

## Drug Overdoses in Tennessee

**3,826** Tennesseans died due to a drug overdose in 2022.

**Fentanyl**-related deaths increased between 2017 and 2021 by **446%**.<sup>1</sup>

Emerging substances like **Xylazine**, a veterinary sedative, contributed to 324 overdose deaths in TN between 2019 and 2022.<sup>2</sup>

## How can drug overdoses be prevented?



Store & Dispose of Medications Correctly

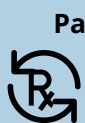
Support Local



Substance Use Prevention Coalitions



Carry Naloxone



Participate in Drug Take-Back Events



Talk to Family & Friends about Substance Use

## High Impact Area (HIA)

programs are managed by Substance Misuse Response Coordinators to achieve a more comprehensive, equitable, and locally managed response to areas of TN most burdened by the overdose epidemic.

See website for more information on the work of the West, Middle, Southeast, East, and Northeast HIAs managed by TDH's Overdose Response Coordination Office (ORCO).

To access ORCO's website and resources, scan code:



1. Fatal Drug Overdose Timeseries Trends. Tennessee State Government - TN.gov. (n.d.). <https://www.tn.gov/health/health-program-areas/pdo/pdo/data-dashboard.html>
2. Korona-Bailey, J., Onyango, E. M., Hall, K., Jayasundara, J. H., & Mukhopadhyay, S. (2023). Xylazine-Involved Fatal and Nonfatal Drug Overdoses in Tennessee From 2019 to 2022. JAMA Network Open, 6(7), e2324001-e2324001. <https://doi.org/10.1001/jamanetworkopen.2023.24001>

Paid for by the Tennessee Department of Health, Overdose Response Coordination Office and the Center for Disease Control and Prevention, Overdose Data to Action in States Grant NU17CE010208.



Tennessee Department of Health Authorization No. 355997, 6400 copies. May 2024. This public document was promulgated at a cost of \$0.21 per copy.

# Drug Overdose Prevention, Reversal, and Help Across Tennessee

## Overdose Response Coordination Office

[www.tn.gov/health/orco](http://www.tn.gov/health/orco)

TN

Department of Health

# You may be at increased risk of **OVERDOSE**

## *If you...*

- Have had a previous overdose
- Have a substance use disorder
- Use more than one substance (aka polysubstance use)
- Are exposed to Fentanyl or Xylazine (aka "Tranq") in your supply

***Remember,***  
most overdoses are **ACCIDENTAL.**

## OPIOID OVERDOSE

### Warning Signs



Blue lips and nails



Dizziness and disorientation



Slow or No Breathing



Cold and/or clammy skin



Choking or gurgling sounds



Falling asleep or hard to wake up



Pinpoint Pupils

### Reversal

*If you suspect an Opioid Overdose...*

### IMMEDIATELY

- USE NALOXONE *if you have it*
- Call 911
- Keep the person awake
- Lay the person on their side *to prevent choking*
- Stay until help arrives



## Where to get Naloxone:



- Local Health Department (limited supply)
- Local Pharmacy

## For Overdose Prevention Training and Resources Contact:

### Virtual Training:

<https://apps.health.tn.gov/naloxone/savealife/>

### Agency or Individual:

[TN.gov/behavioral-health/ROPS](https://www.tn.gov/behavioral-health/ROPS)

## Looking for Treatment?

findhelp**now**tn.org

Visit the website to find treatment for substance use disorders.



Call or text 24/7/365 for addiction treatment referrals.