEMORY® Certification
(1st round of nursing homes will go through M&M certification training in fall 2019)
4. Schedule equipment delivery
5. Submit quarterly evaluations data



Next Steps for M&M TN

- Project Director & Volunteer/Data Coordinator were hired and trained – **Spring/early Summer 2019**
- Residents identified by nursing homes– **Summer 2019**
- Finalization of evaluation methods and pilot launch – **Fall 2019**
- Volunteers mobilized & 1st nursing homes trained, certified – **Fall 2019**

For More Information

Visit musicandmemorytn.org

or

Music & Memory TN's Project Director, Quiteka Moten

Quiteka.Moten@tn.gov; 615- 253-5412

Music & Memory TN's Volunteer and Data Coordinator, Amanda Boulware

Amanda.Boulware@tn.gov ; 615- 253-5206

Contact the **TN Arts Commission**, Kim Johnson, Director of Arts Access

Kim.Johnson@tn.gov; 615-532-9797



Tennessee