## Children & Youth Service Providers

A reference guide for judges and the courts seeking information about mental health, substance abuse, and co-occurring service providers for children and youth in the State of Tennessee.

For additional assistance, contact the System of Care TA Center at SOC.TACenter@tn.gov.

# RUTHERFORD COUNTY

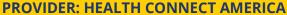
PROVIDER: CENTERSTONE PHONE NUMBER: (888) 291-HELP (4357)

**INITIAL ASSESSMENT: Yes** WAIT TIME: Same Day/ Next Day

**OUTCOME:** Determines mental health and substance abuse diagnosis, social history, treatment recommendations

SERVICES OFFERED: Intensive In-Home Treatment/Comprehensive Child and Family Treatment (CCFT), School-Based Therapy, Substance Use Treatment, Therapeutic Foster Care, Tennessee Health Link Care Coordination, CTT, SSVF (Supportive Services for Veteran Families- case management and housing assistance to low income Veteran families who are homeless or within 2 weeks of becoming homeless)

EVIDENCE-BASED PRACTICES AVAILABLE: Cognitive Behavioral Therapy (CBT); Trauma-Focused Cognitive Behavioral Therapy (TF-CBT); Motivational Interviewing (MI); Play Therapy; Art Therapy; Attachment, Regulation and Competency (ARC); Seeking Safety; Circle of Courage (a positive youth development model); Making a Difference (teen pregnancy and HIV/STD prevention); Be Proud! Be Responsible! (youth empowerment & HIV reduction); Sexual Health and Adolescent Risk Prevention (SHARP); Second Step (violence & bullying prevention); First Step to Success (early intervention for children at risk for aggressive or antisocial behavior patterns),



PHONE NUMBER: (615) 656-0227

**INITIAL ASSESSMENT:** 1-10 days

WAIT TIME: No wait time: contact attempted within 24 hours.

**OUTCOME:** Biopsychosocial assessment, diagnosis, treatment recommendations, therapeutic and case management services

SERVICES OFFERED: Intensive Outpatient Co-Occurring Substance Abuse and Mental Health Group for adults and adolescents, Comprehensive Child and Family Treatment (CCFT), Outpatient Therapy, Medication Management, Health Link

EVIDENCE-BASED PRACTICES AVAILABLE: Cognitive Behavioral Therapy (CBT), Rational Emotive Therapy (RET), Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Homebuilders Model, Motivational Interviewing, Trust-Based Relational Intervention (TBRI)







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**TENNESSEE** 

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#### PROVIDER: MENTAL HEALTH COOPERATIVE

**PHONE NUMBER:** (615) 904-6490

**INITIAL ASSESSMENT:** Yes

WAIT TIME: Same day assessment and walk-in availability

**OUTCOME:** Diagnosis, Social History, Treatment Recommendations

**SERVICES OFFERED:** TN Health Link Care Coordination, Medication Management, Therapy, Continuous Treatment Team (CTT), Child and Youth Continuous Treatment Team (C&Y CTT), Comprehensive Child and Family Treatment (CCFT),

**EVIDENCE-BASED PRACTICES AVAILABLE:** Zero Suicide Initiative (ZSI), Applied Suicide Intervention Skills Training (ASIST), Assessing and Managing Suicide Risk (AMSR), Columbia-Suicide Severity Rating Scale (C-SSRS), Motivational Interviewing (MI), Trans theoretical Model (Stages of Change), Cognitive Behavioral Therapy (CBT), Trauma-Focused CBT (TF-CBT), Dialectical Behavioral Therapy (DBT), Eye Movement Desensitization and Reprocessing (EMDR), Wraparound, System of Care Across TN (SOCAT)

#### **PROVIDER: CAMELOT CARE CENTERS**

PHONE NUMBER: (615) 462-6673

**INITIAL ASSESSMENT:** Yes

**WAIT TIME:** 24 hours for initial contact, 3 days to assessment based on family availability **OUTCOME:** In home services based on needs identified on assessment. Therapy or medication management in the office setting. Recommendations based on assessment. In home services based on needs identified on assessment. Address mental health, substance use, family conflict, and social determinants of health needs.

**SERVICES OFFERED:** Outpatient Treatment, Medication management, Comprehensive Child and Family Therapy (CCFT), Tennessee Health Link Care Coordination, Addictions assessments, mental health intake and recommendations. A&D assessments, A&D outpatient therapy **EVIDENCE-BASED PRACTICES AVAILABLE:** ACRA, Nurturing parenting, TFCBT

### **PROVIDER: YOUTH VILLAGES**

**PHONE NUMBER:** (931) 560-4220

INITIAL ASSESSMENT: Yes WAIT TIME: Immediate

**OUTCOME:** Social History, Treatment History, Treatment Recommendations, Family Counseling **SERVICES OFFERED:** Intensive In-home Services, Case Management Services, Thrive (Juvenile

Justice Grant Funded Program)

**EVIDENCE-BASED PRACTICES AVAILABLE:** Collaborative Problem Solving (CPS), Trauma Focused Cognitive Behavior Therapy (TFCB-T), Adolescent Community Reinforcement Approach (ACRA), Motivational Interviewing (MI)

#### PROVIDER: OMNI COMMUNITY HEALTH

**PHONE NUMBER:** (615) 295-2176

INITIAL ASSESSMENT: Yes WAIT TIME: Two Weeks

**OUTCOME:** Diagnosis, Social History, Treatment Recommendations, Family Counseling

SERVICES OFFERED: Intake and Assessment, Therapy, Medication Management (Tele psychiatry),

Case Management, CCFT

### PROVIDER: VOLUNTEER BEHAVIORAL HEALTH CARE SYSTEM

**PHONE NUMBER:** (877) 567-6051

**INITIAL ASSESSMENT: Yes** WAIT TIME: Same Day / Next Day

**OUTCOME:** Determines mental health and substance abuse diagnosis, social history,

treatment recommendations

SERVICES OFFERED: School Based Behavioral Health Liaison, Project BASIC, First Episode

**Psychosis Initiative** 

EVIDENCE-BASED PRACTICES AVAILABLE: Dialectical Behavioral Therapy (DBT), Cognitive

Behavioral Therapy (CBT), Motivational Interviewing (MI)

## **PROVIDER: TENNESSEE VOICES (TNV)**

**PHONE NUMBER:** (800) 670-9882

**INITIAL ASSESSMENT:** Yes

WAIT TIME: Varies daily, please call.

**OUTCOME:** Parent/Caregiver Peer Support, Resource Linkage, Safety Planning, and Treatment

Recommendations

SERVICES OFFERED: Family Support Services, CCFT, Psychiatric Medication Management, Tele-

health Therapy, Referral, Advocacy, Outreach, and Training

EVIDENCE-BASED PRACTICES AVAILABLE: Strengthening Families, Youth Screen, Statewide

Family Support Network, Child Care Consultation, FSP in Courts, CBT, TF-CBT