

# Children & Youth Service Providers

A reference guide for judges and the courts seeking information about mental health, substance abuse, and co-occurring service providers for children and youth in the State of Tennessee.

For additional assistance, contact the System of Care TA Center at [SOC.TACenter@tn.gov](mailto:SOC.TACenter@tn.gov).

## OBION COUNTY

**PROVIDER: YOUTH VILLAGES**

**PHONE NUMBER: (731) 288-4600**



**INITIAL ASSESSMENT:** Yes

**WAIT TIME:** Immediate

**OUTCOME:** Social history, treatment history, treatment recommendations, family counseling

**SERVICES OFFERED:** Intensive in-home services, case management services, Thrive (Juvenile Justice Grant Funded Program)

**EVIDENCE-BASED PRACTICES AVAILABLE:** Collaborative Problem Solving (CPS), Trauma Focused Cognitive Behavior Therapy (TFCB-T), Adolescent Community Reinforcement Approach (ACRA), Motivational Interviewing (MI)

## PROVIDER: PATHWAYS BEHAVIORAL HEALTH SERVICES

**PHONE NUMBER: (731) 885-9333; (800) 587-3854 (Central)**

**INITIAL ASSESSMENT:** Yes

**WAIT TIME:** Varies daily, please call

**OUTCOME:** Determines mental health and substance abuse diagnosis, social history, treatment recommendations

**SERVICES OFFERED:** Outpatient Therapy, Medication Management, Tennessee Health Link Care Coordination, Project BASIC, Tennessee Prevention Program, Tele-Health Capability, Head Start, MH Consultation/Treatment

**EVIDENCE-BASED PRACTICES AVAILABLE:** Adolescent Community Reinforcement Approach (A-CRA); Cognitive Behavioral Therapy (CBT); Trauma-Focused Cognitive Behavioral Therapy (TF-CBT); Motivational Interviewing (MI)

## PROVIDER: CAREY COUNSELING CENTER

**PHONE NUMBER: (731) 885-8810, (800) 611-7757 (Central)**

**INITIAL ASSESSMENT:** Yes

**WAIT TIME:** Same Day Access

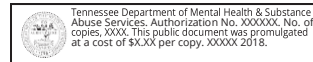
**OUTCOME:** Determines mental health and substance abuse diagnosis, social history, treatment recommendations

**SERVICES OFFERED:** Therapy, Medication Management, Ontrack (15-30 years old), Tennessee Health Link Care Coordination, School-Based Behavioral Health Services (Obion County Central)

**EVIDENCE-BASED PRACTICES AVAILABLE:** Attachment, Regulation and Competency (ARC); Cognitive Behavioral Therapy (CBT); Trauma-Focused Cognitive Behavioral Therapy (TF-CBT); First Episode Psychosis (On Track); Matrix; Motivational Interviewing



The TN Reference Guide was developed by the Tennessee Department of Mental Health & Substance Abuse Services in partnership with the Administrative Office of the Courts, Tennessee Association of Mental Health Organizations, Tennessee Commission on Children and Youth, and Community Mental Health Providers.



**PROVIDER: TENNESSEE VOICES (TNV)**

**PHONE NUMBER:** (800) 670-9882

**INITIAL ASSESSMENT:** Yes

**WAIT TIME:** No wait time; contact attempted within 24 hours.

**OUTCOME:** Biopsychosocial assessment, diagnosis, treatment recommendations, therapeutic and case management services

**SERVICES OFFERED:** Family Support Services, Psychiatric Medication Management, Telehealth Therapy, Referral, Advocacy, Outreach, and Training

**EVIDENCE-BASED PRACTICES AVAILABLE:** Cognitive Behavioral Therapy (CBT), Rational Emotive Therapy (RET), Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Homebuilders Model, Motivational Interviewing, Trust-Based Relational Intervention (TBRI)

**PROVIDER: HEALTH CONNECT AMERICA**

**PHONE NUMBER:** (731) 882-1974

**INITIAL ASSESSMENT:** 1-10 days

**WAIT TIME:** No wait time; contact attempted within 24 hours.

**OUTCOME:** Biopsychosocial assessment, diagnosis, treatment recommendations, therapeutic and case management services

**SERVICES OFFERED:** Intensive Outpatient Co-Occurring Substance Abuse and Mental Health Group for adults and adolescents, Comprehensive Child and Family Treatment (CCFT), Outpatient Therapy, Medication Management, Health Link

**EVIDENCE-BASED PRACTICES AVAILABLE:** Cognitive Behavioral Therapy (CBT), Rational Emotive Therapy (RET), Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Homebuilders Model, Motivational Interviewing, Trust-Based Relational Intervention (TBRI)