



Department of

Human Services

Summer Food Service Program

Meal Components Training

Learning Objectives

- Recognize the requirements to participate in the SFSP as a sponsor
- Identify the meal components to satisfy meal pattern requirements
- Define the meal patterns for each meal type
- Value the benefits of Farm to Summer

Topics of Note

- SFSP Overview
- Meal Components
- Combination Foods
- Meal Patterns
- Farm to Summer



Summer Food Service Program (SFSP) Overview

- Bridges the gap between school years
- Federally-funded and state-administered
- Provides free meals and snacks to children in low-income areas
- Child and Adult Care Food Program (CACFP) and SFSP operate differently



What are the meal components for SFSP?

- Fluid Milk
- Fruits/Vegetables
- Grains/Breads
- Meat/Meat Alternate



Meal Component: Fluid Milk

1. What kind of milk must be served?
2. What about parent/guardian preferences or lifestyle choices?
3. What about special diets?



Meal Component: Fruits/Vegetables



Meal Component: Grains/Breads



Meal Component: Meat/Meat Alternates

Yogurt

Tofu

Lean Meats

**Peanut
Butter, Nut
Butters, Seeds**

**Cheese Foods
and Spreads
(not
"product")**

Poultry

Fish

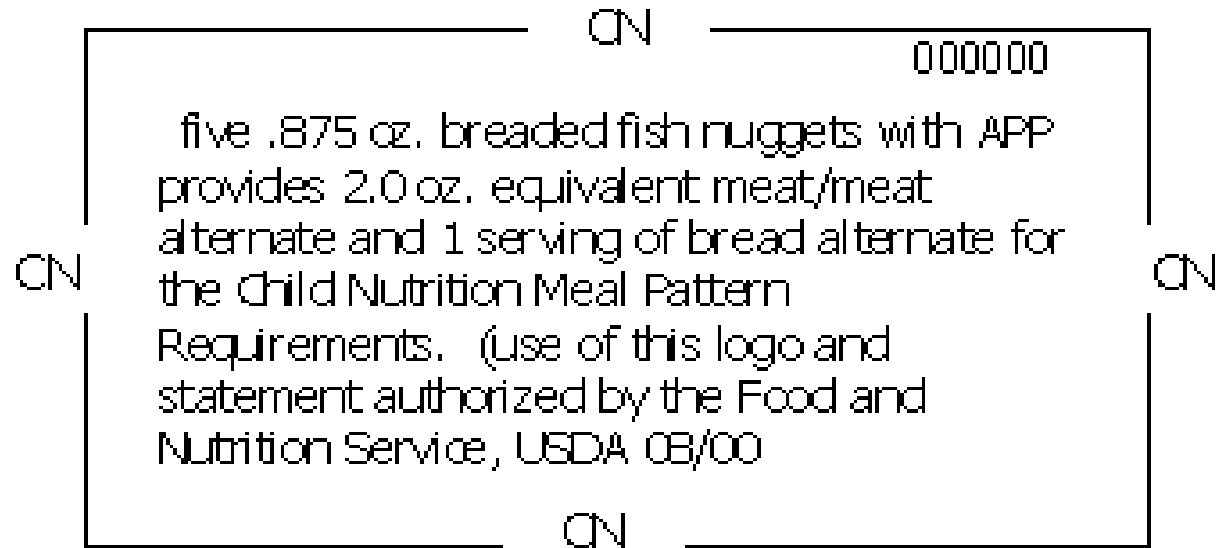
Eggs

**Cooked Dry
Beans or Peas**

Combination Foods



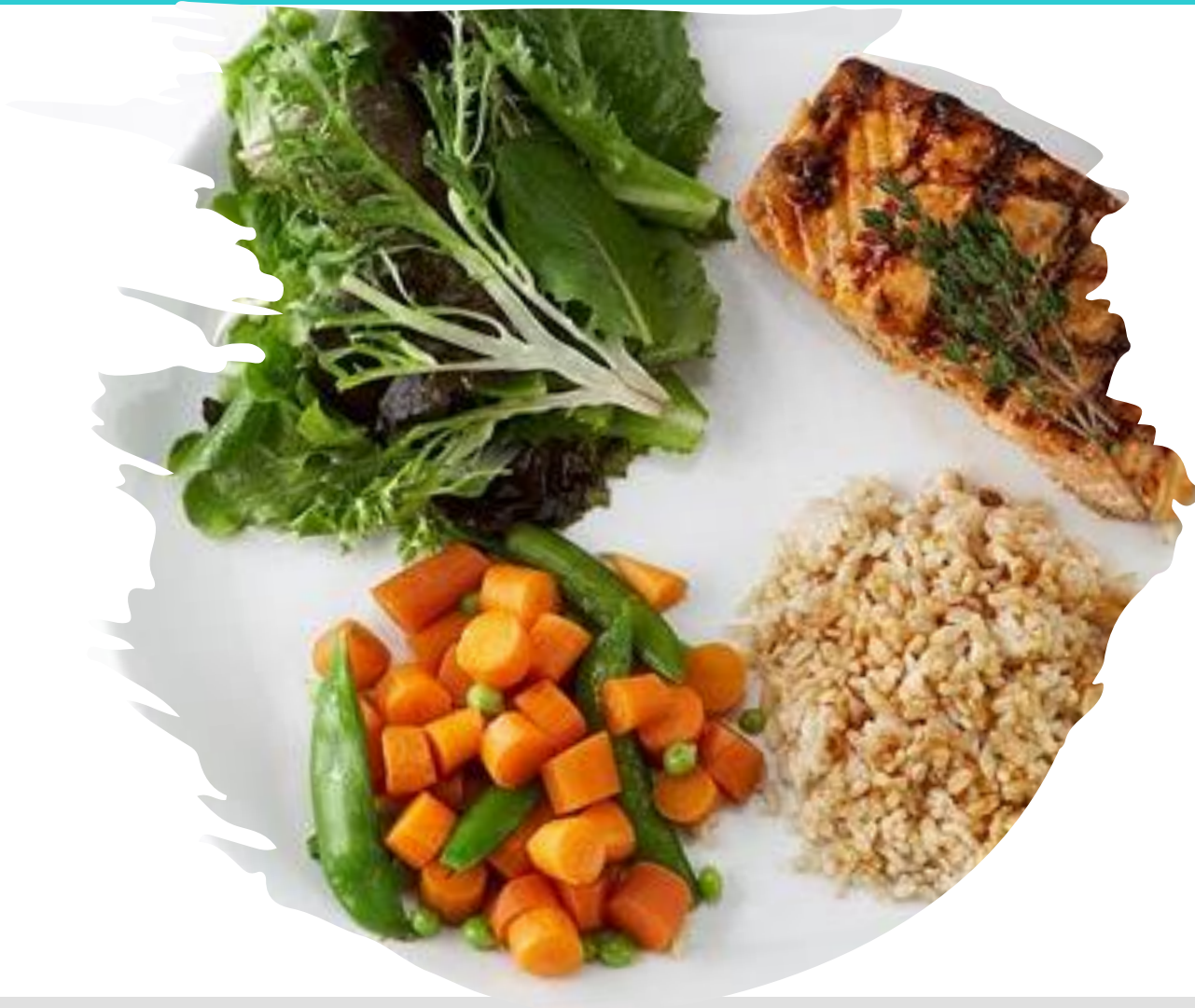
Child Nutrition Labels/Product Formulation Sheets (PFS)



For more information:

<http://www.fns.usda.gov/cnlabeling/child-nutrition-cn-labeling-program>

Meal Patterns



Children: Breakfast Meal Pattern

Select All Three Components for a Reimbursable Meal

1 milk	1 cup	fluid milk
1 fruit/vegetable	1/2 cup	juice, ¹ and/or vegetable
1 grains/bread ²	1 slice 1 serving 3/4 cup 1/2 cup 1/2 cup	bread or cornbread or biscuit or roll or muffin or cold dry cereal or hot cooked cereal or pasta or noodles or grains

Children: Lunch or Supper Meal Pattern

Select All Four Components for a Reimbursable Meal

1 milk	1 cup	fluid milk
2 fruits/vegetables	3/4 cup	juice, ¹ fruit and/or vegetable
1 grains/bread ²	1 slice 1 serving 1/2 cup 1/2 cup	bread or cornbread or biscuit or roll or muffin or hot cooked cereal or pasta or noodles or grains
1 meat/meat alternate	2 oz. 2 oz. 2 oz. 1 large 1/2 cup 4 Tbsp. 1 oz. 8 oz.	lean meat or poultry or fish ³ or alternate protein product or cheese or egg or cooked dry beans or peas or peanut or other nut or seed butter or nuts and/or seeds ⁴ or yogurt ⁵

Children: Snack Meal Pattern

Select Two of the Four Components for a Reimbursable Snack

1 milk	1 cup	fluid milk
¹ fruit/vegetable	3/4 cup	juice, ¹ fruit and/or vegetable
1 grains/bread ²	1 slice 1 serving 3/4 cup 1/2 cup 1/2 cup	bread or cornbread or biscuit or roll or muffin or cold dry cereal or hot cooked cereal or pasta or noodles or grains
1 meat/meat alternate	1 oz. 1 oz. 1 oz. 1/2 large 1/4 cup 2 Tbsp. 1 oz. 4 oz.	lean meat or poultry or fish ³ or alternate protein product or cheese or egg or cooked dry beans or peas or peanut or other nut or seed butter or nuts and/or seeds or yogurt ⁴

Activity

Creditable vs. Non-Creditable



Are the foods shown a creditable breakfast?

**Cheese
Omelet**



**Whole
Grain Toast**



Sausage Link



Milk



***No, they are not!
Missing Fruit/Vegetable***



Are the foods shown a creditable breakfast?

100% Orange Juice



**English Muffin
(Whole-grain)**



Milk



***Yes! This is a creditable breakfast!**

Are the foods shown a creditable lunch?

Apple Wedges



Milk



Tossed Salad



Hamburger Pizza
(Whole-grain)



***Yes! This is a creditable lunch**

Are the foods shown a creditable lunch?

Peaches



Broccoli



Milk



Mashed Potatoes



Turkey Slices



***No, they are not!
Missing Grain/Bread**

Are the foods shown a creditable snack?

Fruit Cup



Graham Crackers (Whole-grain)



***Yes! This is a creditable snack**

Milk



Farm to Summer

- Helps bring local agriculture to meals in SFSP
- Enables SFSP operators to enhance the quality of their programs



Farm to Summer Benefits

- Fruit & vegetables are served at the peak of freshness
- Children taste foods that may not be available during the school year
- Farmers and ranchers find new markets for products
- Communities become engaged in agriculture-based activities
- Farm to School programming increases enjoyment of school gardens

Additional SFSP Notes

- SFSP Prospective Sponsor Information
- Reimbursement Rates
- Common Findings



Who can be a sponsor?

- Public or private nonprofit schools
- Units of local, municipal, county, tribal, or state government
- Private nonprofit organizations
- Public or private nonprofit camps
- Public or private nonprofit universities or colleges

How do I become a sponsor?

- Complete training
- Submit information to tnsfsp.dhs@tn.gov
- Apply for SFSP in Tennessee Information Payment System (TIPS)



Tennessee Information Payment System TIPS (New Sponsors)

Unique Entity ID

Federal Employer Identification Number (FEIN)

- Name of Organization
- Type of Organization
- Your name and title within the organization
- Organization's address
- The email address associated with your organization
- Phone Number
- Sam.gov registration

SFSP Reimbursement Rates

January 1 – December 31

Meal Type	Rural Sites or Self-Prep Sponsors	All other types of sites
Breakfast	\$2.8250	\$2.7725
Lunch/Supper	\$4.9500	\$4.8700
Snack	\$1.1675	\$1.1400

<https://www.fns.usda.gov/cacfp/reimbursement-rates>

Common Findings

**Daily Meal
Count Sheet
Errors**

**Meals served
outside of
approved meal
service time**

**Sponsor did not
complete
training of
staff, as
required**

**Number of Meals
Served Reported
Incorrectly**

**Monitoring of
feeding sites not
conducted as
required**

**Meals served
did not meet
USDA meal
pattern
requirements**

SFSP Contact Information

Summer Food Service Program (SFSP)
TN Department of Human Services
James K. Polk Building - 15th Floor
505 Deaderick Street
Nashville, TN 37243

Email: TNSFSP.DHS@tn.gov

Phone: (615) 313-4749



Thank you!

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- 1. mail:**
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or
- 2. fax:**
(833) 256-1665 or (202) 690-7442; or
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Program.Intake@usda.gov

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