# Children & Youth Service Providers

A reference guide for judges and the courts seeking information about mental health, substance abuse, and co-occurring service providers for children and youth in the State of Tennessee.

For additional assistance, contact the System of Care TA Center at SOC.TACenter@tn.gov.

## DEKALB COUNTY PROVIDER: CENTERSTONE PHONE NUMBER: (888) 291-HELP (4357)

TENNESSEE SYSTEM of CARE

#### INITIAL ASSESSMENT: Yes WAIT TIME: Same Day/ Next Day

**OUTCOME:** Determines mental health and substance abuse diagnosis, social history, treatment recommendations

**SERVICES OFFERED:** Intensive In-Home Treatment, Comprehensive Child and Family Therapy (CCFT), Therapeutic Foster Care, Tennessee Health Link Care Coordination **EVIDENCE-BASED PRACTICES AVAILABLE:** Cognitive Behavioral Therapy (CBT); Trauma-Focused Cognitive Behavioral Therapy (TF-CBT); Motivational Interviewing (MI); Solution-Focused Therapy (SFBT); Circle of Courage (a positive youth development model); Making a Difference (teen pregnancy and HIV/STD prevention); Be Proud! Be Responsible! (youth empowerment & HIV reduction); Sexual Health and Adolescent Risk Prevention (SHARP)

### PROVIDER: VOLUNTEER BEHAVIORAL HEALTH CARE SYSTEM PHONE NUMBER: (877) 567-6051

## INITIAL ASSESSMENT: Yes

WAIT TIME: Same Day / Next Day OUTCOME: Determines mental health and substance abuse diagnosis, social history, treatment recommendations

**SERVICES OFFERED:** Juvenile Justice Reform, School Based Behavioral Health Liaison, Positive Action Prevention Program, Project BASIC

## PROVIDER: OMNI COMMUNITY HEALTH PHONE NUMBER: (877) 258-8795

INITIAL ASSESSMENT: Yes WAIT TIME: Two Weeks OUTCOME: Diagnosis, Social History, Treatment Recommendations, Family Counseling

**SERVICES OFFERED:** Intake and Assessment, Therapy, Medication Management (Telepsychiatry), Case Management, CCFT



The TN Reference Guide was developed by the Tennessee Department of Mental Health & Substance Abuse Services in partnership with the Administrative Office of the Courts, Tennessee Association of Mental Health Organizations, Tennessee Commission on Children and Youth, and Community Mental Health Providers. Tennessee Department of Mental Health & Substance Abuse Services. Authorization No. XXXXXX, No. of copies, XXXX. This public document was promulgated at cost of \$X.XX per copy. XXXXX 2018.

## **PROVIDER: MENTAL HEALTH COOPERATIVE**

PHONE NUMBER: (931) 646-5600

### INITIAL ASSESSMENT: Yes

WAIT TIME: Same day assessment and walk-in availability OUTCOME: Diagnosis, Social History, Treatment Recommendations

**SERVICES OFFERED:** TN Health Link Care Coordination, Medication Management, Therapy, Continuous Treatment Team (CTT), Child and Youth Continuous Treatment Team (C&Y CTT), Comprehensive Child and Family Treatment (CCFT), System of Care Across TN (SOCAT) **EVIDENCE-BASED PRACTICES AVAILABLE:** Zero Suicide Initiative (ZSI), Applied Suicide Intervention Skills Training (ASIST), Assessing and Managing Suicide Risk (AMSR), Columbia-Suicide Severity Rating Scale (C-SSRS), Motivational Interviewing (MI), Transtheoretical Model (Stages of Change), Cognitive Behavioral Therapy (CBT), Trauma-Focused CBT (TF-CBT), Dialectical Behavioral Therapy (DBT), Eye Movement Desensitization and Reprocessing (EMDR), Wraparound

## **PROVIDER: YOUTH VILLAGES**

**PHONE NUMBER:** (931) 525-6900

## INITIAL ASSESSMENT: Yes

WAIT TIME: Immediate

OUTCOME: Social History, Treatment History, Treatment Recommendations, Family Counseling

**SERVICES OFFERED:** Intensive In-home Services, Case Management Services **EVIDENCE-BASED PRACTICES AVAILABLE:** Collaborative Problem Solving (CPS), Trauma Focused Cognitive Behavior Therapy (TFCB-T), Adolescent Community Reinforcement Approach (ACRA)

#### PROVIDER: TENNESSEE VOICES (TNV) PHONE NUMBER: (800) 670-9882

**INITIAL ASSESSMENT: Yes** 

**WAIT TIME:** Varies daily, please call.

**OUTCOME:** Parent/Caregiver Peer Support, Resource Linkage, Safety Planning, and Treatment Recommendations

**SERVICES OFFERED:** Family Support Services, Psychiatric Medication Management, Telehealth Therapy, Referral, Advocacy, Outreach, and Training **EVIDENCE-BASED PRACTICES AVAILABLE:** Strengthening Families, Nurturing Parenting,

Youth Screen, Statewide Family Support Network, Child Care Consultation, CBT, TF-CBT

#### PROVIDER: HEALTH CONNECT AMERICA PHONE NUMBER: (931) 837-6042

#### INITIAL ASSESSMENT: 1-10 days

WAIT TIME: No wait time; contact attempted within 24 hours. OUTCOME: Biopsychosocial assessment, diagnosis, treatment recommendations, therapeutic and case management services

**SERVICES OFFERED:** Intensive Outpatient Co-Occurring Substance Abuse and Mental Health Group for adults and adolescents, Comprehensive Child and Family Treatment (CCFT), Outpatient Therapy, Medication Management, Health Link

**EVIDENCE-BASED PRACTICES AVAILABLE:** Cognitive Behavioral Therapy (CBT), Rational Emotive Therapy (RET), Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Homebuilders

## PROVIDER: CAMELOT CARE CENTERS CONTACT: Cynthia Taylor PHONE NUMBER: (931) 337-7217

#### **INITIAL ASSESSMENT: Yes**

**WAIT TIME:** 24 hours for initial contact, 3 days to assessment based on family availability **OUTCOME:** In-home services based on needs identified on assessment. Therapy or medication management in the office setting. Address mental health, substance use, family conflict, and social determinants of health needs.

**SERVICES OFFERED:** Comprehensive Child and Family Therapy (CCFT), Tennessee Health Link (THL) Care Coordination, Substance Abuse Assessment, Mental Health Assessment, Individual, Family, and Couples Outpatient Therapy, Alcohol and Drug Outpatient Therapy, Medication Management. Telehealth options are available for all services.

**EVIDENCE-BASED PRACTICES AVAILABLE:** Nurturing Parenting, Living in Balance, TFCBT, DBT, CBT, PCIT, Play Therapy, Prime for Life, SVN