# Children & Youth Service Providers

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TENNESSEE

**SYSTEM** 

A reference guide for judges and the courts seeking information about mental health, substance abuse, and co-occurring service providers for children and youth in the State of Tennessee.

For additional assistance, contact the System of Care TA Center at SOC.TACenter@tn.gov.

## BLOUNTY COUNTY

PROVIDER: CHEROKEE HEALTH SYSTEMS PHONE NUMBER: (866) 231-4477

INITIAL ASSESSMENT: Yes WAIT TIME: Varies daily, please call

**OUTCOME:** Determines mental health and substance abuse diagnosis, social history,

treatment recommendations

**SERVICES OFFERED:** Fully Integrated Behavioral Health and Primary Care Clinic: Addictions Treatment, Outpatient Therapy, Medication Management, School Based Services, Tennessee Health Link Care Coordination

**EVIDENCE-BASED PRACTICES AVAILABLE:** Cognitive Behavioral Therapy (CBT); Trauma-Focused Cognitive Behavioral Therapy (TF-CBT); Motivational Interviewing (MI); Parent Child Interaction Therapy (PCIT)

PROVIDER: THE MCNABB CENTER

PHONE NUMBER: (865) 681-6990; (800) 255-9711 (Central)

INITIAL ASSESSMENT: Yes WAIT TIME: Same Day/Next Day

**OUTCOME:** Determines mental health and substance abuse diagnosis, social history, treatment

recommendations

**SERVICES OFFERED:** Cognitive Behavioral Therapy (CBT); Trauma-Focused Cognitive Behavioral Therapy (TF-CBT); Play Therapy; Dialectical Behavioral Therapy (DBT); Solution-Focused Therapy (SFBT); Motivational Interviewing (MI); Attachment, Regulation and Competency (ARC); Art Therapy; Circle of Courage (a positive youth development model); Making a Difference (teen pregnancy and HIV/STD prevention); Be Proud! Be Responsible! (youth empowerment & HIV reduction); Sexual Health and Adolescent Risk Prevention (SHARP)

**EVIDENCE-BASED PRACTICES AVAILABLE:** Cognitive Behavioral Therapy (CBT); Trauma-Focused Cognitive Behavioral Therapy (TF-CBT); Dialectical Behavioral Therapy (DBT); Eye Movement Desensitization & Reprocessing (EMDR); Functional Family Therapy (FFT), Child Parent Psychotherapy (CPP), Hazelton's Co-occurring, Parent Child Interaction Therapy (PCIT), Attachment Regulation Competency (ARC), Motivational Interviewing, System of Care Across Tennessee (SOCAT)







#### PROVIDER: CAMELOT CARE CENTERS

**PHONE NUMBER:** (423) 685-5270

**INITIAL ASSESSMENT: Yes** 

WAIT TIME: 24 hours for initial contact, 3 days to assessment based on family availability, **OUTCOME:** In-home services based on needs identified on assessment. Therapy or medication management in the office setting. Recommendations based on assessment. Address mental health, substance use, family conflict, and social determinants of health needs.

SERVICES OFFERED: Comprehensive Child and Family Therapy (CCFT), Tennessee Health Link (THL) Care Coordination, Substance Abuse Assessment, Mental Health Assessment, Individual, Family, and Couples Outpatient Therapy, Alcohol and Drug Outpatient Therapy, Medication Management, A-CRA, and A&D IOP services (to Bluecare and Amerigroup insurance clients). Telehealth options are available for all services.

EVIDENCE-BASED PRACTICES AVAILABLE: ACRA, Nuturing parenting, TF-CBT, CPP, CBT, Motivational Interviewing

#### PROVIDER: OMNI COMMUNITY HEALTH

**PHONE NUMBER:** (877) 258-8795

**INITIAL ASSESSMENT:** Yes WAIT TIME: Two weeks

**OUTCOME:** Diagnosis, Social History, Treatment Recommendations, Family Counseling

SERVICES OFFERED: Intake and Assessment, Therapy, Medication Management (Tele psychiatry), Case Management, CCFT

#### **PROVIDER: PENINSULA**

**PHONE NUMBER:** (865) 970-9800

**INITIAL ASSESSMENT: Yes** 

WAIT TIME: Based on Acuity—Same Day/Next Day or within 10 Business Days

**OUTCOME:** Determines mental health and substance abuse diagnosis, Social History, Treatment

Recommendations

SERVICES OFFERED: Outpatient Therapy, Mediation Management, Tennessee Health Link

Care Coordination

EVIDENCE-BASED PRACTICES AVAILABLE: EMDR, TF-CBT

#### PROVIDER: TENNESSEE VOICES (TNV)

PHONE NUMBER: (800) 670-9882

**INITIAL ASSESSMENT:** Yes WAIT TIME: Varies daily, please call.

**OUTCOME:** Parent/Caregiver Peer Support, Resource Linkage, Safety Planning, and Treat-

ment Recommendations

SERVICES OFFERED: Family Support Services, Psychiatric Medication Management, Telehealth Therapy, Referral, Advocacy, Outreach, and Training

EVIDENCE-BASED PRACTICES AVAILABLE: Strengthening Families, Youth Screen,

Statewide Family Support Network, Child Care Consultation, CBT, TF-CBT

### **PROVIDER: HEALTH CONNECT AMERICA**

**PHONE NUMBER:** (865) 247-7045

**INITIAL ASSESSMENT:** Yes

**WAIT TIME:** No wait time; contact attempted within 24 hours.

**OUTCOME:** Biopsychosocial assessment, diagnosis, treatment recommendations, therapeutic and case management services

**SERVICES OFFERED:** Intensive Outpatient Co-Occurring Substance Abuse and Mental Health Group for adults and adolescents, Comprehensive Child and Family Treatment (CCFT), Outpatient Therapy, Medication Management, Health Link

**EVIDENCE-BASED PRACTICES AVAILABLE:** Cognitive Behavioral Therapy (CBT), Rational Emotive Therapy (RET), Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Homebuilders Model, Motivational Interviewing, Trust-Based Relational Intervention (TBRI)