

Health Disparities Task Force Meeting | MINUTES

June 22, 2023, | 1:00 P.M. - 2:00 P.M. | Location: Microsoft Teams

Meeting called by: Division of Health

Disparities Elimination

Type of meeting: Weekly Health Disparities

Task Force -

Facilitator: Elizabeth Hart, Director

Office of Faith-Based and Community Engagement

Approximately: 78 ppl

Motivational Quote: (Elizabeth Hart) "I'm not going to continue knocking that old door that doesn't work for me, I'm going to create my own door and walk through that." – Ava DuVernay

"You define your own life, don't let other people write your script." - Oprah Winfrey

Announcements: (Elizabeth Hart)

- National Safety Month
- National Immigrant Heritage Month
- African American Music Appreciation Month
- If anyone would like to do a 20-minute presentation during the Task Force Meeting held on Thursday's at 1PM CST, please send us an email at tdh.ofbce@tn.gov and we will contact you directly. The four health priorities of the group are: Chronic Disease, Infectious Disease, Environmental Health, and Environmental Justice. Below is a list of topics folks are requesting presentations for: Heart Health, Diabetes, Cancer, Alzhiemers, Mental Health, Hypertension, HIV, Substance Abuse and Misuse, Partner w/in our regions and have "Regional Subcommittees" to combat health disparities, Plain Language for Diverse Communities, Overdose Response Coordination Office (ORCO)-Kristen Zak

TOPICS OF DISCUSSION

Focus: Heat Exhaustion

Presenter: Elizabeth Hart

We're in the summer months and this is National Safety Month, so that gives us the opportunity to discuss heat related illnesses along with "Look Before You Lock Your Car Campaign", which is to make sure you're not leaving helpless children and animals locked in a hot vehicle. Since 1998, unfortunately more than 900 children have died from

vehicle heat stroke calamities across this country, at an average of 38 deaths per year. National Safety Month, notes indoor and outdoor workers who are exposed, occupational heat stress, which is the combination of heat from environmental factors, metabolic heat clothing and personal protective equipment and all maybe at risk for heat related illnesses and injuries.

Heat related illnesses may include heat stroke, heat exhaustion, heat cramps, heat rashes, injuries with heat, such as falls when someone becomes dizzy, slips on sweat puddles on floors and fogged up safety glasses. When folks wearing glasses go outside from being inside with the A/C their glasses fog up very quickly, due to the quick change of temperature. More workplaces maybe affected, and it is important to create a protective workplace and a heat illness prevention program.

The heat illness prevention programs should include elements for monitoring weather and assessing the environmental heat for work sites for all employees. The risk of heat related illness can occur, in any weather, indoors and outdoors, and everyone should watch for the early warning signs, such as heat cramps and heat exhaustion which leads to heat stroke, so please make sure you help your co-workers as well as your family and neighbors are prepared to stay safe in the extreme heat.

Focus: Tennessee Health Equi-Tea Podcast

Presenter: Elizabeth Hart

Summary: First, allow me to thank, the Task Force members for assisting us in naming our podcast, Tennessee Health Equi-Tea Podcast. We recorded and interviewed yours truly State Health Commissioner Dr. Alvarado, it was an tremendous podcast recording and it should drop on all streaming platforms next week, I will let you know when it goes live. Please note, the recording will also be housed within our website at <u>Division of Health Disparities Elimination</u> (tn.gov). Dr. Alvarado and I had a really good conversation, and I learned a lot about the state Health Commissioner. He's been on the job for nearly six months. We'll be recording the next episode next week and we'll be doing two episodes per month. The next podcast will be about immunizations so please stay tuned.

Member Comments: Announcements and Upcoming Events

- World Refugee Day Event that's going on today at 5:30 cst, located at.3310 Easel Road, Nashville, TN. This is a huge event for immigrant refugees across the state and a way to learn more about the community, there will be storytelling, music, food and a bunch of different sponsors with health information and different information about how to help the community.
- I just wanted to also say Medicaid and chip cover more than half of all the children in this country and the
 guide not only clarifies how schools can receive payment for providing care for Medicaid and Chip
 enrolled students, it also explains how states can ease the administrative burden on school based health
 providers to promote their participation in Medicaid and chip, and by helping schools operationalize
 simplified billing.

- Meet Me at The Park 2023 Altitude Trampoline Park https://www.flipcause.com/secure/cause_pdetails/MTg0MTc5
- Naloxone Training with Rural Health Association of TN
 https://events.teams.microsoft.com/event/6f46beca-bf60-44a5-85f9-c73f448bf755@9244d976-c5c9-4a52-97b8-6408d3c27a8d
- Minority Heath Office have two contract positions open which are the following:
 - Nutrition Security & Food Access Project Director, background in nutrition, experience with project management and facilitation and some general experience in working within food systems.
 - ➤ Community Health Worker Project Director, background in coordinating our work and connecting with other entities so we can have a better understanding of the current infrastructure and help sustain the work.

Resources mentioned during call:

- https://tdhrc.health.tn.gov/redcap/surveys/?s=3EJ7HKH9HLL7RCH4
- If you need more information, please visit our website at www.healthdisparitiestn.com
- CMS Office Mental Health Services for Students, Lana Dennis (Comprehensive Guide) comprehensive national mental health strategy to tackle the nation's mental health crisis, and it helps make it easier for schools to build Medicaid. Medicaid and chip cover more than half of all the children in this country and the guide not only clarifies how schools can receive payment for providing care for Medicaid and Chip enrolled students, it also explains how states can ease the administrative burden on school based health providers to promote their participation in Medicaid and chip, and by helping schools operationalize simplified billing. https://www.medicaid.gov/medicaid/financial-management/downloads/sbs-guide-medicaid-services-administrative-claiming.pdf; teresa.zayas@cms.hhs.gov

Chat Box – links / website / events:

- Meet Me at The Park 2023 Altitude Trampoline Park -https://www.flipcause.com/secure/cause_pdetails/MTg0MTc5
- If you need more information, please visit our website at www.healthdisparitiestn.com

Next Meeting: Thursday, June 29, 2023, from 1pm-2pm via Microsoft Teams.

Microsoft Teams Meeting details are as follows:

Join on your computer or mobile app

Click here to join the meeting

Or call in (audio only)

<u>+1 629-209-4396, 641975577#</u> United States, Nashville Phone Conference ID: 641 975 577#







Come out to "Know Your Numbers" on health & wellness!

June 24, 2023

12:30pm - 4:30pm Tennessee State University Avon Williams Campus

330 10th Ave S, Nashville, TN 37203







EXPLORE

Health & wellness conversations & demos

ENGAGE

Local community experts and influencers

ENJOY

Free Health Screenings, Music, Food Trucks, Raffles and more!



FREE ENROLLMENT HELP

TennCare & Health Insurance

844-644-5443

InsureAIITN.com



Insure All Tennessee is a non-profit insurance agency that is a project of the Tennessee Health Care Campaign.