



BEST **FOR**
ALL

We will set all students on a path to success.

School Breakfast in Tennessee

Lori Paisley | Senior Director

Whole Child Initiatives



BEST FOR ALL

We will set all students on a path to success.

ACADEMICS

ALL TENNESSEE STUDENTS WILL
HAVE ACCESS TO A HIGH-QUALITY
EDUCATION, NO MATTER WHERE
THEY LIVE

WHOLE CHILD

TENNESSEE PUBLIC SCHOOLS
WILL BE EQUIPPED TO SERVE THE
ACADEMIC AND NON-ACADEMIC
NEEDS OF ALL STUDENTS

EDUCATORS

TENNESSEE WILL SET A NEW PATH
FOR THE EDUCATION PROFESSION
AND BE THE TOP STATE TO
BECOME AND REMAIN A TEACHER
AND LEADER

Objectives

During our presentation, you will:

- learn about the importance of providing breakfast at school and current Tennessee participation
- hear about current Tennessee efforts
- be introduced to barriers and possible alternatives to increasing breakfast participation



The Importance of Breakfast at School

Breakfast is important for learning

- Hunger impairs ability to learn
- Improves academic performance and behavior

Breakfast is important for health

- Students consume vitamins, fruits and milk at school meals
- Many students do not get breakfast at home and need nutrition daily



School Breakfast in Tennessee

65% of students getting a free/reduced price lunch are also getting school breakfast

National organizations working on school meals have set a benchmark of **70%**

Any school, no matter size or eligibility, when implementing all best practices can reach this level



How Are We Doing?



Top 10 States: Ratio of Free and Reduced-Price School Breakfast to Lunch Participation, School Year 2017–2018

State	Ratio of Free and Reduced-Price Students in School Breakfast per 100 in School Lunch
West Virginia	83.7
New Mexico	70.1
Vermont	69.5
District of Columbia	67.7
Kentucky	66.0
Arkansas	65.7
Tennessee	64.6
Delaware	62.8
South Carolina	62.8
Texas	62.7

How Are We Doing?



CORE Region	Breakfast/Lunch Percentage
Northwest	75%
Upper Cumberland	71%
South Central	68%
Southeast	67%
Mid Cumberland	64%
Southwest	62%
East	62%
First	60%

No Kid Hungry School Breakfast Leadership Institute

Selected as 1 of 6 states through a competitive proposal process



We believe in the potential of all Tennessee students to reach high levels of academic achievement. We believe that, in collaboration with our colleagues across the state, we can and will build a system that helps our students meet their potential. We operate with a strong sense of possibility that we can accomplish difficult tasks, and we foster innovation in ourselves and others.

School Breakfast Leadership Institute – Team Tennessee

Two main focus areas:

- State-wide awareness
- Awarding mini grants to schools that seek to implement an alternative model

Shared information with Directors of Schools, Coordinated School Health Coordinators, School Nutrition Directors, and Tennessee School Boards Association



Barriers with Traditional Breakfast in the Cafeteria



- Stigma that school breakfast is for “poor” kids
- Bus or carpool does not arrive on time
- Older students may not be hungry yet
- Cafeteria is not convenient for students
- Socializing is more fun than eating alone in the morning

How Do We Increase Breakfast Participation?

Breakfast After the Bell Models:

- Breakfast in the Classroom
 - Breakfast served and consumed in the classroom
- Grab and Go
 - Meals served in convenient, easy to access locations before and after the bell
- Second Chance Breakfast
 - Meals served after 1st period

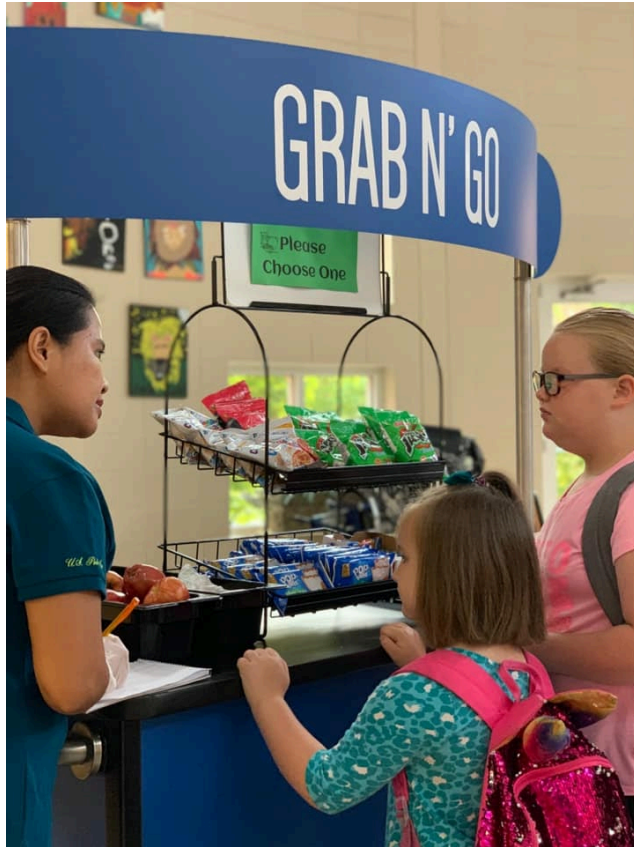


Breakfast in the Classroom In Action



Millington Municipal Schools

Grab and Go In Action



Tullahoma City Schools

Second Chance In Action



Unicoi County Schools

A Principal's Perspective

"The Second Chance breakfast program has made as much positive difference in our school as anything we have done. The program improved test scores, created a more positive environment, as well as given students something to look forward to every day at school. It's such a part of our culture now I could not imagine our school without it."

- *Dr. Chris Bogart, Principal,
Unicoi County High School,
Erwin, TN*



Thank you

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