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State Opioid Response Prevention Overview:

State Opioid Response Prevention Objectives:

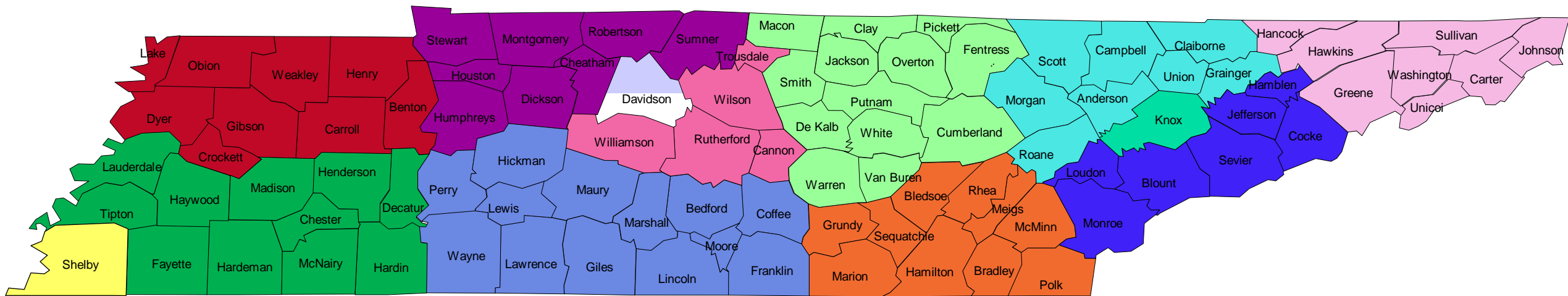
1. Provide **opioid awareness and overdose trainings** in every county in Tennessee to:
 - First Responders
 - Individuals at high risk of overdose, their families, and/or friends
 - Agencies/Organizations that provide treatment/recovery services or community resources
2. Implement an **advertising/media campaign**
3. Develop **resource guides** on treatment, recovery, and social services
4. Distribute **Naloxone** to:
 - Individuals at high risk, their families, and peers
 - First responders
 - Agencies providing treatment, recovery, or community resources

State Opioid Response Prevention Objectives:

5. Coordinate timely, on the ground **responses to overdose outbreaks**
6. Train **healthcare professionals and students** to assess & treat OUD
 - Extension for Community Healthcare Outcomes Project w/ Vanderbilt
 - Health Care Professional Training led by Dr. Brian Winbigler w/ UT Health Sciences Center
7. Increase access to **Medication-Assisted Treatment**
 - Emergency Departments
 - Rural areas
 - Recovery Courts

Regional Overdose Prevention Specialists

- 13 Regional divisions across the State
- 20 – 24 ROPS in total



Key Goals of the ROPS

1. Harm Reduction
2. Reduce Stigma
3. Increase Public Awareness

Harm Reduction

Harm Reduction is a way of **preventing disease** and **promoting health** that *meets people where they are.*

Not everyone is **ready or able** to **stop drug use**;
therefore, **scientifically proven** ways of decreasing risks
are *essential.*

(e.g., MAT, Naloxone, Syringe Exchange)

Harm Reduction Core Principles

- **Non-judgmental approach:** treating every person with dignity, compassion, and respect
- Accept behavior change as an **incremental process**
- Focus on **enhancing quality of life**
- Recognize **complex social factors** that **influence vulnerability** to drug use and drug-related harm (e.g., poverty, social inequality, discrimination, and trauma)
- **Empower those who use drugs** to be the primary agents in reducing the harms of their drug use

Reducing Stigma

- Do away with labels
- Use “**person first**” language
- Understand that drug use falls on a continuum
- Embrace **positive change**
- Beware of unintentional **bias**
- Reflect on personal experiences
- Understand substance misuse is often linked to **trauma**

Increase Public Awareness

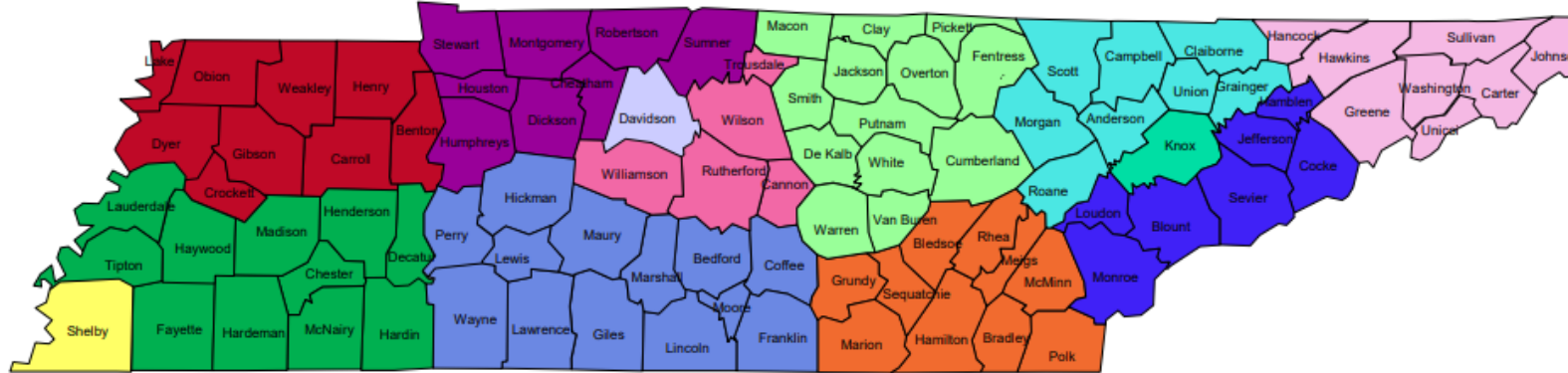
- **Trainings** that cover topics such as:
 - The Opioid Crisis
 - Harm Reduction
 - Reducing Stigma
 - How to administer Naloxone
- **Media Campaign**
 - Range of activities tailored to each region
 - Billboards, radio ads, TV commercials, etc.

TN Save a Life

- **ROPS** have distributed **over 206,000** units of Naloxone across the state of Tennessee since October 2017
- **Naloxone** has saved **over 26,000 lives** in Tennessee since 2017
 - This is a conservative estimate based on reported uses of Naloxone

How to connect with a ROPS?

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ROPS Contact info:

- <https://www.tn.gov/behavioral-health/substance-abuse-services/prevention/rops.html>

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