



THE ADVOCATE

Looking to the Future



Welcome to our June newsletter! As we dive into summer, we're exploring the latest on technology, AI, and screen time - and what it means for a family's well-being. Find expert tips on setting healthy screen time limits, learn about realities facing children and families in 2024, and find data and research about how reunification and unstable housing impacts youth and families! Let's make this summer one to remember!

Legislative Updates

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Children and Youth Articles



Social media platforms have become an integral part of young people's lives, offering both potential benefits and risks to their mental well-being. However, Big Tech won't self-regulate, so state governments are beginning to take action to keep children and youth safe online. There is more momentum than ever at both the state and the federal level to force the industry to put youth safety first. Click the link to learn more!

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Parenting around media can be a challenge. Technology changes rapidly and many parents didn't grow up with the social media and video platforms that exist today. So, parents and guardians may not have the same understanding about how to teach children to use digital media. Because safety regulations around technology don't exist, children and youth are using platforms and apps that may have been designed for adults. Click the link to learn what health experts are suggesting regarding screen time at all developmental levels.

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June is National Reunification Month. Click the link to learn about the importance of reunification through the lens of the ABCs by **acknowledging** that all families deserve an opportunity for reunification, **believing** that families can achieve this goal,



A recent study found that 1 in 6 US children experienced unstable housing, varying by state and sociodemographic factors. The results of this study may help move the field toward a unified national definition of unstable housing for families with children and lead to

and committing to a culturally responsive approach to reunification.

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clinically appropriate and evidence-based screening and interventions to support housing stability and improve children's health. Click the link to learn more.

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Mental Health Resources

[TN Partners for Health](#)

[TDMHSAS Mental Health Services](#)

[988 Hotline](#)

Resilient Tennessee Collaborative Summit



In May TCCY hosted the Resilient Tennessee Collaborative Summit with national speakers and watch parties across the state. Click the video to learn about utilizing the latest brain science to prevent and mitigate childhood adversity, promote trauma-informed systems and build and support resilient families and communities!

Calendar of Events

Tuesday, June, 11 - Second Look Commission Meeting - Contact Kylie Graves at kylie.graves@tn.gov for more information.

Friday, June 21 - Rural West TN YSO Roundtable - 300 Benchmark Pl, Jackson, TN.

Tennessee Commission on Children and Youth | 502 Deaderick Street 9th Floor - Andrew Jackson Building | Nashville, TN 37243 US

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