

Health Disparities Task Force Meeting | MINUTES

August 17, 2023, | 1:00 P.M. – 2:00 P.M. | Location: Microsoft Teams

Meeting called by:	Division of Health Disparities Elimination	Approximately: 77 ppl.
Type of meeting:	Weekly Health Disparities Task Force –	
Facilitator:	Elizabeth Hart, Director Office of Faith-Based and Community Engagement	

Motivational Quote: **(Rana Zakaria)** “I realized that bullying never has to do with the person being bullied, it is the bully who’s insecure.” - **Shay Mitchell**

“You will never feel good about yourself, if the only thing you knew to do is make others suffer.” - **Unknown**

Announcements: **(Rana Zakaria)**

- **“Do Not Be a Bully Month”**, is observed in August and the bullying prevention aims to promote kindness, acceptance, friendships, and respect for ourselves and everyone else. Now that school is back in session, this is the perfect time for parents to sit down with their children and discuss proper behavior and how we treat others.

Below you’ll find a few warning signs of bullying:

- unexplained cuts or bruises
- loss of appetite
- trouble sleeping
- emotionally withdrawn
- social anxiety or low self-esteem
- feeling moody or depressed
- any unexplained change in behavior
- sudden poor performance or loss of interest in schoolwork

Below are a few bullying prevention strategies:

- Engage your child talk to them, always keep lines of communication open.
- Remain consistent in listening to child and
- Teach your child to be a role model and remind them that bullying is a learned behavior.
- Educate and receive proper training for your child as well as yourself and know education is key to stop the bullying in your community.
- Build a strong support system at home, school in your community for your child.
- Remember the bully may have issues to and their acting out and taking their problems out on someone else.

- **“National Nonprofit Day”** is always commemorated on August 17th, to recognize ongoing efforts to serve local

communities. We should always contribute to a nonprofit organization and here are a few ways of how to support your local nonprofit organization:

- Research of your community needs
- Get involve, volunteer and
- Raise awareness

- **“National Medic Alert Awareness Month”** The [MedicAlert Foundation](#) been in existence since 1953, when a 14-year-old girl Linda Collins of Turlock, California cut her finger and went to the hospital. During a routine test at the hospital, she went into anaphylactic shock, which was almost fatal. This event inspired her to think of a silver bracelet with the medical symbol on one side and special medical instructions on the other. Linda and her father, who was a doctor, sent the design to a jeweler in San Francisco who designed the first-ever Medic Alert bracelet.

In 1956, the Medic Alert Foundation was formed and went on to create an impressive database of medical records of people which now provides information that can be lifesaving. It can alert doctors caring for you what they need to know, even when you’re unable to speak for yourself. This important concept that has changed the game of the medical care system and provided a sense of relief in everyone’s lives.

- **“Summer Sun Safety Month”** Did you know too much ultraviolet (UV) radiation exposure can have damaging effects on your skin? If not, below you’ll find a few tips to help you protect yourself and your family from too much sun:
 - Shady areas is one of the best ways to limit UV exposure especially during the hours of 10AM -4PM
 - Protect your skin with sunscreen and make sure to read the label. The (SPF) number is the level of protection the sunscreen provides against UV rays, which is the main cause of sunburn. The recommended level for (SPF) is 30 or higher.
 - Protect your skin by wearing clothing. Nowadays, companies make clothing that are lightweight and protects the body from UV rays even while wet.
 - Wear a hat with a brim that protects the entire head, face, and ears.
 - Wear wrap around eyewear to protect eyes as well as the skin near the eyes.
- On Thursday, August 31, 2023, at 1PM, the Task Force will be meeting with the **Alliant Health Solutions** to discuss their solutions that are led by clinicians, backed by data and their focus is on improving health care for all.
- TDH is sponsoring the Tennessee Health Care Campaign 2023 Annual Health Advocacy Conference, Paving the Road to Health Equity scheduled on Saturday, August 26th from 10AM – 4PM at the Jubilee Banquet Facility, 6700 Jubilee Center Way, Knoxville, TN. Keynote Speaker: Leighton Ku, PHD, MPH
Please register at: www.tnhealthcarecampaign.org
- TDH will be sponsoring the Wolf River Conservancy, **Mental Health Awareness Day**. Over the last two years, this program has positively impacted more than 300 community members, which is believed nature can nurture and teach problem-solving and coping mechanisms. Nature can also assist in helping to end suicide which is the second-leading cause of death among young people (ages 10-14 and 25-34).

The Wolf River Conservancy has joined with community partners to be part of the solution, and through nature at our FREE 3rd Annual Mental Health Awareness Day Event, which is open to the public on Saturday, September 30th at The Wolf River Greenway, 2630 Epping Way Drive from 10:30 am – 1:30 pm. Food vendors will be onsite along with Job the Comfort Dog, educational resources from licensed counselor, firetrucks, music and more.

TOPICS OF DISCUSSION

Focus: N/A

Presenter: N/A

Summary: N/A

Member Comments: Announcements and Upcoming Events

- For the Maternal Health Innovation listening session, please email MHI.health@tn.gov for more information follow this link to register: <https://forms.office.com/g/h9ALncyDuK>
 - "The Unseen Victims of Trafficking: Recognizing and Responding to Boys Who Experience Human Trafficking" with Guest Speaker Nathan Earl on **Friday, September 8th from 8:30AM – 12:00PM** held at Jubilee Banquet Facility 6700 Jubilee Center Way Knoxville, TN 37912. Below is a flyer for more information or for registration please click the link <https://www.eventbrite.com/e/the-unseen-victims-of-trafficking-tickets-695020273347?aff=ebdsoporgprofile>
 - Outreach Worker for Volunteers of America, Johnson City, TN office. We help low-income Veterans and their families that are homeless or within 30 days of being evicted, we cover eight counties (8), through the SSVF grant from the Dept. of Veteran Affairs. Please contact terryrogers@voamid.org
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Resources mentioned during call:

- On September 20, 2023, the Wilson County Baby Shower held at (Wilson Co. Fairgrounds) 945 E. Baddour Pkwy, Lebanon, TN 37087 between the hours of 9:30AM -12:30PM - Contact Name: Adalberto Valdez Email Address: adalberto.valdez@tn.gov Phone Number: 615.444.5325
- On September 30, 2023, the Coffee County Baby Shower held at 328 N Woodland St Manchester, TN 37355 between the hours of 10:00AM-11:30AM - Contact Name: Angie Roberts (Centerstone) angela.roberts@centerstone.org
- Outreach Worker for Volunteers of America, Johnson City, TN office. We help low-income Veterans and their families that are homeless or within 30 days of being evicted, we cover eight counties (8), through the SSVF grant from the Dept. of Veteran Affairs. Please contact terryrogers@voamid.org
- If you need more information, please visit our website at www.healthdisparitiestn.com

Chat Box – links / website / events:

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- If you need more information, please visit our website at www.healthdisparitiestn.com

Next Meeting: Thursday, August 24, 2023, from 1pm-2pm via Microsoft Teams.

Microsoft Teams Meeting details are as follows:

Join on your computer or mobile app.


[Click here to join the meeting](#)

Or call in (audio only)

[+1 629-209-4396](tel:+16292094396), [641975577#](tel:+1641975577) United States, Nashville


Phone Conference ID: 641 975 577#

The East Tennessee Council on Children and Youth
CCAHT/CAMELOT CARE CENTERS/CHILDHELP/giantslayer.
The National Association of Social Workers-TN Chapter
presents a 3.0 CEU Educational event on




**“The Unseen Victims of Trafficking:
Recognizing and Responding to Boys
Who Experience Human Trafficking”**

with Guest Speaker
Nathan Earl



Friday, September 8, 2023, from 8:30 AM until Noon
Jubilee Banquet Facility, 6700 Jubilee Center Way, Knoxville, TN

Event Sponsored by



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