# Children & Youth Service Providers

A reference guide for judges and the courts seeking information about mental health, substance abuse, and co-occurring service providers for children and youth in the State of Tennessee.

For additional assistance, contact the System of Care TA Center at SOC.TACenter@tn.gov.

# ARROLL

PROVIDER: YOUTH VILLAGES PHONE NUMBER: (731) 641-4141

**INITIAL ASSESSMENT: Yes WAIT TIME:** Immediate

OUTCOME: Social History, Treatment History, Treatment Recommendations, Family

Counseling

SERVICES OFFERED: Intensive in-home services, case management services, Thrive (Juvenile

Justice Grant Funded Program)

EVIDENCE-BASED PRACTICES AVAILABLE: Collaborative Problem Solving (CPS), Trauma Focused Cognitive Behavior Therapy (TFCB-T), Adolescent Community Reinforcement Approach (ACRA), Motivational Interviewing (MI)

## PROVIDER: CAREY COUNSELING CENTER

**PHONE NUMBER:** (731) 986-4411; (800) 611-7757 (Central)

**INITIAL ASSESSMENT:** Yes WAIT TIME: Same day Access

**OUTCOME:** Determines mental health and substance abuse diagnosis, social history, treatment

recommendations

SERVICES OFFERED: Therapy, Medication Management, Ontrack (ages 15-30)School-Based Behavioral Health Services (Huntington Middle), Tennessee Health Link Care Coordination

EVIDENCE-BASED PRACTICES AVAILABLE: Attachment, Regulation and Competency (ARC); Cognitive Behavioral Therapy (CBT); Trauma-Focused Cognitive Behavioral Therapy (TF-CBT); First Episode Psychosis (On Track); Matrix; Motivational Interviewing

#### PROVIDER: TENNESSEE VOICES (TNV)

PHONE NUMBER: (800) 670-9882

**INITIAL ASSESSMENT: Yes WAIT TIME:** Varies daily, please call.

**OUTCOME:** Parent/Caregiver Peer Support, Resource Linkage, Safety Planning, and Treatment

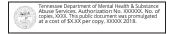
Recommendations

SERVICES OFFERED: Family Support Services, Psychiatric Medication Management, Telehealth Therapy, Referral, Advocacy, Outreach, and Training

EVIDENCE-BASED PRACTICES AVAILABLE: Strengthening Families, Youth Screen, Statewide Family Support Network, Child Care Consultation, CBT, TF-CBT







COMMUNITY BASED OF CULTURALLY AND L

TENNESSEE

**SYSTEM** 

## PROVIDER: HEALTH CONNECT AMERICA

**PHONE NUMBER:** (731) 213-2214

**INITIAL ASSESSMENT:** 1-10 days

**WAIT TIME:** No wait time; contact attempted within 24 hours.

**OUTCOME:** Biopsychosocial assessment, diagnosis, treatment recommendations, therapeutic

and case management services

**SERVICES OFFERED:** Intensive Outpatient Co-Occurring Substance Abuse and Mental Health Group for adults and adolescents, Comprehensive Child and Family Treatment (CCFT), Outpatient Therapy, Medication Management, Health Link

**EVIDENCE-BASED PRACTICES AVAILABLE:** Cognitive Behavioral Therapy (CBT), Rational Emotive Therapy (RET), Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Homebuilders Model, Motivational Interviewing, Trust-Based Relational Intervention (TBRI)

#### **PROVIDER: PATHWAYS BEHAVIORAL HEALTH SERVICES**

**PHONE NUMBER:** (800) 587-3854 Central

**INITIAL ASSESSMENT:** Yes

WAIT TIME: Varies daily. Please call.

**OUTCOME:** Determines mental health and substance abuse diagnosis, social history, treatment

recommendations

**SERVICES OFFERED:** Tennessee Prevention Program, System of Care Across Tennessee (SOCAT), Telehealth Service

**EVIDENCE-BASED PRACTICES AVAILABLE:** Adolescent Community Reinforcement Approach (A-CRA); Cognitive Behavioral Therapy (CBT); Trauma-Focused Cognitive Behavioral Therapy (TF-CBT); Motivational Interviewing (MI); High Fidelity Wrap-Around Cognitive Behavioral Therapy (CBT); Trauma-Focused Cognitive Behavioral Therapy (TF-CBT); First Episode Psychosis (On Track); Matrix; Motivational Interviewing