

Fast Facts

	TN number	Percent	Time period	Notes	Data sources
FREQUENTLY ASKED QUESTIONS					
Number of people receiving publicly-funded behavioral health services (mental health and substance abuse)	378,394	N/A	FY2017	Includes clients served by the TN mental health system (TennCare, Crisis Services, BHSN, private psychiatric hospitals that contract with TDMHSAS and state psychiatric hospitals; n=351,354), and duplicated admissions to substance abuse treatment and recovery (n=27,040). Duplicated between hospital, community and substance abuse treatment services.	2017 CMHS Uniform Reporting System (URS) Output Tables (preliminary numbers); TDMHSAS Customer Focused Government Report FY 2017
Adults, ages 18+	271,708	N/A	FY2017		
Children, ages 0-17	106,686	N/A	FY2017		
Licensed behavioral health providers	950	N/A	1/3/2018	Point in time count.	Office of Licensure
Annual department budget	\$ 375,114,000	N/A	FY2018	Includes \$1,250,000 supplemental appropriations	FY 2017-18 Estimate Year amounts per FY 2018-19 Base recommended budget
Community budget mental health	\$ 118,019,000		FY2018		
Community budget substance abuse services	\$ 87,863,800		FY2018		
RMHI budget	\$ 145,877,700		FY2018	budget	
Total East Tennessee contracted private psychiatric hospitals budget	\$ 8,281,600		FY2018	Funding included in community mental health budget.	
Central Office and major maintenance	\$ 23,353,500		FY2018		
Total number of contracts	1,000	100%	FY2018	Includes individual agreements executed under Delegated Grant Authorities (DGAs) and vendor authorizations executed under Delegated Authorities (DAs).	
MH community	390	39%	FY2018	Includes contracts for mental health including individual agreements executed under DGAs and vendor authorizations executed under DAs.	
SAS community	610	61%	FY2018	Includes contracts for substance abuse including individual agreements executed under DGAs and vendor authorizations executed under DAs.	
Total RMHI bed capacity	577	N/A	7/27/2018	Point in time count.	Office of Hospital Services
Total number of RMHI admissions	8,295	N/A	FY2018		
Total East Tennessee contracted admissions	3,495		FY2018	Point in time as of 7/27/2018.	
Mobile crisis calls received (total)	125,004	N/A	FY2017	Number includes walk-in assessments (children & youth and adults)	Office of Crisis Services and Suicide Prevention Services; Resource Mapping
Face-to-face mobile crisis services (total)	78,445	N/A	FY2017		
Children and youth	10,832	N/A	FY2017		
Adults	67,613	N/A	FY2017		
Adult (ages 18+) admissions to substance abuse treatment and recovery services funded by TDMHSAS Substance Abuse Services	26,045	N/A	FY2017	Number represents (duplicated) admissions to substance abuse treatment and recovery services.	TDMHSAS Customer Focused Government Report FY 2017
Youth (ages 12-17) admissions to substance abuse treatment and recovery services funded by TDMHSAS Substance Abuse Services	995	N/A	FY2017	Number represents (duplicated) admissions to substance abuse treatment and recovery services.	TDMHSAS Customer Focused Government Report FY 2017
POPULATION FACTS					
Tennessee population	6,715,984	100.0%	2017	Estimated number of people who identified their usual residence on July 1, 2017 as being in the state of Tennessee.	Population estimates (as of July 1, 2017) from U.S. Census Bureau, 2017.
Adults, ages 18 and older	5,208,482	77.6%	2017		
Children, ages 0-17	1,507,502	22.4%	2017		
SERVICE PROVIDERS					
License categories	24		7/17/2018	Point in time count as of 7/17/2018.	Office of Licensure
Licensees	923		7/17/2018	Point in time count as of 7/17/2018.	
Licensed sites	1,600		7/17/2018	Point in time count as of 7/17/2018.	

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BUDGET AND POSITIONS					
Department positions	1,846		2/1/2018		FY 2017-18 Estimate Year amounts per FY 2018-19 Base recommended budget
Central Office (FTEs)	175		2/1/2018	FTEs: Full-time-equivalent authorized positions	
RMHI (FTEs)	1,671		2/1/2018	FTEs: Full-time-equivalent authorized positions MTMHI: 580, MMHI: 186, MBMHI: 461, WMHI: 444	
Annual department budget	\$ 375,114,000		FY2018	Includes \$1,250,000 supplemental appropriations	
State	\$ 253,313,200		FY2018	Includes \$1,250,000 supplemental appropriations	
Federal	\$ 80,268,100		FY2018		
Other sources	\$ 41,532,700		FY2018		
REGIONAL MENTAL HEALTH INSTITUTES (RMHIs)					
ALL REGIONAL MENTAL HEALTH INSTITUTES					
Total beds overall	577		7/27/2018	Point in time count. MBMHI increased the number of licensed beds from 150 to 165 in October 2016. These beds will be staffed in May 2017.	Office of Hospital Services
Total RHI positions overall	1,671		FY2017-18	Authorized positions.	FY 2017-18 Estimate Year amounts per FY 2018-19 Base recommended budget
Regional mental health institute budget overall	\$ 145,877,700		FY2018		
State appropriation	\$ 105,274,900		FY2018		Office of Hospital Services, Uniform Reporting System (URS)
Revenue	\$ 40,602,800		FY2018		
Number of admissions	8,295		FY2018	Including forensic and non-forensic population	Office of Hospital Services, Uniform Reporting System (URS)
Number of discharges	8,277		FY2018	Including forensic and non-forensic population	
30-day readmissions	952	11.10%	FY2017	Excluding forensic population	
180-day readmissions	2,099	24.40%	FY2017	Excluding forensic population	
Average length of stay (ALOS) in days	5.9		FY2018	Acute average length of stay excluding forensic population	
Median length of stay in days	5		FY2018	Median length of stay for all discharges	Office of Hospital Services
RMHI non-admits	3,507	30.20%	FY2018	Individuals referred to a RMHI by an admitting physician that do not meet involuntary commitment criteria	
MEMPHIS MENTAL HEALTH INSTITUTE (Memphis, TN)					
Number of beds	55		7/27/2018	Point in time count.	Office of Hospital Services
Number of positions	186		FY2017-18	Budgeted positions.	FY 2017-18 Estimate Year amounts per FY 2018-19 Base recommended budget
Total budget	\$ 19,585,600		FY2018		Office of Hospital Services
Number of admissions	1,436		FY2018		
WESTERN MENTAL HEALTH INSTITUTE (Bolivar, TN)					
Number of beds	150		7/27/2018	Point in time count.	Office of Hospital Services
Number of positions	444		FY2017-18	Budgeted positions.	FY 2017-18 Estimate Year amounts per FY 2018-19 Base recommended budget
Total budget	\$ 38,130,100		FY2018		Office of Hospital Services
Number of admissions	762		FY2018		
MIDDLE TENNESSEE MENTAL HEALTH INSTITUTE (Nashville, TN)					
Number of beds	207		7/27/2018	30 are devoted to the Forensic Services Program (FSP); 177 for the rest of the facility	Office of Hospital Services
Number of positions	580		FY2017-18	Budgeted positions.	FY 2017-18 Estimate Year amounts per FY 2018-19 Base recommended budget
Total budget	\$ 50,666,100		FY2018	Includes \$1,250,000 supplemental appropriations	Office of Hospital Services
Number of admissions	3,054		FY2018		

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MOCCASIN BEND MENTAL HEALTH INSTITUTE (Chattanooga, TN)					
Number of beds	165		7/27/2018	Point in time count.	Office of Hospital Services
Number of positions	461		FY2017-18	Budgeted positions.	FY 2017-18 Estimate Year amounts per FY 2018-19 Base recommended budget
Total budget	\$ 37,495,900		FY2018		
Number of admissions	3,043		FY2018		Office of Hospital Services
SERVICE UTILIZATION PER 1,000 POPULATION					
Clients served by TN mental health system, number and rate per 1,000 population	351,354	52.83	FY2017	U.S. rate per 1,000 is 23.00 (58 reporting states)	FY2017
Community utilization per 1,000 population	338,268	50.86	FY2017	U.S. rate per 1,000 is 22.37 (58 reporting states)	Uniform Reporting System (URS)
State hospital utilization per 1,000 population	7,497	1.13	FY2017	U.S. rate per 1,000 is 0.40 (54 reporting states)	
PATH (Projects for Assistance in Transition from Homelessness)					
Number of individuals who were outreached	5,758		FY2017	Outreach means any contact with individuals.	Office of Housing and Homeless Services; Resource Mapping
Number of individuals who were outreached and became enrolled	1,824		FY2017	Individuals who were contacted and became enrolled in PATH.	
Number of individuals currently enrolled	2,433		FY2017	Individuals currently enrolled in PATH.	
Number of services provided	13,305		FY2017	Includes all services (e.g., case management) provided.	
ADULT MENTAL HEALTH					
Prevalence of adults, ages 18 and older, having any mental illness in the past year	986,000	19.63%	2015-2016	Any mental illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder, that met the criteria found in the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV).	SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health (2015-2016 estimates).
Prevalence of adults, ages 18 and older, having a serious mental illness in the past year	250,000	4.98%	2015-2016	Serious mental illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder, that met the criteria found in the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV).	
BEHAVIORAL HEALTH SAFETY NET (BHSN) SERVICES					
Adults, ages 19 and over, receiving BHSN services	29,898	N/A	FY2017	Note: Data includes individuals who were served by the BHSN of TN and had their services retro-billed to their assigned MCO and credited back to the BHSN of TN when enrolled into TennCare. Uninsured, indigent Tennesseans with a mental illness, if eligible, can register with a participating community mental health agency in order to begin receiving key services including assessment, evaluation, diagnostic, therapeutic intervention, case management, psychiatric medication management, labs related to medication management, and pharmacy assistance and coordination.	Behavioral Health Safety Net Program: Resource Mapping, Customer Focused Government

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Top four adult BHSN services					
Case management units of service provided	279,939	N/A	FY2017	Case management is defined as care coordination for the purpose of linking safety net individuals to clinically indicated services or to benefits that would provide an alternative payer source for these services (1 unit = one 15 minute session).	Behavioral Health Safety Net Program: Resource Mapping, Customer Focused Government
Psychosocial rehabilitation group units of service provided	83,178	N/A	FY2017	Services that utilize a comprehensive approach (mind, body, and spirit) to work with the whole person for the purposes of improving an individual's functioning, promoting management of illness, and facilitating recovery (1 unit = one 15 minute session).	
Individual psychotherapy units of service provided	93,752	N/A	FY2017	Individual psychotherapy is any intervention, therapy, therapeutic sessions or related counseling provided through interview, supportive psychotherapy, relationship therapy, insight therapy or other forms of intervention (1 unit = 30/45/60 minute session).	
Office visit for evaluation and management units	64,107	N/A	FY2017	Methodology changed in FY14. CPT code name change - Medication Management Service Units was changed to Office Visit for Evaluation and Management Units.	
CRISIS SERVICES					
Mobile crisis calls received (total)	125,004	N/A	FY2017	Includes children & youth and adults	Office of Crisis Services and Suicide Prevention; Resource Mapping; Fast Facts Dashboard
Individuals receiving face-to-face mobile crisis services (total)	78,445	N/A	FY2017	Number includes walk-in assessments (children & youth and adults)	
Children and youth	10,832	N/A	FY2017		
Adults	67,613	N/A	FY2017		
Individuals served in the 8 crisis stabilization units (CSUs)	9,730		FY2017		
Individuals served in walk-in centers (attached to the CSUs)	17,682		FY2017	Total number of mobile crisis services provided in walk-in centers (not counted as additional assessments)	
Individuals receiving respite services	2,412		FY2017		TDMHSAS , Tennessee Web Based Information System, FY2017
Individuals receiving medically monitored crisis detoxification services (MMCDs)	3,298		FY2017	Individuals receiving services through state and federal detox plans (federal, state, state-MMHI)	
CHILDREN AND YOUTH MENTAL HEALTH					
Prevalence of children (2-17 years) with mental health issues	265,556	20.00%	2015-2016	Estimated number of children where a doctor diagnosed autism, developmental delays, depression, anxiety, ADD/ADHD, or behavioral/conduct problems.	The Annie E. Casey Foundation, KIDS COUNT Data Center (2015-2016).
Prevalence of adolescents, ages 12 to 17 years, having a major depressive episode in the past year.	62,000	12.13%	2015-2016	Major depressive episode (MDE) specified by a period of at least 2 weeks with depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms.	SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health (2015-2016 estimates).
MOBILE CRISIS SERVICES FOR CHILDREN AND ADOLESCENTS					
Face-to-face mobile crisis services for children and youth	10,832	N/A	FY2017	Number includes walk-in assessments (children & youth and adults)	Office of Crisis Services and Suicide Prevention; Resource Mapping

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CHILDREN AND ADOLESCENTS RECEIVING MENTAL HEALTH SERVICES					
Children and youth (0-17 years) receiving classroom education and prevention training	47,011	-	FY2017	Classroom education and prevention trainings include mental health awareness, reducing stigma, suicide prevention/resources, violence/bullying prevention. Data includes: Erase the Stigma; Better Attitudes and Skills In Children (B.A.S.I.C.); Violence and Bullying Prevention; Mental Health 101; Youth Screen/Schools & Communities Youth Screen	Division of Mental Health Services; Resource Mapping
Children and youth (0-17 years) receiving early intervention services	7,226	-	FY2017	Data includes Early Intervention & Prevention Program (EIPP), Regional Intervention Program, Early Connections Network, System of Care Programs, School Based Behavioral Health Liaisons	
Transitional age youth (15-30 years) receiving intervention services	110	-	FY2017	Includes data from First Episode Psychosis Initiative and Healthy Transitions	
CO-OCCURRING MENTAL ILLNESS AND SUBSTANCE USE DISORDERS IN TENNESSEE					
Prevalence of adolescents aged 12-17 with both substance use disorder and major depressive episode	7,186	1.4%	2017	Estimated number calculated by multiplying 2016 national percentage of ages 12-17 with co-occurring major depressive episode and substance use disorder by TN 2017 population estimates (12-17 years).	SAMHSA, Behavioral Health Trends in the United States, 2016; US Census 2017 population estimates for Tennessee
Prevalence of adults, ages 18 and older, with any mental illness and substance use disorder	177,088	3.4%	2017	Estimated number calculated by multiplying 2016 national percentage of adults 18+ with co-occurring mental illness of any type and substance use disorder by TN 2017 population (18+ years).	
Prevalence of adults, ages 18 and older, with serious mental illness and substance use disorder	57,293	1.1%	2017	Estimated number calculated by multiplying 2016 national percentage of adults 18+ with co-occurring serious mental illness and substance use disorder by TN 2017 population (18+ years).	
ADULT SUBSTANCE USE					
Prevalence of adults, ages 18 and older, having a substance use disorder in the past year	359,000	7.14%	2015-2016	Substance Use Disorder is defined as meeting criteria for illicit drug or alcohol dependence or abuse. Dependence or abuse is based on definitions found in the 4th edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV).	SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2015-2016.
Prevalence of adults, ages 18 and older, misusing pain relievers in the past year	243,000	4.84%	2015-2016	Misuse of pain relievers is defined as using prescription pain relievers in away other than directed by a doctor. Does not include over-the-counter use of pain relievers without a doctor's prescription (aspirin, Tylenol, Advil, etc.)	
Estimated prevalence of adults, ages 18+, that have opioid use disorder	76,070	1.49%	2016	Opioid use disorder includes the misuse of pain relievers and the use of heroin. Prevalence was estimated using NSDUH survey results, underreporting assumptions, and census population data.	National Survey on Drug Use and Health 2012-2014, 2014, 2014-2015; 2016 U.S. Census 12-17 Tennessee population. Estimate prepared by the TDMHSAS Office of Research.
Adults, ages 18 and over, receiving substance abuse treatment and recovery services funded by TDMHSAS Substance Abuse Services	26,045	N/A	FY2017	Number represents (duplicated) admissions to substance abuse treatment and recovery services.	TDMHSAS Customer Focused Government Report FY 2017
TDMHSAS ADULT SUBSTANCE ABUSE SERVICES: TOP THREE SUBSTANCES REPORTED					
Any opioid abuse, ages 18+	7,031	46.5%	FY2017	Percent is calculated by taking the number of unique adults, ages 18 and older, receiving treatment and recovery services, reporting any use of opioids (or alcohol or marijuana) and dividing it by the total number of unique adults served. Up to three substances can be reported, all substances reported are included. Opioids include prescription opioids and heroin.	TDMHSAS , Tennessee Web Based Information System, FY2017
Any alcohol abuse, ages 18+	5,874	38.8%	FY2017		
Any marijuana abuse, ages 18+	5,071	33.5%	FY2017		

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TOP THREE TDMHSAS ADULT SUBSTANCE ABUSE SERVICES					
Residential rehabilitation services: number of bed days	106,348	N/A	FY2017	Intense group treatment provided in a residential treatment facility. Clients stay overnight (from 5 to 21 days), participate in group/other treatment activities during the day and must have 5 counseling contacts + 5 lectures/seminars a week. Family members can participate in treatment.	TDMHSAS , Tennessee Web Based Information System, FY2017
Halfway house services: number of bed days	59,954	N/A	FY2017	Group and individual treatment provided in therapeutic, licensed living environment; includes expectation that client will seek/maintain employment or job training in community, participate in at least one counseling contact and one educational lecture per week, work 12 step program with sponsor, and regularly attend 12 step meetings. Clients must agree to participate in random drug screens. Halfway houses are all male or all female.	
Adult intensive outpatient services: hours of services	84,668	N/A	FY2017	Intense group treatment provided 9 - 19 hours/week, with sessions on 3-4 days/week. Education about addiction and recovery counseling is provided. Clients are introduced to the 12 step recovery program and are encouraged to work steps of the program. Family members can participate in treatment. Group size: min. 6 and max. 12 clients. All clients expected to attend 12 step meetings and to have random drug screenings while in treatment.	
YOUTH SUBSTANCE USE PREVALENCE					
Prevalence of youth, ages 12-17, having a substance use disorder in the past year	21,000	4.04%	2015-2016	Substance Use Disorder is defined as meeting criteria for illicit drug or alcohol dependence or abuse. Dependence or abuse is based on definitions found in the 4th edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV).	SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2012 and 2013.
Prevalence of youth, ages 12-17, misusing pain relievers in the past year	20,000	3.93%	2015-2016	Misuse of pain relievers is defined as using prescription pain relievers in away other than directed by a doctor. Does not include over-the-counter use of pain relievers without a doctor's prescription (aspirin, Tylenol, Advil, etc.)	
Estimated prevalence of youth, ages 12-17, that have opioid use disorder	6,895	1.31%	2016	Opioid use disorder includes the misuse of pain relievers and the use of heroin. Prevalence was estimated using NSDUH survey results, underreporting assumptions, and census population data.	National Survey on Drug Use and Health 2012-2014, 2014, 2014-2015; 2016 U.S. Census 12-17 Tennessee population. Estimate prepared by the TDMHSAS Office of Research.
Youth, ages 12-17, receiving substance abuse treatment and recovery services funded by TDMHSAS Substance Abuse Services	995	N/A	FY2017	Number represents (duplicated) admissions to substance abuse treatment and recovery services.	TDMHSAS , Tennessee Web Based Information System, FY2017
TDMHSAS YOUTH SUBSTANCE ABUSE SERVICES: TOP THREE SUBSTANCES REPORTED					
Any marijuana abuse, ages 12-17	468	83.4%	FY2017	Percent is calculated by taking the number of youth, ages 12-17, in treatment and recovery reporting with any use of opioids (or alcohol or marijuana) and dividing it by the total number of adults in treatment and recovery. Up to three substances can be reported, all substances reported are included. Opioids include prescription opioids and heroin.	TDMHSAS , Tennessee Web Based Information System, FY2017
Any alcohol abuse, ages 12-17	173	30.8%	FY2017		
Any opioid abuse, ages 12-17	36	6.4%	FY2017		