

Health Disparities Task Force Meeting | MINUTES

June 8, 2023, | 1:00 P.M. - 2:00 P.M. | Location: Microsoft Teams

Meeting called by: Division of Health

Disparities Elimination

Type of meeting: Weekly Health Disparities

Task Force -

Facilitator: Elizabeth Hart, Director

Office of Faith-Based and Community Engagement

Approximately: 70 ppl

Motivational Quote: (Elizabeth Hart) "A father is the one friend upon whom we can always rely. In the hour of need, when all else fails, we remember him upon whose knees we sat when children, and who soothed our sorrows; and even though he may be unable to assist us, his mere presence serves to comfort and strengthen us." — Emile Gaboriau

Announcements: (Elizabeth Hart)

- Men's Health Week
- National Immigrant Heritage Month
- On Sunday, June 18th is Father's Day, and we would like to wish all the dad's, a Happy Father's Day
- Next Saturday, June 24th, LF Mobile Lifesaving Courses will be hosting CPR Classes at the Napier Elementary School in Nashville, TN. If you would like to attend, please email lfmobilelifesavingcourses@gmail.com

TOPICS OF DISCUSSION

Focus: Men's Health Week

Presenter: Timothy Moore, Urban Thoughts Poetry

Summary: Mr. Moore, spoke about the rigid and masculine side of men, which makes them suppress their emotions, keep them from being vulnerable and taking care of themselves. He asked the audience whats the most ridiculous thing you ever heard a man say, such as "I don't have time to go to the hospital.", "When it's my time, it's my time" or "What don't kill me, makes me stronger".

Men and their family members must work hard to removing these stigma's that society created such as, boys cry, men don't, they must be tough and endure hurt, pain and suffering, if not their less of a man and we know that's not true. This is part of the reason why so many men suffer in silence because they don't know whom to be vulnerable with and they don't know how to communicate their fears, insecurities, and issues, the idea of being a masculine man is always being macho.

Ladies, understand men have the same thoughts regarding their spirituality, insecurities about their bodies and same fears due to their mental health, the difference is they don't seek help, you must keep encouraging them because they will listen!!! Once the men receive help, old wounds will heal, walls will begin to crumble and they will learn to identify and accept who they are, and most importantly love themselves.

Member Comments: Announcements and Upcoming Events

- Backpack with Conexion Americas, June 24 at 9:00am 12:00 in Mill Ridge Park
- World Refugee Celebration, please click the link to view their events https://www.eventbrite.com/e/world-refugee-day-2023-celebration-tickets-634844987447?aff=oddtdtcreator
- Excited to announce that our incredible team at the Tennessee Department of Health (TDH) is growing! The Office of Strategic Initiatives (OSI) at TDH is currently hiring three "Community Impact Coordinators" one in each of Tennessee's three grand divisions! We would love to speak with any qualified candidates who are committed to supporting health equity by engaging rural and underserved populations in planning, writing, and executing funding opportunities that support community health!

Know anyone who might be interested? Please share Community Impact Coordinator Tennessee Department of Health hiring Community Impact Coordinator in Nashville, Tennessee, United States

Resources mentioned during call:

- World Refugee Celebration, please click the link to view their events https://www.eventbrite.com/e/world-refugee-day-2023-celebration-tickets-634844987447?aff=oddtdtcreator
- Timothy Moore UrbanThoughtsPoetry@gmail.com; https://www.urbanthoughtspoetry.com
- If you need more information, please visit our website at www.healthdisparitiestn.com

Chat Box – links / website / events:

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Next Meeting: Thursday, June 25, 2023, from 1pm-2pm via Microsoft Teams.

Microsoft Teams Meeting details are as follows:

Join on your computer or mobile app

Click here to join the meeting

Or call in (audio only)

<u>+1 629-209-4396, 641975577</u># United States, Nashville Phone Conference ID: 641 975 577#